



The **NIRMALITE**

2021-22





VISION

**TO ENGAGE, INSPIRE AND EMPOWER
YOUNG MINDS THROUGH EXCELLENT
EDUCATION OPPORTUNITIES WHICH ARE
RESPONSIVE TO THE NEEDS OF THE SOCIETY**



MISSION

- **TO ENGAGE LEARNERS THROUGH HOLISTIC EDUCATION WHICH INSPIRES CRITICAL THINKING AND INNOVATION.**
- **TO DEVELOP LEADERSHIP SKILLS OF LEARNERS BY FOSTERING THEIR CONFIDENCE, MOTIVATION AND FACILITATING EMOTIONAL, INTERPERSONAL AND SOCIAL SKILLS.**
- **TO COLLABORATE WITH INDUSTRIES FOR EQUIPPING LEARNERS WITH INDUSTRY RELEVANT KNOWLEDGE, SKILLS AND ATTITUDE.**
- **TO SENSITIZE LEARNERS TOWARDS SOCIAL INCLUSION, HUMAN RIGHTS, GENDER AND ENVIRONMENTAL ISSUES.**

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◀ EDITORIAL BOARD ▶

STUDENT MEMBERS THE NIRMALITE 2021-22



Mr. Manav J. Chauhan
Editor-in-Chief cum
Creative Director
SYBSc.IT



Ms. Sneha Gupta
Managing Editor cum
Promotions Director
S.Y.B.Com.(Accounting & Finance)



Ms. Reeti Karshana
Managing Editor cum
Editorial Services Director
FYBMS



Ms. Riddhi Gole
Managing Editor cum
Editorial Services Director
FYBMS



Ms. Disha Purohit
Editor cum
Content Manager
F.Y.B.Com.



Ms. Bhavika Dhanawade
Contributing Editor cum
Content Producer
F.Y.B.Com.

◀ FACULTY MEMBERS ▶



Ms. Keelam Patil
Editor-in-Chief



Mr. Pratik Kapoor
Industry Consultant

WORDS OF WISDOM

A Note from the Director



Ms. Aruna Desai
Director

It gives me great happiness to pen my thoughts in Nirmalite 2022, a podium I cherish deeply since its inception a few years ago. Every year, I look forward to connecting with all the members of my Nirmala Parivar and beyond its realm through our precious college magazine, as it brings everyone together under one roof.

I feel happy to share my thoughts about the past two years, and express how we ought to step into the beginning of this new era- the one shaped by the COVID-19 pandemic.

I'd also like to say a few things to my dear members of Nirmala Parivar, from my experience and observations that I've gathered over the years.

At the outset, I wish to pay my tribute to our beloved and respected Dadaji who left for heavenly abode, leaving behind a void that will never be filled. I have no words to express how trying it has been to cope with the irrevocable loss of not having Dadaji amidst us to guide us, shower his blessings and show us the way. The only way I could come to terms with his loss was to remember his inspiring words and his wish that the show must go on, no matter what the situation is.

The COVID-19 pandemic has left behind a legacy of losses that we will probably never come out of fully, at least not in the near future. It has also brought newer facets of humans to the fore. No matter how difficult the days ahead seem and how broken you feel inside, don't give up. Let's not accept defeat at the hands of a virus, as it is not worth our grit and determination, and what we are made of.

I want you to rise to the challenge and mold yourself to excel in the post-Corona world. On our part, we at Nirmala College are doing our best to support our students, teachers and all those we come in contact with.

Education should not suffer, and those who have chosen to spread the light of knowledge are always willing to facilitate quality education.

Let's look at the brighter side of life and light that gives birth to a new dawn, as that is the right way to go ahead.

As I sign off, I wish you all the very best and pray for your good health, happiness and success.

Ms. Aruna Desai
Director

◀ WORDS OF WISDOM ▶

From the Academic Director's Pen



Ms. Sylvia Fernandes
Academic Director

The advent of this decade was welcomed with great gaiety, hope and cheer. The world was eagerly looking forward to newer, unheard-of breakthroughs to mold the coming decade. As an educationist, I anticipated new means and mechanisms to redefine education and transform the concept of learning and teaching. I was looking at this decade to be a turning point in the field of education for our country.

However, what was to be and what transpired was something that caught the entire world unawares. The COVID-19 pandemic gripped the world with its destructive tentacles and turned everything upside down. Like every industry, education bore a massive brunt of the virus. Educational institutes across the world shut down and brought learning and teaching to a standstill. With the lockdown that ensued as a result, there was no way that learners could continue learning like they've always had

Online learning, which was a remote concept for the majority of learners and teachers so far, suddenly

became the only solution for education to continue. Learners as well as teachers were faced with a lot of difficulties as switching over to online medium seemed overwhelming. Reports of several teachers breaking down due to the new mode of learning were being heard. However, it was heartening to see how they braved the challenge and eventually learnt to teach online. Most of the teachers were helped by their family members, especially their children, in conducting online classes. It was a heartening development which made me believe in the innate strength and fortitude of mankind.

At present, two years after experiencing the ravages of the pandemic, with the virus still circulating at varying intensity, it's time to be proactive and adopt a completely new perspective. Instead of letting the new impending waves of the virus bog us down, we must learn to lead a normal life while following COVID-appropriate behaviour for our good. Our Institute has been going all out in ensuring maximum safety and health on the campus as online classes have commenced

Our staff, both teaching and non-teaching, have been admirably quick at adapting themselves to the new environs. The teachers are doing an exemplary job in delivering online as well as hybrid mode lectures and helping the institute strike the right balance. With all safety measures in place and ensuring that students follow the appropriate COVID protocol, we have also begun conducting co-curricular and extracurricular activities at the right pace. Several workshops, seminars and activities for overall growth of our students have been successfully conducted. **Career Fair, Nirvaan 2022, NSS activities, DLLE initiatives, Women Development Cell activities** and more have been making admirable efforts in helping students upskill themselves.

I can't wait to see the world going back to previous times in which we can once again breathe freely and feel at peace in every sphere of life, including education.

Nelson Mandela once said:

"I learned that courage was not the absence of fear but the triumph over it. The brave man is not he who does not feel afraid but he who conquers that fear."

I believe it's time for all of us to be upbeat about the new beginnings as that is what will help us flourish in the era we are navigating.

Ms. Sylvia Fernandes
Academic Director

◀ **WORDS OF WISDOM** ▶

Expressions of Inspiration from the Principal

"We want that education by which character is formed, strength of mind is increased, the intellect is expanded, and by which one can stand on one's own feet"

– Swami Vivekananda

Nirmala Memorial Foundation College of Commerce and Science always strives to ensure that our students grow to their full potential, while constantly being groomed to pass out as men and women skilled and competent enough to bear responsibility in all walks of life. While academic excellence is our major thrust, the college is also devoted to providing opportunities for upgrading, upskilling and unleashing the potential of the learners through skill development programs, experiential learning, industry collaborations and co-curricular activities.

The last two years have unfolded an especially tough phase for every sphere, including education. The COVID-19 pandemic affected all of us in some way or the other. Almost everyone, irrespective of age, status, profession and background, was faced with the prospect of stepping into a bleak future. It was a stage where you could either rise up to the challenge or succumb to the adversity. I could only gauge the challenges slated to afflict the teaching learning process. The need of the hour was to accept the new situation stoically and take proactive measures to face it.

For teachers, it was about adopting a new mode of disseminating education- one that was largely untouched by a majority of the teaching fraternity. Conducting online lectures suddenly became the only way to continue teaching, and teachers had no choice but to learn and implement it.

Our institute took proactive steps to equip teachers with the set of skills to teach students online. A number of training sessions were held, which our teachers absorbed quickly.

Cut to the present, today, as an institute, we've found new ways to teach, to connect, to advise students, to hold



Ms. Swiddle D'Cunha

I/C Principal

events, and to mobilize knowledge and passions for the good of the college and the university. We'll surely continue to utilize the best ideas put into action along the way to the benefit of our students, even in the post-vaccine world that we have now entered.

I perceive this phase as one which has shown how resolute we as mankind are, in marching ahead courageously and having the strength to look ahead staunchly. What we in the field of education could manage is a small prototype of the achievements that we all have collectively made. That, I believe, is the spirit- of being functional in the beginning of the new era- one that has helped generations survive over millennia.

I gladly acknowledge and place on record that behind all the distinctive and enriching college experience lies a competent and collaborative team – the visionary and ever supportive management, experienced Program Heads, dedicated faculty and administrative staff.

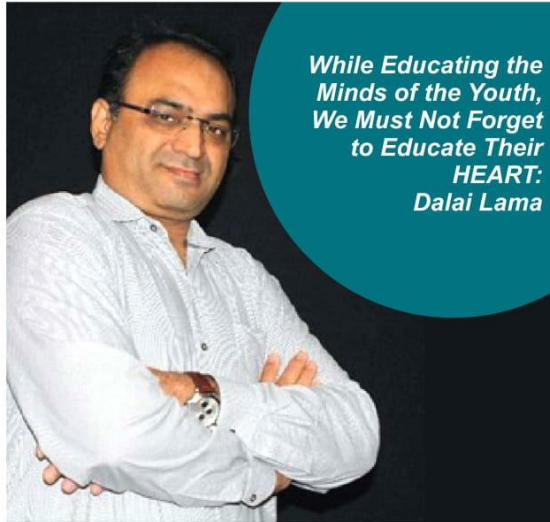
My appreciation and congratulations to the Magazine Committee for documenting all the activities, achievements, and proud moments of the college. May all our students soar high in uncharted skies and bring glory to the world and their profession with the wings of education and the blessings of the Almighty.

Ms. Swiddle D'Cunha

I/C Principal

◀ **WORDS OF WISDOM** ▶

Our Guiding Forces Who Inspire



Dr. Jignesh Dalal
Vice-Principal

Blessed with a vision and an undying thirst to nurture the society, our Honorable Trustee, Late **Mr. Thakorbhaj Desai**, founded Nirmala Memorial Foundation College of Commerce and Science in 2003.

It is my proud privilege to warmly welcome you to the NMFC family, one of the oldest institutions in the vicinity.

Various disciplines of knowledge imparting quality education and developing students who are not mere degree holders but are equipped to carve a niche in their career and life are offered.

NMFC has established a vibrant and inclusive learning community which is enabling the students to overcome all odds and challenges with determination and hard work.

The academic year 2021-2022 has been an onerous experience for the students as well as teachers amidst the unprecedented pandemic. We, at NMFC are mindful of making constant efforts to meet the learning needs of our students with critical thinking, creativity and collaboration despite the challenges.

I sincerely thank the Management, Principal and all the teaching and non-teaching staff for creating an enriching experience for our students.

ALL THE BEST & WARM REGARDS

Dr. Jignesh Dalal
Vice-Principal

◀ WORDS OF WISDOM ▶

In the field of education, March 2020 will be remembered as the month when nearly all of the world's schools closed their doors. Due to the fatal coronavirus epidemic, six governments implemented statewide school and college closures on March 1, and by the end of the month, 185 countries had shuttered, affecting 90 per cent of the world's students.

The pace with which these closures occurred, as well as the rapid shift to distance learning, left little time for planning or contemplation on both the potential hazards to avoid and the potential possibilities to explore.

2020 is the year nobody could have predicted the drastic changes and challenges that awaited all that year.

The COVID-19 pandemic required hospitals and clinics, as well as schools and colleges, to come up with novel strategies to preserve supplies as well as teaching and learning.

This technique had to be realized quickly, which gave rise to the name & Emergency Remote Teaching. But we at Nirmala also realized that digital education and training had to demonstrate their worth.

Digital teaching has permeated all aspects of medical and healthcare education, as evidenced by the wide range of contributions and developments. Before the COVID-19 epidemic, topics such as digital teaching, simulations and virtual patients existed, but now areas like ethics, mentoring and communication have also been introduced, revealing new perspectives and difficulties that are surely intriguing for all fields of higher education. Skills training and practical assessment formats are particularly in need of digital ideas.



Dr. Poonam Kakkad

**Coordinator- IQAC, BMS,
BAF and BAMMC**

Thus, I hope that this dimension will provide many fresh ideas for digital teaching design, and various digital teaching projects currently under use will survive the COVID-19 pandemic.

Last but not the least, we expect that digital education and training will equip tomorrow's professionals to deal with situations like the COVID-19 pandemic.

With hopes, anticipation and prayers for a COVID-free world foremost on my mind, I look forward to a new post-COVID era altered by this acute challenge- one that has only positive outcomes and discoveries and no trace of loss, death and pain.

Dr. Poonam Kakkad

**Coordinator- IQAC, BMS,
BAF and BAMMC**

◀ WORDS OF WISDOM ▶



Ms. Vaishali Mishra

Co-ordinator BSc. IT,
BSc. CS & MSc. IT

The coronavirus has impacted higher education more than any other event in modern history, putting the future of many institutions in doubt. The entire industry has been forced to restructure, seemingly overnight.

Given the urgency to react, colleges and universities should be applauded for their adaptability, innovation and tireless response and efforts

That said, many of the existential challenges now facing higher education are not new, and the pandemic has forced institutions to finally reckon with the fundamental issue of the true value of higher education from a student's perspective.

With the advantage of many lessons learnt during the pandemic, it is now time to have conversations about how educational institutes not only survived but will also thrive in the years to come.

Needless to say, all institutions have been working harder than ever to deliver high-touch educational services.

Digitalization of Education:

Here's a glimpse into the impact that the pandemic has made on education and the response it has elicited from the industry:

- The COVID-19 has resulted in colleges being shut across the world. Globally, over 1.2 billion children are out of the classroom.
- As a result, education has changed dramatically, with the distinctive rise of e-learning, whereby teaching is undertaken remotely and on digital platforms.
- Research suggests that online learning has been shown to increase retention of information and demands less time, meaning the changes that the coronavirus have caused might be here to stay.
- The pandemic has not only raised opportunities to advance technology-based solutions but has also created a rare opportunity to study the research and practice of technology, including information management, work practices, and design and use of technologies
- Our quick transition to telework, and online education in response to the coronavirus threat is a reminder that digital technology brings many benefits and can play an essential role in managing and reducing the risks caused by the lockdown during the pandemic and even after the pandemic.
- It is well-known that information systems and information technology (IS/IT) play an important role in healthcare, clinical decision support, emergency/crisis response and risk management.

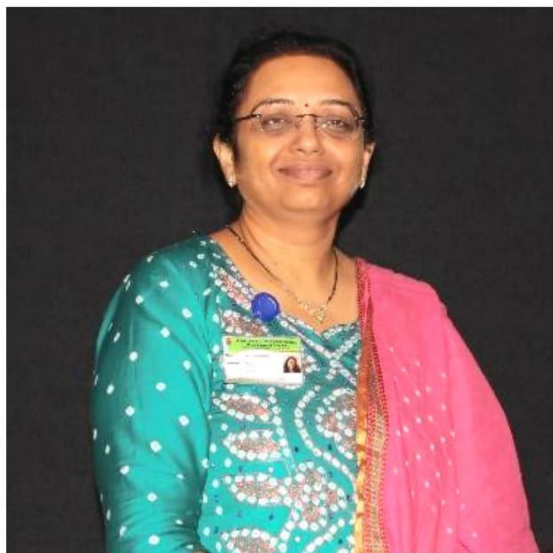
As for our college, it is providing language apps, virtual tutoring, video conferencing tools, or online learning software of which there has been a significant surge in usage since COVID-19.

While some believe that the unplanned and rapid move to online learning – with no training, insufficient bandwidth, and little preparation – will result in a poor user experience, majority are upbeat about the new normal and all set to embrace the new system at a larger scale.

Ms. Vaishali Mishra

Co-ordinator BSc.IT, BSc. CS & MSc. IT

◀ WORDS OF WISDOM ▶



Ms. Swati Desai

Registrar

Resurgence: The Beginning of a New Era, the theme of this year's college magazine, is the perfect keynote idea for our institute and its vision. It embodies the ray of sunshine, eliminating the darkness that enveloped the world for two long years.

The COVID-19 pandemic unleashed tremendous uncertainties, personal loss and pain. It impacted virtually everyone the world over in some way or the other. It was no different for us at Nirmala Parivar.

Being in the field of education, we could see closely how the lockdown was affecting students academically. Teaching and learning suddenly changed gears and shifted online.

However, the past few months have brought some relief and normalcy back as we are slowly going back to normal.

It is a very reassuring stage, and our institute is taking steps to provide all the facilities that we did before the virus struck.

We have begun conducting maximum activities and providing services physically, which were online all this while. We are doing our best to get back offline in keeping with the situation so as to provide a real-time experience to all.

I would like to tell students to follow COVID-appropriate behavior and be alert even though the situation has improved. As the experts say, the virus may be down, but it is not out yet.

I am aware how eager students are to experience normal college life, which was lost for nearly two years.

I'd like to wish everyone the very best, good luck and health, and convey my assurance of best services and support from the institute always.

Ms. Swati Desai
Registrar

◀ FROM STUDENT EDITORS' WORKSTATION ▶

The Editor-in-Chief Speaks...

"Life is what happens when you're busy making other plans."

-John Lennon

Hey everyone, I am **Manav Chauhan**, and here we are- my team members and I, presenting to you our college magazine, **THE NIRMALITE 2021-2022** Edition 4 with great zeal, love and dedication.

First of all, I am very thankful to our very beloved Principal Ma'am, **Prof. Swiddle D'Cunha**, our Magazine Teacher-in-charge, **Prof. Neelam Patil** and **Prof. Pratik Kapoor** for believing in me and trusting me during the entire period of making the magazine.

Let me tell you a bit about my experience during the making of the magazine. Honestly, I was an average IT student before I joined this committee. I had very low knowledge of **Soft Skills, Time management, Teamwork** and how to deal with **DEADLINES**. After joining this committee and under the guidance of our



Principal, Neelam Ma'am and other faculty members, today I can say that I have transformed drastically.

I have learnt a lot and improved myself tremendously from my mistakes during this entire period. I made several discoveries and have grown during this expedition- much like what life is all about. Indeed, we do, and have to learn from our own mistakes in order to make our way towards a happier life.

No matter at what stage you are in your life, the only thing that will help you achieve a happier life is to do things **which excite your heart, which challenge you and transform you to reach the next level**. One of the most important things is to **believe in yourself, to trust yourself** first and then have faith in your team members.

Always grab the opportunity that knocks at your door, even if you have only 1% knowledge about it. Grab your chance, take it as a challenge and see yourself growing in a good manner. Always remember:

"You Have To Experience In Order To Understand Something"

Manav J. Chauhan

(SYBSc. IT)

Editor-in-Chief cum
Creative Director

◀ **FROM STUDENT EDITORS' WORKSTATION** ▶

Reflections of the Managing Editor cum Promotions Director

A college magazine is a platform that extends valuable opportunities to young talent to express their creativity. It gives me great pleasure to write a few words as the prologue of the annual college magazine of our college.

RESURGENCE: THE BEGINNING OF a NEW ERA, the theme of Nirmalite 2021-2022 magazine, echoes my new journey as the annual magazine managing editor flawlessly.

Student life is a great phase to learn from our mistakes and grow. It's the stepping stone that brightens our future. Whenever an opportunity comes your way during student life, don't lose it. I got that great chance to upskill my knowledge and sharpen my skills in the form of our college magazine managing editor.

I consider myself blessed to be able to recognize it and grab it as it has indeed given me a chance to engage with the college community and explore different spheres of student life. At the same time, the making

of the college magazine hasn't been as easy as I thought it would be, but we managed with our efforts and dedication.

This magazine is a record of our sentiments throughout the year. In a short span of time, we tried to bind each and every aspect of our NMF. In this whole journey I learnt a lot of new things that would not have been possible simply by sitting in the classroom and attending lectures. While working on this magazine I enhanced my management skills and leadership qualities. Working for the annual magazine of NMF has been my best experience so far. For that, I would like to **thank my whole editorial team.**

I would especially like to thank the **Management of the college**, for believing on us and giving us this golden opportunity. We hope that you (the readers) enjoy reading it as much as we enjoyed working on it.



Ms. Sneha Gupta

(SYBAF)

Managing Editor Cum
Promotions Director



◀ **SOME PRO LEVEL PICS** ▶



◀ **STANDING OUT OF THE BOX** ▶

The achievements section of a college is a reflection of the abilities, hard work and perseverance of its students.

It is a coveted space that makes a college feel proud and happy. We get to know about the college as well as students' contribution when we look at its achievements section. It helps an institute showcase its eminence, recognize talent and take steps to nurture the potential of promising students further.

Nirmala Memorial Foundation College of Commerce and Science boasts of a stellar student achievers' section. It's a long list, and we hereby present just a few of the achievements below.

MANAV CHAUHAN , S.Y.BSc. IT: Manav Chauhan is a budding part-time blogger. He has a website, www.mrouterspace.com, which has a global presence, having reach in **123 plus countries**. The website has been recognized by Google and several other platforms of social media.

REETI NARSHANA, FYBMS: Reeti Narshana has participated in various **intra-college** and **inter-collegiate** fests and competitions. She has received recognition in singing, poetry writing and for **drawing at national level too**.

KUNAL NAIK, TYBAMMC: Kunal Naik has achieved a string of accolades and recognition as:

Second runner up in **solo national level dance competition** at Kirti M Doongursee College of Arts, Science and Commerce

Second runner-up in the **international level solo dance competition** at B.K. Shroff College of Arts and M.H. Shroff College of Commerce

Second runner-up in the national level solo dance competition at R.D. & S.H. National College

Won **Mumbai's got Talent national level competition** at R.D & S.H. National College

Won **national level Solo Dance Competition** at Spandan fest organized by Xavier's Institute of Management

Won **Solo Dance Competition at Banker fest** organized by Thakur College of Commerce and Science

Winner of **Mr. Banker title** (personality pageant) at Banker fest 2022 organized by Thakur College of Commerce and Science

First runner-up in **solo dance competition** at Emmorzeal Fest 2022 organized by Bunts Sangha's S.M. Shetty College of Science, Commerce and Management Studies

First runner-up in solo dance competition at Prambh Fest organized by Universal MSG-SGKM College

Second runner-up in Mr. Clairvoyance (personality pageant) National level Clairvoyance 2022 Fest organized by M.V. Mandali's College of Commerce and science



◀ **STANDING OUT OF THE BOX** ▶

BHAVESH VYAS, TYCS: Bhavesh Vyas has received recognition at various **state level U-19 cricket tournaments**. He's secured certificates for the same and continues to represent Mumbai at **national level cricket tournaments** organized by different bodies.

AADIL VALIYANI, TYBMS: Aadil Valiyani is a writer par excellence who writes **poems, short film scripts** and even **lyrics of songs**. He also contributes his work in anthologies. He is also an active and noted contributor of **poetry on Instagram**. Aadil has published his poems in a book Called Sweet Pain of Love. In addition, he has also contributed in anthologies called The Morning Coffee, Broke N Beautiful and the making of an anthology. Aadil is also an achiever in the area of singing.

AVINASH CHAUHAN, TYB.Com.: Avinash Chauhan has secured the laudable title

of the **Best CL in R.D. National College**. He has also won the **Best College runner-up title in Universal College**, the Best College prize as well as the title of the **Best CL in MV Mandali College of Commerce and Science**. In addition, he has also achieved the title **of the Best PR in R.A. Podar College of Commerce and Economics**.

ANJALI SINGH, FYBSc. IT: Anjali Singh has achieved her recognition in the area of **TCS ION career edge**. She has also taken part in the **Global Cancer Concern India**. She has also been a part of the **Mumbai Provincial National Language Promotion Assembly**.

MOKSHA DESHMUKH, FYBMS: Moksha Deshmukh is an achiever in **the body building intercollege** field, and has also achieved recognition **in intra and intercollegiate events**. He has also won the third prize in gaming.



◀ SPOTLIGHT MOMENTS OF THE YEAR ▶

On Women's Day, NSS students of Nirmala Memorial Foundation College prepared a street play, which was performed at Shivaji Maidan in Poisar and also in college. The topic for the same was women empowerment.



The students endeavored to spread awareness through the play, for which they received good feedback in Poisar as well as in college.



Students participated in PR Activity and stand-up comedy at K.E.S. college in Chakrawyuha event.

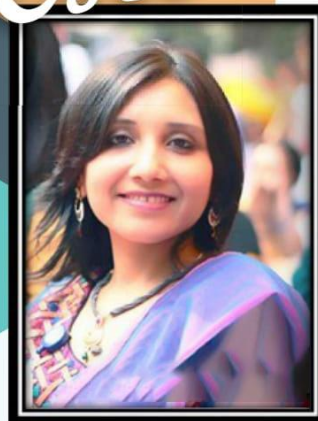
Inter-collegiate Competition



◀ **GUESTS OF HONOUR** ▶

Esteemed Guests Of 2021-2022

- 1) Mr. Amit Dubey
- 2) Dr. Kuldeep Sharma (Chairman, Board of Studies of Trade, Transport and Industry, the University of Mumbai)
- 3) Sumiya Raghavan (Qualified trainer on first aid for heart conditions)
- 4) Dr. Aditya Srinivas
- 5) Chef Tushar Pangakar
- 6) Ms. Jinal Shah, Assistant Professor from NMIMS
- 7) Ms. Almas Sharit, Woman Entrepreneur and Perfumer
- 8) Mr. Sugar Cheda and Mr. Ganesh Tripathi, NISM Certified Investment advisor
- 9) Ms. Beena Chavhan, Certified Counselor, now Speaker at Times News channel
- 10) Mr. Vivek Sarda, Founder and Director of Ideal Management



Guests

◀ COMMITTEES & ASSOCIATIONS ▶

Examination Committee

- Mr. Vinay Dukale (Convener)
- Dr. Vijaya Jacqueline
- Dr. Jignesh Dalal
- Dr. Poonam Kakkad
- Ms. Vaishali Mishra
- Ms. Vandana Singh
- Ms. Swati Desai (Office)
- Ms. Nazneen Siddiqui
- Dr. Megha Juvekar
- Mr. Manish Zalawadia

DLLE

- Mr. Shubham Kambli (Extension Teacher)
- Mr. Rishabh Desai
- Ms. Rhucha Patil

Cultural Committee

- Dr. Poonam Kakkad (Advisory)
- Mr. Rishabh Desai (Convener)
- Ms. Sneha Mishra
- CA Diya Mukherjee

Placement Committee

- Dr. Neha Goel (Convener)
- Ms. Kajol Rathod
- Ms. Bhakti Chaudhari

English Literary Association, Library Advisory Committee and Magazine Committee

- Ms. Neelam Patil (Convener)
- Ms. Pooja Garge (Convener - Marathi Vangmaya Mandal)

Commerce and Accountancy Association

- Dr. Vijaya Jacqueline (Convener)
- Dr. Jignesh Dalal
- Dr. Neha Goel
- Mr. Shubham Kambli

Women Development Cell

- Ms. Vaishali Mishra (Convener)
- Ms. Neelam Patil
- Ms. Aparna Panigrahy

◀ COMMITTEES & ASSOCIATIONS ▶

Research Cell

- Dr. Megha Juvekar (Convener)
- Dr. Vijaya Jacqueline
- Dr. Neha Goel

NSS

- Dr. Megha Juvekar (Advisory)
- Dr. Vijaya Jacqueline (Female Prog. Officer)
- Mr. Rishabh Desai (Male Prog. Officer)
- Ms. Aparna Panigrahy

Sports Committee

- Mr. Sukumar Pawar (Convener)
- Dr. Jignesh Dalal
- Ms. Rhucha Patil
- Mr. Shubham Kambli

ISO

- CA Diya Mukherjee (Convener)
- Ms. Vandana Singh
- Ms. Nazneen Siddiqui
- Mr. Shubham Kambli

Entrepreneur Development Cell

- Dr. Poonam Kakkad
- Dr. Megha Juvekar

Nature's Club and Math Club

- Mr. Rishabh Desai (Convener)
- Mr. Vinay Dukale
- Ms. Rhucha Patil

Website Updation Cell

- Ms. Smita Kadam (Notice and Events)
- Ms. Aparna Panigrahy (Forms and Links)
- Mr. Vinay Dukale (Forms and Links)

Time Table Committee

- Dr. Jignesh Dalal (Convener)
- Dr. Poonam Kakkad
- Ms. Bhakti Chaudhari

Vocational Skill Development

- Dr. Poonam Kakkad (Convener)
- Dr. Vijaya Jacqueline
- Ms. Kajol Rathod

◀ PLACEMENT CELL ▶

The Placement and Career Guidance Cell was established with the primary objective of providing guidance and assistance to students in mapping and achieving their career goals. In addition to liaising with industries for part-time, full-time and internship work opportunities, the Cell also offers information on higher studies and career advice. The Placement Officer, assisted by her team and student volunteers, meets the needs of leading organizations in conducting on/off campus recruitment. Current and former

students can benefit from the activities carried out by the Cell.

The Job Fair was conducted virtually as well as offline to ensure maximum candidates' participation. Students from various colleges registered for the career and education fair. It was a great opportunity for students to express themselves and get placed in the top companies. More than 200 students across several disciplines had participated in the Career and Education Fair.



◀ PLACEMENT CELL ▶

Following are the activities undertaken by the Placement Cell during the year 2021-2022:

- Understanding the profile of the vacancies offered
- Study abroad opportunities in the USA, Canada & Australia exclusively for B.Com., BMS, BAF and BMM students.
- Career and Education Fair
- Opportunities in Fintech Companies and courses available for getting success.
- Government and Public Sector jobs
- Competitive exams
- Resume building and Soft Skills training for interviews imparted to all Second Year and Third Year program students
- Interactive blend of skills training, career counseling and corporate linkages
- Study abroad opportunities for all programs
- Lead The Way: Public Speaking
- Opportunities in the market
- Career opportunities in India
- A hands-on technical workshop on UI/UX Technology for M.Sc. IT Students
- Study Abroad Opportunities in the USA, Canada & Australia
- Aspiring officers for Class I and Class II rank (Group A and Group B services) in Central and State Government
- Career opportunities after graduation in Information Technology and Computer Science
- Career opportunities in the field of Multimedia for final year students.
- Career Guidance Seminar on Aviation and Hospitality Industry
- Resume building - tips and tricks
- Let's Learn from Our Peers
- Profile building for higher education
- Career opportunities in the aviation industry
- Public speaking and soft skills
- Career and Education Fair



Majority of the students of our college participated in this programme, and were accorded opportunities by various well-known companies like **Career Launcher, Computrain, GO4FRESH, T.I.M.E., monster.com, Mahindra Tech, BYJU'S, Mints Kills HR Solutions LLP, Imarticus Learning, Accenture, Atos Syntel, Aasmaan Foundation** and many more.



◀ INDUCEMENT AND ACKNOWLEDGEMENT ▶

Ms. Swiddle D'Cunha

Successfully completed CAS of Assistant Professor Stage 1 to Stage 2 and promoted to Stage 2 Assistant Professor position.

Dr. Poonam Kakkad

1. In prestigious presence of Chairman of UGC Canford with The Academisthan Teacher Awards for 2021 in the field of Management which is organized by Academisthan on 6th September 2021 at national level under the category age group of below 40.
2. Granted International Patent by Australian Government. Title of Invention: Fully Autonomous Smart Manufacturing Unit using Intelligent Features, Artificial Intelligence and Recognition Algorithm
3. Granted National Patent by Indian Government (54). Title of Invention: sales decision management system using possibility theory.
4. Invited as a member of the Board of Studies in the subject of BMS of Parle Tilak Vidyalaya Association's Sathaye College, autonomous college for a period of three years from 2021-22
5. Appointed by Hon'ble VC nominee as subject expert and member of Board of Studies in the subject of BMS at DAV College, autonomous college for a period of three years from 2021-22
6. Appointed by Hon'ble VC nominee as subject expert and member of Board of Studies for BAF and B.Com. Honors at Mithibai College, autonomous college for a period of three years from 2021-22
7. Appointed by Hon'ble VC nominee as subject expert and member of Board of Studies for BAF, BMS and BBI programs at DTSS College, autonomous college for a period of three years from 2021-22
8. Appointed by Hon'ble VC nominee as subject expert and member of Board of Studies for BMS program at Vivekananda Education Society College, autonomous college for a period of three years from 2021-22
9. Research Supervision (Guidance) completed- one M.Phil. student
10. Ph.D. Thesis Evaluator in Commerce and Management at Chennai University
11. Successfully completed CAS from Stage 1 to Stage 2

◀ **WALL OF FAME** ▶



Mayank Parekh
NSS Leader



Tanvi Malik
NSS Leader



Nitin Mishra
DLLE Student Manager



Pooja Kadesha
DLLE Student Manager



Gyandeep Yadav
Student Manager



Rishabh Panchal
DLLE Student Manager



Manav J. Chauhan
LAC Secretary, Magazine Chief Editor



Sneha Gupta
LAC Joint Secretary, Magazine Editor



Aditya Vijay
ELA Secretary



Sneha Yadav
ELA Joint Secretary



◀ ACADEMIC PURSUITS ▶

I/C PRINCIPAL SWIDDLE D'CUNHA

SEMINAR

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Pillai College of Arts, Commerce and Science (Autonomous) in Association with Millennium University, Malavi, South Africa	Seven Days International Virtual Faculty Development Program (FDP)	International

RESEARCH PAPERS PUBLISHED / PRESENTED

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	International Journal of Research	Gender Perspective on Influence of Social Media on Holiday Planning Process of Generation Y in Mumbai (ISSN-2231- 6124)	International
2	International Journal of Creative Research Thoughts	A Study on the Influence of E - Retailing websites on Net Generation with Reference to Mumbai City (ISSN 2320-2882)	International

OTHER COURSES COMPLETED

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Successfully completed CAS of Assistant Professor Stage 1 to Stage 2	Promoted to Stage 2 Assistant Professor with effect from 26th May, 2020	

WORKSHOP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	"The Joy of Research" Use of Zotero for Research & Framing a Questionnaire	National

◀ ACADEMIC PURSUITS ▶

CA DIYA MUKHERJEE

WORKSHOP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	"The Joy of Research" Use of Zotero for Research & Framing a Questionnaire	National
2	Research Graduate	Research Gap, Research Objectives & Hypothesis for Doctoral Research	National

FDP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	Brand Me- Make Your Mark on LinkedIn	College

OTHER ACHIEVEMENTS

Sr. No.			Level
1	Recognition as M. Com. (Post-graduate) Teacher	University Of Mumbai	State
2	NISM Series V-A: Mutual Fund Distributors Certification Examination	SEBI (Certification Of Associated Person In The Securities Markets) Regulations, 2007	National

◀ ACADEMIC PURSUITS ▶

DR. POONAM KAKKAD

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	"The Joy of Research" Use of Zotaro for Research & Framing a Questionnaire	National
2	Attended State level Online Workshop Organized by Internal Quality Assurance Cell (IQAC) of J. S. M. College, Alibag, Sponsored by University of Mumbai	'Career Advancement Scheme (CAS) for College Teachers	State

FDP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	Brand Me- Make your Mark on LinkedIn	College

RESEARCH PAPER PUBLISHED / PRESENTED

Sr. No.	Book /Journal	Title/Paper	Level
1	International Research Journal of Humanities and Interdisciplinary Studies (peer-reviewed, refereed, indexed & open access journal)	"An Empirical Investigation on Factors Influencing Choice of Talcum Powder Amongst Consumers in Mumbai"	Published in Volume 3, Issue 3, March - 2022 (www.irjhis.com) INTERNATIONAL RESEARCH JOURNAL OF HUMANITIES AND INTERDISCIPLINARY STUDIES (Peer-reviewed, Refereed, Indexed & Open Access Journal)

◀ ACADEMIC PURSUITS ▶

DR. POONAM KAKKAD

Sr. No.	Book /Journal	Title/Paper	Level
2	International Book - Multi Disciplinary Approach in Research (Vol. 5)	A Study on Antecedents of Brand Loyalty - A Review Based Paper	International
3	Internal Journal of Creative Research Thoughts- UGC Care List Journal 49023 (18) (UGC Care listed, peer-reviewed, refereed, indexed & open access journal)	"FOMO" (Fear of Missing Out)- A New Strategy in Marketing Influencing Consumer Purchase Decisions	

OTHER ACHIEVEMENTS

1	In presence of Chairman of UGC Canford with The Academisthan Teacher Awards for 2021 in the field of Management under the category age group of below 40	Organized by Academisthan	National
2	Granted International Patent by Australian Government	Title of invention: Fully autonomous smart manufacturing unit using Intelligent Feature Recognition Algorithm	International
3	Granted National Patent by Indian Government	(54) Title of the invention: SALES DECISION MANAGEMENT SYSTEM USING POSSIBILITY THEORY	National
4	Invited as a member of the Board of Studies in the subject of BMS of Parle Tilak Vidyalyaya Association's Sathaye College, autonomous college for a period of three years from 2021-22		University of Mumbai

◀ ACADEMIC PURSUITS ▶

DR. POONAM KAKKAD

OTHER ACHIEVEMENTS

5	Appointed by Hon'ble VC nominee as subject expert and member of Board of Studies in the subject of BMS at DAV College, autonomous college for a period of three years from 2021-22	University of Mumbai
6	Appointed by Hon'ble VP nominee as subject expert and member of Board of Studies for BAF and BCom. Honors at Mithibai College (autonomous) for a period of three years from 2021-22	University of Mumbai
7	Appointed by Hon'ble VC nominee as subject expert and member of Board of Studies for BAF, BMS and BBI programs at DTSS College, (autonomous) for a period of three years from 2021-22	University of Mumbai
8	Appointed by Hon'ble VC nominee as subject expert and member of Board of Studies for BMS programs at Vivekananda Education Society College (autonomous) for a period of three years from 21-22	University of Mumbai
9	Research Supervision (Guidance) completed - one M.Phil. Student	University of Mumbai
10	PhD Thesis Evaluator in Commerce and Management	Chennai University
11	Successfully completed CAS- Stage 1 to Stage 2	
12	Invited as subject expert in the Faculty of Commerce and Management at KES Shroff College	University of Mumbai
13	Invited as subject expert in the Faculty of Commerce and Management at Valia College	University of Mumbai
14	Invited as subject expert for selection of Research Guide at Insurance Institute of India	Insurance Institute of India

◀ ACADEMIC PURSUITS ▶

DR. POONAM KAKKAD

**Resource Person in Workshop / FDP Or Chairperson in Conference /
Technical Session, Review Committee Member**

Sr. No.	Details	Level
1	Resource Person for a guidance session for Third Year BAF, BMS and BFM students on Semester VI Project Preparation at NM College	College
2	Resource Person for a session on Basics of Research Methodology organized by Shailendra Education's Society of Arts, Commerce and Science College	College
3	Resource Person for a session on Review of Literature in Research organized by Shailendra Education's Society of Arts, Commerce and Science College	Colleg
4	Resource Person for a session on Formulation of Hypothesis and Designing of Questionnaire organized by the Department of Accountancy and Commerce at B.K. Birla College of Arts, Commerce and Science	College
5	Resource Person for a two-day session on a guidance session for Third Year BAF, BMS and BFM students on Semester VI Project Preparation at Thakur College	College
6	Reviewer for Evaluation of Research Papers at Ghanshyamdas Jalan College of Science, Commerce and Arts	National
7	Resource Person for Technical Session during 7th International Multidisciplinary E-Conference on "Sustainable Development: Environmental, Economic and Socio-Cultural Issues & Challenges" organized by Chandrabhan Sharma College	International
8	Review Committee member for one Day Multidisciplinary E- Conference on Post Covid Revival on Indian Economy organized by Clara's College	National
9	Resource Person at one-day National (Online) Conference on 'Virtual Reality v/s Augmented Reality: Prospects, Opportunities & Challenges' organized by Matushri Kashiben Motilal Patel Senior College of Commerce and Science	National
10	Resource Person on "IQAC Pathway to Success" at Chandrabhan Sharma College	College

◀ ACADEMIC PURSUITS ▶

DR. VIJAYA JACQUELINE

WORKSHOP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	The Joy of Research" Use of Zotaro for Research & Framing a Questionnaire	National

FDP

Sr. No.	Name Of Organizer	Topic/theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	Brand Me- Make Your Mark on LinkedIn	College

MR. VINAY DUKALE

WORKSHOP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	The Joy of Research" Use of Zotaro for Research & Framing a Questionnaire	National

FDP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	Brand Me- Make Your Mark on LinkedIn	College

◀ ACADEMIC PURSUITS ▶

MS. NAZNEEN SIDDIQUI

WORKSHOP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	Use of Zotero for Research & Framing a Questionnaire	National

FDP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	Brand Me- Make your Mark on LinkedIn	College level

DR. JIGNESH DALAL

WORKSHOP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	"The Joy of Research" Use of Zotero for Research & Framing a Questionnaire	College

MR. RISHABH DESAI

WORKSHOP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	Use of Zotero for Research & Framing a Questionnaire	National

FDP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	Brand Me- Make your Mark on LinkedIn	College

◀ ACADEMIC PURSUITS ▶

MS. RHUCHA PATIL

FDP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	Brand Me- Make Your Mark on LinkedIn	College

MS. BHAKTI CHAUDHARY

FDP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Teaching Learning Center, Ramanujan College, University of Delhi Under the aegis of Ministry of Education	Next Generation Technologies	National
2	Navinchandra Mehta Institute of Technology and Development (NMITD) & University of Mumbai	Ethical Dimensions of Writing a Research Paper	State

MS. VANDANA SINGH

FDP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	Brand Me- Make Your Mark on LinkedIn	College

◀ ACADEMIC PURSUITS ▶

DR. NEHA GOEL

OTHERS

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Ministry of Education "Ramanujan College"	National Education Policy 2020: Re-Envisioning Higher Education in India" from and obtained Grade A+.	National
2	PMMMNMST & Ministry of Education	Research Methodology in Social Sciences, Humanities, Commerce & Management	National

MR. MANISH ZALAWADIA

FDP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	Brand Me- Make Your Mark on LinkedIn	College level

MS. APARNA PANIGRAHY

WORKSHOP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	"The Joy of Research" Use of Zotero for Research & Framing a Questionnaire	National

FDP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	Brand Me- Make Your Mark on LinkedIn	National

◀ ACADEMIC PURSUITS ▶

MS. SNEHA MISHRA

WORKSHOP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	"The Joy of Research" Use of Zotero for Research & Framing a Questionnaire	National
2	Nirmala Memorial Foundation College of Commerce and Science	"Brand Me- Make Your Mark on LinkedIn"	College

RESEARCH PAPER PUBLISHED

Sr. No.	Book/Journal	Topic/Theme	Level
1	Nirmala College (IQAC Research Cell)	Multidisciplinary Approach	

MR. SHUBHAM KAMBLI

WORKSHOP

Sr. No.	Name Of Organizer	Topic/Theme	Level
1	Nirmala Memorial Foundation College of Commerce and Science	"The Joy of Research" Use of Zotero for Research & Framing a Questionnaire	National
2	Nirmala Memorial Foundation College of Commerce and Science	Awareness & Training on Sudden Cardiac Resuscitation	National

◀ **SPORTS AND ATHLETICS** ▶

Mr. Sukumar Pawar
HEAD OF DEPARTMENT



SPORTS ACHIEVEMENTS

Sr. No.	Student Name	Course	Div	Roll No.	Events	Position
1	Chandan Parida	TYBAMMC	B	65	33RD MAHARASHTRA SENIOR KYORUGI & 9TH CHAMPIONSHIP FREESTYLE TEAM POOMSAAE 2ND & 4TH DECEMBER, 2021	1st
2	Chandan Parida	TYBAMMC	B	65	4TH MUMBAI CONSUL GENERAL CUP 2021 VIRTUAL TAEKWONDO CHAMPIONSHIP 28TH & 29TH AUGUST POOMSAAE	3rd
3	Chandan Parida	TYBAMMC	B	65	BORIVALI SPORTS & CULTURE ASSOCIATION BORIVALI KHEL MAHOTSAV TAEKWONDO POOMSAAE	1st
4	HIMANSHU MISHRA	FYBAF	D	46	NATIONAL LEVEL ONLINE SPORTS QUIZ COMPETITION 16TH FEBRUARY 2022	3rd

◀ DEPARTMENTAL WORKSHOPS AND WEBINARS 2021-22 ▶

Orientation programme for the First-Year students conducted on Wednesday, 15th September, 2021

A programme, 'What Next after BMS?' for Second Year and Third Year BMS students, held on Saturday, 3rd July, 2021

Webinar on Forensic Accounting conducted by M.Com. Department on Wednesday, 1st September, 2021

Webinar on Interpersonal Skills conducted by the M.Com. Department on Friday, 3rd September, 2021

Webinar on Brand Me-Make your Mark on Linked in held on Friday, 24th September, 2021

Online quiz competition titled 'Are you the Management Guru' held on Monday, 06th December, 2021

Webinar on career counseling on topic Best Career options in B.Com. held on Friday, 2nd July, 2021

Hands-on training session on Live Mock Stock conducted on Thursday, 07th October, 2021

A webinar on Let's Build a Personable Personality was a workshop, 'The Final Touches' was conducted on Friday, 1st October, 2021

Webinar titled 'An Insight in the Investment Avenues' on the occasion of World Investor Week held on Friday, 26th November, 2021, organized by BMS Department, in association Internal Quality Assurance Cell

National level webinar, 'An Overview of Stock Market', organized by the B. Com. Department conducted on Friday, 30th July, 2021

Webinar titled 'Coffee with Kapoor' organized by the BMS Department on Thursday, 27th January, 2022

National level Research Paper Presentation Competition held for students, teachers and research scholars on Transformation and Challenges Post COVID-19 on 30th March, 2022



FACES OF THE FUTURE



Mr. Chandan Parida
TYBAMMC

Chandan Parida is a great Kyuorgi & Poomsae player. He has won more than 10 gold medals in the past five years. He participated in various intercollege, state level, district level competitions.

- Gold Medalist of 33rd Maharashtra Senior Kyuorgi & 9th Championship 2021 freestyle team Poomsae
- 3rd position at Mumbai Consul General Cup 2
- Gold Medalist of Borivali Sports & Culture Association



Mr. Ritikesh N. Dalvi
FYBAF

Ritikesh is a national level player of Pakhavaj, a two-headed drum for 14 years. He has bagged several prizes at national, district and zonal levels. Ritikesh has participated in more than 60 competitions across states. His dream is to become the best musician, compose new music and teach those eager and passionate to learn music without charging them anything.



FACES OF THE FUTURE



Ms. Vishwa Kalpesh Panchal
FYBMS (Lagori Player)

Vishwa is a state level player of **Maharashtra Lagori Association** and Vasai-Virar Shahr Mahanagar Palika. She is also a **district level dancer**. Vishwa has participated in various **intercollegiate and district level dance competitions**. She has been a runner-up at Mr. and Miss Nirmala Personality Contest. She has also participated in fashion shows at inter-collegiate and intra-college levels.



Tanveer Walia a.k.a. A10N3 BOY, has been playing CS 1.6 and CSGO for eight years no less. Tanveer has achieved several milestones in this rollercoaster of a journey of eight years. He has won 50+ intercollegiate tournaments and a national level college tournament too. When Tanveer started playing, he used to sit behind and watch people play. Cut to the present: people now stand behind him to watch how he plays. He has proven his mettle by achieving a plethora of certificates and cups. He wants to play the famous international tournament, ESL. His

dream is to sit and play in front of a 10000+ audience. He is inspired by Kennys, world-famous Awper whom he has religiously followed. As for Tanveer himself, he's getting there, as he has been declared the best Awper in all the tournaments he has played.



Mr. Tanveer Walia
SYBAF (Gamer)

FACES OF THE FUTURE

“Never back off from any situation, every problem has a solution, find the solution and you are good to go.” This is the line that Suyash uses in his everyday life. Suyash has represented the college in many intercollegiate competitions as well as in national level competitions. He touched great heights of fame in less than four months, being a versatile individual who is not only a pro in the field of singing but also well-versed in photography, fitness, beatboxing and many



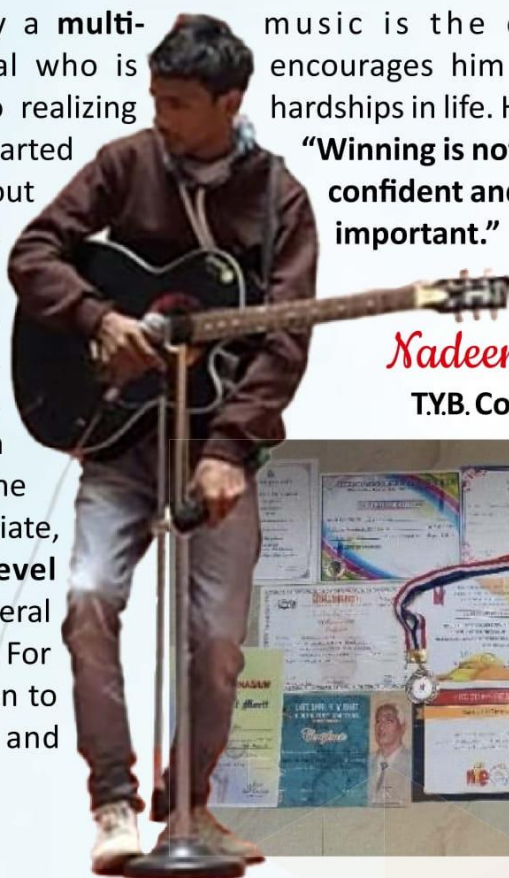
more. He is also a part of the college music band. Suyash is a great artist with exceptional qualities and skills who has learned and earned the accolades all by himself.



Mr. Suyash Surve
SYBMS (Singer)

Nadeem is basically a **multi-talented** individual who is looking forward to realizing his huge dreams. He has started an **event company** to help out unrecognized talent and to provide them a platform and recognition. Nadeem is a **singer, instrument player, standup comedian, entrepreneur** and much more. He has represented the college in many inter-collegiate, intra college and **state level** competitions, as well as several festivals in the last five years. For Nadeem, music is the reason to smile in his tough times and

music is the only thing which encourages him to get on with the hardships in life. He has also stated that **“Winning is not important but being confident and fighting fear is more important.”**



Nadeem Shaikh
TY.B.Com (Singer)



◀ FACES OF THE FUTURE ▶

Manav Chauhan is doing something that very few people can do at this age.

Along with four friends, he runs a small animal shelter, rescue team & foster home as well for stray dogs and puppies. He's been doing this for five years with zero fundings from outsiders or from any government body. His team did not pause even during the lockdown when the world came to a standstill. They would feed puppies during the time allowed for buying the essential items. Manav and his team also arrange adoption events where people can come and adopt these loving furry babies. He believes that one should always adopt stray puppies and never buy imported breeds of dogs. He and his team go to the location within one call and take immediate action for them. Manav also legally fights for the strays when hit and run cases occur. His aim is to make everyone aware about stray

Manav Chauhan
SYB.Sc. IT



adoption and to make sure that every stray animal lives happily. He also rescues squirrels, injured birds and even some rare species of reptiles.

His team works 24/7 and 365 days for stray animals. They all have a common belief that we all are creations of the same God, so why neglect animals? They all believe that we all have to share space with them as they are also a part of this world.



◀ FACES OF THE FUTURE ▶

The Queens

The Queens, the dance group that the college is proud of, started their journey from scratch. Initially, things were very difficult for the group members, but as they started participating in events to showcase their talent, they gained confidence to perform on bigger levels. The group has represented the college in intercollege competitions, at state level and international level as well. Raj Mandal, Simran Vishwakarma and Kunal Naik are the choreographers of this group.

Members

Kunal Naik
Iqra Khan
Tanushka Mehta
Fatima Shaikh
Meenakshi Chaurasia
Sakshi Jadhav



The Queens
(Dance Group)

Right from the time he was a student of Grade 5, Sujit Vishwakarma, inspired by his brother, has been pursuing drawing as his passion. Sujit's teachers and classmates knew his potential, and always encouraged him to participate in activities and competitions. He secured first place in one of the competitions organized by the Corporator. He received a prize and a reward from his Principal on Independence Day in front of all his teachers and students. It motivated him a lot, and encouraged him to delve deep into sketching, canvas painting and portrait making.

After HSC, Sujit chose the IT field to diversify his creative abilities in digital artworks. In due course of time, he learnt software from YouTube. At present, he is honing his skills as a Graphics Designer, and doing very well in the role.

Future plans of Sujit include enhancing his creative excellence further, and becoming a UI UX designer.

Mr. Sujit M Vishwakarma
SYBSc.IT

NATIONAL SERVICE SCHEME

TEACHERS IN-CHARGE

Dr. Megha Juwekar
Advisory

Mr. Rishabh Desai
Convener, Male PO

Ms. Aparna Panigrahy
Member

Dr. Vijaya Jacqueline
Female PO



“Not Me But You”

Mahatma Gandhi once said, **“THE BEST WAY TO FIND YOURSELF IS TO LOSE YOURSELF IN THE SERVICE OF OTHERS”**. Indeed, no matter how tough a job may be, it is never impossible to achieve excellence if done together. This is why we call the NSS Unit a family. The NSS Unit is an organization where people come as strangers but leave as family.

As is the tradition at Nirmala Memorial Foundation College, various NSS activities have been conducted in this academic year too, which include NSS camp, social drives as well as donation camps.

◀ SNEH AADHAR RAKSHA BANDHAN ▶

NSS celebrated **Raksha Bandhan** with the police Special Force near Shiv Temple in Dahisar east. The NSS volunteers were bestowed with motivation and valuable advices by the Head Police In-charge of the bootcamp.



◀ SHARE WITH CARE ▶



NSS volunteers of the college made a thoughtful gesture of donating books and stationery in rural areas. The activity was conducted on 03rd October, 2021. Along with Goonj Foundation, books, colors, pen sets and pencil boxes were donated to the students in rural areas.



Name Of Items Donated

1

BICYCLE

13

CARTONS CONTAINING
STATIONERY AND
OTHER ITEMS

1

TYPEWRITER

VACCINATION DRIVE

A Covid -19 Vaccination drive was conducted by the NSS volunteers on 21st October, 2021 at Damu Nagar where even NSS volunteers of Thakur College were present.



VACCINATION DRIVE RECORD

3000

TOTAL
VACCINES

450

PEOPLE
VACCINATED

284

1st DOSE
VACCINATION

166

2nd DOSE
VACCINATION

VACCINATION DRIVE 1



The second vaccination drive of Nirmala Memorial Foundation College was held in the college itself on 30th October, 2021. The drive was conducted from 10.00 a.m. to 1 p.m. The total number of people who got vaccinated in the drive was 65.



VACCINATION DRIVE 2



The NSS volunteers along with teachers, organized the third vaccination drive for children aged 15 -18 years on 13th January, 2022. Students were guided by the volunteers during the drive, and necessary precautions were taken accordingly.

The drive commenced at 10.00 a.m. It received very encouraging and positive feedback from the children.

◀ BLOOD DONATION CAMP ▶

A Blood Donation Camp was organized at the college premises on 04th December, 2021 in coordination with **Meenatai Thackeray Blood Bank** and **Lions Club**. The camp commenced at 11.00 a.m. and concluded at 3.00 p.m. A total number of 75 blood bags were collected from 71 donors in the drive.



◀ CHILDREN'S DAY CELEBRATIONS ▶

On the occasion of Children's Day, students and teachers of the college showed up at Ramgad, a small village with a population of 150+ at Kalmacha Pada, Kandivali East, and taught children the art of stone painting. The act played an important role in bringing out the creative side of the children, and also turned a source of knowledge-sharing for them.



◀ WOMEN'S DAY CELEBRATIONS ▶

On the occasion of Women's Day, on 8th March, 2022, a street play was performed by a group of volunteers to spread awareness about women empowerment. The street play was performed at Poisar Kandivali (East) as well as at the college premises.



◀ SANITARY PAD DISTRIBUTION AND GAMES ▶

Along with the street play, the NSS unit also organized a visit to a school in Poisar where they carried out sanitary pad distribution. Exciting fun games were also held for the children.



◀ SNEH AADHAR AT PERSONAL LEVEL ▶



NSS volunteer Suyash Surve was engaged in feeding stray dogs regularly and taking care of them during the pandemic. He also made a small shelter home near his society for stray dogs.



◀ ACTIVITIES CONDUCTED FOR STUDENTS ▶



◀ AAREY COLONY PLANTATION DRIVE ▶



On 18th February, 2022, a plantation drive was held in which about 30 NSS volunteers participated actively. Approximately, 150 saplings were planted during the drive.



◀ BISLERI COLLECTION ▶

The NSS unit had a tie-up with Bisleri Company wherein NSS volunteers were involved in collecting plastic waste and depositing it at Bisleri facility. Around 50kg of plastic waste was handed over by the NSS volunteers.



◀ VISIT TO NATURE CONSERVATION PROJECT ▶



◀ PAPER BAG MAKING ▶

This is an ongoing activity wherein all the volunteers as well as women from different NGOs come together and prepare paper bags, which are later sold to vegetable vendors, shopkeepers and other people in need of them.



◀ NSS CAMP ▶

This year, the 7-day residential camp was organized at our adopted village, Belwadi, from Tuesday, 22nd February, 2022 to 28th February, 2022. There were 50 volunteers (30 boys and 20 girls). The camp had dual objectives:

- To contribute for the welfare of the villagers
- To develop leadership qualities and team building among volunteers
- To achieve the planned objectives, the following activities were conducted:



NSS CAMP- REPORT (2021 – 2022)

1. Library setup
2. Building a soak pit to give a way to water flowing from a hand pump
3. Cultural activities
4. Distribution of clothes and books among underprivileged people in the village
5. Career opportunities after NSS
6. Skit performance and street plays
7. Skill development

◀ LIBRARY SET UP AT SCHOOL ▶

The NSS team donated a stack of books on the occasion of Marathi Diwas to Ashram School after the Marathi day event to set up a library. The unit donated story books in various languages, novels, comics and books for facilitating practice of English language.



◀ MEDICAL CAMP ▶



NSS unit, in cooperation with Dr. Sachin Ranvir, organized a free medical checkup camp and free medicine distribution in Belwadi village. All villagers, children as well as the elderly, took active part. A total of 80 villagers benefitted from this camp.

◀ DLLE ▶

TEACHERS IN-CHARGE

Mr. Shubham Kambli

DLLE Extension Work
Teacher

Mr. Rishabh Desai

Advisory



Ms. Rhucha Patil

DLLE Extension Work Teacher

Reach To The Unreached

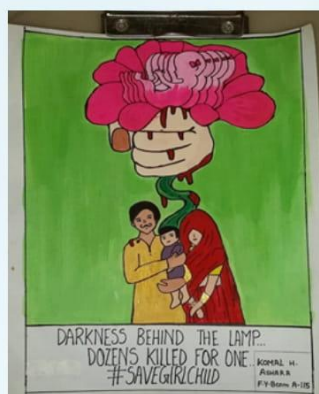
There is a famous quote, **“Part of being a person is about helping others”**, by Regis Murayi. We, the DLLE Department, live by this quote wherein we strive to help every individual to every possible extent in every way. We believe that each individual needs to be the leader of their own life. We provide students the platform to learn new things, to gain new experiences and to help them explore their hidden talents. We also train students to build confidence and channel their skills in the right direction. We encourage them to take initiatives such as turning into an entrepreneur by selling items they can make such as candles, chocolates, greeting cards, etc. The DLLE Department has always extended the necessary support to students and will continue do so in every way it can.

◀ DLLE ▶

The DLLE Department held a debate on the topic "**Online versus Offline Mode of Education**" on Friday, 18th February, 2022 at 12.00 noon.

Around 75 students participated in the debate competition. The primary objective for organizing the debate was to make the students aware about the merits and demerits of both the modes of education. The debate competition was also held to equip students with confidence in speaking and to help them overcome stage fear, so they can be ideal leaders and managers.

By the time the debate drew to a close, all students shared their views about the challenges they are facing in both the modes of education, and also suggested how they can be overcome.



Poster Making Activity on "Social Causes" on Wednesday, 09th February, 2022

The main motto of keeping poster making was to raise awareness among students about the social evils that happen all around, and to ponder over ways to abolish such evil practices.

◀ DLLE ▶

35 students participated in the poster making activity and showcased their creativity.

The DLLE Department also conducted a women's survey. Students carried a ready-made questionnaire on women, and went to gather data on women of all age groups. Students went in pairs, read out the questions and took responses. The activity helped them learn the different stages of status of women existing in the society, and how it can be improved.

The DLLE Department held a beach cleaning activity with the “Beach Warrior” on Friday, 12th March, 2022.

There were 37 volunteers who took up the great cause of beach cleaning. This activity made them feel at one with Mother Nature, appreciate the goodness of working together as a group and discover their hidden qualities like leadership, management, presentation skills, etc. All the volunteers were overwhelmed for being a part of a noble cause.



DLLE

In addition, DLLE students also sell bamboo handicraft items which are made by tribal women in Palghar. The college is endeavoring to provide them a platform to earn livelihood out of it. Various items made by them like pen stand, mobile holder, paperweight, lantern, flower vase, etc. are put up for sale.



This year, students participated in inter-collegiate, D-FEST and university fest, UDAAN". In D-FEST, the college won the Best College position and the First Runner-up Award and secured second prize in Skit. The college also secured the third prize in UDAAN's short film category.



◀ COMMERCE ASSOCIATION ▶

The Commerce Association organized a webinar on the topic "**Digital And E-Learning Tools**" on **Wednesday, 16th February, 2022 at 11.00 am.**

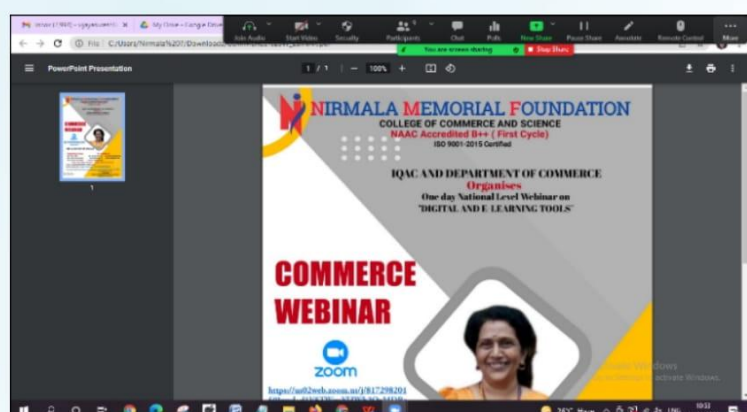
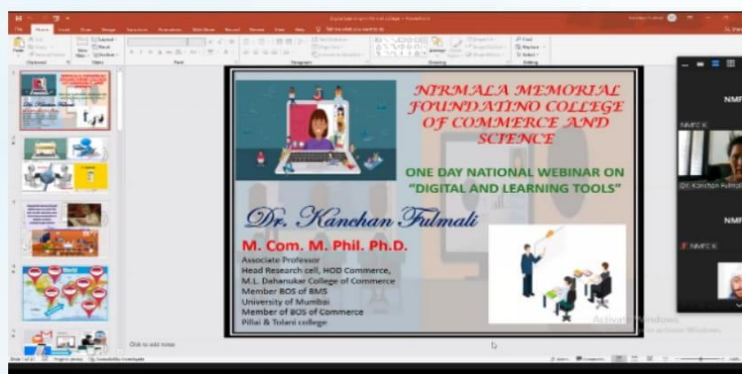
The session was conducted by:

Dr. Kanchan Fulmali, HOD, Department of Commerce Associate Professor at M. L. Dahanukar College of Commerce, Ville Parle.

The webinar provided revelatory glimpses into key points like:

- Getting familiar with digital tools
- How to prepare e-content
- Understanding different e-tools
- How to implement and what are the challenges

Nearly 82 participants attended the session. It was a great opportunity and a value creating experience for the participants. The Speaker gave insights into the different e-tools and also gave hands-on experience to all the participants to get acquainted with the tools.



The speaker also gave an idea of different paid and unpaid sources for the participants to use in future.

◀ NIRVAAN 2022 - THE NEW DAWN ▶

The teacher in-charge of Nirvaan was **Mr. Rishabh Desai.**

108

Total number of
colleges registered

644

Total number of
participants



Participants from Canada, the USA and the UK

Total social media likes: **7493** on Instagram and Facebook

Total cash prize amount: **₹59,000/-**

Trophies for:

#Best College #Best PR #Best CL

Patrician College of Arts and Science, Tamil Nadu

Best College

Cc- START UP

LS Raheja College, Mumbai

Best PR

Cc - Relaunch

SK Somaiya College, Mumbai

Best CL

Cc- Alpha

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Mithas
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Academy

CSR1: Performances of Bharud and Lavani took place. The theme of Bharud was anti-plastic and tips for encouraging use of cloth bags. Cloth bags were also distributed among women.

CSR2: Team games were played with Adivasi women and Tilgul 'chikki' was distributed among the children.

CSR3: Purchase of handicrafts from Adivasi women for gifting them to judges

CSR4: Contribution to Sanmati Bal Niketan Sanstha (Sindhu Tai Sakpal-Maai)

◀ NIRVAAN 2022 - THE NEW DAWN ▶

The COVID-19 pandemic may have continued to wreak havoc in 2021 as well, but Nirmalites refused to bow down to its spell. The college left no stone unturned in imparting quality education online, and even built a national level platform, Nirvaan 2022 for students to showcase their gifted abilities as the pandemic continued.

NIRVAAN

Held in online mode on 12th February, 2022, Nirvaan 2022 this year was aptly titled The New Dawn. Nirvaan is a melting pot of events. The genres comprised competitions based on culture, information technology, literary arts, performing arts, fine arts, mass media and more.

The Director of the institute, Mrs. Arunaben Desai, with her vision and foresight, established the concept of the fest Nirvaan. Ms. Sylvia Fernandes, Academic Director and Ms. Swiddle D'Cunha, I/C Principal of the degree college, rendered able support to the idea, and the movement just took off.

In keeping with the current times, the theme of the fest set for this year is The New Dawn. The aim of Nirvaan this year is to inspire the world to look at the brighter side of challenges, which is what dawn is all about.

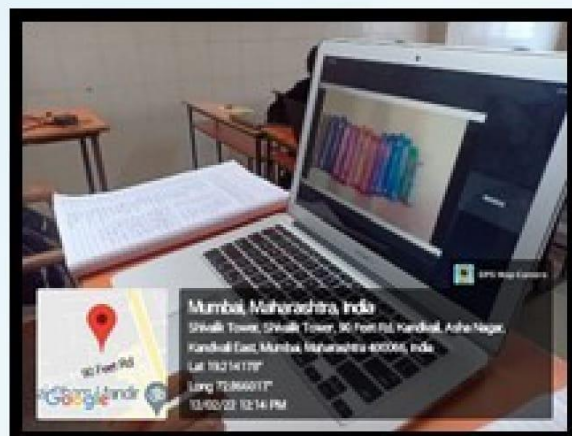
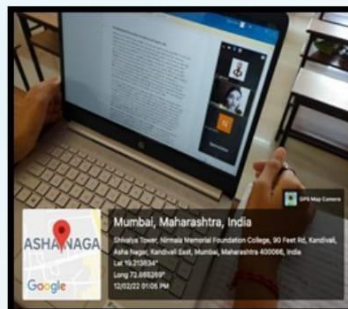
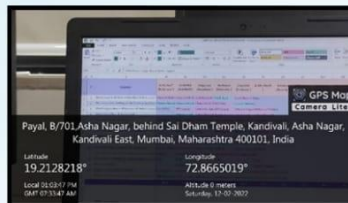
Nirvaan goes International!

This year will go down as a very special time in the calendar of Nirmala Memorial Foundation College. Nirvaan 2022 has achieved a true milestone as it has gone international in 2022. The fest also received an overwhelming number of online entries in each category. It would be no exaggeration to say that the pandemic seems to have little or no effect on creative pursuits of students even beyond the shores of Mumbai.

Nirvaan 2022

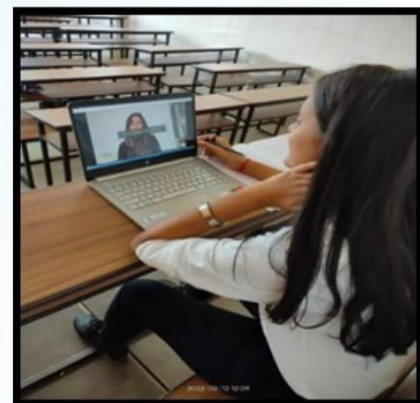
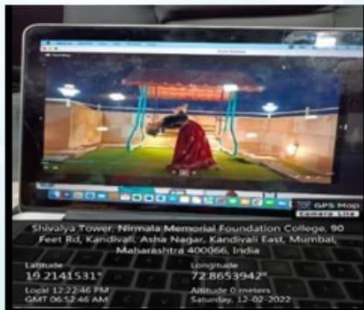
◀ NIRVAAN 2022 - THE NEW DAWN ▶

Title Sponsors, Co-sponsors



◀ NIRVAAN 2022 - THE NEW DAWN ▶

Title Sponsors, Co-sponsors



Co-Sponsor



Catch 25 Classes

Powered by



MICM



CyberTech

Library Advisory Committee

The Library Advisory Committee is an exclusive platform committed to inculcating avid interest in reading and books among the students. The committee organizes well-crafted, appropriate activities that show the learners the way to achieve these objectives.

In keeping with this quest this academic year, a webinar on the topic **"Helping Students Navigate the World of Digital Library and Resources for Better Reading"** was held on Thursday, 3rd February, 2022.

The session was conducted by:

Ms. Ankita Ahuja (Content Strategist and a Content Creator)

The Speaker offered key insights into:

- Awareness of various online platforms and resources for reading
- How to navigate through the resources available for better reading.

It was a great opportunity and a value creating experience for the students.



BOOKS EXHIBITION

The Library Advisory Committee held a Books Exhibition on Wednesday, 18th May, 2022 and Thursday, 19th May, 2022 in the college library. The objective of the exhibition was to encourage learners to take a glimpse into the world of books and kindle an interest in reading in the summer vacations.

The exhibition began with an inaugural ceremony performed by Principal Ms. Swiddle D'Cunha, Vice Principal and B. Com. BAMMC in-charge,

Dr. Jignesh Dalal and Ms. Bhakti Chaudhari also graced the occasion.

Books, magazines, journals and newspapers from diverse fields were on display for the students.

The learners visited the library as per their respective schedules on both the days and browsed through the collection avidly.

DAY 1



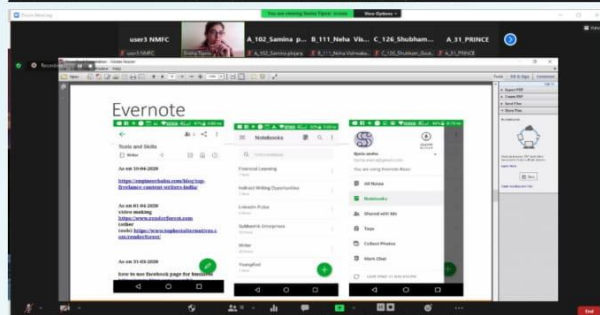
DAY 2



ENGLISH LITERARY ASSOCIATION

The English Literary Association is a vibrant destination that offers learners rich prospects to enhance communication skills and gain proficiency in the English language.

This academic year, it organized a webinar on the topic "Career Prospects in Writing on Emerging Platforms and Media" on Saturday,



05th February, 2022. The session was conducted by Ms. Sneha Tipnis (Content Creator and Researcher) who dwelled upon key concerns related to writing effectively for today's digital area.

The speaker also talked about various training courses that students can join to develop their writing skills. It was an enriching experience for all the participants.

The English Literary Association organized "Young Lion's Fiction Award —a Fiction Story Writing Competition " on Wednesday, 23rd February, 2022. It was held in the online mode. Participants were given the following topics to choose from:

- Coming of Age
- Self-sacrifice
- Darkness and Light
- Circle of Life

and put their best creative foot forward. The competition was judged by Ms. Dhaval Roy, a Journalist, Writer and Senior Manager of Program Communications.

Ms. Disha Purohit, student of F.Y.B.Com., won the first position in the competition.

◀ MARATHI VANGMAYA MANDAL ▶

Marathi Vangmaya Mandal is a committee that extols the glory of Marathi language. The committee organized "Kaavyanjali", a poetry writing competition, on 28th February, 2022. The competition was judged by Mr. Ganesh Achwal, freelance journalist and Radio Jockey at 107.1 FM Rainbow.



Marathi Vangmaya Mandal also celebrated the spirit of Marathi with a small act play, Powada, group singing and group dancing. The day was celebrated in a village near Belavadi in Virar. The committee had also organized a webinar on Chhatrapati Shivaji Maharaj.



NATURE'S CLUB

The Nature's Club is dedicated to creating awareness about environmental problems. The Club abidingly contributes at least 2 % of resources to the society. This year it placed a few empty boxes at the entrance of the college for collection of e-waste from students. Students actively encouraged one and all to deposit e-waste over a span of days. Cleaning of roadside areas is another effort made by the Nature's Club students for conservation of the environment.



◀ PLANNING FORUM ▶

The Planning Forum of the college organized a Webinar on the topic **“Health Infrastructure Development- an Important Social Infrastructure for Inclusive Growth”** on Tuesday, 15th February, 2022.

The session was conducted by Dr. Caroline Davide, **Associate Professor and Head of the Economics and FC Department, In-charge of the WDC Department of DTSS College of Commerce, Malad.**



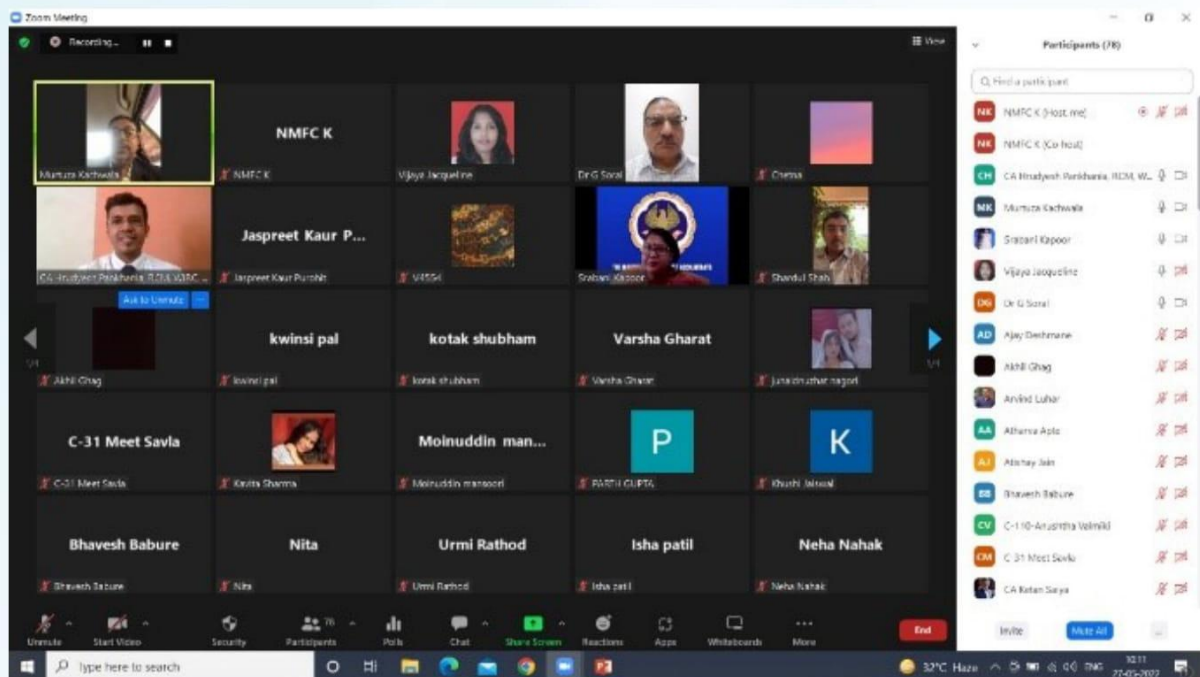
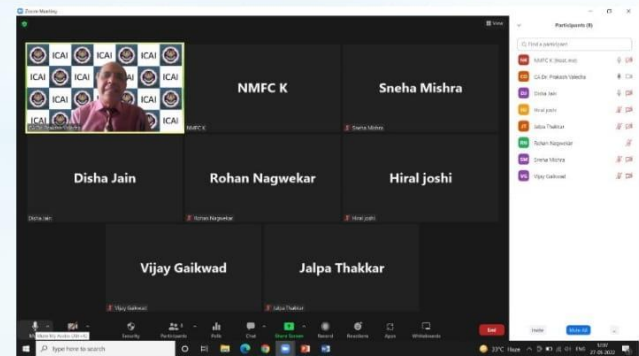
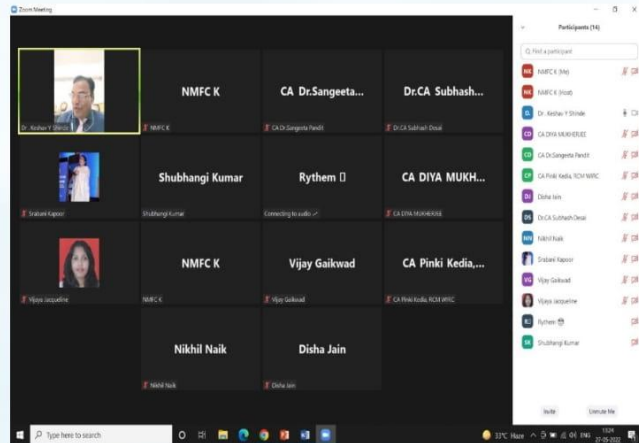
Agenda of the Webinar:

1. How to build Health Infrastructure
2. Social Development
3. Remedies to improve health infrastructure

About 132 participants attended the session. The Speaker gave insights into the various social infrastructure facilities needed for an individual to improve her/his overall health. The speaker also talked about building health infrastructure and the facilities one should develop for better growth.

RESEARCH CELL

A one-day conference was organised in collaboration with Western Indian Regional Council of The Institute of Chartered Accountants of India. The title of the conference was Emerging Trends in the Field of Commerce, Management, Science and IT. The Keynote speaker for the conference was Dr. Arvind Lohar and Guest of Honour was Dr. K. Y. Shinde. Around 83 participants were present for the conference. The conference had two technical sessions and 5 papers were shortlisted for each technical session. The first technical session covered papers from Commerce, Accountancy and Finance whereas the second technical session covered papers from Management, Marketing and HR.



◀ CHRISTMAS BASH ▶

Christmas isn't a season; it's a feeling of love. The rock-and-roll band, the Christmas Crib, the Christmas bell, the Santa Claus, the glittering designs, and warm wishes describe the essence. This year, Christmas Week was celebrated on 20th December, 21st December and 22nd December, 2021. Both junior as well as degree college students participated in the celebrations enthusiastically. The teacher in-charge of the Christmas bash was Ms. Kajol Rathod.

On 20th December, 2021 exchange of cakes, pastries and playing of dumb charades and fish pond took place. On this day, all came to the college dressed in red and white. A Carnival Show was arranged from eight floor to first floor. The teacher in charge of the carnival was Prof. Sneha Mishra.

On 21st December, 2021, activities like Secret Santa, one-minute game show, carols, singing and music band performance took place in the college. These events took place in the Chowk area. There was also an exchange of gifts among students in the classrooms.

On 22nd December, 2021, there was a theme-based fashion show along with three dance performances in the Chowk Area.



◀ NIRMALA'S GOT TALENT (NGT) ▶



Nirmala's Got Talent (NGT) is an exclusive intra college competition of the college that gets students all excited and upbeat.

This year, the event was held on 18th December, 2021. The action started at 11.00 a.m., with competitions in six categories that saw participants vying for the top slot. The in-charge professors of this event were Dr. Neha Goel and Prof. Kajol Rathod

Following are the competitions that were marked the NGT event this year:

1. Rap Song
2. Dance Moves
3. Shairies/Poem
4. Photography
5. Musical Instrument Performance
6. Mimicry or Beat Boxing



◀ **LAST DAY AS COLLEGIANS** ▶



◀ TALE OF THE NIGHTINGALE ▶

MUSIC... what is the first thing that this magical word evokes in your mind? Perhaps a singer, an instrument player, a song or harmony, but what if I tell you music for us is the musical ensemble? The name of this ensemble is The NMFC Band. Yes that's right, the college has come up with its own musical ensemble. The band consists of thirteen members. All the members are from different streams but as the saying goes, "No one can whistle a symphony. It takes a whole orchestra to play it".

Our members are:

CORE TEAM

Miss Reeti Narshana (FYBMS)

Mr. Sahil Chavan (FYBMS)

Mr. Suyash Rode (FYBMM)

Mr. Ritikesh Dalvi (FYBAF)

Miss Anchal Dubey (SY BSc. IT)

Miss Radha Joshi (SYBAF)

Mr. Suyash Surve (SYBMS)

Mr. Harsh Dhiiver (SYBMM)

Mr. Aditya Keluskar (SYBCOM)

Mr. Sameer Bankar (TYBMS)

Mr. Rajiv Keora (TYBMS)

Mr. Danish Sayeed (TYBCOM)

Mr. Aniket Kulkarni (TYBCOM)

As members of the NMFC band, even during the lines of blue none backed off from facing it. **'WIN OR LOSE DOESN'T MATTER IN THE RACE OF LIFE'**- This is the band's motto to fight the odds in line. The band of our college is like a family which grows by helping each other and

supporting each other. The band and the band members have taken part in many intercollege and intercollege festivals as well as competitions.

The band was formed by the following cultural committee members:

Mr. Avinash Chauhan

Miss Haura Gadiwala

Miss Jyoti Chaudhary

Mr. Girish Biyani

They were mentored by Prof. Kajol Rathod. The band members were handpicked based on the selection round conducted for interested students. The band's debut performance was during Nirmala's Got Talent, the college's intra college event where the alumni was present. With every song they played, the students went in a frenzy and danced cheerily to the beats. Even the teachers present became a part of the fête!

Tale of the Nightingale

“We are a group where people might not be having that good level of proficiency but music is not always about the perfect high notes or perfect scales. Music is all about you; it doesn't need any level to prove its value in the society, but once you start to respect music and learn the language of music, you might be able to find music even in the sound of waves or in the shower of rain, in the silence of forests or in the noisiest cities. A very well-known person once said:

**“Life is for the living.
Death is for the dead.
Let life be like music.
And death is a note unsaid.”**



ACTIVITIES

Activities done by IQAC from July 2021 to May 2022

Sr. No.	Day/Date	Event	Level	Beneficiaries
1	Wednesday, 2nd March, 2022	Webinar on " Awareness and Training on Sudden Cardiac Arrest Resuscitation ". The program gave insights on recognizing cardiac arrest, learning on how to perform CPR and use of AED (shock machine).	For all stakeholders of the institute	Teaching and non-teaching staff members, students and parents. 212 registrations took place for the event.
2	Saturday, 12th February, 2022	Webinar on " 5 Secrets of Quality Service Encounter in Educational Institutions " by a certified international Image Consultant, who happens to be a parent of a BMS student of the college	National Level	Non-teaching staff and members of various institutions
3	Friday, 30th July, 2021	The Department of B.Com. (A&F) and Internal Quality Assurance Cell in association with Bombay Stock Exchange Brokers Forum organized a National Level Webinar on Overviews of Capital Market.	National Level	A total of 290 participants, including students, Assistant Professors, Associate Professors and Professors across the country
4	Friday, 24th December, 2021	The Internal Quality Assurance Cell organized a hands-on Faculty Training Workshop titled "Brand ME- Make Your Mark on LinkedIn"	Intra College	14 faculty members attended the workshop and gained insight into functioning of LinkedIn, benefits of LinkedIn and tips to build a network using LinkedIn

ACTIVITIES

Activities done by IQAC from July 2021 to May 2022

Sr. No.	Day/Date	Event	Level	Beneficiaries
5	Wednesday, 8th December, 2021	The Incubation Center and IQAC of the College in association with Academy of Pastry and Culinary Art organized a National Level virtual workshop on Be an Entrepreneur - Learn the Art of Chocolate Making.	National Level	Around 109 participants from different states -teachers of different colleges, students, non-teaching staff and other professionals
6	Tuesday, 30th November, 2021	The Entrepreneurship Cell, along with IQAC, organized an online workshop on perfume making. Ms. Almas Sharif, woman entrepreneur and perfumer, was invited to share her experience of making perfumes with students.	Inter College Level	Around 75 students
7	Thursday, 7th October, 2021	The Department of B.Com. (A & F) in association with IQAC of the college organized a hands-on Workshop, "Live Mock Stock Trading" for Second and Third Year BMS, BAF and B.Com. program students.	Intra College	96 students
8	Thursday, 18th March, 2022	Startup Club (Incubation Centre) and Internal Quality Assurance Cell of the College in association with MU Ideas Start-up Incubator of the University of Mumbai organized an event, "Shark Tank to the Campus"	Intra College	41 students

ACTIVITIES

Activities done by IQAC from July 2021 to May 2022

Sr. No.	Day/Date	Event	Level	Beneficiaries
9	Wednesday, 30th March, 2022	The BMS Department, IQAC and Research Cell of the college organized Research Paper Presentation Competition on the theme "Transformation and Challenges Post Covid - 19"	National Level	48 participants comprising students and teachers
10	Tuesday, 15th February, 2022	The Planning Forum organized a Webinar on the topic "Health Infrastructure Development an Important Social Infrastructure for Inclusive Growth"	National Level	132 participants including students and teachers
11	Wednesday, 3rd March, 2022	Accountancy Association and IQAC organized a National Level Webinar on Implication of IFRS on Indian Business	National Level	87 students
12	Wednesday, 16th February, 2022	Commerce Association and IQAC organized a National Level Webinar on "Digital and E-Learning Tools"	National Level	82 teachers
13	Wednesday, 16th February 2022	National Level Sports quiz "Sporty - FY" organized by IQAC and Sports Committee	National Level	43 participants
14		IQAC and Research Cell organized a national level webinar on IPR	National Level	136 participants students and teachers
15	Friday, 20th May, 2022	IQAC and Research Cell organized Research Conference		Research Scholars
16	Thursday, 7th April, 2022	IQAC and Nature's Club in association with organized a Webinar on E- Waste Management		Society

ACTIVITIES

Activities done by IQAC from July 2021 to May 2022

Sr. No.	Day/Date	Event	Level	Beneficiaries
17	May 2022	IQAC conducted Academic and Administrative Audit		College stakeholders
18	May 2022	IQAC and Alumni Association organized alumni gathering		
19	Sunday, 24th April 2022	IQAC organized Parent Teacher Meeting	College Level	Parents & Students
20	Saturday, 26th March 2022	IQAC and Research Cell Organized a Workshop on the Joy of Research	National Level	Total of 92 participants comprising students and teachers
21	24th and 25th March, 2022	Surveillance ISO Certification Audit		Stakeholders

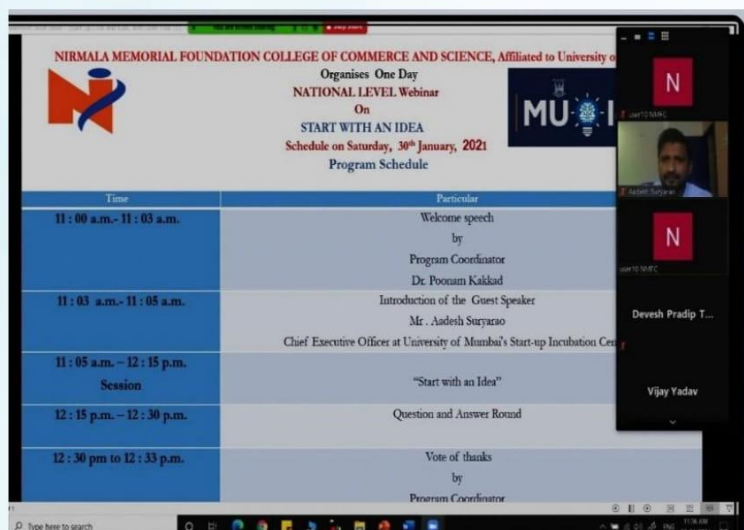
◀ ENTREPRENEUR DEVELOPMENT CELL ▶

THE INCUBATION CENTER, PROMOTING ENTREPRENEURSHIP ATTITUDE

On 18th March, 2022, an event was organized by EDC committee members, 'SHARK TANK TO CAMPUS, be a Young Entrepreneur' business plan competition where students shared their business ideas, in association with MU Ideas, the startup club of the Mumbai University.



National level webinar “START WITH AN IDEA” in association with MU Ideas



Time	Particular
11:00 a.m. - 11:03 a.m.	Welcome speech by Program Coordinator Dr. Pooam Kakkad
11:03 a.m. - 11:05 a.m.	Introduction of the Guest Speaker Mr. Anesh Suryao Chief Executive Officer at University of Mumbai's Start-up Incubation Center
11:05 a.m. - 12:15 p.m.	Session "Start with an Idea"
12:15 p.m. - 12:30 p.m.	Question and Answer Round
12:30 pm to 12:33 p.m.	Vote of thanks by Program Coordinator

Winners to get a supporting hand from Mumbai University's startup club to venture their business idea

◀ INDUSTRIAL VISIT TO NAVNEET PUBLICATION ▶

When we were told about an industrial visit during our very first meeting, it sounded like a rather boring expedition. It didn't sound interesting enough to be excited about since it was only for BMS. We were told to carry a small book to write down important things, and also some snacks to keep ourselves full with energy. Cell phones, we were told, would not be permitted inside the premises. There were further important pointers given to us regarding the same.

And finally arrived the day of the much-awaited industrial visit to Navneet Publication.

The journey, which was arranged by the college in a bus at 8.00 a.m. no less, wasn't much fun until one of our friends connected the bus speakers and played some awesome songs.

After reaching our destination, we had refreshments that included a glass of tea and a plate of chips.

Then we met an official who was in charge of showing us around and explaining the procedure during the visit. We were then divided into four groups. Each group was guided by one official.

Our group started with information about three main categories of Navneet,

viz. local, export and production. Navneet books are available in 15 different languages. Apart from its products, we also saw other facets of the company, like their solar panels that help generate half of the electricity.

We were then taken into the production department where we got an opportunity to see different sections and procedures that they implement. We were greatly impressed with the system, such as the board system to keep track of requirements and the eco-friendly procedure they use. For instance, while cutting papers to make boxes of the same size, we saw that the waste paper left behind was being recycled to avoid wastage of paper.

We were also fascinated to see them using two types of files- PVC files and paper files. The files are made of different colors in order to enhance their aesthetic appeal and impact.

Another system that we liked was that the department holds an early morning meeting everyday where the activities for the day are discussed. Each manager of every department is present in the meeting.

◀ INDUSTRIAL VISIT TO NAVNEET PUBLICATION ▶

We also got to visit the packing area where the process comprises stages for completion of packing- material on pallet, shrink film wrap, passing through hot blower chamber, ribbon fitting, sticker application, box filling and pallet box stacking.

'Think. Create', the new tagline of Navneet's stationery brand, has created quite a buzz. We were pleasantly surprised to know that the brand's tagline changes every year, which is indeed interesting. Next, we visited the PD Department where dummy books are made. These books are sent to the higher authorities whose approval commences the production. If they disapprove of a creation, it is canceled.

Later, we met the in-charge of the books who is involved with inspecting the books, designing them, and with book making. Amongst the most interesting facts of the operations at Navneet is the code words that are used for books, which help the workers who are speech and hearing-impaired identify the books based on their color shades. Each set of

books has its own identity color. Also, the weight of each box of books is noted down with the help of a gravity converter. The books are covered with a double coated paper.

After PD Department came the IT department where we observed that manager's desk was at right side, and exactly in front of them at the left side were desks of their employees.

After having a good tour of the premises, we had the introduction ceremony where the history and basic information was shared with us. IT was showcased in the auditory room in a video format. We later purchased a few books that were on display.

While coming back, we were all tired but were rejuvenated with a new perspective, one when change overcomes you. Our initial impression about the industrial visit being boring and dull was blown. By the time the visit concluded, we all had a great time, enjoyed the journey back home as we kept thinking about the experience of a lifetime we've had.



LITERARY AND ARTS

ENGLISH

I am Fe-man

I am a woman of my own thoughts,
I am a creator of life.
I am a piece of art formed by God,
I am evolving over time.
I am a phase of change,
With every walk of life.
I am a cage of rage
That explodes every time you mess with
my life.

Sneha Yadav

SYBMS

Work from home - Pros and Cons from my Point of View

I had a simple and mystical dream
and it came into an unexpected reality
Working from home is what I used to
daydream.
No more homesickness, motion sickness
And some more psychological and
physiological disorders and syndrome
anymore,
I love working from the comfort of my
four walls
And being surrounded by my family
every hour.
I feel happy being in my own realm
It's much easier to be virtual

There's no need to be conscious
While traveling and maintaining social
distancing.
My real friends are my cellphone and
laptop
I love being touch with new
technologies.
This phase is really helping me enhance
my corporate experience
And decorate my professional Resume.

At the same time, there are practical
cons

Related to this entire concept and reality
of work from home.

I do feel less sure and more reserved
Unable to realize my true extrovert side.

Work-Life-Balance is there,

Yet something is lost in the density of my
isolation

Homesickness and motion sickness

Slowly and eventually are increasing and
dazing me.

Laziness remains constant in myself

I feel isolated and disdainfully
introverted

Distractions happen all the time

Making me wonder if working from
home is really worthwhile.

-Nikhil Prabhakar Naik

M.Com. - II

◀ **LITERARY AND ARTS** ▶

ENGLISH

OF LIFE AND ART

Life is a surreal series of events,
mostly unexpected, unlikely planned,
Dreams to thoughts, thoughts to words,
words to dreams again
Some inscribed in scriptures and
tombstones,
Some inscribed in sand.
You might not always win,
Some dreams are meant to shatter,
It's the path you forge ahead on,
And the journey that matter.
Thoughts and words puzzle you along,
Your breath and time are consumed,
The little clues, the trivial doubts,
And the future we presume.
'Life imitates art'
With life is death pronounced
Afterlife and resurrections are mere
pretenses
Nothing lasts forever,
Ashes to ashes, dust to dust, we all fall
down.
But art lives on,
Like the ancestry in our blood,
Within our veins and thoughts and
deeds,
Art is the undertow of the life we lead.

Aaditya Vijay
SYBMS

SUDDEN RUSH

A sudden rush hit me.
Hard. And
Fast.
Didn't give me time to recover. It
stirred me inside out,
Thought, had to live with it forever.
Making me a bundle of
needs, it now pays no heed.
Cursing the fate,
That I once understated.
Chasing me all day long,
Molding me up till today.
Even though the silence has
returned,
Some things just don't seem to fit
the same
way.

Deepika Shukla
FYBSc.CS

◀ **LITERARY AND ARTS** ▶

ENGLISH

NO CARE

I wake up with the same thought
every day,
I drink that same cup of tea every
morning.
Same chores to be done, same
tables to turn.
One moment I'm in euphoria,
The next second I'm in the same
misery,
Putting up with the same omission,
Being reminded of the same
stories.
I pick myself up with every fall,
I stick to the same petty lies,
I serve myself same plate full of
hopes,
Drink the same glass of chaos
Lie down on my bed and stare in the
dark
And try to recover fast.

ANXIOUS ME

Just look at my sweating palms
And how I am breathing fast,
Struggling to hold on,
Trying to stay calm.
Just look at me,
This is how I am when anxious
Just pretending to be calm
But engulfed in bottomless misery.
My heart is pumping fast
My body is numb
I want to cry till everything drowns
Seems like this pain is here to last.
They say life is easy
But they are just being a judge
What I know is, I am not the only
one
To feel this void inside me that
makes me dead and done.

Deepika Shukla
FYBSc.CS

◀ **LITERARY AND ARTS** ▶

ENGLISH

AS I WALK DOWN THE ROAD

Though the moon gives out its brightest
light

It all seems so dark,
Like drowning in a hole of hell.

I can hear the story of the twinkling
stars,
The voice of the night bird singing,
The sound of wind chortling,
The dance of gleeful plants
But darkness is all I can see
Warmth is thrown out of me
And the world seems drawn closer to
thee.

As the midnight sun woke up
I regained my sight with its light
I felt the warmth covering my skin
I was startled by the bird's din.

As I see the little figure of my little
friend barking,
Running towards me
I know I've found my everything
I found the love of heaven- my family.

**Reeti Narshana
FYBMS**

WISH

Making a wish to the angel of water
fountain,

Dancing in the cold silver rain,
He looked at her as he fell inside her
treasure box

Trying to steal those black emeralds,
Golden heart, red love and her blue
moon.

Falling for the soul of roses,
Wanting to be the only one who's
cherished,

Warmth of the holy fire,
Burning for the love we admire,
Finally, being the words of pining that
he desired.

**Reeti Narshana
FYBMS**

◀ LITERARY AND ARTS ▶

Raising the Age of Marriage for Women from 18 to 21 Years - Pros and Cons

The landmark transformation is finally set to see the light of the day- something, which I personally think should have happened decades ago.

In India, the government has proposed a legislation to raise women's age for marriage from 18 to 21. It aims to bring women in India on par with males and empower them to seek education, attain financial independence and carve their own niche.

However, many women's rights activists are wary of the development. They are of the opinion that the proposed rule will do little to address inherent societal issues that lead to millions of young girls marry before they turn 18.

The government says that the objective is to provide equal opportunities to women by giving them more time to complete their education, explore career opportunities, attain psychological and physical development before marriage and promote gender equality.

After the pandemic, the number of child marriages increased significantly. The problem lies in the implementation. As long as the public are not aware about why child marriage is wrong, this law would be of no good use.

However, fact remains that even after the implementation of 'The Prohibition of Child Marriage Act, 2006', the practice of girls being married off before 18 years of age prevails. Leave alone education, career and financial independence, they don't even have physical and mental preparedness for marriage. It makes them dependent on their husbands for survival. It also forces them to endure the forced marriage and responsibilities even if it is abusive. Raising the minimum age for marriage can go a long way in protecting them from this evil and empowering them to attain financial independence and make a successful career before marriage.

Raising the minimum age for marriage for girls is a forward-looking step. However, a law alone cannot bring about a change in the society. Creating awareness about the importance of girls' education and their preparedness for marriage can make the difference. The government, I believe, should undertake concrete measures in this direction and encourage the citizens to adopt this change.

It will play a pivotal role in upholding girls' right to life of their choice after attaining adulthood and allowing them to spread their wings and conquer new horizons.

Bhavesh Vyas
TYBSc. CS

LITERARY AND ARTS**ENGLISH****The Era of Electric Automobiles in India-
Facets of Emerging Challenges**

As the name suggests, the era of electric automobiles has finally arrived in India.

A few years ago, there was almost no existence of electric automobiles, but now as people are getting aware of environmental issues, the number of electric automobiles is increasing drastically.

People are also becoming aware of the pros and cons of electric automobiles.

To know more, let's get in details

Mere thought of driving electric automobiles in the coming times conjures up reassuring anticipations of a pollution-free, eco-friendly world. The world is weary of the unceasing emissions that have been harming the environment ever since automobiles as a mode of transport were launched in the past.

Our country has also witnessed the launch of electric vehicles two decades ago. A number of environment-conscious people are switching over to this mode of transportation.

Instead of accepting a new element unconditionally, it's important to weigh the cons cautiously. Here are some key challenges that electric automobiles are posing:

1. Lack of Product Innovation: One of the main reasons for restricted adoption of electrical vehicles is the dearth of innovation on its merchandise front. So far, firms didn't spotlight the usefulness of an electrical vehicle for value-conscious Indian customers.
2. EVs also don't offer a convenient option for inter-city travel.
3. Lack of charging infrastructure is considered to be the predominant reason for low electron volt adoption.
4. Scarceness of customer-centric and appealing products despite the premium being charged for EVs.
5. Price issues for two-wheelers and four-wheelers
6. Lack of charging/swapping infrastructure

It appears that it will be a while before the Indian consumers take to this mode of transportation. Once automobile manufacturers are able to overcome these hurdles, the sky will indeed be the limit to its growth and expansion.

AMAR PANDEY
SYBAF

◀ LITERARY AND ARTS ▶

OPEN-BOOK EXAMS- PROS, CONS AND CHALLENGES

Open-book exams are perceived as a foil to memorization learning that is deeply embedded in the Indian education system. Mere mention of the concept of open-book exams is enough to send conventional educationists and even learners into throes of disbelief, skepticism and fluster. Teachers as well as learners in India are conditioned to rote learning and writing it all word to word in an exam.

Integrating open-book exam as an integral part of assessment is bound to challenge the norms and shake up the system. Implementation of this mode of assessment is on the rise in our country too, and is the dialogue around it.

People have begun weighing open book exams as an alternative that is based on a range of diverse skill sets. They have begun considering the possibility of students preparing for and taking open-book exams becoming more inquisitive and inventive.

Key Pros, Dimensions and Outcomes of Open- Book Exams

Memory-based exams usually benefit students who have higher memory capacity. This is a cause for concern and worry to students who can understand the ideas but cannot memorize extensively. Open-book exams are designed to be a boon for such students, who experience the freedom to learn

and grasp concepts smoothly.

Since students don't have to worry about their performance in memory-based tests, they learn new things and ideas easily. They are able to concentrate on readying themselves for exams rather than on abstract understanding.

Open-book exams have the potential to enhance teaching and also improve the standard of education.

Fear of forgetting content is eliminated with this mode of exam.

❖ Limitations to Watch Out for

Worry of exams encourages several students to spend time on learning. With open-book exams, students might not focus much on their studies.

In India, there are several employment centers that prepare students for different exams. They offer model answers for all the ideas, which may be memorized. This could dilute the aim of open-book exams.

Memory coaching is additionally necessary, especially for kids. Open-book exams might discourage students from memorizing even the fundamental things.

Since analysis in open-book exams can be tough, it places a lot of pressure on students.

LITERARY AND ARTS

❖ CHALLENGES:

- If students don't understand the right objective of open-book exams, they may be tempted to simply copy what is within the textbook. This will not serve the purpose of the exam.
- Coaching an oversized variety of evaluators in this analysis technique which is largely new to us is a challenge.
- Shortage of quality academics in Asian nations is a serious challenge in implementing the new approach of teaching.

Being open-minded and willing to explore new avenues like the open-book exam is essential to move ahead in today's rapidly changing world. We as a nation should gear up and implement new systems like open-book exams to be at par with the world and to attain speedy growth and success.

Disha Purohit
FYB.Com.

EXPERIENCES OF COVID-19

It was 30th December when WHO was informed of cases of pneumonia of an unknown cause in Wuhan City, China. A novel coronavirus was identified as the cause by Chinese authorities on 7th

January, 2020 and was temporarily given the term as "2019-nCoV. It's been nearly 2 years since the outbreak of Covid-19 virus. Many people died while many recovered as well, but the trauma that this virus has caused has left a huge impact on people's life.

MY PERSONAL EXPERIENCE IN COVID-19

"Be patient and let time pass with difficulties. Eventually, things will settle down and become better again." This is the advice we got from one and all during the pandemic. We also got good wishes and blessings from people we didn't know, and also helped those we didn't know.

The pandemic taught us valuable lessons in humanity and gifted us a good amount of time to focus on things that we usually neglect. Probably the most important thing we learnt from this phase of our life is to value our family.

As all we could do during the lockdown was spend time with our family members, we started understanding and appreciating each other more. We could see closely what daily life was like for our family members as each began working in the work from while working outside.

◀ LITERARY AND ARTS ▶

What was heartwarming was an incident that taught me to be positive and compassionate while judging people. We have this neighbor who seems the rudest member of our society, but during the COVID-19 crisis, he was the first person who came forward to help people. He helped people who were detected COVID positive and were told to be home quarantined. He helped them get medicines and daily supplies, and in every way he could.

I'd say this is one of the most important things that I ever came across. We usually tell each other to never judge a book by its cover, without knowing that I might be doing just that myself.

COVID-19 are the terms that cross our mind each time we see a fellow patient coughing. We shifted to a whole different bench each time we heard a

sound of someone coughing, sneezing or showing another symptom of COVID. But if you really zoom in on it, you can see the fact that people are termed patients mainly because of fear. A fear can push a person to the lowest level or it can boost a person to the highest level. The most basic thing that we all have experienced is this fear of getting infected.

Well, each experience has an emotion of its own and yes, every emotion has a word, and putting together these words is how we form our own stories. So, let's hope this pandemic ends forever soon, and not a positive single COVID case is detected in any part of the world. Till then, we need to be our own COVID warriors and take all precautions to stay safe.

Reeti Narshana
FYBMS

◀ LITERARY AND ARTS ▶

IMPORTANCE OF DIGITAL MARKETING

As we all know, these days we have a tendency to live in a technologically advanced world where doing practically everything is possible through the Internet. Digital selling is feasible mainly due to the power of the Internet.

In a society where we have a tendency to struggle with inadequacy and limiting economic processes, digital selling is like a ray of hope that can flip the situation.

Since the Internet is accessible to anyone in any part of the world and not just to a particular category of society, it's easier to connect to individuals.

Digital marketing and selling are the key facets of today's digital era, which is indeed bringing people across the business world together.

About Digital Marketing

Digital marketing is a powerful tool that organizations and companies can use to promote their goods and services. There are about nine different types of digital marketing. Prominent categories of the same are as follows:

SEO (Search Engine Optimisation)

Search engine optimization helps with the growth of online visibility in search engines. It is concerned with enhancing possibilities of your page being viewed by the maximum number of people. What happens is that if your business ranks high on the web pages, the traffic that your website gets is enhanced. With the employment of SEOs, passive visits to your page become active and receive additional traffic, which is directly proportional to your business success.

Search Engine Marketing

Search engine marketing may be defined as a technique where a business or a corporation buys an explicit advertising area. This may be seen on search platforms like Bing, Facebook paid promotions, Google or Instagram. One example is pay per click (PPC) advertising. As the name suggests, it refers to the vendor paying for each click that a user makes on an advertisement. This aspect is an integral part of search engine marketing, which is the need of the hour today.

LITERARY AND ARTS

Social Media Marketing

Social media today plays an immensely crucial role for promotion of products and services of any company. It provides the seller the simplest way to interact with potential customers in a targeted manner.

It connects individuals closely with each other, and facilitates sharing of feedback and uncomplicated engagement on

social media. It is the right destination for businesses where clients can place orders, users can search out the page and see if it's trustworthy.

Firms don't simply post content that relates to their product. Creating statements on current things or having posts for engagement and humorous comments facilitate building a huge client base. This is possible when one implements digital marketing. It permits visibility and additionally, promotion of the merchandise itself, which is what a business ultimately aspires to achieve.

Manav J Chauhan
S.Y.BSc. IT

OPEN BOOK EXAM

As the name suggests, open book exam is a mode of assessment wherein you can take your notes, specified books and references into the exam hall. It definitely sounds and seems easy compared to the closed book exam.

The concept of the open book exam is very common in foreign countries where it has been in practice for many years. However, India's education system is yet to embrace it completely. There is a purpose behind implementing open book

exam concept. All over the world, including in India, cases of depression, anxiety and most worryingly, suicide among students are increasing with each passing day. Most students suffer and experience these hardships because of exam pressure.

There is also a scientific reason behind conducting the open book exam. It is known to enhance the comprehension and synthesizing skills of students as they go about finding the necessary information and data from books and various resources.

However, open book exams are not as simple as they seem. Sometimes, a student may spend too much time on finding out a particular part of the book to look for answers in, instead of applying common sense, practical skills and reasoning ability. Chances of twister and complicated questions are higher in book exams. If student want to score good marks, they have to understand the concepts because time is limited in open book exams.

All said and done, these exams, by all means, have the potential to restore the true meaning of the word education for both- teachers and students.

Riddhi Gole
FYBMS

◀ LITERARY AND ARTS ▶

Blended Learning

Blended learning is a combination of modern technologies and traditional teaching methods.

As the name suggests, blended learning is a learning space that personalizes learning for all students where authentic human circumstances and prevailing local technologies are integrated organically.

Blended learning can be seen as a trend that is here to stay. Learners as well as teachers are able to reach larger audiences in shorter time because contrary to traditional methods, it doesn't require the trainer to be present all the time.

Traditional classroom settings are constrained to a limited number of people at the same time. Blended learning is not fraught with this restriction, as it is designed to seamlessly accommodate a much larger number of learners without facing space and infrastructural constraints.

At the same time, a significant number of people are skeptical about the effectiveness of blended learning. Some people in the education sector are not big fans of technology, even though they recognize its benefits.

Also, some employees and customers might not like it either, especially if they are used to face-to-face training.

It can be hard to learn with different people, especially if they have different learning styles. Blending learning may also pose lack of motivation and dissuade the participants from learning productively since there's limited scope of personal touch to it. Not every blended learning model is suited to every person, task, subjects, or organization.

On the other hand, some people enjoy learning in a group. Blended learning helps you cut costs. It requires fewer classrooms or training centers. The pandemic phase of this decade has conditioned us to be flexible with new modes of learning. Blended learning is one of them. Once people get used to it, the sky will be the limit when it comes to learning uninterruptedly.

On the whole, it can be said that online education is effective when it is blended with other type of learning, so we shouldn't be afraid of new technologies.

Sneha Gupta
SYBAF

LITERARY AND ARTS

SOCIAL MEDIA: IMPACT ON HUMAN BEHAVIOR AND SOCIETY

The definition of social media has changed over the years from 1990, when the first social media app was launched. It has evolved tremendously, with millions of users now venturing into it, with users setting trends that even involve complex facets of life like emotions coming to the fore. Yes, I know it's not hard to acknowledge that social media has made our lives happy and gloomy at the same time.

Social media is predominantly used by netizens aged between 16 to 29 - the young generation (the Gen Z!). Speaking as a member of the Gen Z community, I am aware of the way people express themselves and update what's happening with them- good as well as bad.

Bizarre Issues Plaguing Social Media Platforms

As an informed netizen, I would not like social media to turn into a platform where every small problem is projected as a major life-crisis- one which also reflects people's dissatisfaction with themselves, which pushes them in the ocean, looking for bigger fish.

Social media was invented for people to socialize for the literal meaning of it, but as time went by, people begin to use it like a veil- a veil to hide their real-life values, miseries, bad days, struggles, and so on and so forth.

Social media has now become a place where only beautiful and happy people exist- people who are always motivated, have great physique, a great family and live

a rich life. It actually mirrors human behavior and tendency, that of being praised and envied, but this is not how it's supposed to be.

This tendency has increased peer pressure among teenagers, and even adults. Social media has created extremely high standards and normalized some extraordinary things that are in reality impractical and unnecessary.

The Ray of Hope to Cling to...

As the saying goes, every cloud has a silver lining. Similarly, social media has infused some much-needed values in the society and even created employment opportunities that we've needed.

People can promote their business, seek people and resources for ads and PRs, start their own niche and even earn through it. Social media has made individuals independent in their own way.

While social media does create insecurity and peer pressure among people due to impractical standards and millions of opinions, it is also promoting body positivity and has normalized discussion around mental health, women empowerment and gender equality. It has even negated sexist values and racist values.

Social media has sort of brought everyone across the globe together. At the end of the day, social media does influence our lives in every aspect, still it's up to us who are responsible for the values we choose and how we act upon what we see on social media.

**-Riya Saroj
SYBAF**

LITERARY AND ARTS

भारतातील इलेक्ट्रिक वाहन/ऑटोमोबाईल्सचे युग

1) उत्पादनातील नाविन्यपूर्णतेचा अभाव

इलेक्ट्रिक वाहनांचा मर्यादित अवलंब करण्यामागील प्रमुख कारणांपैकी एक कारण उत्पादनाच्या आघाडीवर नावीन्यतेचा अभाव आहे. आतापर्यंत, मूल्याबाबत जागरूक भारतीय ग्राहकांसाठी इलेक्ट्रिक वाहनाच्या व्यावहारिकतेवर प्रकाश टाकण्यात कंपन्या अपयशी ठरल्या आहेत. उत्पादनामध्ये शाश्वत कामगिरी अंतर्भूत करण्यात आली नाही आणि शहरांतर्गत प्रवासासाठी योग्य असलेली समाधानकारक श्रेणी प्रदान करण्यात EVs अयशस्वी ठरल्या. चार्जिंग इन्फ्रास्ट्रक्चरचा अभाव हे कमी ईव्ही वापरण्याचे पहिले कारण मानले जाते. तथापि, हे एक कारण असले तरी, ईव्हीच्या यशाला मर्यादा घालणारे ते प्राथमिक कारण नाही. त्याऐवजी, ईव्हीसाठी प्रीमियम आकारला जात असतानाही ग्राहक-प्रथम आणि आकर्षक उत्पादनांची कमतरता आहे.

२) खर्चाची चिंता

इंटरनल कम्बशन (IC) वाहनांच्या तुलनेत दुचाकी आणि चारचाकी वाहनांसाठी, ईव्ही अनुक्रमे 20% आणि 50% प्रीमियमने विकल्या जातात. ही उच्च आगाऊ किंमत मूल्याबाबत जागरूक भारतीय ग्राहकांसाठी अनुकूल नाही जे स्वस्त IC वाहनाला प्राधान्य देतात. वाहनाचा आकार वाढल्याने डेल्टाची किंमतही वाढते. उदाहरणार्थ, एक दुचाकी EV अंदाजे 15000 किमी अंतरावर IC काउंटरपार्टसह ब्रेकईव्हन करेल, तर 4W ला ब्रेकईव्हन करण्यासाठी अंदाजे 1 लाख किमीची आवश्यकता आहे. उच्च अपफ्रंट किंमतीच्या चिंतेमध्ये भर घालणे म्हणजे EVs च्या पुनर्विक्री मूल्यावर मर्यादित स्पष्टता आणि वित्तपुरवठ्याचा वेदनादायकपणे कमी प्रवेश.

3) चार्जिंग/स्वॅपिंग इन्फ्रास्ट्रक्चरचा अभाव

हे आश्चर्यकारक नाही. आज रस्त्यावर सहा लाख इलेक्ट्रिक वाहनांसाठी, आमच्याकडे अंदाजे 2,000 सार्वजनिक चार्जिंग स्टेशन आहेत. चार्जिंग स्टेशन्सची ही कमी घनता ईव्ही वापराच्या सुलभतेवर मर्यादा घालत आहे. बॅटरी आणि चार्जर मानकीकरणाचा अभाव आणि चार्जिंग किंवा स्वॅपिंग स्टेशन्सच्या स्थापनेची उच्च भांडवल तीव्रता ही एक मोठी पायाभूत अडचण म्हणून उदयास आली आहे. ही एक कॉंबडी आणि अंड्याची समस्या आहे जिथे विस्तीर्ण CapEx हेवी चार्जिंग इन्फ्रास्ट्रक्चर उभारणे केवळ तेव्हाच कंपन्यांसाठी आर्थिकदृष्ट्या व्यवहार्य असेल जेव्हा रस्त्यावर वाहनांची मोठी संख्या असते. आणि दुर्दैवाने आज भारतात आवश्यक तेवढी गंभीर वाहने आपल्याकडे नाहीत. हे मात्र झपाट्याने बदलत आहे.

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खुलीपुस्तकपरीक्षा (Open Book Exam)

ओपन-बुक परीक्षा तुम्हाला परीक्षेच्या परिस्थितीत नोट्स, मजकूर किंवा संसाधन सामग्री घेण्यास अनुमती देतात. ते माहिती आणि ज्ञानशोधण्याच्या आणि लागूकरण्याच्या तुमच्या क्षमतेची चाचणी घेतात, त्यामुळे कायद्याचे नियम, आकडेवारी किंवा संसदेच्या कृतींसारख्या लिखित सामग्रीचा थेट संदर्भ आवश्यक असलेल्या विषयांमध्ये ते सहसा वापरले जातात. ओपन-बुक परीक्षा सहसा दोन प्रकारात येतात: पारंपारिक सिट-डाउन / मर्यादित-वेळपरीक्षा, संसाधने आणि संदर्भांमध्ये प्रवेशाच्या वेगवेगळ्या प्रमाणात. तुम्ही घरी चखुल्या पुस्तकाच्या परीक्षाद्या. प्रश्न(ले) दिले जातात, इतरांच्या मदतीशिवाय उत्तरे देण्याचा प्रयत्न केला जातो आणि परीक्षा एका विशिष्ट कालावधीत (बहुते कदा दुसऱ्यादिवशी) परत केली जाते.

Aaditya Vijay
SY B.M.S

LITERARY AND ARTS

महिलासक्षमीकरण'

या शब्दाचाच अर्थ असाआहे की स्त्रियापुढे
सेसामर्थ्यवाननाहीत -

त्यांना सक्षम बनवण्याची गरज आहे. हे वेदना दायक सत्य
प्रदीर्घकाळापासून अस्तित्वात आहे. अलिकडच्या वर्षांत
महिलांनातुच्छता आणि शक्ती हीनतेच्या गर्तेतून बाहेर
काढण्यासाठी लक्षणीय कामसुरू झाले आहे.

पुरुष प्रधान समाजाने जगभरातील स्त्रीस्वातंत्र्य दडपले.
महिलांना मतदान करण्याची किंवा
मतमांडण्याचीपरवानगीनव्हती.

महिलांनात्यांच्या घरातबंदिस्त करण्यात आले. जसजसा
काळपुढे सरकतगेली, तसतसे त्यांना समजले की त्यांचे
जीव नम्रहणजे केवळ घरातील सेवा करण्या पेक्षाबरेच
काही आहे. अधिकाधिक महिलांनी मानवनिर्मित
अडथळे ओलांडण्यास सुरुवात केल्याने, जगाने स्त्रियांचा
उदय पाहण्यास सुरुवात केली. पुरुषां प्रमाणे स्त्रियाकधीही
त्यांच्या विरुद्ध लिंगाचा आवाजदा बण्याचा प्रयत्न करत
नाहीत.

ते सर्व दीन लोकांचा हात धरतात - पुरुषआणिस्त्रिया -
आणि ते त्यांचे जीवन सुधारण्याचा प्रयत्न करत असताना
त्यांना दुर्दैवीपणातून बाहेर काढतात.

महिला सक्षमीकरणाचा इतिहास

महिला सक्षमीकरणाचा इतिहासने मक्यातारखेपासून सुरू
होतनाही, ही एकएकत्रित प्रक्रिया आहे. तथापि, काही
चळवळी, निषेध, क्रांती आहेत ज्यांनी
महिलासक्षमीकरणाच्या कारणाला अधिक वेगाने पुढेनेले.
प्राचीनकाळात आणि अगदी अलीकडच्या काळा तही
शेकडो देशांमध्ये महिलांना मतदान करण्याची परवानगी
नव्हती. जस जसा वेळनिघूनगेलीत सतसे अधिकाधिक
महिला एकत्र आल्या आणित्यांचा आवाजऐकू आला.
मतदानाचा हक्कमिळाल्याने महिलांचे समाजातील
स्थानलक्षणीयरित्या उंचावले. महिलांच्या मतदानाच्या

हक्काच्या समर्थनार्थ अनेकमताधि कारचळवळींनी
दररोज प्रचार केला यूएसमध्ये, एलिझा बेथस्टॅटन
सारख्या व्यक्ती आणि नॅशनल अमेरिकन वुमनसफ्रेज
असोसिएशन, नॅशनल वुमन पार्टीसारख्या संस्थांनी
महिलांना मतदानाचा हक्कमिळवून देण्यात महत्त्वाची
भूमिका बजावली. यूकेमध्ये, महिला सामाजिक आणि
राजकीयसंघाने महिलांच्या मताधिकारासाठी आक्रमक
पणेप्रचार केला. अनेक देशांनी महिलांना मतदानाचा
अधिकार ब-याच काळानंतर दिला आहे, हे
समाजासाठी लाजिरवाणे आहे. कुवेत, कतार, झैरे,
बहरीन, अंडोरा, मध्यआफ्रिकन रिपब्लिक
.इत्यादी देशांनी 20 व्याशतकाच्या उत्तरार्धानंतर
महिलांना मतदानाचा अधिकार दिला.

कोणतीही स्त्री आर्थिक दृष्ट्या स्वतंत्र नसेल तर तीस क्षम
होऊ शकत नाही. ते दिवस गेले जेव्हा स्त्रियांना आपल्या
वडिलांवर किंवा पतींवर अवलंबून राहावेलागत असे.
20 व्या शतकापासून महिलांना कामगारांमध्ये सामील
होण्याच्या अधिक संधी मिळाल्या. तथापि, त्याचवेळी,
इंग्लंडमधील बर्याच स्त्रियांना कुटुंबाचे समर्थन
करण्यासाठी कामाच्याठिकाणी आणि घरामध्ये
दोन्हीठिकाणी कामकरण्यास भागपाडले गेले. दुस-या
महायुद्धानंतर महिलांनी स्वतः हून कामगार दलात
सामील होण्याचा निर्णय घेतला. आज महिलांसाठी
अधिकाधिक नोकऱ्या खुल्याहोत आहेत. स्त्रिया त्यांना
नियुक्त केलेल्या पदांसाठी पात्रअसल्याचे सिद्धकरत
आहेत

Riddhi Gole
FYBMS

LITERARY AND ARTS

सोशल मीडिया: मानवी वर्तन आणि समाजावर परिणाम

सोशल मीडिया हे एक ऑनलाइन व्यासपीठ आहे जिथे आपण विचार, माहिती, चित्रे आणि व्हिडिओ शेअर करू शकतो. आपण सर्वजण आपल्या दैनंदिन जीवनात याचा वापर करतो. तो आपल्या जीवनाचा अविभाज्य भाग बनला आहे.

फेसबुक, ट्विटर, वाट्सएपइत्यादी विविध सोशल मीडिया प्लॅटफॉर्म आहेत ज्यांचा वापर आपण सर्व स्थानिक तसेच जागतिक पातळीवर संवाद साधण्यासाठी आणि सामाजिकीकरण करण्यासाठी करतो. सोशल मीडियाचे फायदे आणि तोटे दोन्ही आहेत.

फायदे

सोशल मीडियाचा सर्वात मोठा फायदा हा आहे की आपण विचार आणि कल्पना जगभरातील लोकांसोबत शेअर करू शकतो

आता सामान्य माणूसही कोणत्याही राष्ट्रीय किंवा आंतरराष्ट्रीय विषयावर आपले मत मांडू शकतो.

सोशल मीडियाचा आणखी एक फायदा म्हणजे या प्लॅटफॉर्मवर लोक आपली प्रतिभा दाखवू शकतात. सोशल मीडियाच्या माध्यमातून अनेकांनी आपली प्रतिभा दाखवून फ्रेम मिळवली आहे. हे नेहमीच लोकांना पैसे कमविण्यास मदत करत असते. लोक सोशल मीडियाच्या माध्यमातून कपडे, पुस्तके, इलेक्ट्रॉनिक वस्तू इत्यादी अनेक गोष्टी विकतात.

लोकांमध्ये जागरूकता निर्माण करण्यासाठी सोशल मीडियाचाही वापर केला जातो. लोकांना आरोग्य किंवा पोषण यांसारख्या विषयांची चांगली माहिती असलेल्या लोकांमध्ये जागरूकता निर्माण करण्यासाठी या व्यासपीठाचा वापर केला.

तोटे

व्यसन हा सोशल मीडियाचा सर्वात मोठा दोष आहे. लोकांना वेळोवेळी तिथे सोशल मीडिया अकाउंट तपासण्याची सवय झाली आहे. ते सोशल मीडियावरील विविध पोस्ट तपासण्यात बराच वेळ घालवतात.

सोशल मीडियावर बराच वेळ घालवल्याने तणाव, चिंता आणि झोपेसारखे अनेक आरोग्य विकार देखील होतात. सोशल मीडियाचा आणखी एक दोष म्हणजे येथे उपलब्ध असलेल्या सर्व माहितीवर आपण विश्वास ठेवू शकत नाही.

काही माहिती खरी असू शकते तर काही खोटी असू शकते. काही वेळा या व्यासपीठावरून खोट्या बातम्या वगव्यासारख्या पसरतात.

नेटवर अनेकांना वैयक्तिक माहिती सहज उपलब्ध होते. त्यामुळे हॅकर्सपासून सावध राहण्याची गरज आहे. या सायबर धमकीचा एक भाग हा सोशल मीडियाचा आणखी एक मोठा दोष आहे. काही लोक इतरांच्या खात्यांवर नकारात्मक आणि द्वेषपूर्ण टिप्पण्या पोस्ट करतात आणि त्यांना त्रास देतात.

सोशल मीडियाचे फायदे आणि तोटे दोन्ही आहेत. समाजी करणासारख्या लाभामुळे जीवन सोपे आणि सोयीस्कर झाले आहे.

काही तोटे आहेत दोन. आम्हाला या प्लॅटफॉर्मचा सुज्ञपणे आणि मर्यादित पद्धतीने वापर करण्याची गरज आहे जेणेकरून आम्ही या नवीन प्लॅटफॉर्मचा जास्तीत जास्त फायदा घेऊ शकू.

Bhavika Dhanawade

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◀ **LITERARY AND ARTS** ▶

समानता मैं तब मानूँगी

मुझे पुरुष के बराबर हक़
दिलाने की बात चल रही है, न जाने कबसे
पर एक बात मैं
कहना चाहती हूँ
आप सबसे-

'ज़माना खराब है' यह कह कर
न जाने कितने प्रतिबन्ध लगे हैं,
मुझ पर अब तक।

समानता मैं तब मानूँगी
जब घर से अकेले कॉलेज जाने तक
नहीं घूरेँगी मुझे गिद्ध दृष्टियाँ एक टक।

रात के अँधेरे में भी
जब मैं चल सकूँगी बेखौफ़
समानता तो तभी होगी
जब नहीं सताएगा मुझे कोई खौफ।

'लड़की हो' ये कहकर
नहीं किया जाएगा भेद-भाव
भाई की इच्छाओं के आगे
जबरन नहीं स्वीकार ना होगा
मुझे कोई अभाव।

सिर्फ़ कानून नहीं दिला सकता
मुझे समानता का अधिकार
इसके लिए ज़रूरी है
संकीर्ण मानसिकता का बहिष्कार।

Disha Kishor Purohit
F.Y.B.Com.

बेरंग

नया वर्ष आया लोगों को बेरंग बना गया।
चीन से आयी महामारी पूरी दुनिया पर पड़
गयी भारी।

बंद हुए हवाई जहाज
बंद हुए हंसी खुशी के अलफ़ाज़।
रास्तों पर छा गया सन्नाटा
अस्पतालों में मच गया कोहराम।

माँ ने बेटा खोया,
किसी ने खोया संसार
परिवार के तो सिर्फ़ पर रह गए थे
उड़ना तो वो भूल गए।

विद्यालय महाविद्यालय में तो
बच्चे शिक्षा के अलफ़ाज़
ही भूल गए।
यह महामारी तो भरे पूरे जीवन को
बेरंग बना गयी।

मजदूर अपने घर को तरसते रह गए
महामारी अपना डर बरसाती रह गयी।
देश की ज़मीन रो पड़ी लोगो की हंसी खो
गयी
देश की जनसंख्या घट रही थी
देश की कामयाबी गुम हो रही थी।

देश का विकास रुक गया
रुक गयी दुनिया, रुक गयी थीं सेवाएं
लेली सबकी खुशियों के रंग।

Sameena Pinjara
F.Y.B.Com.

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हमें पर्यावरण बचाना है

खतरे में हैं वन, जीव सब
मिलकर इन्हें बचाना है
आओ, हमें पर्यावरण बचाना है।

पेड़ न काटें, बल्कि पेड़ लगाएं
वन हैं बहुत कीमती, उन्हें बचाना है।

जंगल अपने आप उगेंगे
पेड़, फल, फूल बढ़ेंगे
कोयल कूके, मैना गाये
हरियाली दूर दूर तक फैल जाए
आओ, मिलके हम पर्यावरण बचाएं।

पेड़ों पर पशुपक्षी रहते
पत्ते, घास, खाते चरते
घर न इनके कभी उजाड़ो
कभी न इन्हें सताओ,
आओ, साथ मिलकर पर्यावरण बचाओ।

Disha Kishor Purohit

F.Y.B.com.

आज़ादी है हमें भी

जैसे बादलों के पीछे चाँद छुपे
क्यों मुझे छुपना पड़े मर्द के पीछे

जैसे सूरज सितारों से डरे
क्यों मुझे ठहराया जाए उन से नीचे।

आज़ादी है हमें भी
कि हम अपने मन की करें
हम क्यों अपने मन के अंदर
डर को सीचें।

Sneha Yadav

SYBMS

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चलो कुछ बदलें

ज़माना आगे बढ़ रहा है
ठिकाने बदलते जा रहे हैं
स्त्री और पुरुष कंधे से कंधा मिला कर चल
रहे हैं।

युग युग से स्त्री तथा पुरुष
दोनों एक सामान हैं।

स्त्रियों ने लगाई बाज़ी
पुरुषों ने हिम्मत नहीं हारी
नारी शक्ति को दिया मान
भारतीय संस्कृति ने नारी को दिया सम्मान।

स्त्री पुरुष दोनों को एक दुसरे की ज़रूरत है,
दोनों संसार की खूबसूरत मूरत हैं।
महिलाएं देश बदल रही हैं
महिलाएं इतिहास रच रही हैं।

रज़िया सुलतान ने दिखाई हिम्मत
इंदिरागाँधी ने बदली देश की किस्मत।

ज़माना आगे बढ़ रहा है
स्त्री पुरुष हैं एक सामान
दोनों हैं देश की ज़रूरत
पुरुष और स्त्री अब हैं एक इमारत
जहां है सफलता की ऊचाइयां।

ज़माना आगे बढ़ रहा है
स्त्री पुरुष हैं एक सामान।

कोरोना पर जीत

विश्व के विश्वास की जीत है,
कोरोना के विश्वास की हार है।

कुछ हुआ ख़राब है,
तो कुछ हुआ अच्छा है।

वास्तविकता की गति धीमी थी,
तो तकनीक ने ली रफ़्तार है।

छुपे काम-धंधे थे,
तो संबंध भी तो सुधरे हैं।

ऑक्सीजन की मारा-मारी थी,
तो हवा भी तो साफ़ हुई है।

Sandeep Dubey

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लिंग समानता

नाम बड़े, दर्शन छोटे
ऐसी स्थिति है हमारी।
लड़का लड़की में,
फर्क करें ऐसी प्रवृत्ति हमारी....
लड़की चाहे अपनी हो या पराई,
उसको हमेशा नीचा दिखाएगी ये दुनिया सारी।
लड़की को क्यों पढ़ाएं,
यही उनकी विचार सरनी दिख गई।
लड़का घर का नाम रोशन करेगा
और लड़की सर का बोझ ही बन कर रहेगी
यही सोच हमें पीछे ही रखेगी।

लड़का रात रात बाहर रहे
तो वो मर्दानगी,
वही लड़की बाहर रुक गई
तो घर का नाम मिट्टी में मिला कर ही लौटेगी...
लड़की के कपड़े छोटे
तो सारे दुर्गुण समाज निकालेगा
सारी समानता पानी में गई....

लड़कों को शक्तिशाली,
लड़कियों को कमजोर का धब्बा दे दिया गया
और यही समाज ने,
लड़की के अकेले होने का
फायदा लेते हुए,
सारी दुनिया ने देखा
लड़की के रोने को हमें शास्वभाविक रूप में
देखा गया,
लड़के के रोने पर मजाक बना दिया गया.....

घर में बच्चे का जन्म
खुशियाँ ही खुशियाँ लाता है,
पर अभी भी कुछ जगह
लड़की को अपशकुन माना जाता है...
लड़का तो वंश बढ़ाएगा,
पर लड़की घर का पैसा डुबाएगी।

बेटी तो माँ का स्वरूप होती है,
नवरात्र में बहुत सम्मान करते हैं,
और वही किसी की बेटी को,
रास्ते पर खुलेआम छेड़ते हैं।
बेटी को देवी मानते हैं,
वही उस बेटी पर बलात्कार
अत्याचार करते हैं,
क्या खूब समानता संभालते हैं...

पति पत्नी एक समान-
पति घर के खर्चे उठाएगा,
और पत्नी करेगी घर का काम,
क्या यही समानता है??
क्या यही समानता है??

समानता पर बात करते हैं,
पर उसे आचरण में कब लायेंगे??
लोगों के घर नहीं,
अपने घर में कब झाँकेंगे??
हर लिंग समान है,
ना कोई कम, ना कोई ज्यादा
सब एक समान हैं।

LITERARY AND ARTS

ઇજ્જત રાખી છે

જે સ્થાન લાને આવ્યો છું
એ સ્થાન ની ઇજ્જત રાખી છે
માનવતા પૂર્વક જીવને
ઇન્સાન ની ઇજ્જત રાખી છે

મારુ નાવ દુબે છે મઝધાર એ
તે પર ના હસો તથ ના વાસી
મે મારુ નવ ડૂબોવાઇને
સમંદર ના તુફાન ની ઇજ્જત રાખી છે

આને એક આહ ભરુ તો તારા આસન ને દગાવી દઇ

પણ દિલને હુમેશા વારીને ભગવાન ની ઇજ્જત રાખી છે

ધનુ છે

અરમાન જીંદગી ના પુરા થાઈ તો ધનુ છે
2-4 કામ સારા થાઈ તો ધનુ છે

મુશ્કેલ જીંદગાની....પણ એની તો મજા છે
પણ જીગર થી એના જામ જીલવાય તો ધનુ છે

લવલેશ મૌત નો ડર મુજને નઈ સાતવે
પણ ક્યાક મહેફિલ મા મારી ખોટ વર્તાઈ તો ધનુ છે

વધૂ નાતી અભડકા બાકી હવે જીંદગી મા
ઇજ્જત નો કફન ઓઢી ને મારા તો ધનુ છે

પ્યાર કરીલે પ્યાર કરીલે

પ્યાર કરીલે પ્યાર કરીલે
સુ કોઈ તારો ચાર થી

ગોથી લેજે ગોથી લેજે
એ તો ભીતર છે ક્યા બાર થી
ઘટમાં માં હાલે છે ઘડિયાર તામે કાંડે બંધી ને કા ફરો
પુરષોત્તમ કહે પ્રાણિયા તામે ઘટ ભીતર જોયા કરો
એને નિશાન વિણા નુ તાકે શુ
તારે સામે કોઈ આધાર નથી

આને ધ્યાયે વિણા નુ જીવન જીવુ
એમા તારો કાય ઉદ્ધાર નાથી

દેતો સૌને તને ભી દેશે
એનૂ સુ તને ઇતબાર નાથી

સૌનુ સુને તારુ કા ના સુને
સુ તારો અંતર નો પુકાર નાથી

LITERARY AND ARTS

પર્યાવરણ

પર્યાવરણ પર આબોહવા પરિવર્તનની અસર આબોહવા પરિવર્તન એ એક મુદ્દો છે જે છે સતત સમાચારમાં. તે એક રોગચાળો બની ગયો છે જે ફક્ત આપણા ગ્રહને જ અસર કરતું નથી પણ આપણું સ્વાસ્થ્ય અને આપણો સમાજ. આ પોસ્ટ આબોહવાની કેટલીક રીતોનું અન્વેષણ કરશે પરિવર્તનની અસર પર્યાવરણ પર પડી છે.

આપણા ગ્રહને શું થઈ રહ્યું છે?

પૃથ્વીની આબોહવા સદીઓથી બદલાઈ રહી છે, તે દરે જે ધીમી લાગે છે મનુષ્યો, પરંતુ તે ધીમે ધીમે અને સતત થઈ રહ્યું છે. ની મુખ્ય અસરોમાંની એક આપણા ગ્રહ પર આબોહવા પરિવર્તન એ ભારે હવામાનની ઘટનાઓમાં વધારો છે જેમ કે દુષ્કાળ, પૂર, વાવાઝોડાં અને ગરમીનાં મોજાં.

આ હવામાન ઘટનાઓ વધતા તાપમાન સાથે વધુ તીવ્ર બની રહી છે અને બદલાતી હવામાન પેટર્ન. આ આત્યંતિક ઘટનાઓ ઉપરાંત, આબોહવા પરિવર્તન છે પાણીની ઉપલબ્ધતામાં પણ સમસ્યા ઊભી થઈ છે જેના કારણે વૈશ્વિક જળ સંકટ ઉભું થયું છે. ગ્લેશિયર્સ પીગળવાથી સમુદ્રના સ્તરમાં વધારો થવાથી ટાપુઓ ડૂબી ગયા છે અને દરિયાકાંઠાના શહેરોને પૂરનો ભય છે.

આબોહવા પરિવર્તન આપણને કેવી રીતે અસર કરે છે:

આરોગ્ય & સમાજ આપણા ગ્રહને શું થઈ રહ્યું છે? પૃથ્વીની આબોહવા રહી છે સદીઓથી બદલાતી રહે છે, એવા દરે જે મનુષ્યને ધીમી લાગે છે, પરંતુ તે થઈ રહ્યું છે ધીમે ધીમે અને સતત.

આપણા ગ્રહ પર આબોહવા પરિવર્તનની મુખ્ય અસરોમાંની એક આત્યંતિક વધારો છે હવામાનની ઘટનાઓ જેમ કે દુષ્કાળ, પૂર, વાવાઝોડું અને હીટવેવ. આ હવામાન વધતા તાપમાન અને બદલાતા હવામાન સાથે ઘટનાઓ વધુ તીવ્ર બની રહી છે પેટર્ન

આ આત્યંતિક ઘટનાઓ ઉપરાંત, આબોહવા પરિવર્તન પણ સમસ્યાઓનું કારણ બન્યું છે પાણીની ઉપલબ્ધતા વૈશ્વિક જળ સંકટ તરફ દોરી ગઈ છે.

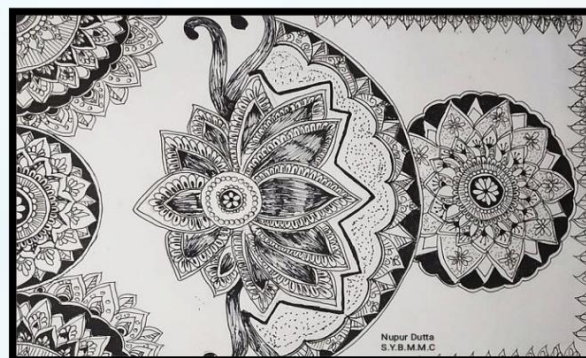
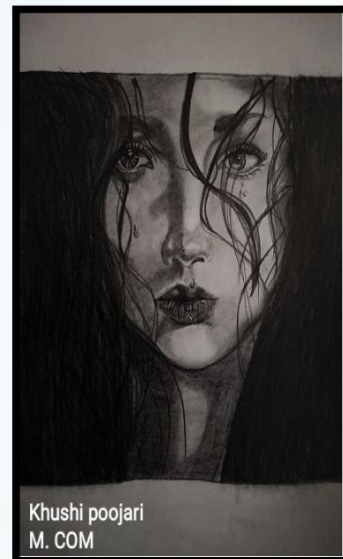
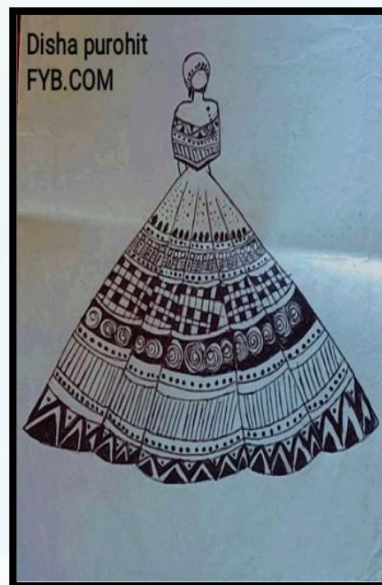
ગ્લેશિયર્સ પીગળવાથી સમુદ્રના સ્તરમાં વધારો થવાથી ટાપુઓ ડૂબી ગયા છે અને દરિયાકાંઠાના શહેરોને પૂરનો ભય છે.

આબોહવા પરિવર્તન આપણને કેવી રીતે અસર કરે છે:

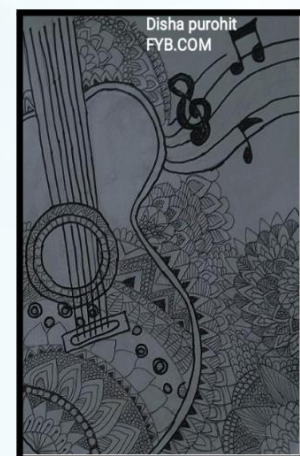
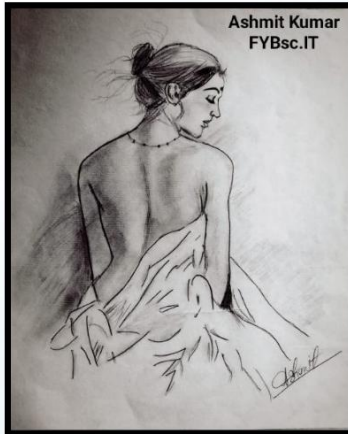
આરોગ્ય હવામાન પરિવર્તન આપણા સ્વાસ્થ્યને ઘણી રીતે અસર કરે છે. આત્યંતિક હવામાન ઘટનાઓ, જેમ કે વાવાઝોડા અને પૂર તરીકે, સ્વચ્છ પાણીના પુરવઠામાં વિક્ષેપ પેદા કરી શકે છે અથવા રોગનો ફેલાવો. ભારે હવામાનની ઘટનાઓથી પ્રભાવિત ઘણા લોકો પણ અનુભવે છે માનસિક સ્વાસ્થ્ય સમસ્યાઓ. આબોહવા પરિવર્તન મનુષ્યોને અસર કરે છે તે બીજી રીત છે ખોરાક દ્વારા.

Manav J Chauhan
S.Y.B.Sc. IT

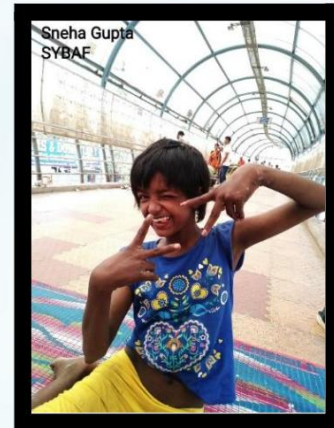
◀ **ART AND GALLERY** ▶



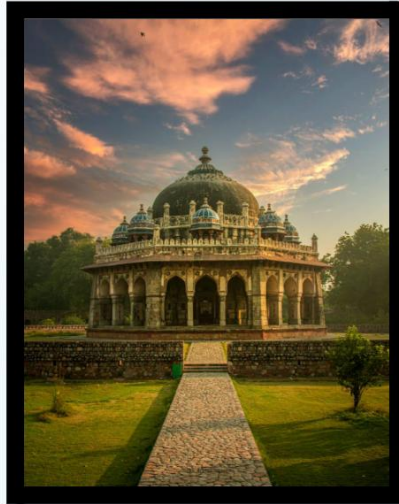
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BEHIND THE SCENES

OUR BEHIND-THE-SCENES STORY

This is all about the thick and thin we passed through while working on **THE NIRMALITE 2021-22**.

During the entire period, we gathered numerous experiences, made new discoveries and even had our bouts of uncertainties. As nearly the entire academic year was online, there was minimal student contact, and we were missing the communications.

Nevertheless, we gained a lot of new skills during these unforgettable months.

We learnt:

- 1. HOW TO TACKLE DEADLINES**
- 2. HOW TO BUILD SOFT SKILLS**
- 3. MANAGEMENT SKILLS**
- 4. TEAM WORK**

The Teachers-in-Charge of the Magazine Committee, **Ms. Neelam Patil** and **Mr. Pratik Kapoor**, supported us a lot during the entire process of making the magazine. Without their support, this year's magazine would not have come to fruition.





The
NIRMALITE
2021-22

