

THE

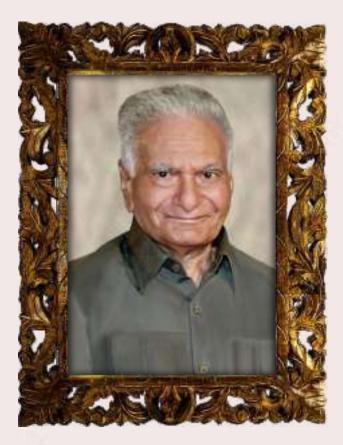
NIRMALITE

2022-23



EMBRACING
UPCOMING
TECHNOLOGIES
THROUGH
EDUCATION

"The man who built our past, strengthened our present and blessed our future."



13[™] MARCH, 1929 - 11[™] AUGUST, 2021

SHRI THAKORBHAI N. DESAI

FOUNDER, NIRMALA MEMORIAL FOUNDATION

An illustrious human being with amplified visions,
An educationist par excellence,
A leader of substance,
The supreme architect of Nirmala Memorial Foundation.
His life is a guiding force, a beacon of light,
hope and inspiration.

Inscribed in our hearts, he lives forever.



NIRMALA MEMORIAL FOUNDATION COLLEGE OF COMMERCE & SCIENCE

(Permanently Affiliated to University of Mumbai)
(Accredited by NAAC with B++ CGPA: 2.80) (First Cycle)
ISO 9001-2015 CERTIFIED
Recognition of College under Section 2(f) & 12B of the UGC Act, 1956



VISION

• To engage, inspire and empower young minds through excellent education opportunities which are responsive to the needs of the society.

MISSION

- To engage learners through holistic education which inspires critical thinking, innovation and research.
- To develop leadership skills of learners by fostering their confidence, motivation and facilitating emotional, interpersonal and social skills.
- To collaborate with industries for equipping learners with industry relevant knowledge, skills and attitude.
- To sensitize learners towards social inclusion, human rights, gender and environmental issues.

QUALITY POLICY

We, at Nirmala Memorial Foundation College of Commerce and Science are committed for disseminating Quality Education to the students of our college and cater to the changing and challenging needs of society and industry.

This shall be achieved through:

- Embracing contemporary educational trends in the field of Commerce, Science and Mass Media
- Creating proactive learning culture among staff and students
- Professional development of students by imbibing strong ethical values
- Continual improvement in Operational Processes with the help of ISO 9001:2015 Standard

EDITOR IN CHIEF

Ms. Bhavana Singh

CO-EDITORS

Ms.Bincy Abraham
Ms.Minu Paul
Ms. Michelle Menezes





Mr. Shreyas Devlekar TYBMS D



Mr. Ruban Nadar FYBCOM A

STUDENT EDITORS

Words of Wisdom	04
Chairman's Desk: Thoughts and Reflections	04
Director's Note: Pioneering the Path of Knowledge	05
Secretary's Corner: Igniting Passion, Enriching Minds	06
Academic Director - A Note of Inspiration	07
nsights from the Principal: Honoring Excellence, Shaping Futures	08
Our Guiding Forces	09
The Nirmala Parivar	16
Highlights	17
Alumni Meet	23
nterstate Faculty and Student Exchange Program	25
Our Toppers	29
Faculty Achievements	30
QAC Report	47
ndustrial Visit Report	53
Recreational & Well-being Activities for Teaching Staff	58
Academic Calendar	60
Memorandum of Understanding	75
Curricular, Co-Curricular and Extra Curricular Reports	77
iterary and Arts	161

LANDMARKS LEADING TO NIRMALA MEMORIAL FOUNDATION COLLEGE





CHAIRMAN'S DESK THOUGHTS AND REFLECTIONS

Dear Students,

As we welcome you, the future leaders and productive citizens of the world, I would like to stress on our mission statement of engaging learners through holistic education which inspires critical thinking and innovation. As an established and highly esteemed institution, we maintain an utmost academic standard, incorporated with the conduct of discipline, thereby achieving a remarkable and excellent percentage of results. We firmly believe that education is the key to a nation's progress with this; we will take it as our bound duty to provide the best academic training a student can possibly get.

As we embark on yet another academic year at Nirmala Memorial Foundation College, I find myself filled with immense pride and optimism, knowing that each of you holds the potential to shape not only your own future but also the world around you. College life is a remarkable journey, much like sailing on uncharted waters. It's a time of self-discovery, intellectual growth, and forging lifelong friendships. The pages of the college magazine you hold in your hands today reflect the tapestry of experiences, insights, and accomplishments that define our vibrant community.

Every journey has its share of challenges, and your academic voyage is no exception. The NEP

has set the stage for a transformation that goes beyond traditional boundaries. It places the learner at the center, emphasizing holistic education that fosters critical thinking, creativity, and lifelong learning. This resonates deeply with our college's commitment to nurturing well-rounded individuals who can thrive in an ever-changing world. Remember that resilience is born from adversity, and your ability to navigate these challenges will define your character and fortify your spirit. Our college is a microcosm of the world at large, encompassing diverse backgrounds, cultures, and perspectives. Let this diversity be a source of strength, fostering a spirit of understanding and empathy. Through meaningful interactions with your peers, you have the chance to broaden your horizons and enrich your own worldview.

I extend my heartfelt gratitude to the faculty, staff, and students who have made our college a beacon of learning and innovation. As you continue to write your stories, remember that the pen is in your hands; script a narrative that echoes the brilliance of your potential.

I wish you all success, enlightenment, and a profound sense of purpose in the chapters that await.

Dr. Denis Desai

Chairman, Nirmala Memorial Foundation



DIRECTOR'S NOTEPIONEERING THE PATH OF KNOWLEDGE

Dear Aspiring Minds,

As the pages of this magazine turn, they reveal not just stories and achievements, but a testament to the vibrant spirit of our Nirmala Parivar. It is with great pride and enthusiasm that I address you, reflecting on the journey we have undertaken and the path that lies ahead.

At the heart of Nirmala Memorial Foundation is a commitment to academic rigor and innovation. Our comprehensive range of programs, spanning across disciplines, is designed to equip students with a strong foundation while fostering critical thinking and creativity. From the arts to sciences, humanities to technology, we offer a myriad of paths for you to explore, each guided by passionate faculty who are experts in their fields. Our college community, comprising dedicated faculty, diligent staff, and motivated students, is a collective force that strives for nothing less than the best. Let this commitment to excellence be your guiding star as you venture into new academic horizons and beyond.

In an era marked by constant evolution, we embrace the National Education Policy (NEP) which is a collective journey towards educational excellence and societal progress. Armed with knowledge, values, and a global perspective, you have the potential to create positive ripples in society. Embrace this responsibility with enthusiasm, recognizing that even small actions can lead to significant impact. As we implement the NEP's principles, I invite all stakeholders to actively engage in this transformative process. Let us work together to shape a learning environment that not only imparts knowledge but also instills values, skills and a sense of purpose in our students.

In closing, I express my gratitude to all who contribute to the vibrant legacy of our college. Faculty, staff, parents, and most importantly, you – the students – form the foundation of our success. As you step into the world armed with knowledge, values, and dreams, know that you carry the essence of our institution with you.

Ms. Aruna Desai

Director, Nirmala Memorial Foundation



SECRETARY'S CORNER IGNITING PASSION, ENRICHING MINDS

Dear Future Leaders,

It is my privilege to extend warm greetings to all of you through the pages of our cherished college magazine "Nirmalite". As the College Secretary, I am honored to play a part in the journey of an institution that prides itself on nurturing dreams and sculpting futures.

Nirmala Memorial Foundation has consistently stood as a hub where aspirations take flight and knowledge is a guiding light. Our commitment to academic excellence, combined with a dynamic environment, encourages students to think beyond boundaries and transcend limitations. The integration of technology in education, as envisioned by the NEP, echoes our pursuit of staying at the forefront of educational advancements. Our investment in digital infrastructure aligns seamlessly with this futureoriented approach. Our institution offers a transformative experience that extends beyond classrooms and textbooks. It's about instilling values, fostering leadership, and honing skills that will serve you well on your journey ahead. As you engage with your peers, faculty, and

staff, remember that you are part of a network that extends far beyond your time here. These connections will serve as lifelong resources and friendships that endure.

The college magazine you hold in your hands today is a reflection of the countless hours of dedication, hard work, and passion put forth by our students, faculty, and staff. It is a testament to your creative spirit and the remarkable achievements that shape our college's narrative. Let these stories inspire you to set your own goals and work diligently to achieve them.

May your journey at Nirmala Memorial Foundation be filled with learning, growth, and cherished memories. Let's continue to work together to create a legacy that echoes through generations.

Ms. Dhara Desai

Secretary, Nirmala Memorial Foundation



ACADEMIC DIRECTOR A NOTE OF INSPIRATION

Dear Learners,

The world of business is changing fast. Perhaps it is changing faster than ever before. World economy is transforming more rapidly than we could ever imagine. Opportunities are emerging in areas untapped by traditional commerce and industry. They will bear fruit, only if future professionals recognize them early and bring them to maturity. Nirmala Memorial Foundation College recognizes the necessity for developing leaders who are well prepared to meet the challenges of the twenty first century.

Our college has always been a hub of innovation and curiosity, and this year's event lineup is a testament to that spirit. From thoughtprovoking lectures by distinguished scholars to hands-on workshops that encourage the practical application of knowledge, we have meticulously curated a range of experiences that cater to diverse interests and academic pursuits. Beyond the lecture halls and laboratories, we have lined up cultural festivals that celebrate the rich tapestry of talents within our college. These events not only entertain but also foster a sense of unity and cultural appreciation among our students, who come from various backgrounds and corners of the globe. Let's not forget the importance of wellness and personal growth. Our wellness seminars and mindfulness workshops are

designed to provide you with tools to navigate the challenges of academic life while maintaining a healthy work-life balance. To the faculty and staff, I extend my heartfelt gratitude for your dedication in organizing these events and creating an environment where our students can thrive academically, socially, and emotionally.

As the academic director, I am proud to be a part of a community that values critical thinking, rigorous inquiry, and the pursuit of knowledge for the betterment of all. The NEP's recognition of the importance of a global outlook in education resonates with our efforts to foster cultural diversity, international collaborations, and a cosmopolitan worldview. I extend my gratitude to our contributors, reviewers, and editorial team for their dedication in making this issue a reality.

Thank you for joining us on this intellectual journey. May the pages that follow inspire you, challenge you, and broaden your horizons.

Ms. Sylvia Fernandes

Academic Director, Nirmala Memorial Foundation College



INSIGHTS FROM THE PRINCIPAL HONORING EXCELLENCE, SHAPING FUTURES

Dear Aspiring Scholars,

Stepping ahead of all odds is what makes a diligent person. I feel delighted to see the spirit of the students, who have synergized and focused on the path that will lead them to their desired dreams and a college is a place where these students can take a right turn in their precious and promising life.

Our avow, adherence and dedication to soaring academic standards and quality has placed Nirmal Memorial Foundation College as one of the prominent colleges of Mumbai.

Our college stands as a beacon of knowledge, fostering an environment where minds are nurtured, talents are honed, and dreams take flight. I am privileged to share my thoughts on the significant paradigm shift that the National Education Policy (NEP) has brought to the forefront of our educational landscape. Our faculty members have continued to inspire with their dedication to the new principles of NEP, while our students have embraced new modes of learning with an admirable zest for discovery.

In the following pages, you will find a variety of accomplishments, insights, and reflections that showcase the vibrancy of our academic ecosystem. From groundbreaking research initiatives to artistic endeavours that captivate the imagination, our magazine encapsulates the essence of our diverse pursuits. I encourage

each of you to immerse yourselves in the articles, artwork, and stories that grace these pages. Let them serve as a reminder of the collective brilliance that thrives within our walls and as an inspiration to push the boundaries of what we can achieve together.

Our college is not merely a physical institution; it is a community of thinkers, innovators, and change-makers. It is a place where ideas are born, passions are ignited, and lives are transformed. I extend my heartfelt gratitude to the editorial team, the contributors, and everyone who has poured their heart and soul into making this magazine a reality. Your dedication and creativity are the threads that weave the fabric of our intellectual heritage.

In closing, I want to reaffirm our commitment to the pursuit of excellence, the spirit of inquiry, and the nurturing of each individual's potential. Let us continue to stand as beacons of knowledge and compassion, carrying our college's legacy forward into a future brimming with possibilities.

May your academic journey be marked by boundless enlightenment.

Ms. Swiddle D'Cunha

I/C Principal,

Nirmala Memorial Foundation College of Commerce and Science

OUR GUIDING FORCES



Welcome to Nirmala Memorial Foundation College of Science and Commerce. As the Vice-Principal of the reputable institution, I consider it my privilege to pen down my message for our new magazine edition Nirmalite 2022-23.

At Nirmala Memorial Foundation College we consistently review the curriculum and practices to ensure that we are following the most updated best practices, meeting all regulations, and addressing the future needs of our students. Our staff consistently follows current trends and, in collaboration with the administration, creates a plan of action to incorporate those trends into our classrooms. One of the largest areas of growth is the increased use of technology in our classrooms. Students work with Google Docs, Google Classroom, Educreations and many other online programs. Some of our teachers also utilize the Flipped Classroom method as part of their class instruction. The students at Nirmala Memorial Foundation College are offered many opportunities to explore their interests and investigate new ideas. We offer many clubs, activities, sports and a large variety of cultural ventures that our students can participate in. Many of our students are involved in a variety of extracurricular activities that allow them the opportunity to grow at their own pace in a safe, nurturing environment. Our list of clubs, activities and other extracurricular offerings are

broadened each year in hopes of including something that interests each student.

As we look into the future, our commitment to innovation remains unwavering. Our state-ofthe-art facilities and access to cutting-edge technologies create an atmosphere conducive to groundbreaking research and collaborative endeavours. We forge partnerships with industry leaders, enabling our students to gain real-world experiences that bridge the gap between theory and practice. At Nirmala Memorial Foundation College, we understand that the journey towards greatness is not a solitary one. Our tight-knit community of students, faculty, and staff create a supportive network that propels individuals towards their goals. We believe in fostering lifelong connections and providing a supportive environment that nurtures personal growth and well-being.

Ours is an institution where dreams take flight, ideas find their voice, and a world of endless possibilities awaits. Come, be a part of our vibrant community and embark on a transformative educational journey that will shape your future and leave an indelible mark on the world.

Dr. Jignesh Dalal

Vice-Principal B.Com and M.Com Co-ordinator



The IQAC plays a pivotal role in ensuring the quality and continuous improvement of our academic and administrative processes. It is heartening to witness the collaborative efforts of our team and the entire college community in upholding our commitment to excellence.

Our college magazine is a reflection of the creativity, knowledge, and passion that flow through our campus. It captures the diverse achievements, innovative projects, and insightful thoughts of our students and faculty. This platform not only showcases our collective accomplishments but also serves as an inspiration for others to strive for greatness.

The NEP 2020 places a strong emphasis on a comprehensive approach to education that aspires to foster not only academic talents but also creativity, critical thinking, and life skills. The college starts this by providing students with a platform by including them in the creation of college magazines.

I would like to extend my heartfelt appreciation to the editorial team, especially the students and contributors who have contributed to making this magazine. Your dedication and hard work have undoubtedly created a masterpiece we can all be proud of.

As we turn the pages of this magazine, let us remember that each story represents a journey, each article embodies knowledge, and each photograph freezes a moment in time. May the pages of this magazine continue to remind us of our shared values, our pursuit of knowledge, and our commitment to making a positive impact on society.

I encourage all of you to take a moment to absorb the stories within these pages and let them inspire you to reach new heights. Let's continue to learn, innovate, and collaborate, keeping the flame of excellence alive in everything we do.

Thank you, and I look forward to another year of achievements and growth.

Dr. Poonam Kakkad IQAC Co-ordinator





It is with great pleasure that we present to you the latest edition of our college magazine, a true testament to the vibrant spirit and diverse talents that thrive within our teacher and student community. This annual publication stands as a reflection of the relentless pursuit of excellence that defines our institution.

Over the past year, we have witnessed numerous accomplishments, both academically and extra curricular. From ground breaking research and innovative projects to captivating cultural performances and impactful community initiatives, our students have consistently demonstrated their dedication and enthusiasm. Our faculty members have continued to inspire and guide, fostering an environment of intellectual curiosity and growth.

This magazine not only celebrates our achievements but also serves as a platform to voice our ideas, share our stories, and ignite conversations on a wide range of subjects. Each article, artwork, and photograph featured here is a product of the collective efforts of our students and staff. The institution supports NEP 2020, which emphasises the growth of students' aptitude, creative potential, basic skills, critical thinking, and problem-solving abilities. Participating in the magazine's creation will help students to develop these talents.

As we delve into the pages of this magazine, let us be reminded of the power of collaboration, the importance of embracing diversity, and the boundless potential that lies within us. May it inspire us all to reach greater heights and strive for excellence in every endeavor we undertake.

I extend my heartfelt gratitude to the editorial team, contributors, and everyone who played a part in bringing this magazine to life. Your hard work and dedication shine brightly within these pages.

Wishing you all an engaging and inspiring experience as you explore the contents of our college magazine. Let it be a source of motivation and a reminder of the incredible journey we are all a part of.

Dr. Poonam Kakkad

BMS and BAF Co-ordinator



As we embrace the future, we remain committed to excellence and innovation. Our goal is to continue providing an unparalleled learning experience, fostering a spirit of curiosity and inquiry, and producing well-rounded graduates who are not only proficient in IT skills but also ethical and responsible contributors to society.

I extend my heartfelt gratitude to our management for the best technical infrastructure, updated Labs, air-conditioned classrooms with projector and wi-fi facility. I am also thankful to the expert faculties, students, parents, staff, and the entire college community for their unwavering support and dedication. Management has distributed Laptops to the needy students for the practicing and project

work. We have organised Industry visits, Workshops, Seminars and online certification courses in collaboration with IIT Mumbai. Internships provided to the students in Cyber Security, Python Programming etc. Technical festival of the department is organised by students and it was a great success. Together, we will continue to shape the future of technology education and contribute to the ever-evolving landscape of information technology.

The NEP 2020 aims to provide a holistic and flexible learning experience to students by minimizing the school curriculum content and focusing on 21st-century skills such as analytical and critical thinking, experiential learning, and creativity.

Ms. Vaishali MishraB.Sc.IT and B.Sc.CS Co-ordinator



In the last twenty-three years the name of Nirmala Memorial Foundation College has become synonymous with distinction, innovation, reliability and exceptional eminence. I deem it my honor to serve as the Registrar of the college which is embedded with humanitarian mission and philanthropic fervor to inspire the youth to achieve brilliance in their chosen fields. The pledge to follow the path of achievements and accomplishments is leading us toward imposing apexes.

We at NMFC are committed to provide our students with outstanding education, practical training and facilities in the career they have chosen to pursue. To touch this pedestal we constantly update our curriculum, so that good quality professionals come up to fulfill the emerging needs of industries and social landscape. Recognizing the interdisciplinary nature of modern challenges, the NEP encourages a multidisciplinary approach to education. It promotes the integration of subjects to foster creative thinking and problem-solving across diverse domains.

Not just for a decent career, we prepare a student for life. Endowing them with the best of facilities, we emphasize on imparting excellent education to our students in an encouraging environment; we pay equal attention to the overall development of our students. We provide opportunities for students to develop their personalities in terms of sports and cultural activities so that they become good human beings. We firmly believe in knowledge dissemination and knowledge creation through our highly qualified and experienced faculty members.

We invite you to join hands with us and work in unison to build up your blooming career. I wish you the very best and hope to see you make your career choice with NMFC and join the mounting family of emerging cultural, care and virtuous professionals.

Ms. Swati Desai Registrar, NMFC





In our rapidly evolving world, technology has become more crucial than ever before. As the MSC IT Coordinator, I am delighted to emphasize the indispensable role that technology plays in our lives, both personally and professionally. It's not just a tool; it's a driving force that propels us forward in countless ways.

In our MSC IT curriculum, we emphasize innovation and expertise. With advanced subjects like data science, cloud computing, big data analytics, and image processing, we equip our students with the tools to excel in a technology-driven world. Our specializations in AI, Cloud Technology, Security, and Image Processing further empower them to specialize in key areas, fostering their mastery of the latest technological trends.

Yet, our commitment to technology goes beyond the classroom. We are embracing the NEP's multidisciplinary approach, breaking down traditional subject silos to encourage cross-disciplinary learning. Our college boasts six high-configuration labs that provide students with hands-on learning experiences. These labs are not just spaces; they're innovation hubs where ideas come to life. We encourage our postgraduate students to actively explore and implement new technology concepts, transforming theoretical knowledge into practical solutions.

Our expansive library complements this spirit of innovation. With e-learning facilities, students can access a wealth of digital resources, enhancing their research capabilities. This allows them to delve deeper into technological concepts, inspiring innovative projects and research initiatives.

By encouraging our students to experiment with new technology concepts, we provide them with the opportunity to test their ideas, iterate on solutions, and contribute to the evolution of technology within our institution. This initiative not only benefits our students but also enriches the college environment. Their innovative projects have the potential to enhance operational efficiency, streamline processes, and contribute to the growth of our institution.

In conclusion, I urge each of you to support and nurture this culture of innovation. Let's continue harnessing technology's power to shape a brighter future for our organization, the world, and ourselves.

Ms. Bhakti Chaudhari MSC IT Co-ordinator





Dear Readers,

It is with great pride and enthusiasm that I extend my warmest greetings to you through these pages. As the In-charge of the Department of Bachelor of Arts in Multimedia and Mass Communication (BAMMC), I am thrilled to share with you the latest developments, achievements, and aspirations of our dynamic department.

In today's rapidly evolving world, the fields of business, media, and communication are more intertwined than ever before. At BAMMC, we are committed to nurturing future leaders, creative thinkers, and effective communicators. Our distinguished faculty members, experts in their respective fields, bring a wealth of industry experience and academic excellence to the classroom. They are dedicated to shaping well-rounded individuals who can navigate the complexities of modern business and media landscapes with confidence and innovation.

As technology continues to reshape industries and reshape the way we communicate, BAMMC remains at the forefront of these transformations. Our curriculum supports NEP 2020 which emphasizes on is adaptive learning, integrating the latest tools and techniques that prepare students to excel in a digital age. From understanding the nuances of social media marketing to harnessing data analytics for informed decision-making, our students gain a comprehensive education that positions them for success.

This magazine serves as a testament to the accomplishments of our students, faculty, and alumni. As we look ahead, I am excited about the future possibilities that await our department. With your continued support and the unwavering dedication of our BAMMC family, we will undoubtedly achieve new heights of excellence.

Thank you for being a part of our journey. Together, we will continue to make BAMMC a hub of innovation, knowledge, and inspiration.

Ms. Bhavana SinghBAMMC Incharge



THE NIRMALA PARIVAR



TEACHING STAFF



ADMINISTRATIVE STAFF



SUPPORT STAFF





ACHIEVEMENTS AND APPRECIATIONS

FOR RELENTLESSLY COMMITTING OURSELVES TOWARDS OUR MISSION







Conferred with Certificate of Appreciation by TATA MUMBAI MARATHON 2023 for extending our support during the event.



This year College got an Appreciation for the Highest number of registrations of students.



Conferred with Certificate of
Appreciation by the
Government of India,
Ministry of Commerce and
Industry for Creating
IPR Awareness 2022-23



Certificate of Appreciation for Effective E-Waste Management 2022-23



STUDENT ACHIEVEMENT

Our pride Mr. Amit Vishwakarma, a student from TYBAMMC program received Golden Play Button for his YouTube channel.

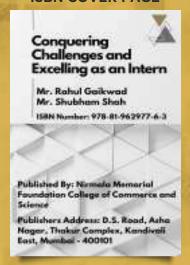
CERTIFIED COURSES FOR THE ACADEMIC YEAR 2022-2023

Sr. No.	Certificate or diploma orAdd-on programs	No.ofHours	Date of Commenc- ement	No. of Students Enrolled	No. of Benefici- aries
Course-1	Digital Marketing	30 hours	13th April 2023	30	30
Course-2	Teach Earn and Learn	30 hours	6th September 2023	66	66
Course-3	Spoken Tutorial IIT (C and CPP)	30 hours	15th March 2023	38	25
Course-4	Spoken Tutorial IIT (Python)	30 hours	15th March 2023	39	33
Course-5	Spoken Tutorial IIT (PHP and MYSQL)	30 hours	15th March 2023	4	3
Course-6	Spoken Tutorial IIT (HTML)	30 hours	19th November 2022	114	96
Course-7	Personal and Professional Grooming	30 hours	16th September, 2022	74	74
Course-8	Tally	30 hours	13th April 2023	67	67
Course-9	Lets Learn English	30 hours	8th October, 2022	74	74
Course-10	SWAYAM	12 Weeks	Jul-23	3131	2
Course-11	Fundamentals of Accountancy	30 hours	7th November 2022	283	283
Course-12	Financial Institutions	30 hours	6th March 2023	614	614
Course-13	Fundamentals of Advertising	30 hours	10th October 2022	1684	1684
Course-14	Managing Talents in Human Resource for the21st Century	30 hours	12th September 2022	520	520
Course-15	Personality Development	30 hours	03rd January 2023	432	432
Course-16	Soft Skills	30 hours	17th April 2023	367	367
Course-17	Advanced Java Programming	30 hours	12th September 2022	126	126
Course-18	C++ Programming	30 hours	6th March 2023	336	336
Course-19	Business Ethics	30 hours	19th September 2022	1251	1251

GLIMPSES OF LIVE-BASED INTERNSHIP PROJECTSPUBLISHED WITH ISBN NUMBERS UNDER THE GUIDANCE OF TEACHING FACULTY



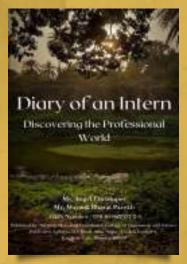
MS SNEHA MISHRA
ISBN COVER PAGE



MR RAHUL GAIKWAD AND MR SHUBHAM SHAH WITH ISBN COVER PAGE



CA DIYA MUKHERJEE ISBN COVER PAGE



MS ANGEL CHRISTOPHER ISBN COVER PAGE



CS HARSHA WADHVA ISBN COVER PAGE



MS NILAM GORADIYA ISBN COVER PAGE

GLIMPSES OF THE FIRST ALUMNI MEET AFTER THE REGISTRATION OF THE NIRMALA ALUMNI ASSOCIATION ON 15th JUNE 2022





ALUMNI ASSOCIATION

The Alumni Association served as a vital bridge between the college and our former students, nurturing a lifelong connection that extended beyond graduation. The Alumni Association played a pivotal role in maintaining the institution's legacy and promoting academic excellence. Through mentorship, career guidance and engagement in various events, it has contributed significantly to the personal and professional growth of both current students and alumni, creating a strong, supportive community that lasts far beyond the years spent on campus. With this vision, the Nirmala Alumni Association was incorporated on 15th June, 2022.

THE FOLLOWING CONTRIBUTIONS WERE MADE BY THE ALUMNI:

- On 30th July, 2022 the Department of BMS in association with the Internal Quality Assurance Cell of the College had organised a seminar on the topic "Career Scope in Advertising Industry". The Guest Speaker was Mr. Jay Raval, a graduate of BMS from the Batch 2013 who delivered a session to TYBMS students.
- On 26th August, 2022 the Department of B.Com (Accounting and Finance) in association with the Internal Quality Assurance Cell had organised an event titled "Mock Stock (The D-Street Game)" at 9:00 a.m. in the College Basement. Trading of securities on the marketing fair stalls (set up by the BMS Department Students) took place. Mr. Stephen George, a graduate of BMS, co-ordinated with faculty to organise the workshop.
- Mr. Parth Naik, a BMS student (Batch 2015-2018) assisted the Placement Cell in recruiting the students through his startup, BePlaced.
- On 20th December, 2022 a seminar was conducted on the topic of "Preparation for MCA(NIT) Entrance Exam" for the students of T.Y.B.Sc (IT) and TY BSc (CS) by Mr. Meena Surandra Suman.
- On 5th January, 2023 the college conducted Sports Day. Mr. Krishna Soni

was invited as a Chief Guest.

- On 20th January and 21st January, 2023
 the college celebrated the "Nirvaan
 Cultural Festival". Mr. Abbas Rizvi, was
 invited as a Judge for Mono Acting
 Competition during the same.
- On 20th January and 21st January, 2023
 the college celebrated the "Nirvaan
 Cultural Festival". Mr. Girish Biyani, Ms.
 Jyoti Chaudhry, Mr. Ayush Shah and Mr.
 Adarsh Sharma worked as a part of the
 Advisory Committee for organising the
 same.
- The college organised a Zumba Workshop for the non-teaching staff. Ms. Anushka Vishwakarma, a Zumba instructor was the resource person.
- A Webinar on "Role of Technology in Entrepreneurship" was held in the college. Mr. Arjun Jani was the resource person.
- The Department of BMS had organised an Expert Lecture on "Media Planning and Management" for students of TYBMS (Marketing Specialization). Mr. Jay Raval was invited as a Guest Speaker for the same.
- On 6th May, 2023 an "Alumni Meet" was held in the College Auditorium from 11 a.m. onwards.
- On 6th May and 10th May, 2023 Mr. Darsh Vora and Mr. Manish Vora contributed a sum of Rs. 1000 each.

KEY TAKEAWAYS:

- The Alumni Association acted as a platform for networking and fostering relationships.
- The Alumni were able to impart valuable insights and experiences to the current students.
- Assistance in preparation of competitive exams and provision of placements to the students.

INTERSTATE FACULTY AND STUDENT EXCHANGE PROGRAM

"Student Exchange Program between Nirmala Memorial Foundation College of Commerce and Science (NMFC) & Andhra Loyola Institute of Engineering and Technology (ALIET)"

ABOUT MOU BETWEEN NMFC & ALIET

Nirmala Memorial Foundation College of Commerce and Science, Kandivali East, Mumbai - 400101 and Andhra Loyola Institute of Engineering and Technology (ALIET), Vijayawada, Andhra Pradesh - 520008 signed an Inter-state Memorandum of Understanding (MoU).

ABOUT ALIET

ALIET has been accredited by NAAC with a Grade "A+ 3.3 CGPA" & is an ISO 9001:2015 Certified Institution. ALIET is a sister institution of Andhra Loyola College (ALC), Vijayawada, a well-reputed autonomous college started in 1953 and awarded the status 'College with Potential for Excellence' (CPE) by the UGC. Both these institutions, situated in the same 98-acre campus, are registered under the Loyola College Society, Guntur-Vijayawada.

As a part of NMFC & ALIET Inter-state MoU, The Internal Quality Assurance Cell (IQAC) in association with Department of B.Sc. IT and B.Sc. CS, M.Sc. IT of Nirmala Memorial Foundation College of Commerce and Science organised the student exchange program. The three-day program took place from 27th April 2023 to 29th April 2023. In this program, six student delegates, two teaching staff members, and the Assistant Director of ALIET graced our college with their presence. They participated in various learning activities such as conferences, Industrial Visits, workshops and others.



A special team constituting MSc. IT Coordinator Ms. Bhakti Chaudhari, Assistant Professor Ms. Aparna Panigrahy and Program Guide Mr. Shivkumar Chandey, led by the College Management, I/C Principal and IQAC Coordinator Dr. Poonam Kakkad, worked relentlessly round the clock to execute the student exchange program to perfection.

AIM

The aim of the student exchange program was to gain, share and exchange knowledge with each other and to familiarize the delegates of ALIET with the culture of Maharashtra.

ALIET Management Members

 Rev. Fr. Ravindra, Assistant Director, ALIET

ALIET Faculty Members

- 2. Dr. Rajendra Babu, HOD, CSE Department
- 3. A. Koteswara Rao, Professor, CSE Department

• ALIET Student Delegates

- 4. D. Ramu
- 5. Paradha Saradhi
- 6. D. Mohammed Javed
- 7. J. Viswa Chandra
- 8. S. V. Shiva Reddy





WORKSHOP ON BLOCKCHAIN HACKING

This course was designed to provide students with a basic to intermediate-level understanding of Smart Contract hacking using Blockchain. It covered the fundamentals of blockchain technology and Ethereum, the most popular blockchain platform for smart contract development. Students learned about the security vulnerabilities in Smart Contracts and explore the techniques used for exploiting them.

TOPICS COVERED DURING THE WORKSHOP

- Overview of Blockchain Technology
- Introduction and Overview of the Ethereum Platform
- Understanding Ethereum and Smart Contract Development
- Smart Contract Vulnerabilities
- Common Smart Contract Vulnerabilities
- Exploiting Smart Contracts
- Overview of Smart Contract Hacking Techniques
- Best Practices for Smart Contract Development
- Secure Coding Guidelines for Smart Contracts
- Mitigating Smart Contract Vulnerabilities

Various topics were covered during this handson and live workshop. This workshop was highly technical and organized with the aim of covering a wide variety of advanced topics for the students.

INDUSTRIAL VISIT TO MINDCRAFT SOFTWARE PVT. LTD, ANDHERI EAST Outcome:

- Gaining new insights into the latest technology like Software Testing
- Product lifecycle of their applications
- Business processes and system analysis
- Personality Development
- Tips & Tricks to crack the interview

A VISIT TO ST. XAVIER'S COLLEGE, FORT, MUMBAI

Rev. Fr. Ravindra and I/C Principal's efforts resulted in the signing of a valuable MoU between St. Xavier's College and NMF.

INDUSTRIAL VISIT TO TATA INSTITUTE OF FUNDAMENTAL RESEARCH, COLABA

Learning Outcome:

- Attended the technical session on Machine Learning
- Got the opportunity to visit their various Research Labs
- Understood the working of Pelletron
- Seen various equipment which is used for conducting research
- Visited Low-Temperature Facility
- Seen the various applications of Liquid Nitrogen
- Attended an informative seminar on "Inside the Moon Gallery"



ONE-DAY INTERNATIONAL CONFERENCE ON MULTIDISCIPLINARY APPROACH TO INNOVATION PROSPECTS AND CHALLENGES IN MODERN BUSINESS LANDSCAPE

The conference was scheduled for Saturday, 29th April 2023. About 50 participants registered for the conference and 16 full-length research papers were submitted by the researchers. The papers were received from different states like Madhya Pradesh, Karnataka, Andhra Pradesh, and many more.

In the inaugural function, the Principal of NMFC addressed the audience about the objective and theme of the conference and Rev. Fr. Ravindra from ALIET gave the opening remarks. Mr. Manoj Chouhan, Vice President (Borivali Zone) of Adani was the Chief Guest for the function and addressed the audience with his expertise.



Also, Dr. Rajesh Modi was a keynote speaker for the inaugural and shared his views on the conference.

The two technical sessions were conducted simultaneously and selected researchers were shortlisted to present their ideas. Technical Session 1 was hosted by (ALIET) wherein four researchers presented their idea. The session was chaired by Dr. C B Venkata Krishna Prasad. The best presenter award was presented to Ms. Ninoshka D'Silva. Technical Session 2 was hosted by (NMFC) where 6 researchers presented their ideas. The session was chaired by Dr. Yagnesh Dalvadi. Ms. Riddhisha Tarkari received the first best research presenter award and the second award was shared between Mr.Ramu, Mr. Padasare, Javeed, and Vishwa.

ANNUAL GANESH POOJA AT NMFC

The Annual Ganesh Pooja had been organised by the Management on the same day.

The ALIET delegates took blessings of Lord Ganesha and also enjoyed the various activities like Antakshari, garba and singing of songs. They were touched by the hospitality accorded to them by NMFC. They were delighted by the sumptuous traditional Gujarati cuisine for lunch. After the lavish lunch the group then proceeded to one more industrial visit to "Cinute Digital Pvt. Ltd. - A Premier Software Testing Training Institute (CDPL)".

INDUSTRIAL VISIT TO "CINUTE DIGITAL PVT. LTD. - A PREMIER SOFTWARE TESTING TRAINING INSTITUTE (CDPL)", MIRA ROAD, MUMBAI

Learning Outcome:

- Acquired knowledge about the importance of Software Testing
- Learning about the various packages, tools and techniques used for Testing
- Understanding the difference between Manual Testing and Automated Testing
- Opportunity to see the automated testing live on shopping cart websites like Flipkart and Amazon
- Tour to their testing Labs
- Opportunity to see the testing kits and dozens of Laptops, Mobiles Phones, and Tablets kept specifically for Cross Platform and Cross Operating System testing
- Explored the job opportunities on Job Portals
- Careers in Software Testing

DEPARTURE OF THE ALIET DELEGATES UPON SUCCESSFUL COMPLETION OF THE STUDENT EXCHANGE PROGRAM

After an enriching, fruitful and memorable interstate student exchange endeavour organised by NMFC for Andhra Loyola Institute of Engineering and Technology, it was time for the delegates to depart with new learning and memories.







The three-day student exchange program may have concluded, but it has forged a precious bond with ALIET and has opened new avenues for exchange of knowledge, opportunities and scope for both the institutes.







TOPPERS



DARSHAN SALVI PARAG PRARTHANA (FYBAMMC)



BERA SUMPA VIJAY JHARNA (SYBCOM)



CHAUDHARY ANSHU JITENDRA KIRAN (SYBSCIT)



GUPTA ANJALI VINOD (SYBAMMC)



MADDHESHIYA MANISHAKUMARI JAWAHAR ANITA (FY IT)



PACKIA RASOLI SHINIVASAGAM MARIA PACKIAM (FYBAF)



PASI VISHANT CHANRASHEKHAR NISHADEVI (FYCS)



YADAV UJALA BABULAL ARTI (SYBAF)



YADAV RITESHKUMAR SAUKHIPRASAD ATISUNDAR (SYCS)



SIDDIQUE SOHAIL MAZHARALI FRAHAD BANU (FYBCOM)



SHAH VAISHVI SHIRIN HEMAKSHI (FYBMS)



SINGH YUVRAJ TRIBHUVAN SUMAN (SYBMS)



MS. SWIDDLE D'CUNHA

- Editorial Board Member for International Edited Peer Reviewed Book titled "Good Documentation Practices for NAAC Accreditation Process" by Redshine Publication
- Participated in a national level refresher course titled "Managing Online Classes and Creating MOOCs" organised by HRDC/PMMMNMTT
- Published a paper in the International Journal for Multidisciplinary Research titled "A Study on the Usage Pattern of E - Retailing websites by the Y Generation during the Post-Covid-19 times with reference to Mumbai City"
- Published a paper in the Journal of The Asiatic Society of Mumbai titled "A Study on the Drivers Influencing Generation Y's Online Shopping Behavior in Mumbai"
- Published a paper in Education and Society titled "Examining the Social Media Engagement of Millennials for Online Purchases in Mumbai"
- Participated in a seminar on Signs of Identification on Counselling Need for Students
- Participated in a seminar on IP training Awareness/ Training programme under National Intellectual Property Awareness Mission organised by Intellectual Property Rights office, India
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"

DR. POONAM KAKKAD

- Published a book titled "Fundamentals of Marketing Management"
- Published a book titled "The Journey of an Intern"
- Published a book titled "The Odyssey of an Intern"
- Got 3 students registered for PhD in Business Management
- Minor Research 2022-23 Grant from ICSSR of Rs 3,00,000/-
- Appointment as Subject Expert, nominated by the Academic Council on Board of Studies in BMS at D.H. Society's Kirti M. Doongursee College of Arts, Science and Commerce, affiliated to University of Mumbai.
- Successfully guided one M.Phil student
- Appointed by Hon'ble VC as Officer on Special Duty for OSM Cap Monitoring at University of Mumbai
- Hon'ble VC nominee as Subject Expert on the interview panel for selection of Assistant Professor at Wilson College
- Hon'ble VC nominee as Subject Expert on the interview panel for selection of Assistant Professor at VSIT College
- Nominated as a Judge by the Department of Students' Development at University of Mumbai to judge the 17th Avishkar Inter collegiate Research Convention
- Appointed as a Member of Local Inquiry Committee (LIC) at University of Mumbai



- Member of Insurance Institute of India (III) Standing Committee for Approving Research Grants
- Resource Person at a 10-Day Capacity Building Programme on Research Methodology titled "Type of Sampling and Sources of Data" organised by Bharat College of Arts and Commerce sponsored by ICSSR
- Resource Person at a 10-Day Capacity Building Programme on Research Methodology titled "Review of Literature Critical reading and Review Finding Research Gap" organised by M V Mandali's College of Commerce and Science sponsored by ICSSR
- Resource Person at Ph.D. course work of the Ph.D. programme in Political Science titled "Review of Literature" at Rambhau Mhalgi Prabodhini's (RMP) Campus at Uttan
- Resource Person for a One-Day Workshop on "Review of Literature" organised at Shree Guru Narayan College
- Resource Person for a 5-Day National Level Workshop on The Art and Science of Research organised by Thakur Ramnarayan College of Arts and Commerce
- Resource Person for TYBMS Expert Lecture organised by Thakur Ramnarayan College of Arts and Commerce
- Editorial Board Member for International Edited Peer Reviewed Book titled "Good Documentation Practices for NAAC Accreditation Process" by Redshine Publication
- Completed a national level online Two-Week Interdisciplinary Refresher Course in "Advanced Research Methodology" organised by Teaching Learning Centre, Ramanujan College University of Delhi in collaboration with Progressive Education Society's Modern Law College Pune Maharashtra under the Aegis Of Ministry of Education Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching and obtained A+
- Participated in the online workshop on the theme "Four Year Degree Programme with Multiple Entry and Exit" and "Pursuing two Academic Programmes Simultaneously and Twining / Dual / Joint Degrees" organised by UGC Human Resource Center University of Mumbai at the national level
- Participated in the online workshop on the theme "Educational Framework for Global Citizenship in Higher Education" and "Academic Bank of Credit and NAD / Digilocker" organised by UGC Human Resource Center University of Mumbai at the national level
- Successfully participated in the Virtual Symposium conducted for 30 hours by St Francis Institute of Management Research sponsored by ICSSR
- Participated in a webinar titled "Academic Leadership in Higher Education Institutions in India" organised by UGC Human Resource Development Center - North Eastern Hill University at the national level
- Participated in a 12-Day Workshop on "Research Methodology" organised by Nagindas Khandwala sponsored by Western Regional Center, Indian Council of Social Science Research at the national level
- Participated in a seminar on Signs of Identification on Counselling Need for Students
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a seminar titled "How to Write an Effective Research Paper"



- Participated in a seminar on IP training Awareness/ Training programme under National Intellectual Property Awareness Mission organised by Intellectual Property Rights office, India
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"
- Published a paper in South India Journal Of Social Sciences titled "A Study on Employee Friendly Strategies Adopted by Indian Companies Across Industries to Support Work Life Balance"
- Published a paper in Kanpur Philosophers titled "Higher Education A Pathway for Inclusive Growth"
- Published a paper in the Journal of The Asiatic Society of Mumbai titled "An Empirical Study on Factors Influencing Investment Decision for CryptoCurrency"
- Published a paper in the Journal of The Asiatic Society of Mumbai titled "A Study on fast-food consumption influencers in Indian X generation by using application of Theory of Planned Behavior"

DR. JIGNESH DALAL

- Conducted a 7-Day International Level Online Faculty Development Programme as a Member of the Department of Accountancy in collaboration with WIRC of ICAI titled "Pathway to Modern Accounting Era"
- Conducted a 7-Day National Level Online Faculty Development Programme as a Member of the Department of Economics titled "A Roadmap to 5 Trillion Economy in 2025"
- Conducted a 7-Day National Level Online Faculty Development Programme as a Member of the Department of Commerce titled "Emerging Trends and Challenges in Commerce"
- Participated in an Online National level One Day Faculty Development Program on "Unlocking the potential of CHATGPT"
- Participated in a one-day online workshop titled "Decorate Your Cake: From Basic to Pro" organised by Entrepreneurship Cell
- Participated in a national level workshop titled "Research Methods, Tools and Techniques"
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in "Har Ghar Dhyan Session" organised by The Art of Living, an initiative of Ministry of Culture, Government of India
- Participated in a national level seminar on Insights on National Education Policy,
 2020
- Completed a 4-week Faculty Orientation Programme titled "Faculty in Universities/Colleges/ Institutes of Higher Education" and obtained A+ grade organised by Teaching Learning Centre, Ramanujan College, University of Delhi under the aegis of Ministry Of Education, Pandit Madan Mohan Malaviya National Mission on Teachers and Teaching
- Participated in an online Panel Discussion organised by the Women Development Cell titled "Let's Get Gender Right!"



MS. VAISHALI MISHRA

- Appointed as a Judge for Intra-collegiate Science Exhibition-Origin 2022-23 organised by Thakur College of Science and Commerce.
- Completed ISO 9001: 2015 & ISO 19011: 2018 Internal Auditor Training Course
- Appointed as a Panel Member for the subject PPWC, FYBSc IT Syllabus Committee, University of Mumbai.
- Attended Screening of National Award Winning "Best Regional Film" at Kalina Campus organized by WDC of UoM on 20th March 2023.
- Appointed as External Examiner for TYIT Practical Examination at Gokhale College.
- Appointed as External Examiner for TYCS Project VIVA VOCE at Kapol College.
- Interview Panel Member at KG Mittal College, Malad West.
- Interview Panel, VC Nominee at KES Shroff College.
- Appointed as ISO Auditor for Educational Audit at KES Shroff College
- Appointed as an Expert Lecturer for TYBCom Semester V(Computer Application) at J.M.Patel College of Commerce, Goregaon.
- Published a book titled, "Programming Principles with C".
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process.
- Participated in a workshop titled "How to Write an Effective Research Paper"
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"
- Participated in a national level seminar on Insights on National Education Policy, 2020.

DR. VIJAYA JACQUELINE

- Participated in a national level refresher course titled "Managing Online Classes and Creating MOOCs" organised by HRDC/PMMMNMTT
- · Participated in a seminar on Signs of Identification on Counselling Need for Students
- Participated in a seminar on IP training Awareness/ Training programme under National Intellectual Property Awareness Mission organised by Intellectual Property Rights office, India
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"



MS. BHAKTI CHAUDHARI

- Recognition as a member of the Editorial Board as Co-Editor of the International Edited Peer Reviewed Book, "Good Documentation Practices for NAAC Accreditation Process" issued by an International Agency - Redshine (Sweden)
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"
- Participated in a seminar titled "Microsoft certified course on Use Power Automate to increase productivity"
- Participated in the Faculty Development Programme on Advanced Pedagogical Techniques organised by the Teaching Learning Centre, Ramanujan College University of Delhi under the aegis of MINISTRY OF EDUCATION
- Participated in the Faculty Development Programme on "Data Sciences for Social Sciences" organised by the Teaching Learning Centre, Ramanujan College University of Delhi under the aegis of MINISTRY OF EDUCATION

MS. BHAVANA SINGH

- Published a book on Contemporary Issues by Himalaya Publishing House
- Published a book on Soft Skills by Himalaya Publishing House
- Published a paper in the International Journal of Advance and Innovative Research titled "Technology, Innovation and Resilient Entrepreneurship; Catalysts for Sustained Business Excellence"
- Published a paper in Good Documentation Practices for NAAC Accreditation Process by Redshine Publication
- University of Mumbai Paper Setter of Journalism and Public Opinion Semester V TYBAMMC Journalism Subject
- University of Mumbai Paper Setter of Contemporary Issues Semester VI TYBAMMC Journalism Subject
- University of Mumbai Paper Setter of Brand Building and Copywriting Semester V ATKT TYBAMMC Advertising Subject
- Moderated papers of Mithibai College, NL College, Nationals College, Vidya Vikas College, Patkar Varde College, Raheja College
- Paper Setter of Patkar Varde College for the subjects of Digital Media, Media Studies, Effective Communication Skills, etc
- Taken Guest Session in SNDT College on the Topic of "Formal Letter Writing Styles and Techniques"
- Taken Guest Session in Lords Universal College on the topic of "Personality Development and Corporate Communication"
- Participated in a one-day Orientation Workshop on Examination Pattern in the Offline Mode for TYBAMMC, Semester V, Advertising and Journalism
- Participated in a 5-Day Online Faculty Development Programme on "Policy Framing in Higher Educational Institutions" organised by the IQAC and South India IQAC Cluster ASC Degree College at the national level
- Participated in a 5-Day National Level Virtual Symposium on "National Education Policy (NEP) 2020 organised by St. Francis Institute of Management and Research



DR. MEGHA JUVEKAR

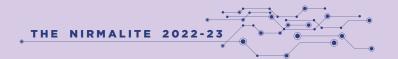
- Got 3 students registered for PhD in Business Administration and Policy
- Appointed as a Moderator in Balbharti College and Gokhale College in the subject of Export Marketing for T.Y.B.Com
- Editorial Board Member for International Edited Peer Reviewed Book titled "Good Documentation Practices for NAAC Accreditation Process" by Redshine Publication
- Invited as a Judge for Intercollegiate Research Paper Presentation Competition by Saraf College
- · Participated in a seminar on Signs of Identification on Counselling Need for Students
- Participated in a seminar on IP training Awareness/ Training programme under National Intellectual Property Awareness Mission organised by Intellectual Property Rights office, India
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"
- Participated in a workshop titled "How to Write an Effective Research Paper"

DR. NEHA GOEL

- Refresher Course completed from Ramanujan College, University of Delhi on the topic "Managing online classes and Co-creating Moocs 24.0" with grade A. The refresher course was from the Ministry of Education and Pandit Madan Mohan Malviya National Mission of Teachers and Teaching
- Article entitled "THE STUDY OF SOCIAL IMPACT OF MIGRATION IN INDIA" Published in Shodha Prabha; ISSN 0974-8946, Volume (Issue-02), Book No. 06: 2023, UGC Care Approved, Group I, Peer Reviewed and Referred Journal
- Editor in Good Documentation Practices for NAAC accreditation Process under Red Shine Publication, Sweden with ISBN 978-91-988207
- Published a research paper under Red shines Publication, Sweden with ISBN 978-91-988207 on the Topic, Green practices at the workplace: A Step towards Sustainable Development

MS. AVIS D'CUNHA

- Published a paper in Kanpur Philosophers: International Journal of Humanities, Law and Social Sciences titled "A Study on Consumer Behaviour Towards Online Shopping"
- Participated in an International Level Faculty Development Programme titled "Pathway to Modern Accounting Era" organised by the IQAC and Department of Accountancy in collaboration with WIRC of ICAI



- Participated in 7 days National Level Faculty Development programme titled "A Roadmap to 5 trillion Economy in 2025"
- Participated in an online National Level Workshop titled "Theory Development and Parametric Test for Research"
- Participated in a seminar on Signs of Identification on Counselling Need for Students
- Participated in a seminar on IP training Awareness/ Training programme under National Intellectual Property Awareness Mission organised by Intellectual Property Rights office, India
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"
- Participated in a workshop titled "How to Write an Effective Research Paper"
- Participated in a national level workshop titled "Research Methods, Tools and Techniques"
- Participated in an online national level workshop titled "Theory Development and Parametric Test for Research"

MS. MICHELLE MENEZES

- Published a paper in Good Documentation Practices for NAAC Accreditation Process titled "A study on the use of Industrial Visits to enhance learning in self-finance courses" by Redshine Publication
- Published a paper in the International Journal of Creative Research Thoughts titled "A study on the use of Industrial Visits to enhance learning in self-finance courses" by IJCRT
- Published a paper in Kanpur Philosophers: International Journal of Humanities, Law and Social Sciences titled "Role of Teachers in Promoting Mental Health among College Students"
- Completed ISO 9001: 2015 & ISO 19011: 2018 Internal Auditor Training Course.
- Conducted National Level Panel Discussion (Online) titled "Let's Get Gender Right!" as a Member of the Women Development Cell of Nirmala Memorial Foundation College of Commerce and Science.
- Conducted a 7-Day International Level Online Faculty Development Programme as a Member of the Department of Accountancy in collaboration with WIRC of ICAI titled "Pathway to Modern Accounting Era"
- Conducted a 7-Day National Level Online Faculty Development Programme as a Member of the Department of Economics titled "A Roadmap to 5 Trillion Economy in 2025"
- Conducted a 7-Day National Level Online Faculty Development Programme as a Member of the Department of Commerce titled "Emerging Trends and Challenges in Commerce"
- Participated in a seminar on Signs of Identification on Counselling Need for Students
- Participated in a seminar on IP training Awareness/ Training programme under National Intellectual Property Awareness Mission organised by Intellectual Property Rights office, India



- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in "Har Ghar Dhyan Session" organised by The Art of Living, initiative of Ministry of Culture, Government of India
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"
- Participated in a workshop titled "How to Write an Effective Research Paper"
- Participated in a national level workshop titled "Research Methods, Tools and Techniques"

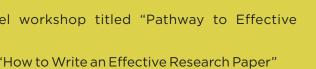
MS. ZEAL KANANI

- Completed ISO 9001: 2015 & ISO 19011: 2018 Internal Auditor Training Course.
- Conducted National Level Panel Discussion (Online) titled "Let's Get Gender Right!" as a Member of the Women Development Cell of Nirmala Memorial Foundation College of Commerce and Science.
- Conducted a 7-Day International Level Online Faculty Development Programme as a Member of the Department of Accountancy in collaboration with WIRC of ICAI titled "Pathway to Modern Accounting Era"
- Conducted a 7-Day National Level Online Faculty Development Programme as a Member of the Department of Economics titled "A Roadmap to 5 Trillion Economy in 2025"
- Conducted a 7-Day National Level Online Faculty Development Programme as a Member of the Department of Commerce titled "Emerging Trends and Challenges in Commerce"
- Participated in a seminar on Signs of Identification on Counselling Need for Students
- Participated in a seminar on IP training Awareness/ Training programme under National Intellectual Property Awareness Mission organised by Intellectual Property Rights office, India
- Participated in a state level seminar on Good Documentation
 Practices for NAAC Accreditation Process
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"
- Participated in a workshop titled "How to Write an Effective Research Paper"



MR. RAHUL GAIKWAD

- Published a paper in Kanpur Philosophers: International Journal of Humanities, Law and Social Sciences titled "Comparative Analysis on Money Vs Capital Market"
- Published a paper on "Conquering Challenges and Excelling as an Intern"
- Completed ISO 9001: 2015 & ISO 19011: 2018 Internal Auditor Training Course
- Conducted a 7-Day International Level Online Faculty Development Programme as a Member of the Department of Accountancy in collaboration with WIRC of ICAI titled "Pathway to Modern Accounting Era"
- Conducted a 7-Day National Level Online Faculty Development Programme as a Member of the Department of Economics titled "A Roadmap to 5 Trillion Economy in 2025"
- Conducted a 7-Day National Level Online Faculty Development Programme as a Member of the Department of Commerce titled "Emerging Trends and Challenges in Commerce"
- · Participated in a seminar on Signs of Identification on Counselling Need for Students
- Participated in a seminar on IP training Awareness/ Training programme under National Intellectual Property Awareness Mission organised by Intellectual Property Rights office, India
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- · Participated in a national level workshop titled "Pathway to Effective Publication"
- Participated in a workshop titled "How to Write an Effective Research Paper"



MR. VINEET KHAMRAI

- Published a paper in Kanpur Philosophers: International Journal of Humanities, Law and Social Sciences titled "Role of Artificial Intelligence in Academics for Teachers"
- Completed ISO 9001: 2015 & ISO 19011: 2018 Internal Auditor Training Course.
- Participated in a seminar on Signs of Identification on Counselling Need for Students
- Participated in a state level seminar on Good Documentation Practices for NAAC **Accreditation Process**
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"
- Participated in a national level workshop titled "Research Methods, Tools and Techniques"
- Participated in a national level seminar titled "Theory Development and Parametric Test for Research"





MS. SNEHA MISHRA

- Presented a paper at an international conference at Satish Pradhan Dnyanasadhana College, Thane titled "Breakthrough Innovations - Quest, Challenges, Journey"
- Published a Peer Reviewed Journal with Impact Factor-6.5 titled "Higher Education: Transformations in Post-Independence Period of India"
- Participated in an International Level Faculty Development Programme titled "Pathway to Modern Accounting Era" organised by the IQAC and Department of Accountancy in collaboration with WIRC of ICAI
- Participated in a seminar on Signs of Identification on Counselling Need for Students
- Participated in a seminar on IP training Awareness/ Training programme under National Intellectual Property Awareness Mission organised by Intellectual Property Rights office, India
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"
- Participated in a workshop titled "How to Write an Effective Research Paper"
- Participated in an online Panel Discussion organised by the Women Development Cell titled "Let's Get Gender Right!"

MS. NILAM GORADIYA

- Completed ISO 9001: 2015 & ISO 19011: 2018 Internal Auditor Training Course
- Selection to Phd course in Business Policy and Administration
- Participated in an International Level Faculty Development Programme titled "Pathway to Modern Accounting Era" organised by the IQAC and Department of Accountancy in collaboration with WIRC of ICAI
- · Participated in a seminar on Signs of Identification on Counselling Need for Students
- Participated in a seminar on IP training Awareness/ Training programme under National Intellectual Property Awareness Mission organised by Intellectual Property Rights office, India
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"
- Participated in a workshop titled "How to Write an Effective Research Paper"
- Participated in an online Panel Discussion organised by the Women Development Cell titled "Let's Get Gender Right!"

MS. ANGEL CHRISTOPHER

- Participated in an International Level Faculty Development Programme titled "Pathway to Modern Accounting Era" organised by the IQAC and Department of Accountancy in collaboration with WIRC of ICAI
- · Participated in a seminar on Signs of Identification on Counselling Need for Students
- Participated in a seminar on IP training Awareness/ Training programme under National Intellectual Property Awareness Mission organised by Intellectual Property Rights office, India
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"
- Participated in a workshop titled "How to Write an Effective Research Paper"

MR. RISHABH DESAI

- Participated in a seminar on Signs of Identification on Counselling Need for Students
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"
- Participated in a national level workshop titled "Research Methods, Tools and Techniques"

MS. JYOTI CHOUDHARY

- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"
- Participated in a workshop titled "How to Write an Effective Research Paper"





MS. VANDANA SINGH

- Completed ISO 9001: 2015 & ISO 19011: 2018 Internal Auditor Training Course
- Participated in a seminar on Signs of Identification on Counseling Need for Students
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a workshop titled "How to Write an Effective Research Paper"
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"

MR. VINAY DUKALE

- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a national level seminar on Insights on National Education Policy, 2020

MS. HIRAL PARAKHIYA

- Completed ISO 9001: 2015 & ISO 19011: 2018 Internal Auditor Training Course
- Participated in a seminar on Signs of Identification on Counseling Need for Students
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a workshop titled "How to Write an Effective Research Paper"
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"

MS. RUCHA PATIL

- Completed ISO 9001: 2015 & ISO 19011: 2018 Internal Auditor Certification Training Course
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a workshop titled "How to Write an Effective Research Paper"
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"

MR. SHIVKUMAR CHANDEY

- Appointed as a Member of Editorial Board as Co-Editor of the International Edited Peer Reviewed Book, "Good Documentation Practices for NAAC Accreditation Process" ISBN No.: 978-91-988207-1-3
- Completed ISO 9001: 2015 & ISO 19011: 2018 Internal Auditor Certification Training Course
- Appointed as a Professional Member of the Institute For Engineering Research and Publication. Membership ID No.: PM75601328
- Appointed as the Organizing Committee Member (Sub Cat. Scientific Committee Member) at the 7th International Conference on Engineering Research and Innovations (ICERI-2022) organised by Terna Engineering College (TEC) in Association with Institute For Engineering Research and Publication (IFERP)
- Appointed as External Examiner for conducting B.Sc CS / IT Practical Examination at Nagindas Khandwala College (Autonomous), TYIT Sem V - Cloud Computing
- Participated in a seminar on Signs of Identification on Counseling Need for Students
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a workshop titled "How to Write an Effective Research Paper"
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research".
- Participated in IP Awareness/Training program under National Intellectual Property Awareness Mission.
- Participated in a conference titled "NEP-2020 Simplified: Pathways to Edtech Implementation" organised by the Department of Educational Technology (SNDT Women's University Mumbai) in collaboration with Central Institute of Educational Technology (CIET), NCERT New Delhi.
- Participated in Academic Leadership Alignment Programme (ALAP) Anandshala (Blissinar) on NIPS - NEP Implementation Pathway Services organised by the University of Mumbai & VJTI along with Bhartiya Shikshan Mandal & Research for Resurgence Foundation

MS. APARNA PANIGHRAY

- Completed ISO 9001: 2015 & ISO 19011: 2018 Internal Auditor Certification Training Course
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a seminar on Signs of Identification on Counseling Need for Students
- Participated in a seminar titled "The Use of N-List"
- Participated in an online Panel Discussion organised by the Women Development Cell titled "Let's Get Gender Right!"
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a seminar on the Talk on Financial Awareness and Planning Programme
- Participated in a workshop titled "How to Write an Effective Research Paper"
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"



MS. SAYALI PARAB

- Completed ISO 9001: 2015 & ISO 19011: 2018 Internal Auditor Certification Training Course
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a seminar on Signs of Identification on Counseling Need for Students
- Participated in a seminar titled "The Use of N-List"
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a workshop titled "How to Write an Effective Research Paper"
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"

MS. TANVI MORE

- Completed ISO 9001: 2015 & ISO 19011: 2018 Internal Auditor Certification Training Course
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"

MS. APARNA JADHAV

- Published a paper in Good Documentation Practices for NAAC Accreditation Process titled "5G WIRELESS BACKHAUL NETWORKS: CHALLENGES AND RESEARCH ON INTERNET TRAFFIC" by Redshine Publication
- Completed ISO 9001: 2015 & ISO 19011: 2018 Internal Auditor Certification Training Course
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a seminar on Signs of Identification on Counseling Need for Students
- Participated in a seminar titled "The Use of N-List"
- Participated in an online Panel Discussion organised by the Women Development Cell titled "Let's Get Gender Right!"
- Participated in a national level seminar on Insights on National Education Policy, 2020
- · Participated in a seminar on the Talk on Financial Awareness and Planning Programme
- Participated in a seminar on Awareness on Sustainable menstrual products
- Participated in a seminar on Health and Hygiene
- Participated in a workshop titled "How to Write an Effective Research Paper"
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"

MS. NEELAM PATIL

- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in an online Panel Discussion organised by the Women Development Cell titled "Let's Get Gender Right!"
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in the workshop Post Colonial Literature Part-2 by Dr. Alok Chandra & Immortality and Modern man with the Perspective of Browning's Rabbi Ben Ezra by Dr.Kabilath Begum organised by the World English Language Learners, Teachers and Trainers Association (WELLTTA) Dr. Kabilath Begum
- Participated in the workshop Socio-Feminist issues in the Select Novels of Bama by C.Sowmya & Depiction of World of Values in R.K.Narayan's Novels: A Comprehensive Study by Prof.Dinesh Kumar organised by the World English Language Learners, Teachers and Trainers Association(WELLTTA)
- Participated in a three Day International Workshop on Academic Writing and Publishing organised by the Institute of Aeronautical Engineering, Dundigal, Hyderabad
- Participated in a workshop titled "How to Write an Effective Research Paper"
- Participated in a one day Orientation workshop on Examination pattern in the Offline Mode for TYBAMMC, Semester V, Advertising and Journalism organised by the IQAC and the Department of B.A.M.M.C. of Deviprasad Goenka Management College of Media Studies in association with Board of Studies in Mass Media, University of Mumbai
- Participated in RUSA-sponsored Intercollegiate Lecture titled "Development of Indian Theatre Post Independence" organised by the Department of English of Chikitsak Samuha's Sir Sitaram and Lady Shantabai Patkar College of Arts and Science and V.P. Varde College of Commerce and Economics

MR. SHUBHAM KAMBLI

- Completed ISO 9001: 2015 & ISO 19011: 2018 Internal Auditor Training Course
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a workshop titled "How to Write an Effective Research Paper"
- Participated in a seminar on Signs of Identification on Counseling Need for Students
- Participated in a national level workshop titled "The Joy of Research"
- Participated in an online Panel Discussion organised by the Women Development Cell titled "Let's Get Gender Right!"
- Participated in a 7-Day International Level Online Faculty Development
 Programme as a Member of the Department of Accountancy in
 collaboration with WIRC of ICAI titled "Pathway to Modern Accounting Era"



MS. BINCY ABRAHAM

- Published a paper in Kanpur Philosophers: International Journal of Humanities, Law and Social Sciences titled "A study on the role of artificial intelligence on consumer buying behaviour"
- Completed ISO 9001: 2015 & ISO 19011: 2018 Internal Auditor Training Course
- Participated in an online Panel Discussion titled "Let's Get Gender Right!" organised by the Women Development Cell of Nirmala Memorial Foundation College of Commerce and Science
- Participated in a 7-Day International Level Online Faculty Development Programme as a Member of the Department of Accountancy in collaboration with WIRC of ICAI titled "Pathway to Modern Accounting Era
- Participated in a seminar on Signs of Identification on Counseling Need for Students
- Participated in a state level seminar on Good Documentation Practices for NAAC Accreditation Process
- Participated in a national level seminar on Insights on National Education Policy, 2020
- Participated in a seminar titled "The Use of N-List"
- Participated in a national level workshop titled "The Joy of Research"
- Participated in a national level workshop titled "Pathway to Effective Publication"
- Participated in a workshop titled "How to Write an Effective Research Paper"

THE ACE IQAC

The IQAC being responsible for designing, implementing, and monitoring quality assurance processes throughout the institution, has functioned to bring continuous improvement in various operations in the academic year 2022-23.

I) Teaching and non-Teaching Staff Development:

- The Internal Quality Assurance Cell of the college in association with the Library Committee had organized a hands-on training session on "The use of N-List". The training session was scheduled on Saturday, 9th July, 2022 at 12.30 pm in the college Library, (8th Floor). Mr. Ravindra Pawar, the college librarian conducted the training session. A total of 22 Staff members attended the session and availed of the benefit.
- The Internal Quality Assurance Cell organized an educational session (seminar) on "Signs of Identification on Counseling Need for Students". The session was scheduled on 30th August, **2022** from 12.30 pm in the mini auditorium. The guest speaker was Ms. Riddhi Doshi Patel, (college in-house counselor) who oversees the health, well-being, and welfare of our college students. Teachers got insight from the session on how to recognize the signals that a student needs therapy. Additionally, the seminar offered advice on how to behave in front of pupils in various situations.
- The library is rightly regarded as the heart of an academic institution. As a gateway to knowledge and culture, libraries play a fundamental role in developing the academic front of the institutions. Keeping this in mind the Internal Quality Assurance Cell of the

college organized a National Level Webinar on "Best Practices of College Library" on Saturday, 17th September, 2022 from 11:30 am on the Zoom Platform. The Resource Person was Dr. Youd Vir Singh, presently heading the Library and Documentation Division of the Association of Indian Universities, New Delhi. Faculty members, College Librarians, and Library staff members are invited to avail the benefits of the session.

- The Internal Quality Assurance Cell (IQAC) of Nirmala Memorial Foundation College of Commerce and Science in association with NAAC, organized a one-day NAAC-sponsored state-level seminar, Good Documentation Practice for NAAC Accreditation Process, on Saturday, 07th January, 2023. There were two Sessions 1 was conducted by Mr. Peeyush Pahade, IQAC Cluster (Guest), who spoke on the topic 'Effective Documentation' for NAAC in the seminar. And the second Session was conducted by, Ms. Keyaa Mukherjee, in which she spoke on her topic, Office Automation.
- The Department of Accountancy and the IQAC in collaboration with WIRC of ICAI organized an International Level Online Faculty Development Programme titled "Pathway to Modern



Accounting Era" from 14th March to 21st March, 2023 to upgrade the teaching, training, and research skills of accountancy teaching teachers. A total of 130 staff members staff members benefited from the program

- Planning Forum and IQAC organized a National Level Webinar on Problems and Prospects of NEP 2020 on 15th March, 2023. The Resource Person was Dr. S. Shankar, Advisory IQAC Cluster India. A total of 149 staff members benefited from the program.
- The IQAC and Department of Economics organized a Seven Day National Level Faculty Development Program titled: A Roadmap to 5 Trillion Economy in 2025" from Thursday, 13th April to Thursday, 20th April 2023. A total of 150 staff members benefited from the program.
- IQAC and the Department of Commerce of the College organized a Seven Day National Level Online Faculty Development Program on "Emerging Trends and Challenges in Commerce" from Tuesday, 2nd May 2023 to Tuesday 9th May 2023. A total of 149 staff members benefited from the program.

The Internal Quality Assurance Cell in association with Revive Heart Foundation organized a workshop on "Awareness and Training on Sudden Cardiac Arrest



Resuscitation" on Saturday, 25th March, 2023, from 10:30 am in the college auditorium. The session was conducted by Ms. Sumaiya Raghavan and her team, a certified trainer on First Aid heart-saving. A sum of 120 students, 28 staff members, and 12 nonteaching staff members benefited from the program.

- II) Contribution of IQAC in involving Parents and Alumni for Quality Enhancement and organizing College Activities.
 - Alumnus Mr. Jay Raval, a graduate of BMS from the batch 2013. Delivered a session to TYBMS students on the Media selection mechanism.
 - Alumnus Mr. Arjun Jani, a graduate of B.Com from the batch 2016-17, is currently The Founder of The Entrepreneur of India Company. Delivered a session at a National Level Webinar on the Role of Technology in Entrepreneurship.
 - Alumnus Ms. Jyoti Chaudhary, a graduate of BMS from the batch 2021.
 Advisory for organizing College Cultural Festival Nirvana.
 - Alumnus Mr. Girish Biyani, a graduate of BMS from the batch 2021. Advisory for organising College Cultural Festival Nirvaan.
 - Alumnus Mr. Kunal Naik a graduate of BAMMC from the batch 2021-22. Contributed to the conduct of the Nirvaan Cultural Intercollegiate Festival by Judging an event Face Off Dance and as Guest of Honour.
 - Alumnus Mr. Vaibhav Agarwal is a graduate of BAMMC from the batch 2021-22. Contributed to the conduct of the Nirvaan Cultural Intercollegiate Festival by Judging an event of Literary Arts and as Guest of Honour.
 - Alumnus Mr. Sohil Vora a graduate of BAMMC from the batch 2021-22. Contributed to the conduct of the Nirvaan Cultural Intercollegiate Festival for Judging an event of Literary Arts and as Guest of Honour.

- Mr. Rajesh Pakhare, a Parent of a student from TYB.Com (A & F) batch 2022-23 contributed by delivering a motivational talk to the students on the occasion of the Nirvaan Intercollegiate Festival. Mr. Pakhare was invited as Chief Guest for the Inaugural Program of the Festival.
- Alumnus Mr. Krishna Soni, a graduate of B.Sc IT from the batch 2015. Called as Guest of Honour for the Annual Sports Meet of the college.
- Alumnus Mr. Raj Mandal a graduate of BMS from the batch 2013. Contributed to the conduct of the Nirvaan Festival by Judging an event Face Off Dance.
- Alumnus Mr. Adarsh Sharma, a graduate of B.Com (A & F) from the batch 2021 Advisory for organizing College Cultural Festival Nirvaan.
- A lumnus Mr. Ayush Shah, a Postgraduate in M.Sc IT from the batch 2021. Advisory for organizing College Cultural Festival Nirvaan.



III) Research and Development Contribution:

- Research Cell along with IQAC organized a session on; "How to write an effective research paper" on Saturday, 6th August, 2022. Dr. Kanchan Fulmali, Professor from Dhanukar College was invited to guide the faculty members on the same. A total of 28 faculty attended the session and benefited from the session.
- IQAC and Research Cell Organizes
 National Level Webinar in collaboration
 with Ministry of Commerce and Industry,
 Government of India organized a Day
 online webinar on "IPR Awareness". A
 separate webinar was arranged for
 teachers and students on Saturday, 19th
 November, 2022. 120 teachers and 150
 students and 45 nonteaching staff
 benefited from the session.
- The research cell promoted the intercollegiate research paper presentation competition organized by the University of Mumbai on 22nd December, 2022. Two groups participated in the competition namely-Paws Patrol F.Y.B.Sc.CS (UG Level) and Fast Fashion M.Com I (PG Level). The students got a platform to present their idea in the presence of experts in the field of research and also got exposure to the University level competition.
- IQAC and BMS and BAF Department organized the National Level Research Paper Presentation Competition titled 'Problems and Prospects in Functional Management Areas" on 27th February, 2023. A total of 51 students, research scholars, and teachers benefited from the program.
- Recognition of 2(f) and 12 B UGC Act 1956 Dr. Poonam Kakkad was Awarded Minor Research Project 2022-23 from ICSSR on 9th March, 2023. A grant of Rs.3,00,000 is sanctioned.
- IQAC in coordination with Research Cell organized a National Level webinar titled "The Joy of Research". wherein, 2 sessions were conducted on 21st March,



2023. A total of **200 participants** attended and benefited from the workshop.

- IQAC in coordination with Research Cell organized a National Level Webinar on "Pathway to Effective Publication."
 The Resource Person was Dr. Keyurkumar Nayak, Director of Garware Institute of Career Education and Development, University of Mumbai on 25th March, 2023. 120 participants benefited from the session.
- The IQAC and Research Cell organized a national-level webinar on "Research Methods, Tools, and Techniques'. Dr. Sister Candy D'Cunha, Assistant Professor from Andhra Loyola Institute of Technology and Engineering was invited as Resource Person on 6th April, 2023. A total of 225 participants benefited from the workshop.
- The Research Cell in association with IQAC organised a National Level Webinar on the "Theoretical Framework and Parametric Test in Research." Dr. Sagar Gaikwad, Assistant Professor from Mumbai's Education Trust was invited to address the audience on 8th April, 2023. A total of 130 participants benefited from the workshop.
- The IQAC and Research Cell of Nirmala Memorial Foundation College of Commerce and Science (NMFC) in Collaboration with the University of Mumbai and the Department of MBA of Andhra Loyola Institute of Engineering and Technology (ALIET) organized a one-day International Conference on Multidisciplinary Approach to Innovation Prospects and Challenges in Modern Business Landscape on 29th April, 2023. A total of 50 participants registered for the conference and 40 full-length research papers were submitted by the researchers.
- IQAC, Research Cell in collaboration with Garware Institute of Career Education and Development, the



University of Mumbai organized **National Level Workshop** on **"PLS**" on Friday, **12th May**, **2023**.

 The Research Cell and IQAC in association with St Xavier's College and the University of Mumbai organized Course Work on 24th May to 31st May, 2023. A total of 40 Participants benefited from the workshop.

IV. IQAC Contribution to Faculty Professional Development

- IQAC took the initiative to recommend and promote faculty for the Orientation Program under PMMMNMTT held at Ramanujan College from 22nd March to 23rd April, 2023 for which Dr Jignesh Dalal obtained Grade A+.
- IQAC took the initiative to recommend and promote faculty for the Refresher Program on MOOCs under PMMMNMTT held at Ramanujan College from 13th March to 25th March, 2023 for which Dr Megha Juvekar obtained Grade A+.
- IQAC took the initiative to recommend

and promote faculty for the Refresher Program on MOOCs under PMMMNMTT held at Ramanujan College from 13th March to 25th March, 2023 for which Dr Neha Goel obtained Grade A+.

- IQAC took the initiative to recommend and promote faculty for the Refresher Program on "ADVANCED RESEARCH METHODOLOGY" under PMMMNMTT held at Ramanujan College from 27th October - 10th November, 2022 for which Dr Poonam Kakkad obtained Grade A+.
- IQAC took the initiative to recommend and promote faculty for the Refresher Program on MOOCs under PMMMNMTT held at Ramanujan College from 13th March to 25th March, 2023 for which Ms. Swiddle D'Cunha obtained Grade A+.
- IQAC took the initiative to recommend and promote faculty for the Refresher Program on MOOCs under PMMMNMTT held at Ramanujan College from 13th March to 25th March, 2023 for which Mr. Vinay Dukale obtained Grade A.





VI) Institutional Tie-Ups:

- Andhra Loyola Institute of Engineering and Technology, For Student and Faculty Exchange Program and Other and Academic Development.
- Andhra Loyola College, For Student and Faculty Exchange Program and other Academic Development.
- Ecube Institute, Let's Learn English.
- Yuva Parivartan (Authorised training center)
- Speed Jet Aviation Academy LLP
- Digital Moguls
- Centre of Excellence
- Computrain Information Technologies
- Raj Software Technology India Ltd
- TNS India Foundation
- Kenznow
- Yangpoo Education Pvt. Ltd.
- Code Chef
- Garware Institute of Career Education and Development
- V. Appreciation to Advanced Learners and Students' Skill Enhancement through Seminars, Experiential Learning, and Value added Courses.
 - A Marketing Fair was organized by the Department of BMS in association with Internal Quality Assurance Cell to develop entrepreneurial skills and to showcase the art of marketing on 26th August, 2023, 134 students benefited from the program.
 - The Internal Quality Assurance Cell of the College organized a Six-Day Personality Development Camp for First-Year students with the goal of fostering the holistic development of



the students from 16th September, to 22nd September, 2023, 74 students benefited from the Camp.

- The Internal Quality Assurance Cell organized a "Let's Learn English" certified course from 8th October to 14th December, 2023, 74 students benefited from the Camp.
- Advanced learners were given an opportunity to transform their internship-based live projects into ISBN books, and 10 Students benefited from the same.
- The Internal Quality Assurance Cell and the Department of B.Com (A & F) organized a Three Day Certified Workshop on "Demystifying Financial Statement" from 20th December to 22nd December, 2022, 98 students benefited from the program.
- The TEL course was conducted from 7th March to 25th March, 2023.
 - SWAYAM Courses
 - Digital Marketing
 - Tally
 - IIT Spoken Tutorial
- IQAC encouraged Experiential Learning through Industrial visits like
 - Kokuyo Camlin Ltd
 - Amul Company
 - Jawaharlal Nehru Port Trust
 - Mahanagar Telephone Nigam Limited
 - Navneet Education Limited, RBI Monetary Museum
 - HP adhesive manufacturing company
 - Adani Thermal Power Plant at Dahanu
 - Solar Intern Factory at Chandigarh

Sia Shawl Factory at Kullu.



VII. Contribution by IQAC to Gender audit and Library Audit and Academic and Administrative Audit

- Conducted Gender Audit on 20th May, 2023.
- Conducted Library Audit in May, 2023.
- Surveillance ISO Certification Audit. Internal and External AAA on 17th April, 2023.
- Installed Solar Lights for energy



VIII. Significant Contribution by IQAC

- Organized PTM IQAC organized Parent Teacher Meeting. A total of 576 Parents attended the meeting on 24th February, 2023.
- Initiated Participating in NIRF Ranking
- Encouraging Peer Learning -Workshop on Fabric Jewellery Making conducted by Ms. Sakshi Kumbhar on 2nd May, 2023.
- Registered Alumni Association.
- Infrastructure Beautifications.
- Within and Inter State Student Exchange and Faculty Exchange Program.

Dr. Poonam Kakkad IQAC Co-ordinator

INDUSTRIAL VISIT REPORT

INDUSTRIAL VISITS CONDUCTED BY VARIOUS PROGRAMS DURING THE YEAR

On **27th July, 2022** the program of BAMMC organised a **Field Trip for Experiential Learning** for the course on the topic - **Introduction to Photography.** The students were given a tour of the national park by the faculty and were explained the elements of photography. They were shown the factors to be considered for getting a good click.

On **30th July, 2022** the program of B.Com (A & F) organised an educational tour to **Navneet Publishing House** for Second Year B.Com (A & F). The visit gave knowledge to students about manufacturing procedures, a series of marketing activities logistics functioning and its CSR activities.

On **10th August, 2022** the BMS program arranged a visit to **Kokuyo Camlin Ltd** for the students of Second Year BMS with marketing specialization as a part of the internal assessment. Students got practical exposure to production and total quality management processes at Camlin. They learned how resources are organised and processed for the final output. Logistics concerned areas were also shown to the students at the plant.

On **20th August, 2022** the B.Sc. IT. program had organized an industrial visit carried out at **MTNL** (**Mahanagar Telephone Nigam Ltd.**) CETTM, Powai, Mumbai for Second Year B.Sc.IT. students. The goal of the industrial visit was to achieve a better understanding and practical exposure to Mobile Communications Systems. Mahanagar Telephone Nigam Limited (MTNL) is a state-owned telecommunications service provider in the metro cities of Mumbai.

On **20th October, 2022** the program of B.Com (A&F) arranged a visit to the **Reserve Bank of India Monetary Museum.** The visit provided firsthand insights into how decisions related to interest rates, money supply, and inflation are made. Participants can learn about the tools and strategies employed to maintain price stability and economic growth.

On **O3rd December, 2022** the BAMMC program organised a **Field Trip to Bollywood Park Film City.** The objective of the tour was to give the learners a practical glimpse into the entertainment world and the overall functioning of media in different arenas.









On **21st December, 2022** the B.com program organized an education tour to **Mumbai Port**. The visit gave knowledge to students about import and export procedures, documentation and various other activities involved. A total of 49 students of Third Year B.Com (Export Marketing) benefited from the visit.

On **24th December, 2022** the B.com program took S.Y.B.com students for an industrial visit to **Amul Dairy.** It was an amazing visit where students took the live experience of the production of various sweets, milk manufacturing and logistics.

From **O4th February to 12th February, 2023** the BAMMC program has taken the initiative to send the students to volunteer for the **Kala Ghoda Arts Festival**. The Kala Ghoda Arts Festival is an annual festival that lasts for nine days, and it is located in the area of South Mumbai.

On **O8th February, 2023** the B.Sc. IT. program had organized an Industrial visit to **Adani Power Station** located in the Industrial Sector of Dahanu for the students of B.Sc. IT. The industrial visit was organized for students to learn about different sections of a thermal power plant and practically observe the concepts they have learnt in theory.

From 8th to 15th February, 2023 the college arranged an industrial visit to Chandigarh and Manali for the students of First, Second and Third-year B.Com (A & F) students. 44 students registered for the educational tour. The students were taken to InterSolar and Sai Shawls where they were shown the manufacturing process of solar panels and shawls respectively. Students benefitted greatly from the experience.







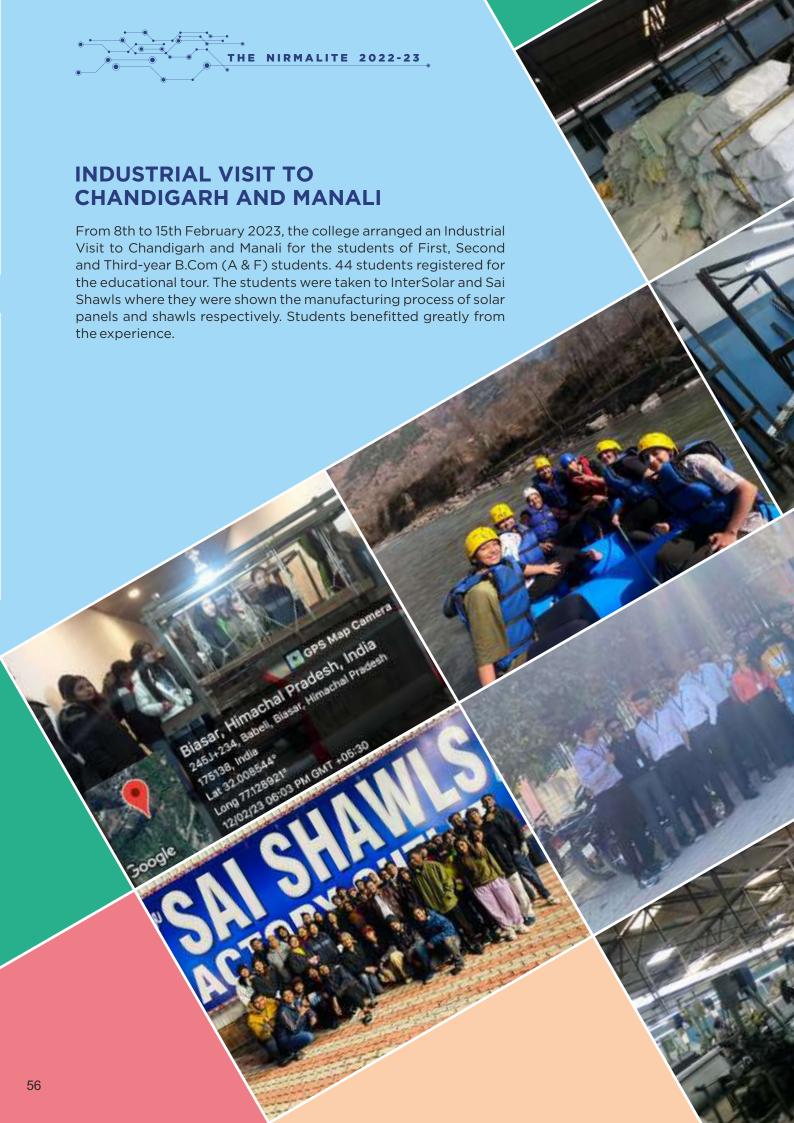
















RECREATIONAL WELL BEING ACTIVITIES FOR TEACHING STAFF

























6978-952, 90 Feet Rd. Kandivall, Acha Nagar, Kandivel Bast, Mumbal,

Mumbal, Maharashtra, India

Materiochine 400401, Indie

₩ 18.21376a*

Long 72,986432*

Cham Mandir



ACADEMIC CALENDAR

JUNE

O C C C C C C C C C C C C C C C C C C C	1073
DATE	EVENT
4th June, 2022	Beach Cleaning at Juhu
5th June, 2022	Saplings Donation Drive- Malad & Manori
9th June, 2022	NSS Meeting
13th June, 2022	Teaching underprevileged children from Poisar
13th June, 2022	College Reopens for Term I
13th June, 2022	Opening Departmental Meeting for Term 1
14th June, 2022	Teaching underprevileged children from Poisar
15th June, 2022	Teaching underprevileged children from Poisar
16th June, 2022	Teaching underprevileged children from Poisar
19th June, 2022	Yoga Session conducted by Patanjali
20th June, 2022	Teaching underprevileged children from Poisar
21st June, 2022	Yoga Day Celebration at College
22nd June, 2022	Teaching underprevileged children from Poisar
23rd June, 2022	Teaching underprevileged children from Poisar
24th June, 2022	IIT Spoken Tutorial Software Training Programme
24th June, 2022	Paper Bag making activity
25th June, 2022	Teaching underprevileged children from Poisar
26th June, 2022	Teaching underprevileged children from Poisar
27th June, 2022	Newspaper Collection drive
28th June, 2022	Seminar on Career guidance in Aviation and Hospitality Industry
28th June, 2022	Teaching underprevileged children from Poisar
28th June, 2022	Seminar on Career opportunities in Insurance Industry
29th June, 2022	NSS Meeting
29th June, 2022	Seminar on various Opportunities available in the market and NQT's Importance
30th June, 2022	IIT Spoken Tutorial Software Training Programme
30th June, 2022	Teaching underprevileged children from Poisar

WEEKLY FORUM

H-4744-H

JULY

DATE	EVENT
1st July, 2022	Teaching underprevileged children from Poisar
2nd July, 2022	Street Play Practice
4th July, 2022	Inauguration of Renovated Lab 4
4th July, 2022 to 8th July, 2022	Civil Defence Training
6th July, 2022 & 7th July, 2022	Career Guidance on Aviation and Hospitality Industry
8th July, 2022	Workshop on Effective Resume Building
8th July, 2022	Inauguration Ceremony at UOM
9th July, 2022	Seminar on the use of N-List
11th July, 2022	Commencement of M.Sc IT Part II lectures
11th July, 2022	Paper Bag making activity
12th July, 2022	Teaching underprevileged children from Poisar
13th July, 2022	Teaching underprevileged children from Poisar
14th July, 2022	Seminar on the topic: "All About MBA"
14th July, 2022	Paper Bag Distribution
15th July, 2022	"Conducted competition titled: "The Quiz Master.""
15th July, 2022	Seminar on Career Counselling in Public Sector for the learners of TYBSc.IT
15th July, 2022	Newspaper Collection Drive
16th July, 2022	Teaching underprevileged children from Poisar
18th July, 2022	Commencement of M.Com Part II lectures
18th July, 2022	Seminar on Career Guidance for MBA
18th July, 2022	Career Counselling Session titled "Know Your Way After Graduation"
18th July, 2022	Teaching underprevileged children from Poisar
19th July, 2022	Seminar on the topic: Start Investing Early
19th July, 2022	Seminar on Various Financial Instruments
19th July, 2022	Collection of Plastic
20th July, 2022	Teaching underprevileged children from Poisar
21st July, 2022	Workshop on Upskill and Unleash Your Skills
21st July, 2022	Workshop on Wordwise
21st July, 2022	Teaching underprevileged children from Poisar
22nd July, 2022	Commencement of M.Sc IT Part I lectures
22nd July, 2022	E-Waste Donation
23rd July to 27th July, 2022	Bridge Course
23rd July, 2022	Teaching underprevileged children from Poisar



AUGUST

DATE	EVENT
1st August, 2022	Collection of Plastic
2nd August, 2022	Teaching underprevileged children from Poisar
3rd August, 2022	Collection of Plastic
4th August, 2022	Workshop on HIV
4th August, 2022	Registration for the Coastal Clean
4th August, 2022	Workshop on Corporate Training
5th August, 2022	Teaching underprevileged children from Poisar
5th August, 2022	Rakhi Exhibition
6th August, 2022	Seminar on "How to write an effective research paper?"
6th August, 2022	Stall put up by the NGO named "I am Able"
6th August, 2022	Teaching underprevileged children from Poisar
6th August, 2022	Seminar on the topic: "How to Write an Effective Research Paper"
8th August, 2022	Teaching underprevileged children from Poisar
8th August, 2022	Conducted Singing Competition Titled: "Ek Sur Ek Taal"

DATE	EVENT
8th August, 2022	Friendship Day Celebration
9th August, 2022	Teaching underprevileged children from Poisar
10th August, 2022	Teaching underprevileged children from Poisar
10th August, 2022	Workshop on Personality Development
10th August, 2022	College reopened for First Year
12th August, 2022	Raksha Bandhan Celebration
12th August, 2022	Soft Skill Training For Interviews
12th August, 2022	Seminar on Foreign Education
12th August, to 19th August, 2022	Bridge Course for First Year
13th August, 2022	Tiranga Rally
15th August, 2022	Independence Day Celebration
16th August, 2022	Teaching underprevileged children from Poisar
17th August, 2022	Paper Bag Distribution
17th August, 2022	FYIT and FYCS Orientation Programme.
17th August, 2022	Awareness on Sustainble Menstrual Product
18th August, 2022	Teaching underprevileged children from Poisar
20th August, 2022	Industrial Visit to MTNL for SYIT A
20th August, 2022	Fresher's Party
22nd August to 27th August, 2022	"Semester III & V, Internal Assessment(Viva-Voce Exam)"
22nd August, 2022	Blood Donation Camp
22nd August, 2022	Teaching underprevileged children from Poisar
23rd August, 2022	Teaching underprevileged children from Poisar
23rd August, 2022	Seminar on Mantra of Successful Financial Planning
23rd August, 2022	Fresher's Party
23rd August, 2022	Personality Development and Grooming for Interview
24th August, 2022	E-Waste Collection drive
25th August, 2022	Teaching underprevileged children from Poisar
25th August, 2022	Seminar on Study Abroad Opportunities in USA, Canada & Australia
26th August, 2022	NSS Meeting
26th August, 2022	Teaching underprevileged children from Poisar
26th August, 2022	Marketing Fun & Fair
26th August, 2022	"Kala Aavishkar" Fine Arts and Performing Arts Competition
27th August, 2022	Teaching underprevileged children from Poisar



DATE	EVENT
29th August, 2022	Paper Bag making activity
29th August, 2022	Teaching underprevileged children from Poisar
30th August, 2022	E-Waste Collection drive
30th August, 2022	Seminar on Signs of Identification on Counseling Need for Students
30th August, 2022	Workshop on Filing of ITR on Portal from Practical Aspect
31st August to 4th September, 2022	Ganpati Break

SEPTEMBER

DATE	EVENT
1st September, 2022	Teaching underprevileged children from Poisar
2nd September, 2022	Organic Waste Collection Drive
3rd September, 2022	Teaching underprevileged children from Poisar
4th September, 2022	Felicitation of NSS Volunteers
5th September, 2022	Teaching underprevileged children from Poisar
6th September, 2022	Workshop titled: "From Job Seeker to Job Provider"
6th September, 2022	E-Waste Collection Drive
7th September, 2022	Teaching underprevileged children from Poisar
8th September, 2022	Workshop titled: "Pitch Perfect" for the learners of FYBAMMC by Mr Ganessh Divekar.
8th September, 2022	Debate Competition
9th September, 2022	Teaching underprevileged children from Poisar
10th September, 2022	Teaching underprevileged children from Poisar
10th September, 2022	National Level Webinar on Awarness on Various Funding Agencies in Research
12th September to 15th September, 2022	Class Test and Mid Term Test
12th September, 2022	Teaching underprevileged children from Poisar
13th September, 2022	Teaching underprevileged children from Poisar
14th September, 2022	Teaching underprevileged children from Poisar
15th September, 2022	National Level Webinar on Best Practices of College Library
15th September, 2022	Teaching underprevileged children from Poisar
15th September, 2022	Teaching underprevileged children from Poisar
16th September to 22nd September, 2022	Personality Developement Camp
16th September, 2022	E-Waste Collection Drive

DATE	EVENT
16th September, 2022	Aspiring officers for Class I and Class II rank (Group A and Group B services) in Central and State Government
17th September, 2022	Teaching underprevileged children from Poisar
17th September, 2022	Best Practices of College Library
17th September, 2022	Beach Cleanup at Bandra West
17th September, 2022	Technical Hands on workshop on Robotic Process Automation
18th September, 2022	Paper Bag making activity
19th September to 26th September, 2022	Commencement of ATKT Examination
19th September, 2022	Plastic Collection
19th September, 2022	Teaching underprevileged children from Poisar
19th September, 2022	Self Defence Program
19th September, 2022	PLACEMENT DRIVE
19th September, 2022	Seminar on content Writing and Art of Telling Story
1st, 4th and 6th September, 2022	Ganpati Immersion Program
20th September, 2022	Teaching underprevileged children from Poisar
20th September, 2022	Paper Bag making activity
20th September, 2022	Business Plan Competition
21st September, 2022	BDC Poster Making
21st September, 2022	Teaching underprevileged children from Poisar
21st September, 2022	Story Telling Competition
22nd September, 2022	Paper Bag making activity
22nd September, 2022	Teaching underprevileged children from Poisar
22nd September, 2022	Exhibition of Journey of Mathematics
23rd September, 2022	Research Paper Presentations
23rd September, 2022	Teaching underprevileged children from Poisar
23rd September, 2022	Remedial Lecture for FYIT
23rd September, 2022	Talk on A Profession of Styling and Personal Grooming
24th September, 2022	Teaching underprevileged children from Poisar
24th September, 2022	Card making activity
24th September, 2022	Remedial Lecture for FYCS
24th September, 2022	Seminar on Careers in Journalism by Mr Abhay Mokashi.
24th September, 2022	Lets Learn English - certified 30 Hours course for slow learners

DATE	EVENT
25th September, 2022	Paper Bag making activity
26th September, 2022	Commencement of Sem I, II, III and IV ATKT Exam October, 2022
27 September, 2022	Teaching underprevileged children from Poisar
27th September, 2022	"Story Writing Competition titled: "My Pen Says!""
27th September, 2022	Educational Excursion to Atlas SkillTech University, Bandra Kurla Complex.
28 September, 2022	Teaching underprevileged children from Poisar
28th September, 2022	"Open Mic Challenge titled: "Speak Up!""
28th September, 2022	"A seminar on Reviewing Films,Theatre and Books by Mr. Siraj Syed"
29th September, 2022	Teaching underprevileged children from Poisar
29th September, 2022	Paper Bag making activity
30th September, 2022	Teaching underprevileged children from Poisar

OCTOBER

DATE	EVENT
1st October, 2022	Anti Addiction Rally
1st October, 2022	Teaching underprevileged children from Poisar
1st October to 5th October, 2022	Study leave for Second Year Students .
1st October to 5th October, 2022	Internal Examination of M . Com and M . Sc IT
1st October, 2022	Term-1 Departmental Meeting.
1st October, 2022	Disco Garba
2nd October, 2022	Awareness On No War And No Violence
6th October, 2022	Teaching underprevileged children from Poisar
6th October, 2022	Commencement of Sem III Regualr Exam Oct, 2022
7th October, 2022	Teaching underprevileged children from Poisar
8th October, 2022	SKIT On No War And No Violence
8th October, 2022	Teaching underprevileged children from Poisar
8th October to 14th December, 2023	Let's Learn English
10th October, 2022	Teaching underprevileged children from Poisar
11th October, 2022	E-Waste Collection Drive
11th October, 2022	University Practical Exam of TYBSc IT and TYBSc CS
12th October, 2022	Teaching underprevileged children from Poisar
12th October, 2022	Technical Session on Robotic and IOT for FY and SY.

DATE	EVENT
14th October, 2022	Teaching underprevileged children from Poisar
14th October, 2022	Smile Foundation Session
14th October and 15th October, 2022	Diya Selling
14th October to 19th October, 2022	Sem III Practical Exam of Second Year.
15th October, 2022	Book Collection Drive
15th October, 2022	Teaching underprevileged children from Poisar
15th October, 2022	Cyber Security Seminar for First Year.
15th October, 2022	Resume Writing and Communication for the learners First Year
16th October, 2022	Beach Cleaning at Bandra (West)
17th October, 2022	Teaching underprevileged children from Poisar
18th October, 2022	Teaching underprevileged children from Poisar
18th October, 2022	Paper Bag making activity
19th October, 2022	Teaching underprevileged children from Poisar
19th October, 2022	Mega Clean Up Drive
20th October, 2022	Teaching underprevileged children from Poisar
21st October, 2022	E-Waste Collection Drive
22nd October, 2022	Teaching underprevileged children from Poisar
22nd October, 2022	Paper Bag making activity
22nd October, 2022	Diwali Vacation
25th October, 2022	Teaching underprevileged children from Poisar
26th October, 2022	Teaching underprevileged children from Poisar
27th October, 2022	Teaching underprevileged children from Poisar
28th October, 2022	Teaching underprevileged children from Poisar
29th October, 2022	Teaching underprevileged children from Poisar
31st October, 2022	Unity Run

NOVEMBER

DATE	EVENT
07th November, 2022	College Reopens for Term II (Semester IV) Sem I and Sem V continues
09th November, 2022	Additional Class Test for FY,SY,TY
9th November to 12th November, 2022	MSC IT & MCOM - Sem I and III Internal Examination
15th November, 2022	Commencement of FY Examinations
16th November, 2022	Seminar on Data Science Concepts with Machine Learning

DATE	EVENT
16th November, 2022	"Expert Lecture (TYIT) Ethical HackingExpert Lecture- Internet of Things (IoT)"" and ""Artificial Intelligence (AI)"
16 November, 2022	Workshop on Street Play
16 November, 2022	MDACS Quiz Competition
17th November, 2022	"Industrial Visit To MTNL For The Learners of SYCS"
18th November, 2022	"Industrial Visit To MTNL For The Learners of SYIT"
18th November, 2022	Commencement of TY B.Com, B.SC IT & CS Examinations
18th November, 2022	Nrutya Avishkar
19th November, 2022	ROBOTICS AND AI (Seminar-Robotics & Artificial Intelligence for 2 days)
19th November, 2022	Seminar on Trending Technologies in IT Sectors
19th November, 2022	Expert Lecture-All subjects
19th November, 2022	National Level IPR Awareness Webinar
21st November, 2022	Commencement of TY B.SC IT & CS Examinations
21st November, 2022	Workshop on Portfolio Management and Wealth Management
22nd November, 2022	Seminar on digital marketing
24th November, 2022	Commencement of TY B.Sc . IT Examinations
24th November, 2022	College reopened for First year students with offline Lectures (even Semester)
25th November, 2022	Session conducted on Career Counselling
26th November, 2022	Teaching underprevileged children from Poisar
26th November, 2022	Seminar on Financial Literacy and visit to BSE
26th November, 2022	Prince and Princess Day / Battle for Talent Competition
06th to 27th November, 2022	Teaching Underprivilged children
28th November, 2022	A Talk on GST
28th November, 2022	Tell us what's new: Updating our Global Marketing Trends
29th November,2022	Marathi Singing Competition
29th November,2022	Teaching underprevileged children from Poisar
November,2022	Inaugural of The Financial Club with 2 Games and 1 Seminar
30 November, 2022	NSS Meeting

DECEMBER

	U/a
DATE	EVENT
01st December, 2022	Beach Cleaning and Skit
02nd December, 2022	Teaching underprevileged children from Poisar
03rd December, 2022	Clean-Up Drive
03rd December, 2022	Plastic Collection
03rd December, 2022	Teaching underprevileged children from Poisar
03rd December, 2022	Field Trip for an Experiential Learning to Bollywood Park Film City for First and Second year students
03rd December, 2022	Spoken Tutorial (FYIT / FYCS) IIT certification course - HTML
05th December, 2022	Online quiz competition titled: "The Ad made world"
05th December, 2022	Paper Bag making activity
06th December, 2022	Seminar on Tips and Tricks to Crack the Interview
06th December, 2022	Teaching underprevileged children from Poisar
06th December, 2022	Cancer Awareness Seminar
December, 2022	Industrial Visit to Sula Wine
December, 2022	"OMTP,Visit to National Park"
07th December, 2022	Registration for Bone Marrow Drive
07th December, 2022	Teaching underprevileged children from Poisar
08th December, 2022	Workshop On Soil Conservation & Compost
08th December, 2022	Toy making activity
09th December, 2022	Mind Relaxation Session
10th December, 2022	Teaching underprevileged children from Poisar
10th December, 2022	NSS Meeting
10th December, 2022	Seminar on Cyber Security Awareness
11th December, 2022	Beach Cleaning at Santacruz
11th December, 2022	Beach Cleaning at Bandra
12th December, 2022	Paper Bag making activity
12th December, 2022	Seminar on Health and Hygiene
13th December, 2022	Paper Bag making activity
13th December, 2022	Game Donation
14th December, 2022	Paper Bag making activity
14th December, 2022	Teaching underprevileged children from Poisar
14th December, 2022	Game Making
16th December, 2022	Seminar on soft skills
17th December, 2022	Visit to RBI



DATE	EVENT
17th December, 2022	Poster Making competition
19th December, 2022	Online Guest Lecture for TYBAMMC AD and Journo students on AD Design and Newspaper and Magazine Making Practical subjects by Ms. Rubina Khan
19th December, 2022	Graphology - A technique adopted for selection in companies
19th December, 2022	Career Guidance training
20th December, 2022	Declaration and Distribution of Grade Cards of Second Year Sem III Examination and ATKT Examinations
20th December, 2022	Seminar on Preparation for MCA(NIT) Entrance Exam
20th December, 2022	College reopened for Third year students with offline Lectures (even Semester)
December, 2022	Online Financial Quiz - Intercollegiate and National Level
21st December, 2022	Visit to Mumbai Port
23rd December, 2022	Christmas Bash
23rd December, 2022	Participation in Avishkar Competition of University of Mumbai
23rd December, 2022	Seminar on "Should I look at an internship in a startup or in an established corporation"
24th December, 2022	Visit to Amul Dairy
25th December, 2022 to 01st Janauary, 2023	Winter Break

JANUARY

DATE	EVENT
02nd January to 05th January, 2023	Annual Sports Meet
06th January, 2023	English Fiesta
07th Jnauary, 2023	Teaching underprevileged children from Poisar
07th Jnauary, 2023	NAAC Sponsored State Level Seminar on Good Documentation Practices for NAAC accreditation Process
10th January, 2023	Marathi Traditional Folk Competition
10th January, 2023	Teaching underprevileged children from Poisar
11th January, 2023	Seminar on Road Safety
11th January, and 12th Janauary, 2023	Sem I , II, III and IV ATKT Form Filling
11th January, 2023	One day picnic-WET and JOY Resort, Lonavala

DATE	EVENT
13th January, 2023	Sneha Milan
15th January, 2023	Tata Marathon
16th January, 2023	Sem I Regualr Examination Declaration of Results and Grade Card distribution
16th January, 2023	Paper Bag Making
17th January, 2023	Teaching underprevileged children from Poisar
20th January and 21st January, 2023	Intercollegiate Nirvaan Festival
23rd January, 2023	Paper Bag Making
23rd January, 2023	Seminar on Tools & Techniques on Digital marketing
23rd January to 25th January, 2023	"Semester II & IV, Internal Assessment(Viva-Voce Exam, January,-2023)"
23rd January, 2023	ENGLISH FIESTA
24th January and 25th January, 2023	Sem I ATKT Form Filling
25th Januray, 2023	Library Extravaganza
27th January, 2023	Seminar on the topic on "Career aspects after Graduation
27th January, 2023	seminar on the topic on "Prospects of MBA after Graduation
29th January, 2023	Beach Cleaning Drive
30th January, 2023	Paper Bag Making Activity
30th January, 2023	Technoutsav Intercollegiate Fest of IT and CS Department
31st January, 2023	Teaching underprevileged children from Poisar
31st January, 2023	Spell Bee Competition
31st January, 2023	Pre Placement talk

FEBRUARY

DATE	EVENT
O1st February, 2023	Nirmala Got Talent (NGT)
01st February, 2023	Food Stall put up by DLLE students
O1st February, 2023	Wall Painting activity
02nd February, 2023	Traditional Day
02nd February, 2023	Teaching underprevileged children from Poisar
03rd February, 2023	Paper Bag making activity
04th February to 08th February, 2023	FY, SY and TY Class Test for Self Finance Programs. Mid Term Practice Test for FY, SY and TY B.Com



DATE	EVENT	
07th February, 2023	Teaching underprevileged children from Poisar	
08th February, 2023	Remedial lectures-FDBMS	
08th to 15th February, 2023	Industrial visit to Chandigarh and Manali	
09th February, 2023	Seminar on "How to Boost Your Career in Accounting & Finance with ACC"	
10th February, 2023	Jazba Fest of BAMMC Department	
10th February, 2023	Participation in Udaan Festival	
10th February, 2023	Paper Bag making activity	
11th February, 2023	Dance Performance Kala Ghoda	
12th February, 2023	Kalaghoda festival	
11th February to 20th February, 2023	Sem I , II, III and IV ATKT Examination Commences	
13th February, 2023	CAREER COUNSELING APTITUDE TEST CUM PSYCHOMETRIC TEST	
14th February, 2023	Paper Bag making activity	
15th February, 2023	Teaching underprevileged children from Poisar	
17th February, 2023	Shiv-Jayanti Utsav	
20th February, 2023	Resume Building , Group Discussion and Personal Interview	
20th February, 2023	Commencement of M.com Part I and Part II University Examinations as per time table Issued by University	
20th February, 2023	NSS Meeting	
21st February, 2023	Activity on Gender Sensitisation	
22nd February to 24th February, 2023	ISO Audit	
23rd February, 2023	Paper Bag making activity	
24th February, 2023	Seminar on Digital Marketing by Digital Moguls Company.	
24th February, 2023	Paper Bag making activity	
25th February, 2023	Last Date of Completition of Syllabus for Second Year Classes.	
25th February, 2023	Debate Competition	
26th February, 2023	Medical Camp	
27th February, 2023	Research Paper Presentation	
27th February, 2023	Marathi Bhasha Gaurav Din	
28th February, 2023	Farewell of TYBAMMC	

MARCH

MARCH	
DATE	EVENT
02nd March, 2023	Second Year Examination Commences
02nd March, 2023	Teaching underprevileged children from Poisar
2nd, 4th and 6th March, 2023	Semester VI, Internal Assessment (Viva-Voce Exam, March,-2023)
05th March, 2023	E-waste Collection Drive
O6th March, 2023	Career Counselling Session on Emerging Career in Media and Entertainment by Welingkar Institute of Management
08th March, 2023	Mock Interview
08th March, 2023	Webinar on Women Empowerment (Let's Get Gender Right)
09th March, 2023	Woman's Day Skit+ Practice
09th March, 2023	Plastic Collection Drive
10th March, 2023	Teaching underprevileged children from Poisar
11th March, 2023	Field Trip for an Experiential Learning to Bollywood Park Film City for Third year students
11th March, 2023	Teaching underprevileged children from Poisar
12th March, 2023	Beach Cleaning Drive
12th March, 2023	Yuvak Biradari
12th March, 2023	E-Waste Collection Drive
14th March to 21st March, 2023	International Level Online Faculty Development Programme - Pathway to Modern Accounting Era
15th March, 2023	Seminar on Insights on New Education Policy of India
16th March, 2023	Guest lecture on Content Creation and Direction Skill
16th March, 2023	Teaching underprevileged children from Poisar
17th March, 2023	Teaching underprevileged children from Poisar
17th March, 2023	Relief Assistance given to the disaster victims of Appapada -1
18th March, 2023	Job Fair
18th March, 2023	Beach Cleaning Drive
20th March, 2023	The Joy of Research workshop
21st March, 2023	Industrial Visit to Adani power Plant
23rd March, 2023	Semester II Regular External Exams
25th March, 2023	Last Date of Completition of Syllabus for First Year Classes
25th March, 2023	Webinar on Pathway to effective publication
29th March, 2023	IIT certification course - C and CPP, Python, PHP and MySQL
29th March, 2023	First Year Examination Commences

APRIL

DATE	EVENT
06th April, 2023	Webinar on Research Methods, Tools and Techniques
08th April, 2023	Webinar on Theory Development
08th April, 2023	Grooming and Personality Development Program
10th April, 2023	Declaration and Distribution of Grade Cards of Second Year Sem IV Examination
11th April and 12th April, 2023	Admission to Third Year Classes
13th April to 20th April, 2023	National Level Online Faculty Development Programme - A Roadmap to 5 Trillion Economy in 2025
13th April to 20th April, 2023	Faculty Developement Program
15th April, 2023	Webinar on Research Philosophy
20th April, 2023	Research Conference
22nd April, 2023	Declaration and Distribution of Grade Cards of First Year Sem II Examination
24th April and 25th April, 2023	Admission to Second Year Classes
27th April, 2023	Workshop on Blockchain Hacking
28th April, 2023	Indutrial Visit to TIFR
29th April, 2023	Industrial visit to CDPL
29th April, 2023	International Conference on Multidisciplinary Approach to Innovation Prospects and Challenges in Modern Business Landscape in Collaboration with Andra Loyola Institute of Engineering and Technology and University of Mumbai.

MAY

DATE	EVENT
02nd May to 09th May, 2023	National Level Online Faculty Development Programme- Emerging trends and challenges in commerce
10th May, 2023	National Level Webinar on NEP 2022
12th May, 2023	Workshop on Partial Least Squares
24th May to 31st May 2023	7 days National Level Research Methodology Workshop in Collaboration with St. Xavier's College (Autonomous) and University of Mumbai.

MEMORANDUM OF UNDERSTANDING SIGNED BY NMFC FOR THE ACADEMIC YEAR 2022-23

Sr. No.	Title of the collaborative activity	Name of the collaborating agency	Nature of the activity
1	Faculty Exchange	Andhra Loyola College	Faculty Exchange
2	International Conference	Andhra Loyola Institute of Engineering and Technology	Student Exchange and Faculty Exchange
3	Capacity building for developing Soft Skill Development	Ecube Institute	Let's Learn English (Capacity Building Program- soft skills development)
4	Capacity Building program- ICT skill development	Kherwadi Social Welfare Association	Tally Course
5	Well being of stakeholders	MS. Riddhi Patel, Counsellor	Counselling services
6	Capacity Building for developing ICT Skills	Speed Jet Aviation Academy LLP	Seminar on the topic "SOFT SKILLS REQUIRED TO CRACK THE INTERVIEW"
7	Conducting courses	Digital Moguls	Course of Digital marketing
8	Capacity Building for developing ICT Skills	Centre of Excellence	Capacity building for developing ICT skills
9	Organising seminars and workshops for career advancement	Computrain Information Technologies	Webinar on the topic on "Study Abroad Opportunities in USA, Canada & Australia"
10	Soft skills training and placement	TNS India Foundation	Capacity building for developingSoft Skill Development)
11	Conducting Online German Courses	Kenznow	Capacity building for developing Soft Skill Development)



Sr. No.	Title of the collaborative activity	Name of the collaborating agency	Nature of the activity
12	Conducting courses webinars	Code Chef	Organising a course for programming language
13	Student Exchange and Faculty Development and Conduct of Seminars and workshops in Collaboration	Garware Institute of Career Education and Development	Student Exchange and Faculty Development and Conduct of Seminars and workshops in Collaboration
14	Student Exchange and Faculty Development and Conduct of Seminars and workshops in Collaboration	St Xavier's College Autonomus Mumbai	Student Exchange and Faculty Development and Conduct of Seminars and workshops in Collaboration
15	Attendance Tracking System	Think Monk Edu Tech Pvt. Ltd	Teach us - The college intelligence app
16	Conducting Social activities	Two Steps Foundation	Conducted Sessions on English Sessions: Building Language Skills.
17	Conducting Social activities	Udayan Care	Rented space for underpriviliged students for teaching
18	Organising seminars and workshops in Collaboration at National and International level	Cape Comorin Trust, Tamilnadu	Student Exchange and Faculty Development and Conduct of Seminars and workshops in Collaboration

CURRICULAR,
CO-CURRICULAR AND
EXTRA CURRICULAR
ACTIVITIES REPORTS
ORGANISED BY
DEPARTMENTS
AND COMMITTEES

BACHELOR OF COMMERCE (ACCOUNTING AND FINANCE) (B.COM [A & F])

"MANAGEMENT IS DOING THINGS RIGHT; LEADERSHIP IS DOING THE RIGHT THINGS" -PETER DRUCKER

The Department of B.Com (A & F) is well known to promote and inculcate accountancy and finance acumen into students to enable them to receive good positions in the field of Accountancy and Finance. The academic year 2022-23 was extremely fruitful in terms of the curricular and extracurricular activities conducted for the students to give them an excellent level of industry exposure. A huge number of Events, Seminars, Workshops and Industrial Visits were conducted to provide knowledge as well as hands-on training to the learners. "Sky is the limit" is the phrase that the department follows when it comes to giving exposure to learners. The department focused on mentoring the learners in a way that will enable them to access the various career opportunities that the world has to offer them. All these efforts taken by the Department Coordinator and professors were well received by the students, which is quite evident from the amazing response and participation of students.



ACTIVITIES CONDUCTED DURING THE YEAR BY THE DEPARTMENT: CURRICULAR

 The Department of B.Com (A & F) arranged a Bridge Course for the First Year students for Introduction to Financial Accounting, which was necessary to comprehend the subject in their graduation journey. The bridge course benefitted **65 students** by giving them a strong base for their journey in accountancy. The course was conducted over 4 days (8 hours). It was conducted from **28**th **July, 2022 to 1**st **August, 2022.** The course was conducted by the In-House Faculty, Assistant Professor, **Mr. Rahul Gaikwad.**

• An **Orientation Programme** for First Year students was held on **23**rd **August, 2022.** The programme was conducted to give a brief introduction to the students about college life, the University Curriculum and other important elements to be focused on in the 3-Year Graduation Journey. Students from FYBAF attended the orientation programme.

CO-CURRICULAR

- The Department of B.Com (A & F) organised a Workshop on "Word Wise" for Second and Third Year students. The programme was scheduled for 18th July, 2022. The Guest Speaker was Mrs. Shobha Venkatesh, having two decades of work experience in the field of Brand Management, Public Relations and Corporate Communication in diverse industries. A total of 119 students benefitted from the programme.
- The Department of B.Com (A & F) organised a Workshop on "Insights on Various Financial Instruments" for Second Year students on 19th July, 2022 at 12.30 p.m. in Block No. 704. The Guest Speaker was Ms. Tejashri Naik, Branch Manager at The Shamrao Vithal Co-operative Bank. A total of 81 students benefitted from the programme.
- To give practical exposure and experiential learning to the students on 30th July, 2022 the Department of B.Com (A & F) organised an educational tour to Navneet



Publishing House. A total of 85 students of Second Year B.Com (A & F) benefitted from the visit.

- To give experiential learning, the Department of B.Com (A & F) in association with IQAC organised a Workshop on "Wolf of the Dalal Street" for the students on 5th August, 2022 at 9:00 a.m. in Block No. 508 followed by hands-on experience in the computer laboratory (Lab No. 1) from 10:00 a.m. The Guest Speaker was CA. Dharin Shah. At the end of the workshop, students received a participation certificate and the team of students with the maximum portfolio valuation were awarded.
- The Departments of BMS and B.Com (A & F) organised a Workshop on "Corporate Etiquette" on 24th August, 2022 for the students of FYBMS and FY.B.Com (A & F) in the College Auditorium. Ms. Greeshma Thampi, an image consultant, soft skills and corporate trainer, was the Guest Speaker. Students attended the workshop and benefitted from it.
- The Department of B.Com (A & F) organised a Workshop on "Hop on to the Vocal Express" on 25th August, 2022 from 11:30 a.m. for the students of FYBMS and FY.B.Com (A & F) in the College Auditorium. The Guest Speaker was Dr. Mayur Vyas, a Voice-Over Artist in Bollywood, Tollywood and Hollywood Industries and also BMS Co-ordinator at Usha Pravin Gandhi College. The session taught students about pitch, modulations,

tone and how to use their vocal boxes effectively and explore the various voicing textures in recognition of the crucial role they play in good formal presentations. At the end of the session, a question-and-answer round took place. A total of **108 students** attended the session.

The Department of B.Com (Accounting and Finance) in association with the Internal Quality Assurance Cell had organised an event titled "Mock Stock (The D-Street Game)" on 26th August, 2022 at 9:00 a.m. in the college basement. Trading of securities on the marketing fair stalls (set up by the BMS Department Students) took place. There were brokers to educate and assist the investors with



their trading decisions. At the end of the event, the investors with the maximum portfolio valuation were awarded. Students participated with enthusiasm and learned about live trading.

- The Department of B.Com (A & F) in association with Sykes and Ray Edupro, NSE Academy and HDFC Mutual Fund, organised a One-Day Financial Awareness Training Programme for the students of Second-year BMS and B.Com (A & F). The training programme was scheduled on 17th November, 2022 from 9:30 a.m in Block No. 406. The basic objective of the training programme was to impart the right knowledge and inputs to understand the financial market and personal finances. Each student received a certificate from NSE Academy & HDFC Mutual Fund.
- The college had arranged a visit to the



Reserve Bank of India Monetary Museum for the students of the First Year B.Com (A & F) as a part of the internal assessment. The visit was scheduled for 17th December, 2022. A total of 70 students participated enthusiastically and benefitted from the visit.

- The Internal Quality Assurance Cell and the Department of B.Com (A & F) organised a Three-Day Certified Workshop on "Demystifying Financial Statement" scheduled on 20th December, 21st December and 22nd December, 2022. The session was conducted by Ms. Aayushi Punamiya and Ms. Yukti Gala. The workshop gave insights into reading, understanding and analysing Financial Statements. A total of 80 students attended the programme.
- The college had arranged an industrial visit to Chandigarh and Manali for the students of First, Second and Third-year B.Com (A & F) students from 8th to 15th February, 2023. 44 students registered for the educational tour. The students were taken to InterSolar and Sai Shawls where they were shown the manufacturing process of solar panels and shawls respectively. Students benefitted greatly from the experience.
- The Department of B.Com (A & F) in association with the Internal Quality Assurance Cell had organised a National Level Quiz titled "Are you the Finance Guru" which was scheduled on 25th February, 2023. The quiz consisted of questions based on current events and general financial information.

Approximately, 40 students participated in the quiz of which Mr. Mahto Tannu Rajkumar of K.M. Agrawal College, Kalyan, secured the 1st position, Ms. Patel Sidrah Mohammed Shoeb of G.M. Momin Women's College, Bhiwandi, secured 2nd position and Mr. Momin Iqra Anmol Nadeem of G.M. Momin Women's College, Bhiwandi, secured 3rd position.

ACHIEVEMENTS

- Dr. Poonam Kakkad, Co-ordinator of the BMS/BAF Department was granted an ICSSR Minor Research Award of Rs. 3,00,000 for the year 2022-23.
- The Department of BMS and BAF completed 199 internships.
- A total of 79 students from BMS and 29 students from BAF registered for the Placement Cell and 36 students from BMS and 15 students from BAF got placed in reputed industries.
- Alumnus, Mr. Jay Raval, a graduate of BMS from the Batch 2013 delivered a session to TYBMS students on the Media Selection Mechanism.
- Alumnus, Mr. Stephen George, a graduate of BMS, co-ordinated with faculty to organise Mock Stock Workshop.
- Mr. Ritikesh Dalvi of SYBAF won the 2nd
 Prize in Tabla at the Youth Festival
 organised by the Department of Students
 Development, University of Mumbai.





 Mr. Sahil Chavan of SYBMS won the Consolation Prize for Electric Guitar at the Youth Festival organised by the Department of Students Development, University of Mumbai.

STRENGTHS OF THE DEPARTMENT

- Experienced and dedicated Teaching Staff
- Constant enhancement through frequent brainstorming sessions of faculties for department improvements
- Campus-based projects and assignments
- Excellent and industry-oriented curriculum

BEST PRACTICES

- Experiential learning provided to students in the form of activities like "Wolf of the Dalal Street" and "Mock Stock (The D-Street Game)" where students actively traded in securities.
- Participatory learning conducted through industrial visits, seminars, workshops and competitions.
- Weekly academic sessions held for teachers for evaluating the progress of the syllabus and brainstorming on teachinglearning methodologies.

Dr. Poonam Kakkad B.Com [A & F] Co-ordinator

BACHELOR OF ARTS IN MULTIMEDIA AND MASS COMMUNICATION (B.A. [M.M.C.])

Mass media provides the essential link between the individual and the demands of the technological society.

- Jacques Ellul

ACTIVITIES CONDUCTED DURING THE YEAR BY THE DEPARTMENT CURRICULAR

On 18th July, 2022 a Career Counselling session titled "Know your way after Graduation" in collaboration with Garware Institute of Career Education and Development was organised for First Year B.A.(MMC), Second Year B.A.(MMC) and Third Year B.A.(MMC) students. The Guest Speaker for the seminar was Dr. Sunder Rajdeep, Head of the Department of Communication and Journalism, University of Mumbai, also Chairman of the Board of Studies in B.A. (MMC) at the University of Mumbai. The session gave insights into the scope of the Multimedia and Mass Communication programme. A total of 50 students benefitted from the programme.

On 8th September, 2022 a workshop on "Pitch Perfect" was conducted by Mr. Ganessh Divekar for First Year B.A. (MMC), Second Year B.A. (MMC) and Third Year B.A. (MMC) students. Mr Ganessh Divekar, a renowned voice and dubbing artist, conducted a voice modulation and articulation workshop. The session helped the learners of B.A.(MMC) gain an understanding of the art of voice modulation, intonation and pitch and speaking confidently. A total of 26 students benefitted from the programme.

On **24th September, 2022** a seminar on "Careers in Journalism" was conducted for Second Year B.A.(MMC) and Third Year B.A.(MMC) students. The Seminar was conducted by veteran journalist and media trainer, Mr. Abhay Mokashi. He provided valuable guidance, practical tips and motivation for making a successful career in journalism. A total of 26 students benefitted from the programme.

On **28**th **September, 2022** a seminar on "Reviewing Films, Theatre and Books" was organised by First Year B.A. (MMC), Second Year B.A. (MMC) and Third Year B.A. (MMC) students by Mr. Siraj Syed. He is a film critic, journalist, actor and academician. A total of 25 students benefitted from the programme.

From 28th November, 2022 to 3rd December, 2022 Expert Lectures for Third Year B.A. (MMC) (Advertising and Journalism) learners were organised for Semester V Regular Examination. The objective of these lectures was to provide practical, focused guidance and tips to learners to score well in the Semester V University examination. A total of 41 students benefitted from the programme.



THIRD YEAR B.A.(MMC) JOURNALISM

28/11/2022	Mobile Journalism and New Media	Mr. Sagar Bhalerao
29/11/2022	Global Media and Conflict Resolution	Ms. Renu Nauriyal
30/11/2022	Business and Financial Journalism	Ms. Vibha Singh
01/12/2022	Investigative Journalism	Ms. Renu Nauriyal
02/12/2022	Reporting	Ms. Vibha Singh
03/12/2022	News Media Management	Mr. Vinod Menon

THIRD YEAR B.A.(MMC) ADVERTISING

28/11/2022	Advertising and Marketing Research	Dr. Deepali Manjrekar
29/11/2022	Consumer Behaviour	Dr. Deepali Manjrekar
30/11/2022	Social Media Marketing	Dr. Amruta Pawar
02/12/2022	Copywriting	Dr. Amruta Pawar
02/12/2022	Agency Management	Dr. Amruta Pawar
03/12/2022	Brand Building	Ms. Shobha Venkatesh

On 19th December, 2022 an Expert Lecture on the subject of "Ad Design" and "Newspaper Magazine Making" was conducted for the students of Third Year B.A.(MMC). The Speaker was Ms. Rubina Sayyed, an expert in the field. As it was a practical subject in Semester VI, she highlighted all the important areas. A total of 16 students benefitted from the programme.

On **24**th **February, 2023** a seminar was organised on "**Digital Marketing**" for First Year B.A. (MMC), Second Year B.A. (MMC) and Third Year B.A. (MMC) students. The seminar was conducted by Digital Moguls, an Ed-tech company that provides comprehensive courses in the field of Digital Marketing. A total of 43 students benefitted from the programme.

On 6th March, 2023 a seminar was organised on a career counselling session titled "Emerging Career in Media and Entertainment after Graduation" for Third Year B.A. (MMC) students. The session was conducted by the Welingkar Institute of Management, a leading educational institute offering management studies. A total of 50 students benefitted from the programme.

On 16th March, 2023 a guest lecture was conducted on "Content Creation and Direction

Skills" for First Year B.A. (MMC), Second Year B.A. (MMC) and Third Year B.A. (MMC) students. Mr. Ajay Burman, Creative Director, Content Creator and Writer, was the resource person who conducted the seminar. He shared enlightening insights into the world of direction and content creation relevant to today's media industry. A total of 23 students benefitted from the programme.





EXTRA-CURRICULAR

On 20th September, 2022 an "Industrial Visit to Atlas SkillTech University" in Bandra- Kurla Complex was organised for First Year B.A. (MMC), Second Year B.A. (MMC) and Third Year B.A. (MMC) students, which offered various skill-building courses to enhance employability and entrepreneurship across disciplines on Digital Marketing. A Campus Tour was included in the visit. A total of 100 students went on this industrial tour.

On 3rd December, 2022 an "Industrial Visit to Bollywood Park Film City" was organised for First Year B.A. (MMC) and Second Year B.A. (MMC) students. The learners got valuable insights into various aspects of working in the media industry during this visit. They also got a feel of being a part of this industry, which is a good preparatory ground for future media professionals. A total of 33 students went on this industrial tour.

From 4th February to 12th February, 2023 the First Year B.A. (MMC), Second Year B.A. (MMC) and Third Year B.A. (MMC) students visited the "Kala Ghoda Arts Festival" which is India's biggest art festival at Mumbai (Colaba) including events such as heritage walks, workshops, music, food and the exhibition of various products, etc.

On **10**th **February**, **2023** the B.A. (MMC) Department organised an Intercollege Media Fest named "JAZBA". The theme of the fest was "Back to the 90s Retro Bollywood". There were various competitions arranged in this fest such as Short Films, Photography, Logo making, Digital Ads and Live Reporting. The Chief Guest





of the event was Mr Makarand Sawant, a renowned actor, writer, director, voice artist, post-producer and theatre and art director well-versed in several branches of media, cinema and theatre. He is associated with a number of successful films, shows (including reality shows) and other programmes. There were a total of 30 colleges and 100 student participants who participated in the competition.

JUDGES FOR THE EVENTS WERE

A panel of distinctive experts, renowned in their areas, presided as judges over the competition.

- Mr. Makarand Sawant was the judge for the Short film competition
- Mr. Abhay Mokashi was the judge for the Live reporting competition
- Ms. Rubina Khan and Mr. Nirav Ghate were the judges for the ad-making competition
- Mr. Varun Doshi and Ms. Hemali Shankar Padsalgi were the judges for the Photography competition.
- Mr. Ashwin Boricha and Mr. Pratik Shah were the judges for the Logo making competition.



On **28th February, 2023** a **"Farewell Party"** was organised in the main auditorium to bid farewell to the Third Year B.A.(MMC) students. Working dinner was served at the end of the party. The final-year students were wished the best for their future endeavours by all. A total of 58 students attended the event.

On 11th March, 2023 an "Industrial Visit to Bollywood Park Film City" was organised for Third Year B.A.(MMC) students. The learners got valuable insights into various aspects of working in the media industry during this visit. They also got a feel of being a part of this industry, which is a good preparatory ground for future media professionals. A total of 51 students went on this industrial tour.

STRENGTHS OF DEPARTMENT

- Qualified, experienced & dedicated faculties with innovative ideas.
- Faculties have industry experience and practical knowledge of their field.
- Good coordination and teamwork among the faculties.
- Both the curriculum and the students come first in teaching.
- Project-based learning is prioritised through fieldwork, group projects and individual assignments.



BEST PRACTICES

- In Third Year B.A.(MMC) Journalism the Reporting students were asked to cover real-life incidents and make a real newspaper with a proper layout.
- In Third Year B.A.(MMC) students did an actual survey on the products chosen and found the difference between market strategies.
- As a best practice the inter-collegiate B.A. (M.M.C.) Jazba was conducted.
- The B.A. (M.M.C.) Department of our Institute has been conducting one class test in both semesters for all the classes, including Third Year B.A. (M.M.C.). The class test, which is of 25 marks, is an initiative taken by our college to make the learners revise intensively and grasp syllabus topics better. The class test is not mandated by the University since an internal assessment for 25 marks is done (project, viva voce, presentation, performance in class). The class test makes the students study beforehand so that they learn better and their performance in semester exams improves.

Ms. Bhavana Singh B.A.(M.M.C.) In-charge



BACHELOR OF COMMERCE (B.COM)

Surround yourself with assets not liabilities.

- Thomas Jefferson

The academic year 2022-2023 was filled with several academic and co-curricular activities for the B.Com Department. This programme is designed to equip students with a comprehensive understanding of various aspects of Commerce, Economics, Finance, Accounting, Marketing and Management. It serves as a foundation for individuals aspiring to pursue careers in corporate management, finance, accounting, entrepreneurship, consultancy and more.

By providing a comprehensive curriculum, emphasising skill development and promoting ethical values, the department contributes significantly to the growth and success of its students in the dynamic and competitive world of commerce and business. Therefore, the department was very keen in organising various workshops and training sessions for students upgrading them now and then.

Students participated in large numbers in the events organised by the department as well as the other departments. Few activities are listed below:



ACTIVITIES CONDUCTED DURING THE YEAR BY THE DEPARTMENT: CURRICULAR

- On 18th July, 2022 a seminar was conducted for the topic "All about MBA" for TY students. Seminar was taken by Mr. Vivek Sarda, from Ideal Management. A total of 100 students attended the same. It was conducted to help the students cope with the CET and MAT syllabus.
- On 19th July, 2022 the department organised an online webinar in association with the Bombay Stock Exchange on Investment Awareness among Students. The Guest Speaker was Prof. Amogh Ghotoskar, who has 11 years of experience in Corporate. He is associated with many NGOs and Trusts, conducting 500 + seminars in financial planning. Almost 90 participants attended the session. It was a very enriching experience for all.
- On 4th August, 2022 organised a workshop on Corporate Training. The workshop was conducted by Mr. Vivek





Sarda (Director of Ideal Management). It helped the students to understand the various interview skills, CV building, etc. The session was attended by **105** students.

- On 10th August, 2022 organised a workshop on Personality Development. The session was conducted by Prof. Gunjan Dhanjal (Founder and Corporate Trainer - YMFL ACADEMY). The total number of students that participated was 50. It was a very useful and informative session.
- On 16th December, 2022 the B.Com Department organised a "Soft Skills" seminar for F.Y.B.Com. A total of 90 learners participated in the seminar. The speaker was Dr. Amruta Pawar who delivered an informative session on soft-skills to develop learner's personal attributes.
- On 21st December, 2022 the Department of B.Com had organised an "Educational Tour to Mumbai Port" with an aim to give practical exposure and experiential learning to the students. The said visit gave knowledge to students about import and export procedure, documentation and various other activities involved. A total of 49 students of Third Year B.Com (Export Marketing) benefitted from the visit.
- On 24th December, 2022 the Department of B.Com took 50 learners of Second Year B.Com for an industrial visit to AMUL Dairy. It was an informative visit where students took the live experience of the production of various sweets, milk manufacturing and logistics.



- On 23rd January, 2023 the department organised a seminar on "Tools and Techniques of Digital Marketing" for F.Y.B.Com learners where a total of 40 students participated in the seminar. The speaker was Mr. Jay Mehta (Product Head-Ideal Management). He delivered an informative session on soft-skills to develop learners' personal attributes.
- On 20th February, 2023 the Placement Cell in association with the B.Com Department of the college organised a Workshop on the topic "Resume Building, Group Discussion and Personal Interview". The session was conducted by ICFAI Management College. The agenda was awareness of resume building, group discussions and personal interviews.

STRENGTHS OF DEPARTMENT

- Experienced teaching staff
- Remedial sessions
- Excellent and industry-oriented curriculum
- Frequent brainstorming sessions of faculties for department improvement

BEST PRACTICES

Class test is conducted to review the performance of the learners.

Dr. Jignesh Dalal B.Com Co-ordinator



BACHELOR OF MANAGEMENT STUDIES (BMS)

Good management is the art of making problems so interesting and their solutions so constructive that everyone wants to get to work and deal with them.

- Paul Hawken

Bachelor of Management Studies (BMS) is a renowned programme to make students industry ready. The Department of BMS successfully attempted to inculcate leadership skills among young and aspiring minds in the academic year 2022-23. The year was extremely fruitful in terms of the curricular and extracurricular activities conducted for the students to give them an excellent level of industry exposure. A huge number of Events, Seminars, Workshops and Industrial Visits were conducted to provide knowledge as well as hands-on training to the learners. "Sky is the limit" is the phrase that the department follows when it comes to giving exposure to learners. The department focused on mentoring the learners in a way that will enable them to access the various career opportunities that the world has to offer them.

All these efforts taken by the Department Coordinator and professors were well received by the students, which is quite evident from the amazing response and participation of students.



ACTIVITIES CONDUCTED DURING THE YEAR BY THE DEPARTMENT: CURRICULAR

- The department arranged a Bridge Course for the First Year students for Introduction to Financial Accounting, which was necessary to comprehend the subject in their graduation journey. The bridge course benefitted 92 students by giving them a strong base for their journey in Accountancy. The course was conducted over 4 days (8 hours). It was conducted from 23rd July, 2022 to 27th July, 2022. The course was conducted by the in-house faculty, Assistant Professor, Mr. Rahul Gaikwad.
- 2. An **Orientation Programme** for First Year students was held on **13**th **August, 2022**. The programme was conducted to give a brief introduction to the students about college life, the University Curriculum and other important elements to be focused on in the 3-Year Graduation Journey. Students from FYBMS attended the orientation programme.





EXTRA CURRICULAR

- A seminar on "All About MBA" was organised by the Department of BMS on 14th July, 2022. The Guest Speaker was Mr. Vivek Sarda, a qualified MBA who has coached more than 10000 students for various entrance exams like CAT, CET, GMAT, etc. and Mr. Jash Mehta, qualified MMS from Jamnalal Bajaj Institute of Management Studies (JBIMS). Students of Second and Third Year classes attended the programme. A total of 82 participants benefitted from the programme.
- The Department of BMS had organised a Quiz Competition titled "The Quiz Master" scheduled on 15th July, 2022 at noon in Block No. 704. The quiz consisted of questions from the world of advertising. A total of 60 participants enthusiastically became a part of the competition of which Mr. Suraj Kumavat of TYBMS secured 1st Position, Mr. Prince Gupta of TYB.Com secured 2nd Position and Mr. Akash Yadav of TYB.Com secured 3rd position.
- The Department of BMS organised a Workshop titled "Upskill and Unleash Your Soft Skills" for Second Year students on 21st July, 2022 at 12.15 p.m. in the College Auditorium (Ground Floor). The Guest Speaker was Ms. Survi Agarwal, a well-known content writer and life skills trainer. A total of 102 students benefitted from the programme.
- A motivational talk on 'Discover Your Potentials' was organised by the Department of BMS for students of SY and TY BMS on 29th July, 2022. The Guest Speaker was Mr. Ishwar Jha an Industry Expert and Business Consultant who is also a part of our college IQAC. Around 139 students benefitted from the programme.
- The Department of BMS in association with the Internal Quality Assurance Cell of the College organised a seminar on 30th
 July 2022 at 10:00 a.m. on the topic
 "Career Scope in Advertising Industry".
 The Guest Speaker was Mr. Jay Raval, an alumnus of the BMS Department (Batch





- The Department had arranged a competition called "Showcase Your Creativity" on 2nd August, 2022 at 11:45 a.m. in Block No. 704. This competition was intended to promote the idea of being environmentally friendly. The challenge in the competition was to create a unique poster using the Canva tool. A total of 236 students registered for the programme. Ms. Muskan Kapadia of FYBMS bagged First Place, followed by Ms. Priyanka Sinha of FYBMS in Second Position and Mr. Yash Rodrigues of SYBMS in Third Position.
- On 3rd August, 2022 the Department of BMS organised a career counselling session on 'What Next After Graduation' for SY and TY BMS students. The session was taken by Dr. Aparna Jain, Assistant Director at SK Somaiya. A total of 119 students attended the session. The session gave insights into various career options in the field of Marketing, Finance and HR.
- On 6th August, 2022 the Department of BMS organised an "Educational Tour to HP International Ltd." for students of SY and TY BMS with HR specialisation. The said visit gave practical learning on industry operations. Experiential learning was given to students related to quality management and HRM at the plant. A total of 49 students participated in the visit.



- The Departments of BMS had arranged a
 "Visit to the Reserve Bank of India
 Monetary Museum" for the students of
 Third Year BMS with Finance
 specialisation as a part of the internal
 assessment. The visit was scheduled for
 10th August, 2022. Students participated
 enthusiastically and benefitted from the
 visit.
- The Departments of BMS had arranged a "Visit to Kokuyo Camlin Ltd." for the students of Second Year BMS with Marketing specialisation as a part of the internal assessment on the 10th & 13th August, 2022. Students got practical exposure to production and total quality management process at Camlin. A total of 103 students visited the plant.
- The Departments of BMS and B.Com (A & F) had organised a Workshop on "Corporate Etiquette" on 24th August, 2022 for the students of FYBMS and FY.B.Com (A & F) in the College Auditorium. Ms. Greeshma Thampi, an image consultant, soft skills and corporate trainer was the Guest Speaker. Around 200 students benefitted from this workshop.
- The Departments of BMS and B.Com (A & F) organised a Workshop on "Hop on to the Vocal Express" on 25th August, 2022 from 11:30 a.m. for the students of FYBMS and FY.B.Com (A & F) in the College Auditorium. The Guest Speaker was Dr. Mayur Vyas, a Voice Over Artist in Bollywood, Tollywood and Hollywood

Industries and also BMS Co-ordinator at Usha Pravin Gandhi College. A total of 108 students attended the session.

- The IQAC and BMS Department organised a **Fun and Fair** programme on **29**th **August, 2022** from 9.00 a.m. to 1:30 p.m. Students of SYBMS arranged stalls in four categories Food, Games, Fine Arts and Entertainment. Simultaneously, students of B.Com (A & F) played live trading on the stalls. A total of 35 stalls were organised by students. This event was instrumental in building entrepreneurial skills among students. They learned the art of product designing, pricing, promotion and placement and the skills to attract customers.
- The Departments of BMS in association with the Internal Quality Assurance Cell organised a seminar titled "The Success Management Story of Dabbawalas" on 6th September, 2022 for the students of BMS in the College Auditorium. Mr. Raghunath Medge, President of the Dabbawala Association, Mumbai, was the Guest Speaker. The session gave insights to students on the unique business model which ensures that the right dabba reaches the right person at the right time. The session focused on an outline of the simplicity with which the Dabbawalas' tiffin delivery service system works. Students attended the seminar in large numbers and made it a success.
- To enable the TYBMS learners to perform well in the Semester V University Examination, a series of Expert Lectures were organized by the college on "Corporate Communication and Public Relations and Logistics and Supply Chain Management" on 16th and 19th November, 2022. Ms. Gauri Datir of P. L. Shroff College of Arts & Commerce and Ms. Kanchana Sattur of Mulund College of Commerce were the expert speakers. The sessions were conducted through online mode. 104 students benefitted from the course.
- The college had arranged a "Visit to Sula Wine", Nashik for the students of First Year BMS as a part of the internal

- assessment on 2nd **December, 2022**. Students got practical exposure to production and total quality management process at Sula. They learned how resources are organised and processed for the final output. Logistics concerned areas were also shown to the students at the plant. At the end of the visit, students submitted a report on the learnings they had from the visit. Around 180 students benefitted from the industrial visit.
- The Department of BMS organised a seminar on "Graphology and Effective Tool for Employee Recruitment and Retention" which was scheduled on 19th December, 2022. The session was conducted by Ms. Zinal Thacker, a renowned Handwriting Analyst who has conducted several sessions on Human Resource Management through Graphology. The seminar gave insights into how HR managers use graphology as a strategy to attract and retain employees. Nearly 80 students benefitted from the program.
- The Internal Quality Assurance Cell and the Department of BMS organised a Three-Day Certified Workshop on "Demystifying Financial Statement" scheduled from 20th to 22nd December, 2022. The session was conducted by Ms. Aayushi Punamiya and Ms. Yukti Gala. The workshop gave insights into reading, understanding and analysing Financial Statements.
- A long Industrial Visit was organised for the students of First, Second and Third year BMS, B.Com (A & F), BAMMC, B.Sc (IT), B.Sc (CS), M.Com and M.Sc (IT) from 8th February to 15th February, 2023 to Manali and Chandigarh. The students were taken to InterSolar and Sai Shawls where they were shown the manufacturing process of solar panels and shawls respectively. Students learned greatly from the experience. 44 students attended the long industrial visit.
- The Department of BMS in association with the Internal Quality Assurance Cell conducted a National Level Quiz titled

"Are you the Management Guru" which was scheduled on 23rd February, 2023. The quiz consisted of questions based on current events and general management theories. Approximately, 20 students participated in the quiz. Mr. Dikshith Kundar bagged the First Place followed by Ms. Aishwarya Dhule in Second Position and Ms. Aarti Saini in Third Position. All three students were from Patuck Gala College of Commerce & Management.

ACHIEVEMENTS

- Dr. Poonam Kakkad, Co-ordinator of BMS/BAF was granted an ICSSR Minor Research Award of Rs. 3,00,000 for the year 2022-23.
- The Department of BMS and BAF completed 199 internships.
- A total of 79 students from BMS and 29 students from BAF registered for the Placement Cell and 36 students from BMS and 15 students from BAF got placed in reputed industries.
- Alumnus, Mr. Jay Raval, a graduate of BMS from the Batch 2013 delivered a session to TYBMS students on the Media Selection Mechanism.
- Alumnus, Mr. Stephen George, a graduate of BMS, coordinated with faculty to organise a Mock Stock Workshop.
- Mr. Ritikesh Dalvi of SYBAF won the 2nd
 Prize in Tabla at the Youth Festival
 Organised by the Department of

- Students Development, University of Mumbai.
- Mr. Sahil Chavan of SYBMS won the Consolation Prize for Electric Guitar at the Youth Festival organised by the Department of Students Development, University of Mumbai.

STRENGTHS OF THE DEPARTMENT

- Experienced and dedicated teaching staff
- Constant enhancement through frequent brainstorming sessions of faculties for department improvements
- Campus-based projects and assignments
- Excellent and industry-oriented curriculum

BEST PRACTICES

- Experiential learning provided to students by organising "Marketing Fun and Fair" where students set up stalls and marketed and sold their products.
- Participatory learning conducted through industrial visits, seminars, workshops and competitions.
- Weekly academic sessions held for teachers for evaluating the progress of the syllabus and brainstorming on teaching-learning methodologies.

Dr. Poonam KakkadBMS Co-ordinator



BACHELOR IN SCIENCE (INFORMATION TECHNOLOGY) AND (COMPUTER SCIENCE) B.SC. (I.T.) AND B.SC. (C.S.)

Everybody should learn to program a computer because it teaches you how to think.

Steve Jobs

In the fast-paced world of technology, our B.Sc. I.T./C.S. programme has continued to thrive and excel. As we reflect on the past year, we are excited to share the significant milestones, academic triumphs and engaging experiences that have defined our journey.

The academic year 2022-23 witnessed remarkable achievements by our B.Sc. I.T./C.S. students. Their dedication and hard work have given good results and placements.

Our programme remains at the forefront of technological advancements. In the past year, we have organised Industry Visits to equip our students with cutting-edge skills required by the industry.

ENGAGING WORKSHOPS AND SEMINARS

The college organised a series of workshops and seminars, inviting industry experts and alumni to share their insights. These events enriched students' knowledge on various topics, fostering a deeper understanding of current trends and technologies.

TECH FEST "TECHNOTSAV"

Our vibrant Intercollegiate Tech Fest maintains the legacy of 7th year. It is organised by students and has engaging events, including model making, coding challenges, math and technical puzzles and a junkyard. These platforms not only honed students' technical skills but also encouraged collaboration and innovative thinking. 33 colleges had participated in it.

GUEST LECTURES FROM INDUSTRY PIONEERS

Prominent personalities from the tech industry graced our campus with their expertise. Notable guest speakers provided invaluable insights into the evolving landscape of IT and CS.

INTERNSHIPS AND INDUSTRY CONNECTIONS

Our commitment to hands-on learning was evident through successful student internships in renowned tech firms. These opportunities allowed students to apply classroom knowledge to real-world projects, fostering a holistic learning experience.

ACTIVITIES CONDUCTED DURING THE YEAR BY THE DEPARTMENT: CURRICULAR WORKSHOP

From 30th July, 2022 to 27th August, 2022, a workshop was conducted for S.Y.B.Sc. (I.T.), S.Y.B.Sc. (C.S.), TY B.Sc. (I.T.) and TY BSc (C.S.) on "ReactJS" by Mr. Vaibhav Khanderao, CEO of Scienox Technologies. This was completely a hands-on training session that updated students to cope up with the latest





technology of web page development. Total of 79 students attended the same.

BRIDGE COURSE

On 2nd, 3rd, 4th and 10th August, 2022 a Bridge Course was conducted for the F.Y. B.Sc. (I.T.) students who had completed their Higher Education from Commerce Stream on the subject "Digital and Logic Application". A series of sessions were conducted by Mrs. Aparna Panigrahy to develop an understanding of basic computer fundamentals and to bridge the technological gap among students. Students had hands-on experience with the basic components of electronics like gates, LED, Bread Board, and the connection part, etc. A total of 79 students attended the same.

SEMINARS

- On 15th July, 2022 a Seminar was conducted on the Topic of "CAREER COUNSELLING ON GOVERNMENT JOBS" for T.Y.B.Sc. (I.T.) and T.Y.B.Sc. (C.S.) students by Mr. Rahul Yerukula, UPSC senior expert counsellor, IBPO. It was conducted to help students to know about the career opportunities in IT jobs in government sector. A total of 18 students attended the same.
- On 12th August, 2022 a Seminar was conducted for F.Y.B.Sc. (I.T.) and F.Y.B.Sc. (C.S.) students on "FOREIGN EDUCATION COUNSELLING" by Mr. Nitesh Jogade, Deputy Manager, T.I.M.E. Mumbai. This was conducted to help students pursuing higher study from





abroad and the process and procedure to apply for the same well in advance. A total of 94 students attended the same.

- On 12th October, 2022 a seminar was conducted for F.Y.B.Sc. (I.T.) and F.Y.B.Sc. (C.S.) students on "Robotics and IoT" by Mr. Rahul Gupta, Founder of Passion 3D World. It was conducted to help students understand the importance of Robotics and IoT and its career opportunities. A total of 230 students attended the same.
- On 15th October, 2022 a Seminar was conducted for F.Y.B.Sc. (I.T.) and F.Y.B.Sc. (C.S.) students on "CYBER SECURITY AND ETHICAL HACKING" by Mr. Parshuram Vhatkar, Websecure Infosolutions Pvt Ltd. It was conducted to help students gain awareness about the importance of securities like SQL Injection Attacks required for Cyberspace through practical demonstration. A total of 124 students attended the same.
- On 15th October, 2022 a Seminar was conducted for F.Y.B.Sc. (I.T.) and F.Y.B.Sc. (C.S.) students on "RESUME WRITING AND COMMUNICATION SKILL" by Ms. Rehana M Changi, Corporate Trainer. It was conducted to help students understand the importance of communication skills and enhance their knowledge regarding the same. A total of 124 students attended the same.
- On 16th November, 2022 a Seminar was conducted on Topic of "Data Science Concepts with Machine Learning" for S.Y.B.Sc. (I.T.), S.Y.B.Sc. (C.S.), T.Y.B.Sc.

(I.T.) and T.Y.B.Sc. (C.S.) students by Ms. Babita Kachroo, Data Science Trainer, ExcelR. A total of 50 students attended the same. It was conducted to help students to know about the career opportunities in DS and ML.

- On 19th November, 2022 a seminar was conducted on the topic of "Robotics & Artificial Intelligence" for S.Y.B.Sc. (I.T.), S.Y.B.Sc. (C.S.), T.Y.B.Sc. (I.T.) and T.Y.B.Sc. (C.S.) students by Mr. Rahul Gupta, Founder, Passion 3D World. It was conducted to help students understand the importance of Robotics and Artificial Intelligence and its career opportunities. A total of 45 students attended the same.
- On 19th November, 2022 a Seminar was conducted on the topic of "Trending Technologies in IT Sectors" for S.Y.B.Sc. (I.T.), S.Y.B.Sc. (C.S.), T.Y.B.Sc. (I.T.) and T.Y.B.Sc. (C.S.) students by Mr. Yayati Jadhav, Senior Manager, NIEL SENIQ. It was conducted to help students understand the various latest technologies prevailing in the industry. A total of 33 students attended the same.
- On 21st November, 2022 an online guiding session was conducted by Mr. Vinay Dukale on how to fill the OMR sheet in the answer booklet for TY students for their Semester 5 University Examination. A total of 87 students attended the same.
- On 25th November, 2022 a seminar was conducted for students of S.Y.B.Sc. (I.T) and S.Y.B.Sc. (C.S) on the topic "BI TOOLS (SNOWFLAKES & TABLEAU) & JOB SEARCH TOOLS". Ms. Shweta Shikarkhane, a Data Analyst, Boston, Massachusetts, was the Guest Speaker. A total of 52 students attended the same.
- On 29th November, 2022 a seminar was conducted for students of S.Y.B.Sc. (I.T) and S.Y.B.Sc. (C.S) on "RESUME WRITING AND JOB OPPORTUNITIES" by Mr. Dharmesh Rathod and Mr. Bhisaji

- Surve, Professor at NMIMS, Mumbai. A total of 142 students attended the same.
- On 6th December, 2022 a seminar was conducted on "Tips and Tricks to Crack the Interview" for S.Y.B.Sc. (I.T) and T.Y.B.Sc. (I.T) students by Ms. Subhrasmita Praharaj, SDET, Senior Associate, Publicis Sapient. A total of 65 students attended the same. It was conducted to help students learn about resume writing and tricks to prepare for the interview.
- On 10th December, 2022 a seminar was conducted on "Cyber Security Awareness" for all students of B.Sc. (I.T) and B.Sc. (C.S) students. This was conducted by Maharashtra Cyber Cell to spread awareness regarding cyber security norms among students. A total of 120 students attended the same.
- On 20th December, 2022 a seminar was conducted on the topic of "Preparation for MCA(NIT) Entrance Exam" for the students of T.Y.B.Sc. (I.T) and T.Y.B.Sc (C.S) by Mr. Meena Surandra Suman, an Alumni of B.Sc. (I.T) of our college. He explained how to prepare for the NIT Entrance Exam immediately after graduation. A total of 22 students attended the same.

EXPERT LECTURE

- On 16th November, 2022 an Expert Lecture was conducted for T.Y.B.Sc. (I.T.) students on the semester V subjects "Internet of Things (IoT) and Artificial Intelligence (AI)" by Mr. Hiren Dand, Examination Chairperson, University of Mumbai. He discussed the syllabus overview of the above-mentioned subjects along with writing answers in the exams, question paper pattern, important topics, etc. A total of 47 students attended the same.
- On 21st November, 2022 an Expert Lecture was conducted for T.Y.B.Sc. (C.S.) students on the semester V subjects by Ms. Srimathi Narayanan,



H.O.D. of B.Sc. I.T. and B.Sc. C.S. V.A Vartak College. She discussed the syllabus overview of all the subjects along with writing answers in exams, question paper pattern, important topics, etc. A total of 27 students attended the same.

- Expert Lectures were conducted for T.Y.B.Sc. (I.T.) students on the semester VI subjects. Dr. Rajendra Patil, Dr. Hiren Dand, and Ms. Maria were the resource persons for various subjects. They discussed the syllabus overview of the above-mentioned subjects along with writing answers in exams, question paper pattern, important topics, etc. A total of 50 students attended the same.
- on 1st and 8th April, 2023 Expert Lectures were conducted for T.Y.B.Sc. (C.S.) students on the semester VI subjects by Sameer Kamble for "Digital Image Processing", Asif Rampuraawala for "Data Science", Sunita Rai for "Cloud Computing", Amol Goglekar for project. They discussed the syllabus overview of the above-mentioned subjects along with writing answers in exams, question paper pattern, important topics, etc. A total of 27 students attended the same.

ONE-DAY PICNIC

On 11th January, 2022 a one-day picnic was organised for the students of B.Sc. (I.T.) and B.Sc. (C.S.) to the WET and JOY Resort, Lonavala. A total of 55 students attended the same.

INDUSTRIAL VISIT

- On 20th August, 2022 an industrial visit was organised for the students of S.Y.B.Sc. (I.T.), Division-A to MTNL, Powai. It was conducted to help students learn the technologies used in the industries. Students learned the networking concepts, application of 5G, optical fiber, etc. A total of 37 students attended the same.
- On 17th November, 2022 an industrial visit
 was organised for the students of
 S.Y.B.Sc. (C.S.) to MTNL, Powai. It was
 conducted to help students learn the
 technologies used in the industries.
 Students learned the networking
 concepts, application of 5G, optical fiber,
 etc. A total of 45 students attended the
 same.
- On 18th November 2022, an industrial visit was organised for the students of S.Y.B.Sc. (I.T.), Division-B to MTNL, Powai. It was conducted to help students learn the technologies used in the industries. Students learned the networking concepts, application of 5G, optical fiber, etc. A total of 37 students attended the same.





On 17th, 18th January, 2023 and 8th, 10th February, 2023 and 21st March, 2023 an industrial visit was organised for the students of F.Y.B.Sc. (I.T.) and F.Y.B.Sc. (C.S.) to Adani Power Plant, Dahanu It was conducted to help students to learn the technologies used in the industries. Students learned the networking concepts, application of 5G, Optical fiber, etc. A total of 327 students attended the same.

REMEDIAL LECTURE

On 6th and 8th February 2023, remedial lectures were conducted for F.Y.B.Sc. (I.T.) students on the subjects "Applied Mathematics" and "FDBMS" respectively by Prof. George and Prof. Jyoti Choudhury. A total of 31 students attended the same. Prof. George briefed the students on some easy tips to solve complicated mathematical problems.

CERTIFICATION COURSE

 On 24th June, 2022 "IIT Bombay Spoken Tutorial Software Training Program", a certification course, was conducted for S.Y.B.Sc. (I.T.), S.Y.B.Sc. (C.S.), T.Y.B.Sc. (I.T.), T.Y.B.Sc. (C.S.) students on subjects **"Python"** and **"Arduino"** by Mrs. Aparna Panigrahy and Mr. Shivkumar Chandey. This was conducted to help students to earn some additional certification during the three-year degree course. A total of 56 students attended the same.

- On 30th June, 2022 "IIT Bombay Spoken Tutorial Software Training Program", a certification course was conducted for S.Y.B.Sc. (I.T.), S.Y.B.Sc. (C.S.), T.Y.B.Sc. (I.T.), T.Y.B.Sc. (C.S.) students on subjects "CPP" and "Java" by Mrs. Aparna Panigrahy and Mr. Shivkumar Chandey. This was conducted to help students to earn some additional certification during the three-year degree course. A total of 47 students attended the same.
- On 3rd December, 2022 "IIT Bombay Spoken Tutorial Software Training Program", a certification course was conducted for F.Y.B.Sc. (I.T.), F.Y.B.Sc. (C.S.) students on subjects "HTML" by Mrs. Aparna Panigrahy and Mr. Shivkumar Chandey. This was conducted to help students to earn some additional certification during the three-year degree course. A total of 96 students attended the same.
- On 29th March, 2023 "IIT Bombay Spoken Tutorial Software Training Program", a certification course was conducted for FY.B.Sc. (I.T.), FY.B.Sc. (C.S.) and TY.B.Sc.





(I.T.) students on subjects C/CPP, Python, and PHP/MySQL respectively. A total of 81 students attended the same.

EXTRA-CURRICULAR

- On 25th July 2022, a "LAPTOP DISTRIBUTION" function was organised for S.Y.B.Sc. (I.T.), S.Y.B.Sc. (C.S.), T.Y.B.Sc. (I.T.) and T.Y.B.Sc. (C.S.) students by the College Management. This really helped the poor and genuine students in completing their 3rd-year project work. 8 students benefitted from the same.
- From 4th February to 12th February, 2023
 many students volunteered for the Kala
 Ghoda Arts Festival, South Mumbai, an
 annual festival which lasts for nine days
 under the leadership of Mrs. Vaishali
 Mishra.

STRENGTHS OF DEPARTMENT

- Experienced and skilled teaching staff
- Practical learning opportunities
- Internship opportunities
- Industry Visits
- Alumni success stories
- Notable placements
- Best technical infrastructure

Best Practices

- Laptops were distributed by management to needy students for practice purposes.
- Organised Workshops and Seminars on the latest technologies.

Ms. Vaishali Mishra B.Sc. I.T./C.S. Co-ordinator







MASTER OF COMMERCE (M.COM)

All of us do not have equal talent. But all of us have equal opportunities to develop our talent.

- Dr. A.P.J Abdul Kalam

The Post Graduate Department of Commerce at Nirmala Memorial Foundation College of Commerce and Science is the first ever PG Department in the campus. The vision of the Department is to emerge as a luminary in the global commerce domain by pursuing excellence in commerce education, equipping the students with knowledge and skills, creating an environment to realise their fullest potential and moulding them into promising citizens of the nation. The department strives to offer high quality professional education and training to create highly competent academicians, enthusiastic researchers, keen administrators and smart business professionals to suit the contemporary needs of a dynamic society. Since its inception, the department has been committed towards imparting the best quality education among the affiliated colleges of University of Mumbai. Master of Commerce is a two year (four semesters) post-graduation programme with great emphasis on teaching and research. The programme offers great choice and flexibility for the students, allowing them to develop the knowledge and skills to advance their career in a wide range of specialisations related to Accounting, Finance, Banking and Taxation. The M.Com programme at NMFC has unique features like critical analysis of research articles, research paper presentations, NET/SLET coaching, Research Methodology workshops, NGO internships, corporate internships and teaching practice in the undergraduate classes under the supervision of the experienced faculty members. The programme further equips the students through its add-on programmes, journal club, current affairs activities, industrial visits, expert lectures, student enrichment programmes, industry-academia sessions and

workshops conducted. Concisely, it was a year filled with many new threats, challenges and opportunities in its real sense.

ACTIVITIES CONDUCTED DURING THE YEAR BY THE DEPARTMENT: CURRICULAR

- On "16th September, 2022 an Orientation of F.Y.M.Com" was conducted. Parents of 84 students attended it. In this orientation, information about the college department as well as departmental activities and exam-related information was discussed. Also, online lecture conducting protocol was discussed.
- On 6th October, 2022 a Webinar on "Black Book Guidance" for M.Com Part-II learners was conducted by the department from 8.00 a.m. onwards. The Guest Speaker was Dr. Vinod Kambli, Asst. Professor at Bal Bharti College. There were over 80 participants. The session was appreciated by students and there was a lot of enthusiasm among the students. Sir gave a complete overview of how to conduct research and the specific requirements of black bookmaking for academic purposes. The session ended with students putting forward their queries with regard to the research and how it would help them in their careers.

EXTRA-CURRICULAR

 On the event of "World Investor Awareness Week 2021", from 22nd November, 2022 to 28th November,



2022, SEBI in collaboration with the National Institute of Securities Markets (NISM) conducted a workshop on **"Financial Literacy and Investor Awareness"** amongst college students. The workshop was conducted for students of B.Com and M.Com. More than 130 students had registered for this workshop. It was conducted vide 1 session on 27th November 2022. The speaker was Mr. Masthan Basha who had 19 years of experience in this field with various investing companies

• On 18th May, 2023 a guest lecture on the topic "Soft Skills and Communication Skills" was conducted by Dr. Sr. Candy D'Cunha from Andhra Loyola Institute of Engineering at 11.00 a.m. in the Mini Auditorium (Block No. 706). This seminar was organised to polish the soft skills and communication skills of the learners. This helped them to have personal and professional growth.

STRENGTHS OF THE DEPARTMENT

- Experienced teaching staff
- Excellent and industry-oriented curriculum
- Frequent brainstorming sessions of faculties for department improvement
- Campus-based projects and assignments

BEST PRACTICES

- E-waste collection and donating for recycling drives.
- Preparing students for creating industry-based projects and conducting mock sessions.

Dr. Vijaya JacquelineM.Com Co-ordinator





MASTER IN SCIENCE (INFORMATION TECHNOLOGY) M.SC.(I.T.)

Technology: the art of arranging bits in new and interesting ways.

Embark on a journey with the M.Sc. I.T. Department—a gateway to the future of technology. With the academic year 2022-23 as our canvas, we foster innovation and excellence. Our curriculum embraces Data Science, Al, Cloud Computing and more, grooming students for the tech frontier. Hands-on learning thrives in our labs, guided by our experienced faculty. A hub of curiosity and discovery, the department encourages collaboration. Shape the future of technology with us as we emphasize practicality through industrial visits and workshops, enriching the M.Sc. I.T. experience in the academic year 2022-23.

ACTIVITIES CONDUCTED DURING THE YEAR BY THE DEPARTMENT: CURRICULAR

1. Orientation Programme: The Orientation programme for the academic year 2022-23 provided a comprehensive overview of the M.Sc. I.T. course. It offered insights into the curriculum's structure, objectives and expectations, setting a strong foundation for students' academic journey. Additionally, the programme delved into our innovative internal assessment methods. By blending assignments, quizzes, presentations and practical assessments, a holistic evaluation that encourages critical thinking and practical application of knowledge is ensured.

EXTRA-CURRICULAR

1. Technical Hands-on workshop on Robotic Process Automation

On 17th September, 2022 the M.Sc. Information Technology Department organised a one-day workshop on "RPA (Robotic Process Automation) Technology" led by Mr. Vishal Singh, Co-Founder of TechSutra Pvt. Ltd. The workshop covered vital RPA aspects:

- Introduction to RPA
- UiPath walkthrough

- Desktop automation
- Web automation
- Excel automation
- Mail automation

Participants engaged in hands-on activities, gaining practical insights into RPA's applications. Such initiatives bridge the theory-practice gap and enrich student-learning experiences.

2. Workshop on Blockchain Hacking

On **27th April, 2023** the M.Sc. I.T. Department organised a workshop on "Smart Contract Hacking using Blockchain", led by Mr. Vaibhav Khanderao, CEO of Scienox Technologies The workshop covered Blockchain Basics, Ethereum Introduction, Smart Contract Vulnerabilities, and Exploitation Techniques. Ms. Aparna Panigrahy, Asst. Professor facilitated the event with live demonstrations and student interaction. Ms. Swiddle D'Cunha, I/C Principal and Mr. Shivkumar Chandey, Asst. Professor awarded certificates upon successful assignment submission. The workshop enriched students' knowledge in Blockchain Security and Smart Contract development.





3. Industrial Visit to TIFR - Tata Institute of Fundamental Research

- Led by I/C Principal, Ms. Swiddle D'Cunha, Ms. Bhakti Chaudhari, Co-ordinator of M.Sc. I.T., Ms. Vaishali Mishra, Co-ordinator of B.Sc. I.T. and B.Sc. C.S., and Mr. Shivkumar Chandey, the M.Sc. I.T. students embarked on an insightful "Visit to TIFR Tata Institute of Fundamental Research".
- TIFR conducts fundamental research across various domains including physics, chemistry, biology and mathematics. Its main campus is located in Mumbai, with additional centres in Pune, Bengaluru and Hyderabad.
- The visit encompassed a technical Machine Learning Session, exploration of research labs, insights into Pelletron Operations and a seminar on "Inside the Moon Gallery." The students also visited the Low-Temperature Facility, experiencing the practical applications of Liquid Nitrogen.
- The day concluded with a moment of Mumbai's allure as Dr. Tulshi Ram treated students to its captivating views and sunset.

4. Industrial Visit to CDPL - Cinute Digital Private Limited

On **29th April, 2023,** under the guidance of Ms. Bhakti Chaudhari, M.Sc. I.T. Co-ordinator, along with Ms. Vaishali Mishra, B.Sc. I.T. and B.Sc. C.S. Co-ordinator, and Mr. Shivkumar Chandey, M.Sc. I.T. students embarked on an exploratory "Visit to CDPL". CDPL, a premier software testing training institute, offered insights into the field. Mr. Shoeb Shaikh, Automation Test Engineer and head of Training, conducted a session on Software Testing, featuring live demos on platforms like Flipkart and Amazon. The tour highlighted testing labs and devices, fostering discussions on future career prospects.

STRENGTHS OF DEPARTMENT

- Comprehensive Curriculum: Encompassing Data Science, AI, Cloud Computing and more.
- **Experienced Faculty:** Guiding students with practical insights and knowledge.
- State-of-the-Art Labs: Equipped for hands-on experimentation and application.
- Innovative Teaching: Blending traditional and modern methods for holistic learning.







- Industry Collaborations: Facilitating internships, guest lectures and workshops.
- Research Focus: Nurturing inquiry and innovation among students.
- **Student-Centric Approach:** Providing personalised guidance and mentorship.
- Industrial Visits & Workshops: Offering real-world insights and trends.

BEST PRACTICES

- Innovative Curriculum: Offering advanced subjects like Data Science and Cloud Computing, ensuring students stay current with industry trends.
- Research Focus: Encouraging and facilitating research projects, fostering critical thinking and innovation.

Ms. Bhakti Chaudhari M.Sc. I.T. Co-ordinator

WOMEN DEVELOPMENT CELL

Empowered women empower the world, lighting the path for progress and equality.

A Women's Development Cell is a proactive initiative within an institution that focuses on the growth, well-being and empowerment of women. It strives to create a supportive environment, raise awareness about women's issues and organise events that promote gender equality and women's rights. Through various activities, the cell aims to foster a culture of respect and inclusivity, enabling women to thrive in all aspects of life.

The following activities were undertaken by the Women Development Cell:

- On 5th August, 2022 the Cell organised a Rakhi Exhibition and Sale in collaboration with Asmita Foundation. Specially-abled individuals from Asmita Foundation showcased and sold 151 rakhis. The proceeds from the sales were allocated to support the welfare of specially-abled people under Asmita Foundation.
- 2. On 17th August, 2022 a seminar on "Awareness of Sustainable Menstrual Products" was organised by the cell in association with the Inner Wheel Club of Bombay, Kandivali to raise awareness about menstrual health and eco-friendly choices. Dr. Aditi Dandawate, a respected paediatrician from Shatabdi Hospital engaged 70 enthusiastic female students in an hour-long session, illuminating the significance of eco-friendly choices like menstrual cups and discs. This event not only addressed menstrual health but also championed a greener, more sustainable future.
- On 19th September, 2022 a "Self-Defense Workshop" was organised. The event aimed to empower 64 female students and 10 teachers with self-defense skills. With his expertise as a 06th Dan Black Belt and

International Kickboxing Referee, Mr. Murkar, along with Miss Prapti Redkar, demonstrated various defense techniques, including partner practice. Attendees engaged actively, and a Q&A session concluded the informative and well-received workshop, leaving participants eager for more such events.

- 4. On 12th December, 2022 a seminar on "Health and Hygiene" was organised and featured Vinita Mahajan, a Millionminds trainer, as the guest speaker. The seminar emphasised grooming skills, personal hygiene and menstrual practices, conveying the message that better hygiene contributes to better health. With 124 attendees, the session provided valuable insights and hygiene-related products to the students, proving to be an informative and beneficial event for the targeted age group.
- 5. On 8th March, 2023 the Women Development Cell organised a National Level Gender Sensitivity Program (Panel Discussion) called "Let's Get Gender Right!" to honour Women's Day. The event aimed to spotlight women's achievements, raise awareness about gender-related issues and foster equality and empathy among genders. The esteemed panelists included Dr. Urvashi Manuprasad Pandya, Dr. Meher Bhoot, and Dr. Hema Mehta. With over 100 participants in attendance, the event featured insightful discussions, empowering participants with fresh perspectives on gender-related matters.

Ms. Nilam GoradiyaConvenor



All our dreams can come true if we have the courage to pursue them.

- Walt Disney

The Placement Cell is one of the important parts of college to grow. It assists students in preparing for a better future. Provides support to graduate and undergraduate students through Career Counselling, Workshops, Mock Interviews, Training, Internships, Industrial Visits and also On-Campus Placements for jobs.

THE FOLLOWING ACTIVITIES WERE UNDERTAKEN BY THE PLACEMENT CELL

On 28th June, 2022 the Placement Cell in association with HDFC Life Insurance Pvt. Ltd., organised a seminar on the topic "Career opportunities in Insurance Industry". The sessions were conducted by Mr. Praveen More (Assistant Manager in HDFC Life Insurance). The agenda was: second career path for the students, advantages of the Insurance Industry, overall

- uplifting of their Personality and Grooming and Interpersonal Skills.
- 2. On 29th June, 2022 the Placement Cell in association with Tata Consultancy Services (TCS) organised a seminar on the topic "Opportunities in Market and NQT Importance". Almost 40 participants attended the session. It was a great opportunity to know that there is a plethora of opportunities available through TCS ION. The speaker also provided the students with a comprehensive understanding of the TCS NQT examination and its value.
- On 6th July and 7th July, 2022 the Placement Cell in association with Fly High Aviation organised a seminar on the topic "Career Guidance on Aviation and Hospitality Industry". The speaker





was Mr. Nishideep (who worked in the Administration Department in Aviation).

- 4. On **8th July, 2022** the Placement Cell in association with T.I.M.E.S. organised a workshop on the topic **"Effective Resume Building".** The speaker was Mr. Amit Kalyanpur (10 years of Experience in Training & Development). Almost 50 participants attended the session. It was a learning experience for all.
- 5. On **12th August, 2022** the Placement Cell organised a seminar on **"Soft Skill Training for Interviews"** at 11.30 a.m. by TechnoServe. Almost 14 participants attended the session. It was a learning experience for all.
- 6. On 22nd August, 2022 the Placement Cell in association with SSB INSTITUTE organised a seminar on the topic "Aspiring officers for Class I and Class II rank (Group A and Group B services) in Central and State Government". Almost 50 participants attended the session.
- 7. On 4th August, 2022 the Placement Cell organised a seminar on the topic "Personality Development and Grooming for Interview" exclusively for Third-year students. Almost 40 participants attended the session.
- 8. On 16th September, 2022 the Placement Cell in association with COMPUTRAIN organised a webinar on the topic of "Study Abroad Opportunities in USA, Canada & Australia". Almost 54 participants attended the session. It was an inspiring talk and a great opportunity to

- understand the various study opportunities abroad.
- 9. On 19th September, 2022 the Placement Cell in collaboration with Imarticus Learning organised a PLACEMENT DRIVE in our esteemed college for all the final year and pass out students. Almost 45 participants attended the session.
- On 21st September, 2022 a seminar on the topic "Soft Skills" was organised exclusively for Third-year students. Almost 35 participants attended the session.
- 11. On 17th November, 2022 the Placement cell with SPEEDJET organised a seminar on the topic of "Skin Care for Public Appearance" by Dr. Parul K. (Board Certified Dermatologist and Cosmetologist Women Skin Brilliance Expert). The main agenda was to care for flawless skin.
- 12. On 27th January, 2023 Ideal Management Institute organised a seminar on the topic of "Career aspects after Graduation" for class-to-class interaction.
- 13. On 27th January, 2023 the Placement Cell in association with Kohinoor Management Institute organised a seminar on the topic of "Prospects of MBA after Graduation".
- On 31st January, 2023 the Placement Cell in association with NIIT had a preplacement talk. Almost 15 participants



attended the session. It was a learning experience for all. The speaker gave an insight into profiles coming in the banking sector. It was an overwhelming experience for all the participants.

- 15. On 13th February, 2023 the Placement Cell in association with Victor, Manickam Group organised a "CAREER COUNSELLING APTITUDE TEST CUM PSYCHOMETRIC TEST" to know about the strengths and weaknesses of students.
- 16. On 20th February, 2023 the Placement cell in association with the B.Com Department of the college organised a Workshop on the topic "Resume Building, Group Discussion and Personal Interview".
- 17. On 2nd March, 2023 the Placement cell organised a seminar on the topic "Interview Skills" at 10.00 a.m. exclusively for the college students.
- 18. The Placement cell organised a "MOCK INTERVIEW" for students who had registered for the Job Fair. The main objective of this programme was to educate the students on the basic requirements to learn to represent themselves in an interview.
- 19. On 8th April, 2023 the Placement cell with Gillette Guard organised the "Grooming and Personality Development Programme". The programme was attended by 30 participants. It helped to equip students with the necessary skills for professional growth and success.

COURSES

- A small certified course of 5 hours was conducted by NSE for college students. Almost 68 students participated.
 - A course on NISM from SEBI was conducted, which is very valuable as a core qualification for students looking for a career in the financial sector.
 - 3) 6-month Crash Course on Government jobs in the banking sector from SSB.
 - 4) TNS India Foundation Campus to Corporate Careers (C2C) Programme in association with Nirmala Memorial Foundation College of Commerce and Science conducted an offline classroombased soft skills training (personal development, how to make a CV, how to crack interviews, professionalism, etc.) Job Placements (jobs at financial institutions, banks, etc.) for TY commerce students, which is a highly recognised certificate.

KEY TAKEAWAYS

- Students can get training on soft skills.
- They can learn public speaking.
- Get training on resume building and interview sessions.
- They are now familiar with their strengths and weaknesses.

Dr. Neha GoelConvenor





PLANNING FORUM

Plans are of little importance, but planning is essential

- Winston Churchill

The planning forum is an academic forum for students who are interested in economics, finance and commerce. The objectives are to: ensure that the organisation's goals are aligned with the needs of stakeholders, allow stakeholders to suggest ways that the organisation can be improved and suggest strategies for the organisation to adopt to make progress towards its goals.

The following activities were undertaken by the Commerce, Accountancy and Planning Association:

1. Start Investing Early was organized on 19th July, 2022 by the Planning Forum which was an online webinar in association with the Bombay Stock Exchange on investment awareness among students. Almost 90 participants attended the session. The guest speaker was Prof. Amogh Ghotoskar.

- 2. The Planning Forum and IQAC organized a national-level online one-day webinar for faculties on the topic "Insights on the New National Education Policy of India" on 15th March, 2023. Almost 149 participants attended the session.
- 3. The Department of Economics (Planning Forum) and the IQAC organized a National Level Online Faculty Development Programme titled "A Roadmap to a 5 Trillion Economy in 2025" with the aim of upgrading the teaching, training, and research skills of economics teachers from 13th April 20th April, 2023. Almost 250 participants attended the session.

KEY TAKEAWAYS

- Students are well aware of the ways in which they understand the economy.
- Students have an idea about the basics of education policy.

Dr. Neha GoelConvenor





ENGLISH LITERARY ASSOCIATION

Knowledge of languages is the doorway to wisdom.

- Roger Bacon, English Philosopher

The English Literary Association (ELA) of the college is unswervingly committed to enhancing the communication skills of learners, with a special focus on the English language.

From the outset, the ELA has crafted unique and vibrant platforms to help learners explore their skills and cultivate confidence and finesse in their use of the English language.

An eclectic mix of activities, competitions and initiatives has been undertaken by the ELA to further this cause. Over the years, the ELA has organised various programmes, competitions, events, seminars, webinars and more for learners in pursuit of the acquisition of skills in the English language.

Apart from experienced, able teacher members, outside experts are also invited and involved as resource persons, judges and guiding forces for the learners. The objective is to lend a fresh touch and a glimpse into the current industry requirements and trends to the learners.





THE FOLLOWING ACTIVITIES WERE UNDERTAKEN BY THE ENGLISH LITERARY ASSOCIATION IN THE ACADEMIC YEAR 2022-23:

- On 19th September, 2022 the English Literary Association organised a seminar on "What is Content Writing? The Art of Telling Stories". Ms. Sonali Kelapure, Director, Ka Kha Ga, a creative content studio, conducted the highly engaging and interactive session. She made the participants discover the art of story-telling skills by getting them to weave a story on the spot. The participants, a total of 34 in number, enjoyed the session thoroughly and gained new insights into the craft of building a great story.
- On 28th September, 2022 the English Literary Association organised "Speak Up!" an open mic challenge, with a view to providing participants with a platform to express their thoughts confidently and discover their potential in the use of the English language. Ms. Mona Punjabi was the judge who presided over the competition. Nine participants took part in the



competition, which helped them showcase their articulateness and ability to express themselves confidently on the open mic.

• On 23rd January, 2023 the English Literary Association organised "English Fiesta", a language fest, in the college. A host of English-language-based games, competitions, and activities were held during the program. Students delved deep into the sphere of English language-based games, tested their flair for the language, and discovered new insights by participating in a series of games. 22 participants surpassed the minimum score set at the start and were rewarded with a token gift.

Key takeaways from the activities conducted by ELA:

- Learners learned the art of storytelling through creative tips and techniques.
- The art of voicing one's opinion on an open-air mic was made available for the learners to master.
- Learners were familiarised with interesting, vibrant activities and games to enhance their English language skills.
- It became easier for learners to develop confidence in expressing themselves in English.

Ms. Neelam Patil Convenor







LIBRARY ADVISORY COMMITTEE

An investment in knowledge pays the best interest.

Benjamin Franklin, - a writer, Scientist, Inventor, Statesman, Diplomat, Printer and Political Philosopher

The Library Advisory Committee is a distinguished sphere where all book lovers, avid readers and knowledge seekers converge to embark on a journey pulsating with all things books, reading and knowledge, leading to new insights and discoveries.

It is a platform that organizes a wide array of activities, competitions, seminars and more that cater to the diverse audiences of the Nirmala Parivar. The objective is to instil in all learners a love for reading and provide them with multiple avenues to broaden their knowledge, which only a library with state-of-the-art facilities can do.

The Library Advisory Committee organised the following events in the course of the Academic Year 2022-23:

1. LITERARY GAME ZONE

The Library Advisory Committee hosted Literary Game Zone, a literary competition based on language games, on September 21st, 2022. Word games, puzzles and competitions that cater to diverse language abilities were conducted. Student members prepared themselves beforehand and conducted the event actively. More than 30 students participated in the games that were held in different rounds. Winners were given prizes, and all participants were thoroughly appreciated.

2. MY PEN SAYS

The Library Advisory Committee organized **My Pen Says**, a story-writing competition, on **27th September**, **2022**. Participants were shown a set of objects and given hints, based on which they

were asked to weave a creative story that makes an impact and is a complete whole. Nine participants took part in the competition, which generated unique, engaging stories.

3. LIBRARY EXTRAVAGANZA

The Library Advisory Committee organised **Library Extravaganza**, an event that witnessed three diverse activities and competitions being held on **25th January**, **2023**, in the college. Following were the activities that were conducted as part of the Library Extravaganza, which saw 105 participants attend the events.





BOOK EXHIBITION

Dr. Poonam Kakkad inaugurated the function, held at the College Library. A wide spread of books catering to different categories were displayed at the venue, giving a glimpse into the extensive collection.

INTERCOLLEGIATE BOOK REVIEW COMPETITION

The college hosted an intercollegiate book review competition where participants vied for top slots by showcasing their understanding of the book they reviewed.

First Prize-Mr. Suresh Mukhiya (Abhinav Degree College)

Second Prize- Ms. Mehwish Khan (Nirmala Memorial Foundation College of Commerce and Science)

Third Prize- Ms. Sneha Yadav (Nirmala Memorial Foundation College of Commerce and Science)

Judges: **Ms. Prachi Mhatre**, Professor, Hindi Department, KD Nagda Junior College of Commerce, Goregaon, also formerly a Professor for Marathi at YMCU University; Writer of Folk Stories at S.N.D.T. University, Translator and Book Reviewer for Navbharat Times.

Ms. Prajakta Raut, Head, Department of English, Abhinav Degree College, Ranked second in the

All India Dharam Hinduja Essay Writing Competition in January, 2023. Represented Maharashtra in the National Anthem singing event in January, 2022.

TREASURE HUNT:

A treasure hunt, a truly thrilling and challenging activity, was also held as part of the Library Extravaganza. Hidden clues and smartly encrypted hints made the activity truly intriguing. The participants visited several nooks and corners of the college before spotting the treasure and being rewarded for it.

KEY TAKEAWAYS FROM THE ACTIVITIES CONDUCTED BY THE LAC IN THE ACADEMIC YEAR 2022-23:

- Learners experienced a broad range of activities, competitions and events related to the world of books, reading and libraries.
- The endeavours on part of the LAC helped the learners delve deeper into the realm of knowledge.
- Learners got opportunities to learn about the various library facilities, including online resources that they can benefit from.

Ms. Neelam Patil Convenor









MARATHI VANGMAYA MANDAL

प्राचीन - मध्ययुगीन मराठी वाङ्मयाचा इतिहास. प्रष्नपत्रिकेचे स्वरूप.

The Marathi Vangmaya Mandal of the college believes in literature study and awareness of Maharashtrian culture. Keeping this in mind, the cell has developed various approaches to resolving emotional conflicts that have enhanced their knowledge, skills and positive attitude towards their health.

THE FOLLOWING ACTIVITIES WERE UNDERTAKEN BY THE MARATHI VANGMAYA MANDAL

- The Marathi Vangmaya Mandal of the college organised a Singing Competition in the Mini-Auditorium on 29th November, 2022, at 11:30 a.m. the event was organised to enhance the Maharashtrian tradition.
- The Marathi Vangmaya Mandal of the college organised a Marathi Traditional Folk Competition in Block 311 on 10th January, 2023, at 11:30 a.m. The event was organised to enhance Maharashtra's traditional folk forms of dance and culture.
- The Marathi Vangmaya Mandal of the college organised a Shiv-Jayanti Utsav in Chowk Area on 17th February, 2023, at 09:45 a.m. The event was organised for remembrance of Chatrapati Shivaji Maharaj.
- 4. The Marathi Vangmaya Mandal of the college organised a "Marathi Bhasha Gaurav Din" in Mini Auditorium on 27th February, 2023, at 09:45 a.m. The event was organised to pay tribute to Vishnu Vaman Shirwadkar (Kusumagraj) on his birthday. The participants presented Marathi literature.

KEY TAKEAWAYS FROM THE EVENTS

- Students learned to present the Mother tongue.
- Promoted Marathi Language Importance.
- Respect for the writers, Krantiveer and many other people.
- They can now encourage their friends and family members to follow a festive path that includes love and awareness.

Ms. Rhucha Patil Convenor





COMMERCE AND ACCOUNTANCY ASSOCIATION

Accounting is the language of business.

- Warren Buffett

The Commerce, Accountancy and Planning Association is always of the opinion that it should provide students with more practical knowledge related to topics that are essential and inevitable in the real world. Considering undergraduate students, the Association aims to provide information on careers post-graduation for students with a commerce or accounting background. The Association also aims to keep the student's knowledge updated on upcoming topics. The overall Commerce, Accountancy and Planning Association is an association where theory meets practice.

THE FOLLOWING ACTIVITIES WERE UNDERTAKEN BY THE COMMERCE, ACCOUNTANCY, AND PLANNING ASSOCIATION:

 On 19th July, 2022 the Planning Forum organised "Start Investing Early", which was an online webinar in association with the Bombay Stock Exchange on investment awareness among students. Almost 90 participants attended the session. The Guest Speaker was Prof. Amogh Ghotoskar.

- 2. On **23rd August, 2022** a seminar on financial planning titled "Mantras for Successful Financial Planning" was organised by the Accountancy Association to educate the students and inculcate in them the habit of planning their finances at an early stage. The first-year students were the participants. The Guest Speaker, Mr. Atul Sathe, is a professor at H.R. College of Commerce & Economics. He is NET qualified and ICWA rank holder. Almost 60 participants attended the session.
- 3. On 30th August, 2022 a seminar was organised on "Filing of ITR on Portal from Practical Aspect" by the Accountancy





Association with the aim of educating the students regarding the procedure involved in filing an ITR. Students from B.Com, BAF and M.Com were the participants. The Guest Speaker, CA Ronak Shah, is a member of ICAI, CS and an expert in accounting and Finance. Almost 200 participants attended the session.

- 4. On **8th September, 2022** the Commerce Association organised a debate competition titled **"Environment Vs. Development"** with the aim of motivating students to express their opinion about the rising issue of environmental impact due to development. The total number of participants was 12.
- 5. On **9th February, 2023** the Accountancy Association organised a seminar on **"How to Boost Your Career in Accounting and Finance with ACCA"** with the aim of educating students about career opportunities in the field of accounting. The Guest Speaker, Mr. Zaheer Sayed, is a member and faculty member of ACCA. (Association of Chartered Certified Accountants). Almost 70 participants attended the session.

- 6. From 14th March to 21st March, 2023 the Department of Accountancy and the IQAC in collaboration with the WIRC of ICAI organised an International Level Online Faculty Development Programme titled "Pathway to Modern Accounting Era" with the aim of upgrading the teaching, training and research skills of accountancy teachers. Approximately 230 participants benefited from the FDP.
- 7. On 15th March, 2023 the Planning Forum and IQAC organised a National Level Online One-Day Webinar for faculties on the topic "INSIGHTS ON NEW NATIONAL EDUCATION POLICY OF INDIA". Almost 149 participants attended the session.
- 8. From 13th, April, 2023 to 20th April, 2023 the Department of Economics (Planning Forum) and the IQAC organised a National Level Online Faculty Development Programme titled "A Roadmap to 5 Trillion Economy in 2025" with the aim of upgrading the teaching training and research skills of economics teachers. Almost 250 participants attended the session.







9. From 2nd May to 9th May, 2023 the Department of Commerce and the IQAC organised a National Level Online Faculty Development Programme titled "Emerging Trends and Challenges in Commerce" with the aim of upgrading the teaching training and research skills of commerce teachers. Almost 230 participants attended the session.

KEY TAKEAWAYS

- Students are well aware of ways in which they can manage their finances.
- Students have an idea about the basics of filing income tax returns.
- The committee also worked on the enhancement and enrichment of faculty's knowledge through Faculty Development Programs conducted on various subjects.
- The committee has been proactive, by discussing the topic of New Education Policy on a national level.

Dr. Jignesh DalalConvenor







NATURE'S CLUB

Explore, Respect, and Conserve: Our Nature's Club Mission

The primary focus of a Nature's Club is to promote environmental awareness, conservation efforts, and a deeper connection with the natural world among college students.

THE FOLLOWING ACTIVITIES WERE UNDERTAKEN BY THE NATURE'S CLUB

- E-Waste Management: The Nature's Club undertook E-waste Management by creating awareness about e-waste and collecting the same. A Memorandum of Understanding (MOU) was signed with 'The Recycling Company' (THRECO) for the safe disposal of e-waste.
- Plantation at the College Front and Back Gate: 40 plants were planted in the pots, which were then placed on the college back gate. Four plants were planted in the pots, which were then placed at the

- college's front gate. This was to add a Green Element to the College Campus.
- Beach Cleaning: Beach Cleaning was conducted on October 16th, 2022, to clean the wetlands at Carter Road, Bandra (W). Around 09 volunteers participated in the same.
- 4. **Beach Cleaning**: Beach Cleaning was conducted on **December 11th, 2022**, to clean the wetlands at Juhu Tara Road, Vile Parle (W). Around 07 volunteers participated in the same.
- Energy Audit: The college conducted an energy, Environment, and Green Audit for the academic year 2022-23. The contract was given to Saur Engineers and Consultancy.



- 6. **Gobble Mix Bin**: One Gobble Mix Bin was placed in the college to raise awareness about organic waste and generate it. Wet waste from the college canteen is collected and then put in the bin, where it decomposes and further turns into rich manure.
- 7. **Dry And Wet Waste Bin**: 16 Bins (08 Dry and 08 Wet) were placed on the college floors to raise awareness about dry and wet waste and manage it. For easy disposal, waste segregation was undertaken.

KEY TAKEAWAYS

 Environmental Awareness: Members develop a deeper understanding of environmental issues, including conservation, biodiversity, and sustainability.

- 2. **Conservation:** Through participation in conservation projects, members learn practical skills for habitat restoration, tree planting, and species conservation.
- 3. **Community Engagement:** Members engage with the local community to raise awareness about environmental issues and promote eco-friendly practices.
- 4. **Environmental Stewardship:** The club instills a sense of stewardship, motivating members to make sustainable choices in their daily lives.
- 5. **Connection to Nature:** Above all, members cultivate a deeper connection with nature, fostering a lifelong appreciation for nature.

Mr. Rishabh Desai Convenor









RESEARCH CELL

Empowering Minds, Transforming Realities: Explore with Research

At NMFC, we believe in the power of curiosity and innovation to shape the future. Our Research Cell plans activities that encourage intellectual exploration and academic excellence, dedicated to advancing knowledge across a multitude of disciplines. The mission of the department is clear: to foster a culture of discovery, innovation, and collaboration that empowers our faculty and students to engage in groundbreaking research.

THE FOLLOWING ACTIVITIES OF THE RESEARCH CELL ARE

- A session on "How to Write an Effective Research Paper?" was organized on August 08th, 2022. Dr. Kanchan Fulmali a professor from Dhanukar College, was invited to guide the faculty members on the same. The prime objective of the session was to give valuable insight into making and publishing the research paper.
- Research Cell organized a research paper presentation competition on September 19th
 2022, to enhance the skills of research

- among students. Around 10 students participated in the event. The best three participants were given the opportunity to participate in the **Aavishkar** (Research Paper Presentation Competition) of the University of Mumbai.
- The research cell promoted the intercollegiate research paper presentation competition organized by the University of Mumbai in December 2022. Two groups from the college participated in the competition. Following were the details of the group:
 - 1. Paws Patrol F.Y.B.Sc.CS (UG Level)
 - 2. Fast Fashion M.Com I (PG Level)
- In collaboration with the Ministry of Commerce and Industry, the Government of India organised a One Day online webinar on IPR Awareness. Around 120 teachers and 150 students joined the webinar. The sessions were organised on November 19th, 2022.



- A national-level webinar on Research Methods, tools, and techniques was organized on April O6th, 2023. Dr. Sis Candy D'Cunha, an Assistant Professor from Andhra Loyola Institute of Technology and Engineering, was invited to address the audience. Around 225 participants joined the webinar.
- The research cell organised a national-level webinar on the Theoretical Framework and Parametric Test in Research. It was organised on April 08th, 2023. Dr. Sagar Gaikwad, an assistant professor from Mumbai's Education Trust, was invited to address the audience. Around 130 participants joined the webinar.
- A webinar on "Research Philosophy" was organised on April 15th, 2023. Mr. Atul Sathe was invited to address the participants on topics like variables, objectives, hypothesis formation, and different methodologies that can be adopted to conduct the research. Around 85 participants joined in for the session and appreciated the talk.
- A webinar on Pathways to Effective Publication was organized on March 25th, 2023, and Dr. Keyurkumar Nayak, Director of Garware Institute of Career Education and Development, University of Mumbai, was the

- Resource Person for the session. Around 120 participants joined the session.
- The Joy of Research workshop was organised on March 21st, 2023, wherein, 2 sessions were conducted. The workshop received huge participation from researchers from all over the country. Around 200 participants attended the workshop and appreciated the knowledge shared by the speakers.
- The IQAC and Research Cell of the college, in collaboration with Garware Institute of Career Education and Development, organised a virtual one-day workshop on "Partial Least Squares" on May 12th, 2023. Dr. Keyurkumar Nayak, Director of Garware Institute, was invited to conduct the workshop.
- The IQAC and Research Cell of Nirmala Memorial Foundation College of Commerce and Science (NMFC) in Collaboration with the University of Mumbai and the Department of MBA of Andhra Loyola Institute of Engineering and Technology (ALIET), organised a one-day International Conference on a multidisciplinary approach to Innovation Prospects and Challenges in the modern business landscape. The conference was scheduled for April 29th,





2023. About 50 participants registered for the conference.

- 7 days National Level Research Methodology Workshop in Collaboration with the University of Mumbai and St. Xavier's (Autonomous) College (May 24th, to May 31st, 2023). Altogether, 113 participants registered for the workshop. The objectives of the research Methodology workshop are:
- To understand the basic concepts of research and its methodologies
- To give exposure to research scholars on various aspects of research.
- To provide a comprehensive overview of qualitative and quantitative research frameworks.

KEY TAKEAWAYS

- The Research Cell encouraged teachers to adopt a research-based culture by hosting a variety of webinars and seminars to help them expand their research techniques.
- The Aavishkaar (Research Paper Presentation) Competition was promoted to the students.
- Academicians received insights on many research-related themes.
- Researchers were given a forum through conferences to present their ideas and thoughts in numerous fields.

Dr. Megha K. JuvekarConvenor







ENTREPRENEURIAL DEVELOPMENT CELL

Entrepreneurship is neither a science nor an art. It is a practice.

- Peter Drucker

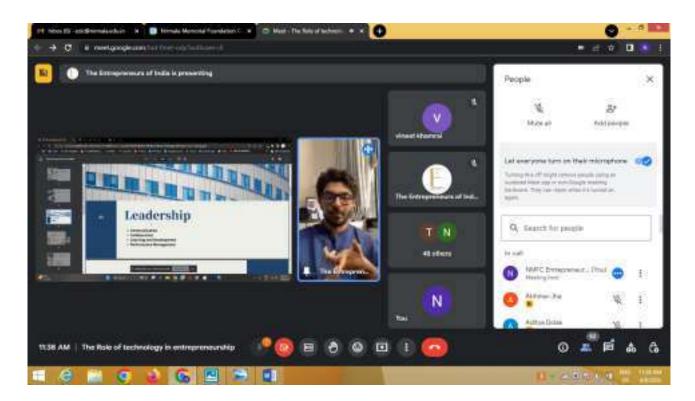
The Entrepreneurship Development Cell (EDC) of the college aims to foster and nurture an entrepreneurial mindset among students, faculty and the community. EDC played a pivotal role in creating an environment that encourages innovation, creativity and the establishment of new ventures.

WITH THIS MINDSET THE FOLLOWING ACTIVITIES WERE UNDERTAKEN BY THE ENTREPRENEURSHIP DEVELOPMENT CELL IN THE ACADEMIC YEAR 2022-23:

 On 31st March 2023, the Entrepreneurship Development Cell organised a webinar on "How to Make **Business Ideas.** Over 70 students attended the virtual session, gaining valuable insights into essential business elements and successful startup strategies. The interactive Q&A segment empowered participants to seek guidance, and attendees departed with newfound clarity on developing impactful business concepts, fortified by E-certificates of participation.

 On 6th April, 2023, the Entrepreneurship Development Cell in association with the Inner Wheel Club of Bombay, Kandivali successfully organised a workshop on





Kitchen Gardening titled "The Sustainable Kitchen: A Guide to Starting Your Own Garden". The event took place Expert speaker Ms. Nusrat Khatri's insights on soil preparation, container gardening, and plant care resonated with the 40 attendees, igniting their passion for cultivating their own edible gardens. The interactive nature of the workshop, complete with live demonstrations, empowered participants to grasp gardening techniques firsthand, fostering a sense of self-sufficiency and environmental responsibility.

On 5th April 2023, the Entrepreneurship Development Cell successfully conducted a National Level Workshop on cake making titled "Decorate your cake: From Basic to Pro". The workshop was conducted online and saw more than 90 participants from various parts of the country. The session was led by the expert chef and owner of Yuvi's Kitchen, Kandivali, Ms. Swati Tikmany. The participants were guided through the entire process of cake making, starting from preparing the batter to decorating the finished product. Ms.

Tikmany shared valuable tips and tricks that she has learnt through her experience in the industry. She also demonstrated how to create various designs and decorations that could be used to make the cakes more appealing.

On 10th April 2023, the Entrepreneurship Development Cell organised a National Level business event titled "Shark Tank on its way to Nirmala" at 11:30 a.m. The event was conducted online and 8 participants presented their business ideas. Mr. Aadesh Suryarao, a renowned startup mentor and incubation ecosystem advisor, graced the occasion as the resource person. The participants displayed exceptional confidence and professionalism as they presented their well-researched business plans, revenue



models, and growth strategies. They also answered tough questions posed by Mr. Suryarao, who rigorously evaluated the feasibility and viability of the ideas and provided insights and suggestions for further improvement.

On 8th April 2023, the Entrepreneurship Development Cell with Alumni Association of the college successfully conducted a National Level Webinar on the topic of "The Role of Technology in Entrepreneurship" at 11.30 a.m.The event featured Mr. Arjun Jani, an alumnus of NMFC and the Founder of The Entrepreneurs of India Company, as the guest speaker. The session covered a wide range of topics related to the importance of technology in entrepreneurship, including the role of technology in business model innovation, marketing, and customer acquisition. The webinar was attended by more than 55 students and teachers who are interested in the world of business.

KEY TAKEAWAYS

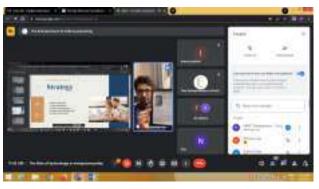
- The sessions encouraged participants to brainstorm and develop innovative business ideas.
- Participants learned how to identify market opportunities, assess the feasibility of their ideas and refine them through feedback and validation processes.
- The events promoted an entrepreneurial mindset characterised by resilience, adaptability, a willingness to learn and a proactive attitude towards challenges among the students.

Dr. Vijaya JacquelineEDC Convenor









DEPARTMENT OF LIFELONG LEARNING AND EXTENSION (DLLE)

Reached To Unreached

The Department of Lifelong Learning and Extension of the college believes in entrepreneurial and social awareness programs. By keeping this in mind, the cell had developed various approaches to resolving social activities that enhanced their knowledge, skills, and positive attitude towards their society.

THE FOLLOWING ACTIVITIES WERE UNDERTAKEN BY THE DLLE

- 1. **Diya Selling**: On the Occasion of Diwali, on **October 14th and 15th, 2022**, DLLE Committee organised a stall on the college campus for the sale of diya, which was done by DLLE volunteers. It helped the students develop selling and marketing skills. It was a hands-on experience for the DLLE volunteers, as it helped them improve their communication and marketing skills.
- Fabric Earring Stall: On October 17th, 2022, one of the DLLE volunteers was given the chance to sell handmade fabric earrings. The sale was a big hit, as she earned a good profit with zero investment.
- Poster Making: On December 17th,
 2022, the students of the DLLE



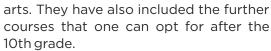
committee came together to make awareness on the global topic "Conservation of the Environment". The students depicted how the environment is in danger in poster format where several major issues related to the environment were highlighted. There were almost 15 students who took part in the event.

4. Career Guidance: On December 19th, 2022, DLLE volunteers made a career guidance PPT for the students who are confused about their careers, and the volunteers made PPTs for various streams like Science, commerce, and the









- 5. Sneha Milan: It was a CSR activity of the Nirmala Memorial Foundation College of Commerce and Science on January 13th, 2023, where the DLLE department set up various stalls of specially-abled people. There were more than 26 stalls put up in the college auditorium for various items like clothes, chocolates, planters, and even food.
- Food Stalls: On February 1st, 2023, our DLLE department organised food stalls. There were around 15 food stalls, and the stalls had all kinds of food, ranging from chats to salads; even tea and coffee were



available. This was an opportunity given to students to build their entrepreneurial skills, as this will help them learn how to develop monetary and customer retention skills.

- 7. **Wall Painting**: On **February 1st, 2023**, DLLE volunteers painted the blank wall of our college. The walls were painted by drawing nature scenes to beautify them.
- 8. UDAAN Festival: University of Mumbai (DLLE) organised the fest on February 10th, 2023. There were various events held like powada singing, street play, poster making, elocution competition etc. in which overall 250 college had participated in various events. Students of our college took part in events like







street play, poster making and elocution competition.

- 9. **Beach Clean up drive**: The DLLE Committee of NMFC organized a Beach Clean up campaign for 4 weeks on each Sunday at Juhu Beach. Every Sunday morning DLLE volunteers devoted their 2 hours for beach cleaning to make the beach safe for humans as well as aquatic lives. Each and every students were made aware about the importance at the end of the cleanup drive by the organisers and lastly students used to help them to load the scrap into the municipal van which gave students a closeness to society and environment.
- 10. **Teaching underprivileged children:**DLLE volunteers of our college decided to teach underprivileged children, as these children had a passion towards learning. The children learned English, Maths and Science. The age group of students ranged from kindergarten to 9th grade.

KEY TAKEAWAYS

- Students learned about entrepreneurship.
- Social awareness about society.
- Support for unprivileged people and specially-abled kids.
- They can now encourage other students regarding social activities.
- Build confidence to face society and welfare.

Ms. Rhucha Patil Convenor











NATIONAL SERVICE SCHEME (NSS UNIT)

NSS MOTTO: "Not me, But You

The National Service Scheme (NSS) is a community service program aimed at encouraging young people to actively participate in social and community development activities. The primary goal of the NSS is to instill a sense of social responsibility, empathy, and national pride in the youth while addressing the needs of society.

THE FOLLOWING ACTIVITIES WERE UNDERTAKEN BY THE NSS UNIT

- 1. **E-waste Management Seminar**: On April 7th, 2022, a seminar on E-Waste Management was organized by the NSS unit. The seminar was held offline on college premises. Students were explained how E-waste affects our environment as well as the health of animals and human beings. During the seminar, the volunteers were briefly explained what E-waste is and how harmful it is. NSS volunteers were initiated to collect E-Waste for its proper disposal.
- 2. Vrusksha Sanjeeevani Abiyaan: On April 19th, 2022, the NSS unit in association with BMC, conducted Vruksha Sanjeevani Abhiyan. Altogether, 28 volunteers participated in the walk where tree conservation activity was carried out. The roadside trees were focused, as they were highly neglected. Removing concrete and nail-free trees were a few initiatives of this Abhiyaan; also cutting down trees was highlighted to avoid environmental degradation. The environmental cleaning drive was also considered.
- Civil Defense Seminar: A Civil defense seminar was conducted by the NSS Unit of Nirmala Memorial Foundation College

of Commerce and Science on April 22nd, 2022. The speaker for the seminar was Mr. Rajendra B. Lad. The speaker, Mr. Rajendra B. Lad, started with a brief introduction about civil defense, disasters, and their types. Students were also explained how a small incident could turn into a disaster and how you, as a student can help during such incidents. The speaker also taught the students different techniques for tying ropes, which can be useful during incidents.

- 4. **Beach Cleaning at Bandra**: The NSS Unit of Nirmala College went to Cater Road Beach, Bandra, on April 24th, 2022, for Beach cleaning. Volunteers collected plastic from mangrove trees as well as along the shore of the beach.
- Beach Cleaning at Juhu: The NSS Unit carried out a Beach Cleaning Drive at Juhu Beach. Volunteers found a lot of garbage, such as plastic, glass bottles, dangerous objects, cigarette butts, etc.
- Saplings Donation Drive: The NSS Unit of Nirmala Memorial Foundation College, Kandivali East, organized an activity of Sapling Donation on June 5th, 2022, at















Manori. A total of 50 saplings were donated during the activity. Volunteers also visited the temple of Gagangiri Maharaj. Our Programme officer shared some interesting facts about the temple and the history behind it. Volunteers showed great interest and grasped every possible piece of knowledge they could get.

- 7. Yoga Day Celebration: The NSS Unit celebrated International Yoga Day on June 21st, 2022. A large number of students attended the session. As the session began, volunteers were given a brief introduction to the importance of yoga in everyday life. Various yoga asanas were taught to students.
- 8. **Girls' Hostel Inauguration at UOM**: On July 8th, 2022, there was an inauguration of a new building for the girl's hostel at the University of Mumbai, Santacruz. The NSS Unit of the college attended and volunteered for the same. For the inauguration, the chief guest was Hon. Governor Mr. Bhagat Singh Koshiyari (Maharashtra State).
- 9. Coastal Clean-Up Registration: On August 4th, 2022, 4 NSS volunteers from the second year went for a coastal cleanup event at R. D. National College, Bandra.

10. Workshop on HIV: On August 14th, 2022, Volunteers attended the 'HIV AIDS Peer Training Workshop' of MDAC at Wadala. The Workshop was about the symptoms of HIV/AIDS, and the method and prevention of HIV / AIDS are as easy as ABC.







- 11. **Ek Sur Ek Taal**: On August 8th, 2022, NSS volunteers participated in the event "Ek Sur Ek Taal" at Bhavan's College, Andheri. The event was about patriotic songs sung in different languages, such as Marathi, Hindi, Punjabi, Gujarati, Tamil, Telugu, etc. Patriotic songs were played on various instruments.
- 12. Raksha Bandhan Celebration: On August 12th, 2022, at Don Bosco Boys Orphanage, Borivali, NSS unit of Nirmala Memorial Foundation College of Commerce and Science celebrated Raksha Bandhan along with the orphan boys. The event started by tying rakhi on their hands by female NSS volunteers. On the other hand, male NSS volunteers interacted with the kids and made them play some games.
- 13. **Tiranga Rally**: On August 13th, 2022, at Sports Complex, Kalina Campus, Santa Cruz, The "Tiranga Rally" was organized by the University of Mumbai on the occasion of "75 Years of Independence". Everyone present was holding the National Flag. The event started with flag

- hoisting and national anthem. More than 700 NSS volunteers from different colleges and faculties on campus participated in the event. It was a great, energetic, and proud moment to remember the importance of freedom and the sacrifices made by freedom fighters.
- 14. **Independence Day Celebration**: On August 15th, 2022, the NSS Unit of our college celebrated Independence Day in the college. 60 volunteers were actively present for the celebration.
- 15. **Blood Donation Camp**: On August 22nd, 2022, the NSS unit of Nirmala Memorial Foundation College of Commerce and Science, in collaboration with The Lions Club organized a Blood Donation Camp in the college basement. A total of 189 blood bags were collected. The donors were given some refreshments along with a certificate and a Donor's Card.
- 16. Ganpati Immersion Program: NSS Unit, in association with the Mumbai Police and Traffic Department of Mumbai, conducted the Ganpati Immersion Program on the days of Ganpati Immersion in crowded places in Mumbai. Most of the Volunteers of NSS participated in a program where all helped Mumbai police and Traffic Police officers with Traffic and Crowd Control
- 17. Beach Cleanup: On September 17th, 2022, on the occasion of World Cleanup Day, the NSS unit organized a beach clean-up drive at Carter Road, Bandra.



















- Anti Addiction Rally: On October 1st, 2022, the NSS Cell organized the rally from Azad Maiden to Gateway of India about Nasha Mukt Bharat.
- 19. Awareness on No War and No Violence: On October 2nd, NSS Unit went to Kandivali station to perform a Street Play on the Importance of Communal Harmony. Volunteers were also shrieking out slogans. The play was performed three times at Kandivali Station at different times.



- 20. Awareness of No War and No Violence: On October 8th, 2022, at Poisar, NSS Volunteers performed a street play on Awareness of No War and No Violence. Volunteers were divided into groups. The locals were taught about nonviolence, its impact and ways to avoid violence in our society. Many people showed great support by scanning QR codes related to showing support for non-violence.
- 21. The Mumbai Smile Foundation: On October 14th, 2022, at Poisar, The NSS unit of Nirmala Memorial Foundation College of Commerce and Science undertook an activity with Smile Foundation. The Mumbai Smile Foundation has helped the children of this community and many others by spreading awareness. The only motive for this was to prevent Human Trafficking by spreading awareness and education.
- 22. **Beach Cleaning**: The NSS Unit of Nirmala College went to Cater Road Beach, Bandra, on October 16th, 2022, for Beach Cleaning. Volunteers collected plastic from mangrove trees as well as along the shore of the beach.
- 23. **Mega Clean-Up Drive**: On October 19th, 2022, NSS Unit conducted a Mega clean-up drive at 90 feet road, Poisar.



- 24. **Unity Run**: On October 31st, 2022, the NSS Unit held this event on 90 ft Road, Kandivali.
- 25. **Workshop on Street Play**: On November 16th, 2022, a workshop was organized by the NSS Unit of N.L. College for Street Play. The trainer for the event was Mr. Jagadish Sansare.
- 26. MDACS Quiz Competition: On November 16th, 2022, a Quiz Competition on HIV/AIDS, treatment, stigma, and Discrimination, along with other topics such as Social Media, TB, and coronavirus, took place.
- 27. Majhi Mumbai Swachh Mumbai Rally: On December 1st, 2022, at the BMC Office of Kandivali (W), NSS volunteers went for the Swachhta Rally. Volunteers performed a Street play on Swachh Bharat, and everyone liked it. Afterward, a cleanliness rally began from the BMC office to Kandivali Station. Even at the station, Volunteers performed Street plays.
- 28. Cancer Awareness Seminar: On December 06th, 2022, NSS Unit organized a Cancer Awareness seminar for students. Students were given information regarding Cancer, its causes, and treatments.
- 29. Bone Marrow Registration: On December 7th, 2022, the NSS Unit of Nirmala Memorial Foundation College held a bone marrow donor registry. Volunteers were divided into two teams one for promotion and one for registry.

The Unit collected 205 saliva samples and offered information pamphlets to the donors.

- 30. Workshop on Soil Conservation and Composition: On December 08th, 2022, at Shri Ashok Kamte Park, Andheri, World Soil Day was celebrated to advocate for the sustainable management of soil resources. The workshop was regarding soil conservation and composting.
- 31. Mind Relaxation Session: NSS Unit organized a session for NSS volunteers in College on December 09th, 2022. Prof. Rukaiya Joshi and Mr. Vipul Modi was the speaker for the session. Principles of Righteous Life were explained to Volunteers.
- 32. **7 Days Residential Camp**: NSS camp was held from December 15th, 2022 to December 21st, 2022 at Usgaon, Vasai. Various social activities were carried at the camp.



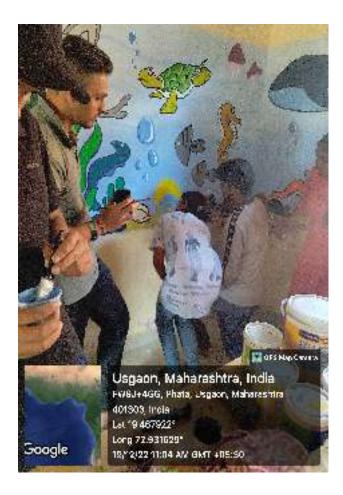
- 33. **Beach Cleaning (Juhu)**: On December 11th, 2022, on the occasion of Beach Clean Up Day, the NSS Unit took part in a mega beach clean up at Juhu beach.
- 34. **Beach Cleaning Drive**: The NSS Unit of Nirmala College went to Cater Road Beach, Bandra on 11th December 2022 for Beach Cleaning. Volunteers collected plastic from Mangroves trees as well as along the shore of the beach.
- 35. TATA Marathon: On January 15th, 2023, at Churchgate, the NSS Unit of Nirmala Memorial Foundation College of



Commerce and Science in association with Child Help Foundation conducted the Tata Marathon.

- 36. **Beach Cleaning**: The NSS Unit of Nirmala College went to Cater Road Beach, Bandra on January 29th, 2023, for Beach Cleaning. Volunteers collected plastic from Mangroves trees as well as along the shore of the beach.
- 37. Dance performance Kala Ghoda Art Festival: On February 11th, 2023, the NSS Unit of Nirmala Memorial Foundation College of Commerce and Science took part in the nine days long annual festival, Kala Ghoda Arts Festival that took place in South Mumbai. 5 volunteers were present there on behalf of the NSS Unit. Out of the 5 volunteers, 3 girl volunteers danced to Bollywood songs. The dance was a fusion that blended Indian culture with an essence of Western influence. The dance symbolized that even in modern times, with the impact of Western culture, Indian culture will always hold a position in the hearts of the people.
- 38. **E-waste collection**: On March 5th, 2023, at 90 ft Road, Thakur Complex, Kandivali East, NSS Unit volunteers started visiting different societies in the vicinity of the college in small groups with Posters for the promotion of the E-Waste.
- 39. **Plastic Collection**: Plastic collection drive was organized by the NSS unit on Friday, March 3rd, 2023. The venue was a





90 ft road which was outside our college & plastic collection was done for the betterment of our environment.

- 40. **Women's Day Skit**: On Thursday, March O9th, 2023, at Poisar, the NSS unit performed a Women's Day skit. The skit focused on various aspects such as self-reliance, sacrifices, selfless love, etc. The skit highlighted the idea of women's empowerment.
- 41. **Beach Cleaning**: On March 12th, 2023, Beach Cleaning was organized at Carter Road, Bandra. The beach cleaning began at 9 a.m to remove all plastic.
- 42. **Yuvak Biradari**: On March 12th, 2023, the college sent five volunteers to the event at UOM. The event featured Bharatanatyam dances, classical songs, skits about Indian history, kings and their Kingdoms, and so on. This event also included participation by other NSS Volunteers from multiple institutions. Mr. Abhishek Bachchan was a surprise Chief Guest.

43. **Appa Pada Volunteering**: On March 17th, 2023, the NSS unit of Nirmala Memorial Foundation College of Commerce and Science volunteered and provided relief to fire-affected areas at Appapada, Malad. Volunteers distributed grocery items.

KEY TAKEAWAYS FROM THE ACTIVITIES CONDUCTED BY NSS UNIT

National Service Scheme (NSS) activities are designed to provide students with valuable learning experiences that go beyond traditional classroom education. The learning outcomes of NSS activities can vary depending on the specific projects and activities undertaken, but generally, they aim to achieve the following educational goals:

- Community Engagement and Empathy: NSS activities help students connect with the community and gain a better understanding of the challenges and needs of society. They develop empathy and a sense of responsibility towards the less privileged.
- 2. Leadership and Teamwork: Participation in NSS activities often involves working in teams and taking on leadership roles. Students learn to collaborate effectively, manage projects, and make decisions as part of a team.
- Problem-Solving Skills: NSS projects often require students to address realworld problems. This experience fosters critical thinking and problem-solving skills as they find creative solutions to community issues.
- 4. Communication Skills: Interacting with diverse groups of people in the community helps students improve their communication skills, including listening, speaking, and conveying ideas effectively.
- 5. Social Awareness: NSS activities raise students' awareness of social, cultural, and environmental issues. They gain insight into the root causes of these problems and develop a sense of social responsibility.



- Cultural Sensitivity and Inclusivity: Engaging with diverse communities promotes cultural sensitivity and inclusivity. Students learn to respect and appreciate different cultures, traditions, and perspectives.
- 7. Self-Confidence and Self-Esteem: NSS provides opportunities for personal growth and self-discovery. Students often gain confidence in their abilities and develop a sense of self-worth through their service experiences.
- 8. Civic Responsibility: NSS instills a sense of civic duty and encourages active participation in democratic processes. Students learn about their rights and responsibilities as citizens.





- 9. Time Management and Organizational Skills: Balancing NSS activities with academic commitments teaches students time management and organizational skills, which are essential for success in any field.
- 10. Environmental Awareness: Some NSS projects focus on environmental conservation and sustainability. Students learn about the importance of protecting the environment and sustainable practices.
- 11. Health and Wellness: NSS activities can promote health and wellness among participants and the community through activities such as health camps, awareness campaigns, and fitness initiatives.

- 12. Networking and Social Connections: NSS provides opportunities to build a network of contacts in the community and develop meaningful social connections that can be beneficial in the future.
- 13. Character Development: Engaging in NSS can contribute to the development of strong character traits such as responsibility, integrity, and a sense of justice.
- 14. Career Skills: Depending on the nature of NSS activities, students may also acquire career-related skills, such as project management, data collection, and analysis, which can be valuable in their professional lives.
- 15. Global Perspective: Some NSS activities may have an international dimension, promoting a global perspective and an understanding of global issues.

Mr. Rishabh Desai **NSS Program Officer**



GUJARATI ASSOCIATION

Gujarat is not just a state, it's a feeling of unity, diversity and progress.

The diverse fabric of college campuses often mirrors the rich cultural tapestry of the world, with students from various backgrounds coming together to create a vibrant and inclusive community. One such community that stands out for its cultural heritage, traditions and unique contributions is the Gujarati Association. Rooted in the essence of Gujarat, a state in western India renowned for its history, art, and commerce, the Gujarati Association within our college plays a pivotal role in promoting cultural awareness, fostering unity and celebrating the rich heritage of Gujarat.

THE FOLLOWING ACTIVITY WAS UNDERTAKEN BY THE GUJARATI ASSOCIATION IN THE ACADEMIC YEAR 2022-23

 On 1st October 2022, the Gujarati Association celebrated the Navaratri Festival by organising "The Disco Garba". Along with being a dance fest, it was also a competition with the following categories: Best Female Navratri Costume, Best Male Navratri Costume, Best Female Performer and Best Male Performer. Students enthusiastically participated and enjoyed the event.

KEY TAKEAWAYS

The event brought together the vibrancy of traditional Garba dance with contemporary music and disco elements. Participants experienced a unique fusion of cultural heritage and modern entertainment.

Mr. Manish ZalawadiaConvenor







SPORTS COMMITTEE

Winners never quit, and Quitters never win.

Nirmala Memorial College of Commerce and Science is committed to inspire, encourage and empower young students towards sports. Undoubtedly, sports are always an essential component of a liberal education. The vision of the sports committee is to organise training, coaching and education in sports for everybody so that they can learn to keep themselves physically fit. The Committee aims to enhance the interest of the participants in the field of sports. We believe that sports have a huge impact on positive self-esteem. Additionally, it nurtures confidence, social skills, ambitions, teamwork and the ability to deal with setbacks. To achieve the above, we organised various competitions in the following sports: football, cricket, volleyball, table tennis, chess and badminton. The college coaches many students and is a strong believer in the values and skills which that sports can generate.

A series of extra-curricular activities took place to supplement the classroom teaching. Sports is one of NMFC's major fields of achievement. Promotion of sports and games has always been an important aspect of NMFC College. The young supersportsmen of NMFC College have left no stone unturned in ensuring that they take the NMFC flag to greater heights every year.

THE FOLLOWING ACTIVITIES WERE CONDUCTED DURING THE YEAR BY THE SPORTS COMMITTEE

 Intercollegiate Tournaments were organised by the University of Mumbai, and interested students were invited for selection trials. The following are the individual events conducted by the University of Mumbai.



INDIVIDUAL EVENTS

1	CHESS	11	ATHLETICS
2	TABLE TENNIS	12	CYCLING
3	BADMINTON	13	LAWN-TENNIS
4	CARROM	14	SHOOTING
5	JUDO	15	BEST PHYSIQUE
6	TAEKWONDO	16	HALF MARATHON
7	BOXING	17	WEIGHT LIFTING
8	YOGA	18	POWER LIFTING
9	FENCING	19	WRESTLING
10	ARCHERY	20	MALLAKHAMB

A total of 210 students participated in the above individual events.











The following are the team events that were conducted.

TEAM EVENTS

- 1 FOOTBALL
- 2 CRICKET
- **3 VOLLEYBALL**
- 4 BASKETBALL
- 5 KABADDI

A total of 105 students participated in the above team events.

2. The Sports Committee organised the Annual Sports Meet from January 2nd to January 5th, 2022. Following are the events for the Annual Sports Meet:

INDIVIDUAL EVENTS

Carrom Chess Table Tennis Badminton

TEAM EVENTS

Cricket Rink Football Kabaddi

A total of 885 students participated in individual events, and 839 students participated in team events.

NMFC Sports expanded its boundaries to international and national levels and is day by day raising its popularity by producing superheroes in sports like International Taekwondo Gold Medalist, Chandan Parida, who represented India and won two medals at the World Taekwondo Championships (WTCE). He also won a Silver medal in Kyorugi (Sparring). Vikrant Desai was an International Taekwondo Bronze medalist.

In 2022-2023, Nivale Omkar, a student of the college, won a Bronze Medal at the University of Mumbai Zone-II Taekwondo Tournament.











KEY TAKEAWAYS FROM THE VARIOUS EVENTS CONDUCTED BY THE SPORTS COMMITTEE ARE AS FOLLOWS

- 1. Commitment to Physical Well-Being: The sports committee emphasised the importance of regular physical activity for overall health and well-being. It promoted participation in various sports and fitness activities to encourage a healthier lifestyle among students.
- Skill Development: The primary goal was to provide opportunities for the students to develop their sporting skills. The committee organised training sessions, workshops and coaching clinics to enhance individual and team abilities across different sports.
- Teamwork and Collaboration: Through team sports and collaborative events, the committee instilled the values of teamwork, cooperation and effective

- communication. These skills were not only relevant in the field but also translated into other aspects of life.
- 4. **Sportsmanship and Fair Play**: The committee highlighted the significance of sportsmanship and fair play. It encouraged members to uphold ethical behaviour, respect opponents and embrace the spirit of competition while maintaining a positive attitude.
- 5. **Promotion of Sporting Culture**: Beyond the committee's immediate scope, it aimed to foster a culture of sports and physical activity throughout the organisation or community, encouraging a healthier and more active lifestyle overall.

Mr. Sukumar Pawar Sports Director

THE CULTURAL COMMITTEE

To support emerging talent, the vibrant Cultural Committee put on a number of events where students could showcase their talents.

- The Cultural Committee organised a performing arts and fine arts competition titled "Kala Aavishkar" on August 26th, 2022. Face painting, Aarti thali decoration, fruit carving and salad decoration competitions took place, along with nail art, mehndi, tattoo making, singing, and musical instrument performances.
- The Cultural Committee celebrated Friendship Day on August 8th, 2022. A program of surprise activities for students was prepared, including oneminute games and dance performances. Boys of Band presented popular Bollywood songs on Friendship Day.
- The Cultural Committee organised Prince and Princess Day on November 26th, 2022. The dress code for this occasion was female students in gowns and male students in coats, suits, or blazers.
- On the same day, the committee scheduled a talent competition called "Battle of Talent," where students got the opportunity to showcase their singing, dancing, mimicry, and various other talents.

- The Cultural Committee, jointly with the Gujarati Association, celebrated the Navaratri festival by organsing an event titled "The Disco Garba". The program was scheduled for Saturday, October 1st, 2022. A competition took place in the program, and prizes in the following categories were declared. Best Female Navratri Costume Best Male Navratri Costume Best Female Performer, Best Male Performer. Students enthusiastically participated and enjoyed the Disco Garbha.
- The cultural committee organised SPLASH 2023, an Intra-collegiate event, on Wednesday, February 1st, 2023. Every Nirmaliate got an opportunity to showcase their talent. Nirmala's Got Talent (NGT) was featured by SPLASH in a series of events such as: PERFORMING ARTS, FINE ARTS, MEDIA EVENTS and TECH EVENTS.
- Intercollegiate Fest **Nirvaan** was organised on **January 20th**, **2023**, **and January 21st**, **2023**. More than 50 colleges participated in Nirvaan and got an overwhelming response of approximately 700 participants across Mumbai in various competitions.































INTER-COLLEGIATE WINNERS

Inter collegiate event "Chitrakala" organized by Thakur College, Kandivali on 20th October, 2022.

Sr.No.	Participants name	Class	Event name	Position
1	Shruti Mehta	TYBAMMC	Short Film Making	First
2	Amit Vishwakarma	TYBAMMC	Best Actor	Best Actor
3	Shruti Mehta	TYBAMMC	Best Actress	Best Actress

Inter collegiate event "Trisha" organized by Marol Education Academy's Junior College on 19th November, 2022.

Sr.No.	Participants name	Class	Event name	Position
1	Yuvraj Singh	SYBMS	RJ Hunt	First
2	Aaditya Vijay	TYBMS	News Article Writing	First
3	Aaditya Vijay	TYBMS	Live commentary	Second
4	Vinayak Sawant	FYBMS	Poster Making	Third

Inter collegiate event "Mukaam" organized by Mittal College on 19th December, 2022.

Sr.No.	Participants name	Class	Event name	Position
1	Yuvraj Singh	SYBMS	RJ Hunt	First
2	Aaditya Vijay	TYBMS	News Article Writing	Second
3	Aaditya Vijay	TYBMS	Live commentary	Second
4	Vinayak Sawant	FYBMS	Poster Making	Third

Nirmala Memorial Foundation College of Commerce and Science won Best College Second Runner up

Inter collegiate event "Hooner" organized by the K. J. Somaiya College On 19th December, 2022.

Sr.No.	Participants name	Class	Event name	Position
1	Mr.Ritikesh Dalvi	SYBAF	EUPHONUM (Instrumental Music Competition)	First
2	Mr.Sahil chavan	SYBMS	EUPHONUM (Instrumental Music Competition)	Third

Inter collegiate event organized by the Royal College of Arts, Commerce and Science on 20th December, 2022.

Sr.No.	Participants name	Class	Event name	Position
1	Ms. Fareeha Nikqat	FYCS	Coding ka Keeda	Third



Inter collegiate event Clairvoyance organized by the M. V. Mandali's College of Commerce and Science, Andheri.

Sr.No.	Participants name	Class	Event name	Position
1	Sapna Jadhav	SYBAMMC	Face Painting	First
2	Aman Solanki	TYBAF	Beatboxing	First
3	Igra & Group	_	Group Dance	First
4	Sapna Jadhav	SYBAMMC	Solo Dance	Second
5	Aman Solanki	TYBAF	Dance Battle	Second
6	Shruti Mehta	TYBAMMC	_	BEST CL

Inter collegiate event "Off The Reel" organized by the Vidya Vikas Universal College

Sr.No.	Participants name	Class	Event name	Position
1	Aaditya Vijay	TYBMS	Business Quiz	First
2	Suraj Kumavat	TYBMS	Business Quiz	First
3	Raj Kumar	SYBMS	RJHunt	Third

Inter collegiate event "Saksham" organized by the Viva College on 30 January to -1st February 2023

Sr.No.	Participants name	Class	Event name	Position
1	Suyash Surve	TYBMS	_	BEST CL
2	Iqra & Group	-	Group Dance	First
3	Diggaj Singh	TYBCOM	Saksham Shree (Bodybuilding)	First
4	Krishika Rathod	SYBAMMC	Journalism	First
5	Mehul Munde	SYCS	Carrom	First
6	Krishna Prakash	SYBCOM	Chess	First
7	Moksha Deshmukh	SYBMS	Saksham Shree (Bodybuilding)	Second
8	Ronit Parmar	SYBCOM	Singing	Second
9	Akshata Shejwal	FYIT	Mehendi	Third
10	Pratham	SYBAMMC	Solo Dance	Consolation

Inter collegiate event " Ekyam" organized by the Kirti M. Doongursee College of Arts, Science and Commerce on 13th - 15th February, 2023

Sr.No.	Participants name	Class	Event name	Position
1	Siddhesh Randive	TYBCOM	Carrom	Second

Inter collegiate event organized by the Reena Mehta College on 19th January, 2023

Sr.No.	Participants name	Class	Event name	Position
1	Iqra & Group	-	Group Dance	Second
2	Iqra Khan	SYBCOM	Duet Dance	Second
3	Meenakshi Chaurasiya	TYBCOM	Duet Dance	Second

Inter collegiate event "Zeal" organized by the Elphistone College

Sr.No.	Participants name	Class	Event name	Position
1	Siddhesh Randive	TYBCOM	Carrom	First

Inter collegiate event organized by the Elphistone college Maharashtrotsav

Sr.No.	Participants name	Class	Event name	Position
1	Vinayak Sawant	FYBMS	Poster Making	First
2	Iqra & Group	-	Group Dance	Second
3	Sapna Jadhav	SYBAMMC	Dance Battle	Second

Inter collegiate event Taarangan organized by the Thakur College.

Sr.No.	Participants name	Class	Event name	Position
1	Nitin Mishra	TYBMS	CL War	First
2	Suyash Surve	TYBMS	CL War	First
3	Bhupendra Bhati	TY(IT)	CL War	First
4	Tej & Team	-	Rink Football	Second
5	Iqra & Group	-	Group Dance	Second







INTERCOLLEGIATE FEST

Nirmala Memorial Foundation College of Commerce and Science organised its Annual intercollegiate fest, Nirvaan 2023, on Friday, January 20th, 2023, and Saturday, January 21st, 2023.

Themed 'Indian Vibes with a Western Twist', Nirvaan 2023 this year has been a platform for students across colleges in Mumbai to showcase their talents to assimilate Indian and Western elements through various performances.

The Management members of the Institute, Ms. Aruna Desai, Dr. Denis Desai, and Ms. Dhara Desai, and I/C Principal Ms. Swiddle D'Cunha, rendered unstinting support and guidance to organise and execute Nirvaan 2023.

- Dr. Poonam Kakkad, Cultural Committee Convener and IQAC Co-ordinator, and
- Mr. Rishabh Desai, Assistant Cultural Committee Convener, took the lead to plan and host as many as 33 competitions in the festival, which were held flawlessly.
- Around 700 participants from 50 or more colleges participated in Nirvaan 2023.

CHIEF GUESTS

CHIEF GUEST OF THE INAUGURATION CEREMONY OF NIRVAAN 2023:

Mr. Rajesh Pakhare, a noted Line Producer who has achieved the best ad film made for Akashaia Gold Mines in Africa, has also worked with Amir Khan for the Vivo Mobile advertisement and with Ranveer Singh for the Colgate tooth paste advertisement.

Mr. Pakhare's son is currently studying at our institute. Having Mr. Pakhare as a judge has given us an opportunity to become more inclusive in our approach. Parents are our valued stakeholders, and collaborating with them is definitely a positive step.

CHIEF GUEST OF THE VALEDICTORY OF NIRVAAN 2023:

Mr Nilesh Sawe- An eminent personality with great skills, he is the Cultural Coordinator at the University of Mumbai. He is also a theatre artist and has appeared in serials and films. He has also won prestigious awards in the course of his career.

GUESTS OF HONOR

Mr Kunal Naik, an Alumnus of 2021 batch

He has rich experience as an Assistant Talent Producer at Sa Re Ga Ma Pa Li'l Champs. He has also been seen in Superstar Singer Season 2.



Zee TV's Dance with Me and also for Sony Entertainment's Ke Liye Kuch Bhi Karega. He is judging the event, Face Off.

Mr. Vaibhav Agrawal

Mr. Vaibhav Agrawal is a Defence Correspondent at Frontier India and Mission Victory India.

He has worked as a journalist with various online platforms. He is also talented as a professional musician.

Mr. Sohil Vora, an Alumnus of the 2011 batch

Mr. Sohil Vora is a Deputy Manager at Vistara Airlines.

The Guests of honor were invited to the inaugural function of Nirvaan 2023.

After a grand inauguration ceremony, the events commenced in full swing and lasted throughout the evening on both the days.

ABOUT NIRVAAN

Nirvaan is Nirmala Memorial Foundation College of Commerce and Science's mega intercollegiate festival, organised and managed predominantly by the students of the college.

Besides honing the key skills of the participants, the college aims to impart holistic healing to the participants by making them industry-ready and efficient.

JUDGES AT NIRVAAN 2023

A panel of distinctive experts, renowned in their areas, presided as judges over the competitions on both days.

Some of the personalities who graced our event as judges are

 Mr. Vivek Sawant- A Bollywood choreographer with twelve years of experience in choreography and events. He has also worked with many big brands





and corporate companies. He has been awarded with Dada Saheb Phalke Puraskar, and MTV Fanta Fun Dance, the You TV Bindass Street Dance, and the Dance Mumbai Dance. He is also an emerging director.

- Ms. Prachi Gadkari- An author, orator, poetess, and, among other accomplishments, a speaker on All India Radio's Aakashwani, where she gives discourses on Upanishads and Vedas. She is the winner of several awards at the national level too.
- Mr. Pradip Gogate, winner of Maharashtra Kala Sanman Puraskar
- Mr. Mahesh Shukla- Renowned stage artist, director and writer. He's also appeared in independent films initially as a child actor and followed it up with more films.

 Mr. Hemang Jangla- An alumnus of IIM Ahmedabad, Mr. Jangla is an ace businessman with keen acumen in business broking. He's also co-authored a book titled Insurance for All. He also writes poetry besides taking a keen interest in diverse fields.

SOCIAL RESPONSIBILITY- A KEY OBJECTIVE MET SUCCESSFULLY

Every year, the theme of Nirvaan is unique, and a social responsibility activity is also carried out with it. This year, Sneha Milan, was an exhibition-cum-sale in which the specially-abled individuals participated. They displayed their products and set up stalls of food articles too. The entire proceeds of the sale went to all the participants. Our institute strived to give wide publicity to the event to ensure maximum visitors.

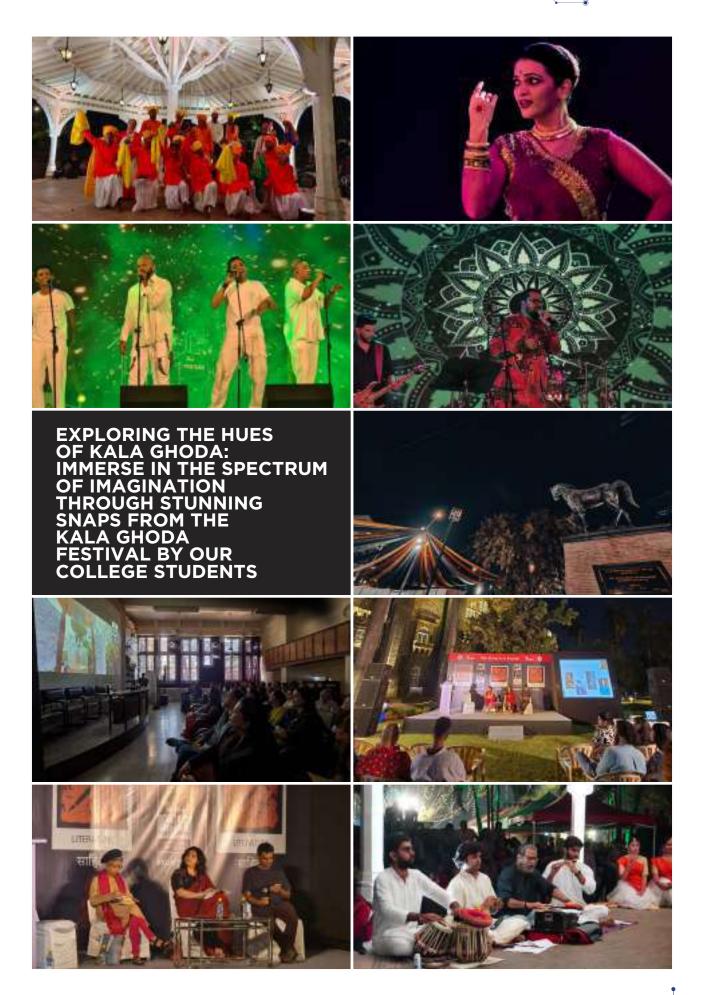




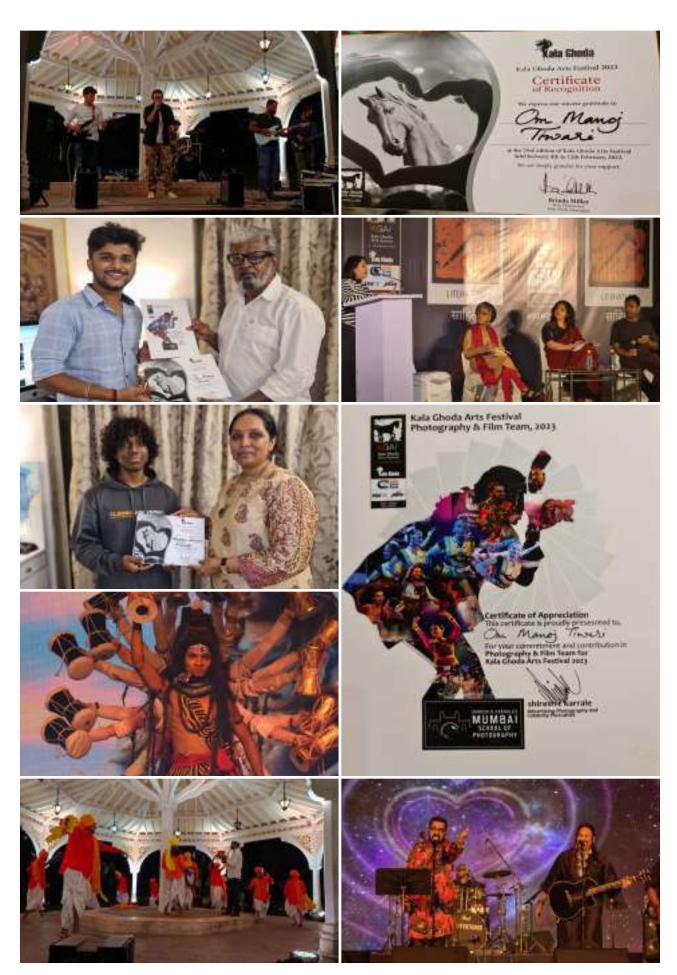












SPLASH 2.0 INTRA-COLLEGIATE FEST

Nirmala Memorial Foundation College of Commerce and Science organised Splash 2.0, an Intra-collegiate event under the leadership of the Management, Academic Director, Principal of the degree college, Coordinators, teachers, and non-teaching staff on 30th January 2023 and 1st February 2023. As the name suggests, Splash 2.0 is the second edition of this Intra-collegiate competition. This year too, it encompassed a wide array of activities, competitions, and an opportunity for learners to experience entrepreneurship and apply it in real time.

Held over two days, Splash 2.0 commenced with a grand inauguration ceremony at 12:00 noon on January 30th, 2023, and then proceeded with a range of talent competitions.

THE FOLLOWING COMPETITIONS WERE HELDON

DAY 1:

- Singing (Theme: Open) Judged by Ms. Sujata Banerjee and Ms. Preeti Shedge
- Solo Dance (Theme: Western) Judged by Ms. Swati Sharma and Ms. Rita Roy
- Group Dance (Theme: Retro) Judged by Ms. Anjana Tawani and Ms. Richa Kharwar
- Fashion Show Judged by Ms. Sweety Singh and Ms. Tejal Dhodia

- Jewellery Making (Bio Vintage) Judged by Ms. Jyoti Lalwani and Ms. Meena Pawar
- Chitrakala (Theme: Mandala Art) Judged by Ms. Usha Iyer and Ms. Manjisha Malakar
- Wall Painting (Theme: Flora and Fauna) Judged by Ms. Mrunali Pawar and Ms. Sanyogeeta Dubey.

DAY 2

Competitions, Food Stalls and Gaming Cornersan Initiative to Inculcate Entrepreneurship amongst Learners

On Day 2, i.e., February 1st, 2023, learners, under the guidance and encouragement of professors for days in advance, set up stalls of food and games on the campus as part of Splash 2.0.

Every division across all programs participated in the activity. Learners who set up food stalls offered a wide variety of cuisine, consisting of snacks and beverages. All the food articles were priced at Rs. 20 or below, which made it possible for everyone to relish the mouth-watering varieties to their heart's content.

In addition, the games were also priced up to Rs. 20, which made for pocket-friendly entertainment and fun.





THE COMPETITIONS THAT TOOK PLACE ON DAY 2 ARE AS FOLLOWS:

- Solo Dance, Duet Dance, Group Dance and Fashion Show.
- They were held for all the programs in separate segments. The learners depicted a variety of concepts through the themes set for each competition.
- Some teachers also participated in the fashion show along with the students.
 Winners of competitions on both days were awarded certificates and cash prizes.
- A finale act was performed, and a valedictory was also duly conducted as the culmination of the event.

OBJECTIVE

The objective was to encourage the learners to experience trading, persuasion, and earning

profits at a micro level. It also included inducing the customer to buy products/ services to hone business skills.

Prizes for the best stall were also given to learners who displayed the best product, quality, and arrangements.

Since all the food, beverages, and games were affordable at Rs. 20, it was possible for everyone to try out a lot of the things on offer. The learners, who set up their stalls, earned brisk profits and gained experience sure to benefit them in the future.

The institute has undertaken wide-ranging efforts to give practical exposure to learners throughout the year. Splash 2.0 is one such initiative that met with an enthusiastic response from every stakeholder, apart from the learners, teachers, and non-teaching staff who were a part of this fete.

















RIDDHI SOLANKI SYBAF-A60





NATION'S CULTURE RESIDES IN THE HEARTS AND IN THE SOUL OF ITS PEOPLE.

KARTIK VORA

FYBAMMC A



SYBAMMC

Carrie and

I STARTED MY JOURNEY AS A GIRL AND ENDED UP BEING A QEEEN

I started a day, Searching for a way, I asked the question why? I saw the bright sky, Until I met a guy. He proposed to me, and I said yes. Morning messages, night texts, He treated me like a shoe without lace. He send his photo but I wouldn't He said you should, but I wouldn't There were restrictions that I know, Oh God, I was an unholy child that no one knows. We have started together, We didn't knew each other. You have crossed the way, I was just a slave. You never saw back there was a proposal that lacks. I told you I have someone, You kept asking for the name, You changed my name, I had to leave my fame. Suddenly the brightest of light, Turned into the darkest of nights. You leave me in such a way, Like there is no way for a day. A long night full of fear, Inner fight full of tears. We didn't break up, One fortune just ends up. Dark shadows around me, Shouting, eating, haunting me, I started to hate myself,

Till I met to myself.

When there was no way for daylight, I found myself being guided by an inner guide, The day goes on, Finally, I move on. I started learning new things, In thought that I'm achieving my own wings. You should know your journey, If you want to reach the destiny. Past cannot be changed, But can bury and forgotten. My past was a few minutes last, He gave me tension, Which is now my lesson. How weaker my past made me, The stronger my future wants me. The universe played a major role, Introduced me to my major goal. I was so busy with my schedule that, I don't need any person to stay beside me. Morning workout, afternoon meetings, Evenings routine, the night is for sleeping. New idea invention, Life of perfection. They prefer to be silver but I stay gold, First I was running beside the diamond, Now I own my crown. I'm living with who knows my existence, And I know his extince. Cuz Queen's heart is not fragile.

> - Sisteran Qureshi FYBAFA

Efficiency Made Easy: The Best Time-Saving Tips for a Productive Lifestyle

In today's fast-paced world, time is a precious commodity. Maximizing productivity and efficiency can help us achieve our goals while still finding time for the things we enjoy. In this article, we will explore some of the most effective time-saving tips that can streamline our daily routines, enhance productivity, and create a more balanced lifestyle.

1. Prioritize and Plan:

Start your day by identifying the most important tasks or goals. Create a to-do list and allocate specific time slots for each task. Prioritizing helps you stay focused and ensures that vital tasks are accomplished first.

2. Embrace Technology:

Leverage efficient technology tools to automate repetitive tasks. Use productivity apps, time-tracking software, and project management tools to streamline your workflow and optimize your time management.

3. Avoid Multitasking:

Contrary to popular belief, multitasking can actually hinder productivity. Instead, practice focused work by dedicating your attention to one task at a time. This approach enables you to maintain quality and efficiency in your work.

4. Delegate and Outsource:

Recognize that you can't do everything yourself. Delegate tasks to capable individuals or consider outsourcing tasks that are not your core strengths. This allows you to focus on more important responsibilities while freeing up time for other activities.

5. Set Realistic Deadlines:

Stay realistic when setting deadlines for yourself and others. Avoid overcommitting and create buffer time to account for unexpected delays or challenges that may arise. This approach reduces stress and ensures a more balanced workload.

6. Minimize Distractions:

Identify and minimize distractions that hamper productivity. Create a designated workspace, silence unnecessary notifications on your devices, and establish boundaries to avoid interruptions from colleagues or family members.

7. Optimize Commute and Waiting Time:

Make the most of commute and waiting time by utilizing it for productive tasks. Listen to audiobooks, podcasts, or educational materials, or use speech-to-text apps to jot down ideas, make notes, or respond to emails.

8. Group Similar Tasks:

Batch similar tasks together to avoid context-switching. Answering emails, making phone calls, or completing administrative work in dedicated time blocks reduces overall time wastage and helps maintain focus.

9. Take Regular Breaks:

While it may sound counterintuitive, taking short breaks helps to recharge your energy levels and maintain focus. Incorporate regular intervals into your schedule to prevent burnout and maintain a higher level of productivity.

10. Practice Self-Care:

Investing time in self-care activities, such as exercise, meditation, and sufficient sleep, enhances overall well-being and increases productivity. Taking care of yourself ensures that you have the energy and mental clarity to tackle tasks efficiently.

Time is a valuable resource, and with effective time-saving strategies, we can make the most of it. By prioritizing, planning, embracing technology, reducing distractions, and optimizing our routines, we can achieve a greater level of productivity and create a more balanced and fulfilling lifestyle. Incorporate these time-saving tips into your daily routine and unlock the potential for increased efficiency and personal success.

Mr. Yash Kale FYBAMMC

The Power of Compassion: Nurturing Empathy in Today's World

In a world filled with constant changes, challenges, and diverse perspectives, compassion remains a timeless virtue that can bridge gaps and create understanding. In this blog, we will explore the significance of compassion, its benefits, and how we can cultivate and embrace empathy in our day-to-day lives.

Understanding Compassion:

Compassion can be defined as the ability to understand and empathize with the suffering of others, accompanied by the desire to alleviate their pain. It serves as a powerful catalyst for positive change, fostering kindness, connection, and harmonious coexistence.

The Benefits of Compassion:

- Enhancing Relationships: Compassion strengthens relationships by promoting better communication, empathy, and mutual understanding. It nurtures healthy connections and helps resolve conflicts with sensitivity and respect.
- Emotional Well-being: Practicing compassion has a direct impact on our own well-being. It generates positive emotions, reduces stress, and increases our overall sense of happiness and contentment.
- Creating a Positive Ripple Effect: Compassion can inspire others to show kindness and consider the welfare of others. Even a single act of compassion has the potential to create a ripple effect, leading to a more compassionate and harmonious society.
- 4. Building Resilience: Empathy and compassion enable individuals to navigate challenging situations with greater resilience. It helps us better understand diverse perspectives and find constructive solutions.

Cultivating Compassion:

 Self-Compassion: Begin by showing kindness and understanding to yourself. Treat yourself with the same empathy you extend to others, recognizing your own struggles and nurturing self-care practices.

- Cultivating Empathy: Practice active listening and put yourself in others' shoes to better understand their experiences, emotions, and needs. Genuine curiosity and open-mindedness can facilitate greater empathy.
- 3. Acts of Kindness: Small acts of kindness can have a profound impact. Engage in simple gestures like random acts of kindness, volunteering, or supporting social causes.
- 4. Mindfulness: Cultivating mindfulness can enhance compassion. Being fully present and attentive allows us to notice and respond to the suffering of others with empathy and care.
- 5. Seek Connection: Actively seek out communities or organizations that promote compassion and provide opportunities for collaboration and learning.

Embracing a Compassionate World:

By prioritizing compassion in our lives, we contribute to a more compassionate world. Together, let's foster understanding, empathy, and kindness in our interactions, relationships, and communities. In doing so, we can bring about positive change and create a more harmonious and compassionate society for all.

Compassion is a fundamental human trait that has the power to transform lives and bring people closer together. By embracing and cultivating empathy in our daily lives, we can positively impact our well-being, relationships, and the world around us. Let's make compassion a guiding principle and embark on a journey towards a more empathetic and compassionate world.

Mr. Shubham Burte

FYBAMMC

Navigating the Complex World of the Share Market

The share market, often referred to as the stock market, is a dynamic and complex financial ecosystem that plays a vital role in the global economy. It serves as a platform where individuals and institutions can buy and sell shares or ownership stakes in publicly traded companies. This exchange of ownership represents a fascinating blend of economics, psychology, and strategy, making the share market a captivating and potentially rewarding arena for investors. In this article, we'll explore some key aspects of the share market and provide insights for those looking to enter this realm.

Understanding the Basics:

At its core, the share market involves the buying and selling of shares, which represent ownership in a company. When you buy shares, you become a shareholder, which means you have a stake in the company's future performance. If the company does well, the value of its shares may increase, allowing you to sell them at a profit. Conversely, if the company performs poorly, the value of its shares might decline.

Types of Markets:

There are two primary types of share markets: primary markets and secondary markets. The primary market is where companies issue new shares to raise capital. This is typically done through initial public offerings (IPOs). In contrast, the secondary market is where investors trade existing shares among themselves. The most well-known secondary market is the stock exchange, such as the New York Stock Exchange (NYSE) or the Nasdaq.

Factors Influencing Share Prices:

Share prices are influenced by a multitude of factors, including the company's financial performance, industry trends, economic conditions, geopolitical events, and even investor sentiment. Economic indicators like GDP growth, inflation rates, and unemployment numbers can impact market sentiment and subsequently affect share prices.

Investment Strategies:

Several investment strategies exist in the share market, each catering to different risk appetites and goals. Some investors prefer a passive approach, investing in index funds or exchange-traded funds (ETFs) that track the performance of a specific market index. Others opt for a more active approach, researching individual companies and attempting to identify undervalued stocks with growth potential.

Risks and Rewards:

Investing in the share market offers the potential for substantial financial gains, but it also carries inherent risks. Share prices can be volatile, influenced by both company-specific factors and broader market conditions. It's crucial for investors to conduct thorough research, diversify their portfolios, and be prepared for market fluctuations.

Long-Term vs. Short-Term:

Investors often categorize themselves as either long-term or short-term investors. Long-term investors, also known as "buy and hold" investors, aim to build wealth over an extended period by staying invested in well-performing companies. Short-term investors, on the other hand, seek to capitalize on short-lived market movements, potentially making quick profits through trades.

Staying Informed:

Staying informed about market trends, financial news, and the performance of individual companies is essential for successful investing. Online financial news outlets, market analysis platforms, and official company reports are valuable resources for staying updated.

The share market is a captivating world where financial opportunities and challenges intersect. It's a space where investors can allocate their capital, support companies' growth, and potentially achieve significant financial goals. However, it's important to remember that investing in the share market requires careful consideration, thorough research, and an understanding of the risks involved. Whether you're a novice investor looking to dip your toes or a seasoned trader navigating market dynamics, the share market offers a fascinating journey filled with learning and growth.

Ms. Sairaj Koli FYBAMMC

Why are friends important in our life?

Friends are important in our lives for various reasons. They provide emotional support, companionship, and a sense of belonging. Friends offer a listening ear, empathy, and a safe space to share our thoughts and feelings. They can help us navigate challenges, provide different perspectives, and offer advice when needed. Additionally, friendships contribute to our overall well-being by reducing stress, improving our mental health, and enhancing our happiness. Friends also create opportunities for shared experiences, laughter, and the creation of lasting memories. Certainly, here are some more reasons why friends are important in our lives:

- Social Support: Friends offer a strong social support network that can help us cope with life's ups and downs. Having someone to lean on during difficult times can lessen feelings of loneliness and isolation.
- Personal Growth: Friends encourage personal growth by exposing us to new ideas, experiences, and perspectives. They challenge our beliefs and help us become more open-minded individuals.
- Stress Relief: Spending time with friends can be a great way to unwind and relax. Engaging in enjoyable activities together can reduce stress and promote a sense of well-being.
- Fun and Enjoyment: Friends add joy and excitement to our lives. Engaging in hobbies, outings, and adventures with friends can make life more fulfilling and memorable.
- 5. Healthy Habits: Friends can influence us positively, encouraging healthy behaviours like exercising, eating well, and taking care of our mental health.

- Boosting Confidence: Supportive friends can boost our self-esteem and confidence. They remind us of our strengths and qualities, helping us feel better about ourselves.
- 7. Networking: Friends provide opportunities for networking and professional connections. They can introduce us to new people and opportunities that might benefit our careers or personal interests.
- 8. Longevity and Well-being: Studies suggest that having strong social connections, including friendships, is linked to a longer life and improved overall health. Social interactions can help reduce the risk of depression and cognitive decline.
- Shared Memories: Friends contribute to our collection of shared memories, forming a bond that can withstand the test of time. These memories become a source of comfort and nostalgia.
- Unconditional Support: True friends accept us for who we are, flaws and all. They offer unconditional support and love, creating a sense of security in our relationships.
- 11. Celebrating Achievements: Friends celebrate our successes and milestones with genuine happiness. Having friends to share accomplishments with makes the joy even more meaningful.

In summary, friends play a vital role in our lives by providing emotional support, personal growth opportunities, stress relief, enjoyment, and more. They contribute to our well-being and enrich our experiences in numerous ways.

Ms. Rahul Sharma SYBAMMC

Embracing Equality: The Journey of LGBTQ+ Rights

LGBTQ+ rights have come a long way over the years, marking a significant shift in societal perceptions, policies, and attitudes. This blog explores the evolution of LGBTQ+ rights, highlighting key milestones, challenges, and the ongoing pursuit of equality and acceptance.

The struggle for LGBTQ+ rights is deeply rooted in history, with movements dating back to the Stonewall riots of 1969. These events ignited the modern fight for equality, challenging the oppressive norms that had marginalized the LGBTQ+ community for decades. Over the years, legal victories have been instrumental in advancing LGBTQ+ rights. Landmark decisions, such as the legalization of same-sex marriage in several countries, have reshaped the legal landscape and granted equal rights to LGBTQ+ couples. Media representation and visibility play a pivotal role in challenging stereotypes and fostering understanding. The rise of openly LGBTQ+ celebrities, characters in TV shows and movies, and Pride parades have helped shift public perceptions and promote acceptance. Despite progress, challenges persist. LGBTQ+ individuals continue to face discrimination in various aspects of life, including employment, healthcare, and housing. Transgender rights, in particular, remain a focal point, with ongoing debates about access to healthcare, legal recognition, and protection from violence.

LGBTQ+ rights vary widely across the globe. While some countries have made significant strides, others still criminalize same-sex

relationships and transgender identities. Advocacy on the international stage aims to address these disparities and promote a more inclusive world. The struggle for LGBTQ+ rights is closely tied to mental health and well-being. Discrimination and rejection can lead to higher rates of mental health challenges among LGBTQ+ individuals. Creating safe spaces and providing support is essential for fostering a healthier community.

Recognizing the intersections of LGBTQ+ identities with race, gender, and socioeconomic factors is crucial. The fight for LGBTQ+ rights must address the unique challenges faced by individuals who belong to multiple marginalized groups. Education plays a pivotal role in dispelling myths and prejudices surrounding LGBTQ+ issues. Schools and communities must promote inclusivity and provide accurate information to foster understanding and acceptance among all members of society.

The journey of LGBTQ+ rights reflects the broader evolution of societal norms and values. While progress has been made, the fight for equality and acceptance is far from over. By understanding the history, celebrating victories, and acknowledging the ongoing challenges, we can collectively work towards a world that embraces the diversity of LGBTQ+ individuals and upholds their fundamental rights.

Ms. Shravani Jadhav SYBAMMC

Adapting to AI in the Job Market: A Guide for Upcoming Students

In today's rapidly evolving job market, the integration of Artificial Intelligence (AI) is transforming industries and creating new opportunities. As students prepare to enter this dynamic landscape, it's crucial to understand how to adapt and thrive alongside AI

technologies. This blog post provides essential insights and strategies for upcoming students to effectively navigate the Al-powered job market.

Embrace Lifelong Learning:

The first step in preparing for an Al-driven job market is to cultivate a mindset of continuous learning. Al technologies are constantly evolving and staying updated is essential. Engage in online courses, workshops and webinars to learn about Al concepts, applications and developments. Platforms like Coursera, edX and Khan Academy offer numerous Al-related courses that can enhance your skills and knowledge.

2. Develop Soft Skills:

While AI can handle various tasks, it still lacks essential human qualities like empathy, creativity and critical thinking. Focus on honing these soft skills that set you apart from AI. Cultivating effective communication, teamwork, adaptability and problem-solving skills will make you invaluable in any AI-augmented workplace.

3. Understand Al Applications:

Familiarize yourself with the applications of AI in various industries. Whether it's healthcare, finance, marketing or manufacturing, AI is being integrated to streamline processes, analyze data and make informed decisions. Explore case studies and success stories to gain insights into how AI is revolutionizing different sectors.

4. Choose Complementary Skills:

Instead of fearing AI as a job replacement, view it as a tool that complements your skills. Identify areas where AI can enhance your abilities and improve efficiency. For instance, if you're interested in marketing, learn how to leverage AI for data analysis, customer insights and personalized campaigns.

5. Cultivate Data Literacy:

Data is the fuel that powers AI systems. Developing a strong understanding of data analysis, interpretation and visualization is essential. Learn how to work with data tools and software, as this skill will be valuable across various roles and industries.

6. Seek Interdisciplinary Knowledge:

Al intersects with numerous fields like ethics, law, psychology, and economics. Understanding these intersections can provide you with a broader perspective on AI's impact and implications. Interdisciplinary knowledge can help you navigate ethical challenges and contribute to shaping AI policies.

7. Embrace Entrepreneurial Mindset:

The rapid advancement of AI technology often leads to the creation of new markets and opportunities. Consider developing an entrepreneurial mindset by identifying gaps that AI can address. This could involve creating AI-powered solutions or startups that cater to specific needs.

8. Adaptability is Key:

The job market will continue to change as Al evolves. Be prepared to adapt and pivot your career path when necessary. The ability to learn quickly, embrace change, and switch roles will be crucial in staying relevant and competitive.

9. Network and Connect:

Building a strong professional network is invaluable. Attend Al conferences, workshops and seminars to connect with experts, practitioners, and like-minded individuals. Networking can open doors to collaborations, mentorship and job opportunities in the Al field.

10. Emphasize Ethical Considerations:

As AI becomes more integrated into society, ethical considerations gain prominence. Understand the ethical implications of AI, including bias, privacy, and transparency. Being well-versed in these matters will position you as an informed advocate for responsible AI usage.

In conclusion, the Al-driven job market offers a multitude of opportunities for upcoming students. By embracing continuous learning, developing soft skills, understanding Al applications, and maintaining an adaptable mindset, you can thrive alongside Al technologies. Remember, the goal is not to compete with Al, but to leverage its capabilities to enhance your own potential and contribute meaningfully to the workforce of the future.

Mr. Srinivas

SYBSc(IT)

The Promise of Al in Education: Shaping Tomorrow's Learning Today

Artificial Intelligence (AI) is making its mark on education, promising to transform traditional classrooms into dynamic learning environments. Imagine a virtual tutor that understands each student's strengths and challenges, helping them excel at their own pace. Al-powered educational tools are making this a reality. These tools adapt to individual learning styles, offering personalized exercises and real-time feedback that cater to each student's needs.

As Al continues to advance, it holds the potential to revolutionize the way we teach and learn, empowering educators to focus on creativity and critical thinking and preparing students for a future where adaptability and technological literacy are key.

Mr. Abhishek Baburam Yadav TYBSc (IT)

Making a Difference: The Power of Volunteer and Community Service

In a world that often seems fast-paced and self-centered, the impact of volunteerism and community service cannot be overstated. These acts of selflessness have the power to transform not only the lives of those in need but also the volunteers themselves. As college students, we have a unique opportunity to engage in volunteer and community service initiatives that can shape our perspectives, enrich our experiences and leave a lasting mark on the world around us.



Why Volunteer?

Volunteering is more than just a resume booster; it's an opportunity to make a genuine difference. Whether it's spending time with underprivileged children, assisting the elderly, participating in environmental clean-ups or contributing to local nonprofits, the act of giving back to the community fosters a sense of empathy and connection that transcends our individual lives. It's a chance to step outside our comfort zones, learn about diverse perspectives and develop skills that are not typically taught in classrooms.



Impact on Personal Growth

Engaging in volunteer and community service activities can lead to profound personal growth. It helps us develop skills like communication, teamwork, leadership, and problem-solving, all of which are invaluable in the real world. When we interact with people from different walks of life, we broaden our horizons and become more culturally aware. These experiences build character, boost self-confidence and prepare us to be responsible citizens who contribute positively to society.



Building Connections and Networks

Volunteer work provides a unique platform for building meaningful relationships. It brings together individuals who share a common goal: making the world a better place. The connections formed during volunteer activities can lead to lifelong friendships, mentorship opportunities, and even professional connections. Through collaboration on service projects, we learn to work harmoniously with others, fostering a sense of unity that can extend beyond the volunteer experience.



Creating Lasting Change

Every act of service, no matter how small, contributes to the greater good. Whether you're planting trees to combat deforestation, organizing food drives to fight hunger, or tutoring disadvantaged students, your efforts can create a ripple effect that extends far beyond your immediate involvement. The positive changes you initiate can inspire others to take action, creating a domino effect of compassion and positive change.



National Service Scheme राष्ट्रीय सेवा योजना

Getting Involved on Campus

Colleges are often hubs of volunteer and community service opportunities. From campus-led initiatives to partnerships with local nonprofits, there are numerous ways to get involved. Join student clubs(NSS and DLLE) or organisations dedicated to service, participate in community outreach events, and attend workshops that educate on the importance of giving back. These experiences not only enhance your college journey but also equip you with the tools to be an engaged and socially responsible global citizen.

In conclusion, volunteer and community service go beyond the act of giving time; they cultivate a sense of purpose, empathy, and responsibility within us. By investing our time and energy in the betterment of our communities, we contribute to a brighter future for all. So, as college students, let's embrace the opportunity to make a difference and create positive change through our actions. Remember, it's not just about what we achieve academically, but also about the positive impact we leave on the world around us.

Mr. Shubodeep Poral SYBMS





Engulf The Dark

In night or in day, when you close your eyes you fade away As the darkness embraces you, you feel lightweight, you want to stay Soon the darkness disappears, saying it's goodbye As you open your eyes, your smiles fade into the skies You wish for night to come, to close your eyes To take you to dreams, to escape your life You are bound by it, your soulless body lies in it In the embrace of darkness, you feel delighted You want to stay, you want this night To come again and again, for darkness is something you can't fight The dreams you see, are the fantasies you believe The reality is something, you wish you could perceive For dreams don't lie, neither are they corrupt They are the beautiful truth, which is to be crushed So I hope that at the end of my life, I lie in the fantasies of my dreams Happy as I could be, smitten by its seams.

Ms. Pearl Rebello SYBMS

Nature beauty

In fields of gold, the sun does rise, Painting the sky with vibrant dyes. Whispers of wind through leaves so green, Nature's beauty, a wondrous scene.

Rippling waters, a tranquil stream, reflecting stars in a moonlit dream. Mountains are tall, their peaks touch the sky, Majestic guardians, standing high.

Love's gentle touch, a fleeting glance, Two souls entwined in a graceful dance. Laughter echoes, friendships bloom,

A tapestry was woven in life's grand room. Through trials faced and challenges met, Resilient spirits never forget.

Ms. Diya Purohit SYBcom

You Can

If you think you're beaten, you are...
If you think you dare not, you don't...
If you like to win...but think you can't...
It's almost a cinch, YOU WON'T!!

If you think you'll lose, you're lost... For out in the world you'll find... Success begins with a fellow's will... It's all in a state of mind.

If you think you're outclassed, you are...
You've got to think high to rise...
You've got to be sure of yourself before...
You can never win the prize.

Life's battles don't always go...
To the stronger or faster man...
But sooner or later the one who wins...
IS THE ONE WHO THINKS HE CAN!!!

Mr. Ansh Varthe SYBcom

Plastic Ban: India Free From Choking Plastic

Prime Minister of India Narendra Modi announced an ambitious pledge to eliminate single-use plastic in the country by 2022. He also states that the choices we make today will define our collective future. Though these choices may not be easy but with a global partnership we can accomplish this together. The plastic ban in India has caused a stir in the lives of the people. People have become accustomed to using plastic bags in every possible way, from buying vegetables from the grocery store to discarding the same vegetable waste in the dustbin. Plastic bags have been useful to us since God knows when, but it was always us who misused them and it was found in the gutters blocking away the flow of sewage during monsoons. Currently, in India, there is only one law that is in place- No manufacturer or vendor can use a

plastic bag. The usage of plastic bags is still high but the ban is not implemented on all kinds of plastic bags. The government has exempted the use of plastic bags for packages available in supermarkets. "The ban imposed by Maharashtra government has hit the industry very hard and the plastic industry is staring at a loss of Rs.15000 crore, leaving nearly 3lakh people jobless overnight", said Plastic BagsManufacturer Association of India general secretary Neemit Punamiya. "As citizens, we know that plastic ban will give us good results, only when we all co-ordinate and co-operate and accept this huge change", said Esha, a college student. Student and college-going students have also been taking this initiative seriously, and are trying their best to control the use of plastic bags in everyday use. Also, another good that will be coming our way, is that the cows who are stated as sacred won't be chewing down the garbage and plastic from the dustbins in our neighbourhood. Many of the cows who go strolling by on the roads, quite seldom are found consuming the waste, resulting in bad health and later on death. With this initiative taken by the government, the problem of cows chewing on garbage will come to an end and will result in good health, instead of finding tons of waste in their systems. Besides, the problem of water blocking in the gutters, there's another dilemma we are

currently facing, i.e. garbage in the oceans. Tons of plastic found in the depths of the water bodies is no new news for us, and we have been neglecting it for as long as the problem existed.

Many of the aquatic beings have been dying due to the hazardous and poisonous chemicals and not to forget that plastic, is the major element in the disaster. Whales have been found dead on the shores and the reason is tons of plastic inside their system. These facts are enough for us to take the plastic ban seriously and think about the water bodies and the aquatic animals living within them. Not only is the ocean a victim of loads of chemicals and remnants of plastic but rivers and lakes take the blow too. Leaving the lakes and rivers of the world. Indian rivers and lakes alone carry waste material weighing in tons. The sacred Ganga river is one best examples that shows how religious we are, and how clean our holy river is. We only attempt to make our lives beautiful but do we care about creating our so-called holy river clean and beautiful? The question is still unanswered, and we aren't making any effort to ponder over it and come to a conclusion. When things become personal, only then do we come up with some ideas-like finding an alternative in place of our very beloved plastic bags. There's this thought lingering in the minds of people around us, well especially housewives. They are finding it difficult to deal without plastic bags as they can't place them in dustbins to discard waste. This problem is probably happening in every household now, and there is no denying the fact that people are finding it difficult to cope with it. An alternative to this problem is the use of cotton bags. Trivial problems like carrying a wet umbrella or a drenched raincoat, and so yes, it's causing inconvenience for common people like us. A paper bag for discarding the dry waste in a dustbin seems like a good idea, but what about the wet garbage? How are we going to deal with this?

We need to use our brains to come up with a plan to deal with this huge change together. We need to help each other try and come up with solutions amongst ourselves.

Mr. Vignesh Nandu SYBcom

GUJARATI

માતૃભાષા

મારી અનુભૂતિ, મારી વિભૂતિ છે. મારી લાગણીની પરિભાષા છે.

મારી માતૃભાષા...

<mark>મારા સ્</mark>વપ્નની દુનિયા છે.

મારા હૃદયની ધડકન છે.

મારી માતૃભાષા...

મારા જીવનમાં એ ખાસ છે.

મારા સૂર અને સાઝ છે.

મારી માતૃભાષા...

ઉજ્જવળ ભવિષ્યની આશ છે. એ જ જીવનનો સાચો ઉજાસ છે. મારી માતૃભાષા...

Zara Shaikh
 SYBCOM-A-64

મિત્રોના મહત્વ પર બ્લોગ: તે સાચું કહેવાય છે, "મિત્રો એ કુંટુંબ છે જે આપણે આપણી જાતને પસંદ કરીએ છીએ". મિત્રો હોવું એટલું જ જરૂરી છે જેટલું કુટુંબ હોવું જરૂરી છે. સારા મિત્રો અમને દરેક તબક્કે મદદ, માર્ગદર્શન અને સમર્થન આપે છે. મિત્રો અમને ભાવનાત્મક ટેકો આપે છે, તેઓ મુશ્કેલ સમયમાં અમને મદદ કરે છે અને અમને વિશેષ અનુભવ કરાવે છે. જેને જીવનમાં સાચા મિત્રો મળે છે તે ધન્ય છે. વિવિધ લંબાઈના આપણા જીવનમાં મિત્રોના મહત્વ પર અહીં કેટલાક નિબંધો છે. તમે જરૂરિયાત મુજબ અમારા જીવન નિબંધમાં મિત્રોનું કોઈપણ મહત્વ પસંદ કરી શકો છો.

- Raj R. Suthar

FYBAMMC

માઇન્ડફલનેસ મેડિટેશન તમને વર્તમાન ક્ષણમાં રહેવાનું કૌશલ્ય શીખવે છે જ્યારે તમારું મન ભૂતકાળની સ્મૃતિમાં અથવા ભવિષ્યના કોઈપણ આયોજનમાં ભટકતં હોય છે. તે ક્ષણે તમારી જાગૃતિ તમારા શ્વાસમાં પાછી લાવો. આ એક એવી જગ્યા છે જ્યાં તમે આરામ કરી શકો અને તમારા ભટકતા મનને સ્થાયી કરી શકો. માઇન્ડકલનેસ મેડિટેશન એ મનની તાલીમ છે જે તમને "હવે" પર ધ્યાન આપવાનં શીખવે છે જેથી તમે કોઇપણ નિર્ણય વિના તમારા વિયારો, લાગણીઓ અને સંવેદનાઓને સ્વીકારી શકો. માઇન્ડફલનેસ ટેકનિકની સતત પ્રેક્ટિસ સાથે, તમે વિયારોને ધીમં કરી શકો છો. નકારાત્મક વિયારો છોડી શકો છો અને તમારા મન અને શરીરને શાંત કરી શકો છો. માઇન્ડફલનેસ મેડિટેશનનો અભ્યાસ કરવા માટે તમારે કોઈ પ્રોપ અથવા તૈયારીની જરુર નથી (જેમ કે મીણબત્તીઓ, આવશ્યક તેલ અથવા મંત્ર), પ્રારંભ કરવા માટે. તમારે કક્ત બેસવા માટે એક શાંત અને આરામદાયક સ્થળ, થોડી ક્ષણો મુક્ત સમય અને નિર્ણય-મુક્ત માનસિકતાની જરૂર છે. માઇન્ડફલનેસ મેડિટેશનના પ્રકારો અલગ અલગ હોઈ શકે છે, પરંત સામાન્ય રીતે. આ ધ્યાન તકનીકમાં સભાન શ્વાસ અને મન અને શરીરની જાગૃતિનો સમાવેશ થાય છે. દરેક માઇન્ડફુલનેસ ટેકનિકનો ધ્યેય યુકાદા વિના વિયારો અને સંવેદનાઓ પર સભાનપણે ધ્યાન આપીને યેતવણી. કેન્દ્રિત આરામની સ્થિતિ પ્રાપ્ત કરવાનો છે. આનાથી મન વર્તમાન ક્ષણ સુધી પોતાની જાતને ગ્રાઉન્ડ કરી શકે છે. નીયે વિવિધ તકનીકો છે જે માઇન્ડફૂલનેસ ધ્યાનનું એક સ્વરુપ છે.

Dhruvi.D.Chauhan

FYBAMMC

જેમના સાથે વાતો કરતા કરતા નીકળી જતી રાત, તો લોકો કહેવા લાગ્યા આટલો લગાવ સારો નહિ, સાયું જ કહેતા તા, કારણ એતો હવે કરતાંય નથી યાદ.

Nihar Parmar TYBAMMC સાયા બનો, કાયા નહિ કોઈને પોતાનું બનાવો તો , સંબંધ રાખો પાક્કા ભાઈ. ક્યારેક કાલે ઊઠીને પૂછે કોણ છે મારું , ત્યારે ઊભા રેવામાં તમેય શરમાતા નહિ.

Deesha Shah TYBAMMC

ફિટનેસ: તમારા સ્વાસ્થ્ય માટે એક જરુરીઆદત

ફિટનેસ એ એક શબ્દ છે જે આજેના સમયમાં આપણે સારી રીતે વાયો છે. કંઈ કંઈ જણાવે છે કે તમારા શરીર સંપુર્ણ દેશાંતર કે નેપાળમાં પણ ઊડે છે, તો કેમ તમને શરીરમાં પ્રમાણે ફિટનેસ બહાર કાઢવું પડે છે?

ફિટનેસ વધુ કેવી રીતે તમારા શરીરને જોડે છે. તે તમને નાપાશે કે કેટલાં તમારા શરીરને આનંદ આપતા છે જે તે સાબિત કરે છે તમે સ્વસ્થ અને સુંદર રહેવું માટે કરેલી કામો નોંધપાત્ર થાય. તમારી ફિટનેસ ને બાળકોની શિક્ષણને પોતાના ઉજવણીની દેખરેખ ના કર્યા ના જવા માટે પણ બહુ મહત્વનું હોય છે.

ફિટનેસ પરવાનગી પ્રાપ્ત કરવા માટે, ફિટનેસ પ્રોગ્રામ પાલન કરીને, આપણી ખોરાક જ્ઞાન ઊભા કરી છે, અને તમારી માનસિક તંદુરસ્તી પર ધ્યાન આપી રહું છું. યોગા, વ્યાયામ, ધ્યાન અને રેસ્ટનું સમય દૂર્ભાગ્યની જીવનશૈલીમાં એક અદ્યતન આદત બની શકે છે.

ફિટનેસ સંપાદનના તંદુરસ્તી હેતુ હોય છે, જે આપને સમય અને ધંધાકો બનાવવા માટે મદદ કરે છે. આપણે અંદરના સમયને એક વક્તા વાટ સાથે આપીએ છીએ, જેથી તમને માનસિક મંદતા થઈ નહીએ. ફિટનેસ આદત વાયી તમને શક્તિ, ઊર્જા અને સ્વાસ્થ્યને સાબિત કરી શકે છે.

પડાવાની પ્રોસેસ પ્રમણે ફિટનેસ પ્રયાસનું અંગ બની શકે છે. ટ્રેડમિલ પર યાલવાની વખતે અહીંના શૌર્ય કોનોમી અપનાવો છે, ઉચ્ચ બન્ને એનર્જી ઝહાપી, તેલ આપાત્રકા પર અંગ્રેજી શબ્દકોશ પ્રયોગ કરો. ફિટનેસ પ્રોગ્રામ પસાર કરવા માટેના અનેક વ્યાયામ છે, જેમાં સુતરાધારી વ્યાયામ, યોગા, વબીની મપક, રિજ્ઞંગ, સ્લામ ડંક અને બહુવિધ અન્ય શામેલ થઈ શકે છે. આપણે ફિટનેસના કોયની સલાહ માટે ગુણવત્તાવાળા રીતે પસાર કરી શકીએ.

ફિટનેસ ખૂબ સમય મંગે છે પણ જ્યારે તમારી શરીરમાં ખરાબી થાય છે ત્યારે તમને ખરેખર સારી દેખરેખ કરવી જોઈએ. મેધાનાણી આહારનું સેવન કરો, પરોટાને હડડો મેળવો અને સ્નાને પક્ષીની તરફથી મળેલી શીથલતા લાવો.

એક વખત માટે, થોડી બધાઈ આપતી જરૂરી છે. સ્વાસ્થ્યની સાથે સોંપણારી સ્વસ્થ આદતો ને વીસ્તારિત કરવાબદલ, આપણે એક યુગ ખરેખર નોધપાત્ર છીએ.

ફિટનેસ તમારા સ્વાસ્થ્ય અને તમારી શરીરને માન્યતા આપવાની એક જરૂરી આદત છે. આપણે તમને સ્વસ્થ અને ફિટ રહેવા માટે આપના માર્ગદર્શક થઈએ છીએ.

આપણું આંતરિક ખોરાક (રસોઈથી અહીંના સ્ટૉર ખાડીથી) + આપણી હણીની અંદરની વીસગીરીએ હાલ વાંયી શકો છો જેને તમે હેતુગ્રેની અંદર સંપૂર્ણ અનુભવ કરી શકો છો, જેના અંદર તમારી ફિટનેસ ગતિવિધિ એડીટીંગ કરે છે. યોગા અને ધ્યાનને સફાસર પર્યાવરણ માટે પણ જ મનોયોગ રાખવામાં આવે છે.

અહીંના બીયેત ખોરાક ને ગુણવત્તા વડે ટાંકવામાં આવે છે, મીઠો યસમો, નેયા અને અન્ય માંસાહારી પદાર્થીને મરી ને મૂકવા છે અને મુખ્યત્વે હડાકલ અંદર ની વીશે અપને વિછારો મેળવો.

યરણો ઉપર ઉપરન

Vishal Yadav FYBAMMC



HINDI

कला

हमारे भारतवर्ष में कलात्मक उत्कृष्टता की सुदीर्घ परंपरा रही है। चित्रकला उन प्रमुख
माध्यमों में से एक है, जिनका प्रयोग इस परंपरा को अभिव्यक्त करने के लिए किया जाता
रहा है। पुरातत्विवदों को भारत के कुछ भागों से महत्वपूर्ण साक्ष्य प्राप्त हुए हैं। इन साक्ष्यों
से यह जात होता है, कि भारत में प्राचीन काल से ही चित्रकला का विकास हुआ है। प्राचीन
मानव चित्रों के चित्रण में विशेष रूचि लेते थे। भारत के कुछ स्थानों से ऐसे भिति चित्र प्राप्त
हुए हैं, जिनसे यह जात होता है कि प्राक् एतिहासिक मानव कला और मनोविनोद की
गतिविधियों में लगे हुये थे। प्राचीन काल में चित्रकला मानव के मनोरंजन का प्रमुख साधन
थी।भारतीय चित्रकला के अतीत के चिहन प्राचीन काल और मध्यकाल से प्राप्त किये जा
सकते हैं। आरंभिक काल में पुस्तकें चित्रों से सजायी जाती थीं। आगे चलकर लघु चित्रकला
शैली को अपनाया गया। इस शैली का प्रभुत्व मुगल और राजपूत दरबारों में था। यूरोपियों के
आगमन के साथ ही चित्रकला एवं उसके उत्कीर्णन ने पश्चिमी रूप धारण कर लिया। अर्थात्
पाश्चात्य चित्रकला की शैलियों के कुछ तथ्य भारतीय चित्रकला शैलियों में लिए गए।
आधुनिक भारतीय चित्रकारों ने रंगों, डिजाइनों एव शैलियों का प्रयोग किया।
चित्रकला के सिद्धांत 1. रूप भेद- रूप का भेद.

- 2. प्रमाण- वस्त् या विषय का अनुपात.
- 3. भाव- रंगों के साथ चमक एवं प्रकाश का निर्माण.
- 4. लावण्य योजनम्- भावनाओं की तल्लीनता.
- 5. सदृश्य विधान- विषय की सदृश्यता का चित्रण.
- 6. वर्णिकाभंग- मॉडलिंग के प्रभाव से साम्यता के लिए रंगों का मिश्रण।

रुखसार कपाडिया FYBAMMC

भारतीय संगीत

भारतीय संगीत एक समृद्ध और विविध परंपरा है जो हजारों वर्षों से विकसित हो रही है। यह संगीत का एक अद्वितीय रूप है जो विभिन्न संस्कृतियों और परंपराओं से प्रभावित है। भारतीय संगीत को मुख्य रूप से दो प्रकारों में बांटा गया है: शास्त्रीय संगीत और लोक संगीत।

शास्त्रीय संगीत

शास्त्रीय संगीत भारतीय संगीत का सबसे पुराना और सबसे प्रतिष्ठित रूप है। यह संगीत का एक परिष्कृत और तकनीकी रूप है जो शास्त्रीय नृत्य और कला के साथ निकटता से जुड़ा हुआ है। शास्त्रीय संगीत को दो मुख्य विधाओं में बांटा गया है: हिंदुस्तानी संगीत और कर्नाटक संगीत।

हिंदुस्तानी संगीत उत्तर भारत में विकसित हुआ है और इसे मुख्य रूप से सितार, सरोद, तबला और गायक द्वारा किया जाता है।

कर्नाटक संगीत दक्षिण भारत में विकसित हुआ है और इसे मुख्य रूप से वायलिन, वीणा, मृदंगम और गायक द्वारा किया जाता है।

लोक संगीत -

लोक संगीत भारतीय संगीत का अधिक लोकप्रिय और सरल रूप है। यह संगीत का एक प्राकृतिक और सहज रूप है जो विभिन्न क्षेत्रों और समुदायों की संस्कृति और परंपराओं को दर्शाता है। लोक संगीत को विभिन्न वाद्ययंत्रों द्वारा किया जाता है, जैसे कि बांस्री, ढोलक, हारमोनियम और गायक।

भारतीय संगीत के कुछ लोकप्रिय वाद्ययंत्र -

सितार: एक तार वाला वाद्ययंत्र जिसकी लंबी गर्दन और नाशपाती के आकार का शरीर होता है। यह हिंदुस्तानी शास्त्रीय संगीत में सबसे लोकप्रिय वाद्ययंत्रों में से एक है।

सरोद: एक तार वाला वाद्ययंत्र जिसकी लंबी गर्दन और नाशपाती के आकार का शरीर होता है। यह सितार के समान है, लेकिन इसकी आवाज़ अधिक तीखी होती है।

तबला: एक जोड़ी ड्रम जो हाथों से बजाए जाते हैं। यह हिंदुस्तानी शास्त्रीय संगीत में सबसे महत्वपूर्ण वाद्ययंत्रों में से एक है।

वीणाः एक तार वाला वाद्ययंत्र जिसकी लंबी गर्दन और नाशपाती के आकार का शरीर होता है। यह कर्नाटक शास्त्रीय संगीत में सबसे लोकप्रिय वादययंत्रों में से एक है।



मृदंगमः एक बैरल के आकार का ड्रम जो हाथों से बजाया जाता है। यह कर्नाटक शास्त्रीय संगीत में सबसे महत्वपूर्ण वाद्ययंत्रों में से एक है।

बांसुरी: एक वायु वाद्ययंत्र जो बांस से बना होता है। यह हिंदुस्तानी और कर्नाटक दोनों शास्त्रीय संगीत में सबसे लोकप्रिय वाद्ययंत्रों में से एक है।

ढोलक: एक बैरल के आकार का ड्रम जो हाथों से बजाया जाता है। यह भारत के कई हिस्सों में बजाया जाने वाला एक लोकप्रिय लोक वाद्ययंत्र है।

हारमोनियम: एक कीबोर्ड वाद्ययंत्र जो हाथों से बजाया जाता है। यह हिंदुस्तानी और कर्नाटक दोनों शास्त्रीय संगीत के साथ-साथ कई लोक शैलियों में एक लोकप्रिय वाद्ययंत्र है।

भारतीय संगीत एक अद्भुत और बहुआयामी कला रूप है जो दुनिया भर में लोगों को मंत्रमुग्ध करता है। यह संगीत का एक रूप है जो समय के साथ विकसित हुआ है और विभिन्न संस्कृतियों और परंपराओं से प्रभावित हुआ है। भारतीय संगीत एक समृद्ध और विविध विरासत है जो हमें हमारे अतीत से जोड़ती है और हमें हमारे भविष्य का निर्माण करने के लिए प्रेरित करती है।

GAYATRI PATEL
SYBAMMC

बेटी क्यों बनाई

शरू होने से पहले खत्म कर दिया जीवन मेरा
तुमपे ना कोई बीस में बनती
कर्ज़ चुका कर जाती तेरा
सुना था इंसान है बासते
पर दूट गया भ्रम मेरा
बिन सोचे में इस जग में आई
क्या किया हश्र मेरा
क्या खुशिया मिल जायेंगे
करके जीवन खत्म मेरा
भूल नहीं यह बात मगर त्
औरत से ही है जन्म तेरा
जब आवाज़ कहीं सुनाई दी
मेरी उस हत्या की आखरि
किस इंसान ने गवाही दी
पुछू ये सवाल किसीसे
किसने ये सजा सुनाई थी

बेटी होना पाप है अगर तो क्यों बेटी बनाई थी

MARATHI

Social Media

आजकालची पिढी Social media वर जास्त ऑनलाईन दिसतात. सतत ऑनलाईन् व्हिडीओ बघणे, ऑनलाईन गेम खेळणे, यामुळे माणसांचे मानसिक स्वास्थ बिघडले. ही मोठी माणसे आपल्यासोबत लहान मुलांना सुद्धा मोबाईलचे व्यसन लावताना दिसतात लहान मुले रडली की मोबाईल वरील व्हिडीओ दाखवायचे त्याप्रमाणे जेवताना सुद्धा मुलाच्या बाजूला मोबाईल असतो यामुळे लहान मुलांच्या बौद्धिक क्षमतेवर परिणाम होतो. त्याच – प्रमाणे ही मुले एकलकॉडी आणि चिडचिडी होतात. सतत मोबाईलवर राहिल्याने झोप कमी होते. मुलांचे मानसिक स्वास्थ विषडते

आजकाल तर सोशल मिडिया वर धमकी देणे, पैसे मागणे असे प्रकार सुद्धा होतात तसेच हॅकिंग करणे, अश्लिल व्हिडीओ बघणे, फसवणूक करणे अशा प्रकार सुद्धा सोशल मिडीया चा वापर केला जातो कोरोनाच्या काळात मात्र या सोशल मिडिया ने मुलांची तसेच संकटात असलेल्या व्यक्तिंची मदत केली होती,ऑनलाईन शिक्षणामुळे अनेक मुलांची क्रिक्षणाची सोय झाली होती.

अशा प्रकारे सोशल मिडिया चा कसा वापर करावा हे आपल्या हातात आहे. यांचा योग्य प्रकारे वापर करणाऱ्यांसाठी ते वरदान तसेच गैरवापर करणाऱ्यांसाठी सोशल मिडिया हे **शाप**आहे

> -Yashasvi Rampure SYBCOM-A-54

काळूनदीचा थरार

साधारण दहा वर्षांपूर्वी माळशेज घाटात बाईक राईड केली होती. पावसाच्या दिवसात माळशेज घाट धुक्याने व धबधब्याने न्हाऊन निघालेला होता. दूर लांबवर एक मोठा प्रचंड धबधबा कोसळताना दिसला गावातील लोकांकडून तिकडे जाणे शक्य नाही म्हणून सांगितले परंतु तो धबधबा मनात जागा करून राहिला.

मुद्रा ट्रेकर्सच्या मीटिंगमध्ये जानेवारीमध्ये काळूनदी रॅपलिंगचा कार्यक्रम ठरला होता.काही कारणाने तो फेब्रुवारीमध्ये पुढे केला माझे काही जायचे पक्के नव्हते. सहजच यू ट्यूबवर सर्च करताना युरेका सापडला हाच तो दहा वर्षांपूर्वी पाहिलेला धबधबा. जायचे मन होते पण तारीख होती 23 आणि 24 फेब्रुवारी त्यातच बारावीची परीक्षा. आठवडाभर दिवसभर क्लास घेऊन ती अडचण दूर केली. काळूनदी महाराष्ट्रातील ठाणे जिल्ह्यात आहे. माळशेज घाटाच्यावर पिंपळगाव येथील जोग धरणाच्या जवळ असलेल्या टोलार खिंडीत हिचा उगम होतो. माळशेज घाटातील सावरणे गावाजवळ जवळपास 1200फूट उंचीवरून 5 टप्प्यात हा धबधबा पडतो.याला थिटबी धबधबा असे देखील बोलतात. रॅपलिंगला अतिशय कठीण पातळीमध्ये मोडणाऱ्या याचे व्हिडिओ देखील उपलब्ध नव्हते व फारशी माहिती देखील नव्हती. आमचे मार्गदर्शक दत्ता चाळके व इतरांकडून माहिती घेतली 25 मेंबर आणि 7 सभासद अशी 32 जणांची टीम तयार झाली.

22 तारखेला रात्री नेहमीप्रमाणे ठाणे पश्चिम येते सिडको बस स्टॉपवर सगळे जमा झाले. मुरबाड मार्गे माळशेज व खिरेश्वर असा प्रवास सुरु झाला. मी प्रशांत व तुलसी आम्ही मागे बसलो होतो . दोन दिवस त्रासाचे होते म्हणून आराम करायचे ठरवले. Dkने आणलेले मॅट बसच्या मध्ये टाकून

आराम केला.सकाळी खिरेश्वर जवळ नाष्ट्रा करून आम्ही 8:30वा. आम्ही गाववाल्याचा काळूनदीच्या टोकावर पोहोचलो. वरून खाली पाहिले असता हे काही सोपे काम नाही असे वाटू लागले. तीनही बाजुला राकट अजस्त्र कडे आणि मधुन जाणारी काळूनदी अतिशय मनात धडकी भरवणारे दृश्य होते.अविनाश दादाचा वाढदिवस साजरा करून व केकने तोंड गोड करून टीम मुद्राने रोप बांधायला सुरवात केली. लीडला प्रतीक व नयनने जायचे ठरवले. तयारी झाली हर हर महादेवच्या घोषणेने प्रतीक व नयनने सुरुवात केली. एक बिले सागर व एक दत्ताने पकडून त्याना सपोर्ट केला. प्रतीकने नेहमीप्रमाणे आश्वासक सुरवात करून जवळपास 350 फुटांचा पहिला टप्पा पार करून खाली पोहोचला. नयनला त्यामानाने जास्त वेळ लागला. नयन नंतर प्रशांत व अनुभवी तुलसीदास खाली उतरले.

आता माझा नंबर आला नागफणी, तैलबैला, सांधण दरीचा अनुभव असल्याने प्रथम भरपुर पाणी पिऊन घेतले व घश्याला कोरड पडू नये म्हणून लिंबाच्या गोळी घेतल्या. जातानाच थोडा अडखळलो दत्ता बोलला तूच असे करायला लागलास तर बाकीच्यांचे काय? परंतु अनुभव कामी आला छोटे छोटे स्टेप घेत मी उतरू लागलो. साधारण 150 फुटांवर ओव्हरहँग लागला 2 ते 3 वेळा गोल फिरून सगळा नजरा साठवून मी अतिशय वेगाने खाली उतरायला लागलो प्रतीकने बिले घट्ट पडकून माझ्या वेगावर नियंत्रण मिळवलं.

आता दोनही रोप फ्री झाल्या होत्या दोनही रोप वरून इतर सभासद रॅपलिंग करत खाली येऊ लागले. एक एकाचे चेहरे तर बघण्यासारखे होते. आमचा फोटोग्राफर अमित तर खाली उतरून तिथेच झोपून गेला.dk तर कधी एकदा खाली येतो या वेगाने आला. बाजूला सुकलेल्या झाडाची लाकडे होती. दुसऱ्या टप्प्यावर आम्हाला जेवण बनवण्यासाठी त्याची सरपण म्हणून गरज लागणार होती. त्यामुळे ते झाडाचे तुकडे खाली दुसऱ्या टप्प्यावर फेकले.एका बाजूने रोप वर अविनाश दादा सगळ्या बॅग खाली पाठवत होता dkत्या सगळ्या बॅग अनलॉक करून ठेवत होता.

साधारणपणे 3 वाजेपर्यंत बहुतेक सभासद खाली आले होते. दुसऱ्या टप्प्यासाठी रोप बांधायला महेश शिंपी आला. दुसऱ्या टप्पापण साधारणपणे 300 फूट होता.प्रथम नयन मग प्रशांत गेला परंतु तो रोप खाली पोहोचला का ते माहीत नसल्याने ते दोघे एका ठिकाणी थांबून राहिले त्या रोपवर महेश खाली गेला व रोप खाली पोहोचल्याची खात्री केली. मग प्रतीक आणि मी खाली गेलो हा टप्पा जरा धोकादायक होता कारण लुज रॉक खूप होते त्यामुळे जपुन पाय टाकावे लागत होते. आम्ही दुसऱ्या टप्प्यावर जाऊन पोहोचेपर्यंत 5:30 झाले होते. खाली आलेल्या सभासदांनी टेंट बांधायला सरवात केली. मी व प्रतीक लाकडे जमा करायला लागलो . काळोख पडायला सुरुवात झाली होती एकाच वेळी तीन रोपने आम्ही रॅपलिंग चालू केली. प्रतीक ,मी,महेश, प्रशांत आम्ही बिलेला थांबलो.काळोखातचबॅटरीच्या मदतीने सभासदांना रॅपलिंग करत खाली उतरवत होतो. तुलसीदासने मस्तपैकी सूप बनवले होते ते पिऊन पुन्हा कामाला लागलो पण अडचणीत भर म्हणून काही बॅग वर राहिल्या त्या मुळे जेवण बनवता येत नव्हते. अजून एक रोप झाडाला बांधून त्या रोप वर बॅग खाली घेतल्या. जेवणाची तयारी चालू झाली. सगळ्यात शेवटी सागर व दत्ता राहिले होते. सागर रॅपलिंग करून खाली आल्यानंतर सर्वांत शेवटी दत्ता रोप सोडत आला. रात्र झाली होती प्रचंड भूक लागली होती खिचडी वर ताव मारला. शहरापासून दूर त्या रात्री वर आकाश आणि खाली जमीन खुप सुंदर वाटतं होते. तुलसीदास ने विविध नक्षत्राची माहिती दिली.आम्हीआता 750फूट अंतर व 2 टप्पे पार केले होते. आमच्या टेंट मध्ये मी,प्रशांत,विराज आणि दीपेश होतो. सकाळी लवकर उठायचे होते म्हणून आम्ही झोपी गेलो.

सकाळी लवकर उठून आम्ही सगळे सोपस्कार पार पाडून चहा प्यायला गेलो. धन्य कोण तो ज्याने चहा बनवली होती सकाळच्या अंधारात पाणी समजुन चहात तेल टाकले होते. तसेच मीठ संपल्याने शेजवान पोहे असे नवीन प्रकारचे मास्टर शेफ आम्हला लाभले. नाष्टा करून व फोटोसेशन करून आम्ही तिसऱ्या टप्प्याकडे वळलो. सकाळचे 9 वाजले प्रथम प्रतीक निघाला मग तुलसी आणि मी आम्ही हा टप्पा पार केला व खाली जाऊन तीन रोप वर रॅपलिंग चालू केले. दत्ताने सांगितले होते की पुढचा रोप फिक्स्ड करा म्हणुन तुलसीदास रोप फिक्स केला पण रोप चौथ्या टप्प्यावर पाण्यात जात होता म्हणून तिकडून काढून पुन्हा नवीन ठिकाणी बोलटिंग केले होते तिकडे फिक्स्ड केला. आता आम्ही दोघेच पुढे होतो आणि तिसऱ्या टप्प्यावर सभासद उतरत होते. खाली जाऊन जेवणाची सोय करायची होती म्हणून दत्ता ने मला व तुलसीदासला पाहिले खाली जायला सांगितले होते. इथे तुलसीदासने चौथा व पाचवा टप्पा एकत्र रॅपलिंग करता येईल असे पाहिले.

प्रथम तुलसीदास रॅपलिंग करत चौथ्या टप्प्यावर पोहोचला त्याच्या मागोमाग मी देखील पोहोचलो. इथे पाण्याचे मोठे तळे होते तिथे पाणी पिऊन मला पुढे जायला सांगितले .शेवटचा टप्पा अंदाजे 75 फूट पण इथे बिले देणार कोणी नव्हते त्या मुळे सेल्फ बिले वरच मला खाली जायचे होते. मी लगेचच निघालो व पहिला टच डाउन झालो. माझ्या आनंदाला पारावार राहिला नाही जवळपास दहा वर्षाने स्वप्न पूर्ण झाले होते. माझ्यानंतर तुलसीदास आला. आम्ही दोन रोप घेऊन इतरांना बिले दिले.साधारण आठ सभासद खाली आल्यानंतर आम्ही 3 वाजता गावच्या दिशेने निघालो गावातील लोकांनी तुलसीदासच्या ओळखीमुळे जेवणाची तयारी केली होती. 4 वाजता आम्ही फाँरेस्ट कॅम्पच्या ठिकाणी पोहोचलो जेवण करून तुलसीदास काही काम असल्याने तो मुंबईच्या दिशेने निघाला.

आता आमची बस लांब उभी होती त्या ड्रायव्हरला सांगून ती बस अजून जरा गावात घेतली कारण रस्ता खराब व लहान असल्याने बस जास्त कॅम्प जवळ येत नव्हती. डायव्हरला जेवण देऊन मी पुन्हा अध्या वाटेवर गेलो .काळोखपडत आला होता संध्याकाळ चे 6:30 होत आले होते आता बाकीचे सभासद यायला लागले. त्यांना वाट दाखवत आम्ही कॅम्प जवळ आलो. सगळयांच्या पोटात कावळे ओरडत होते. व्हेज व नॉनव्हेज जेवायला बसले गावक-यांच्या मदतीनें सगळ्याना जेवण वाढले. दोन दिवस 1200 फुटांचे रॅपलिंग प्रचंड दमछाक यामुळे जेवणावर आडवा हात मारला गेला. नॉनव्हेज सभासदांनी काहीच शिल्लक ठेवले नाही. जेवून बॅग पॅक करून आम्ही ग्रुप फोटो काढून आम्ही परतीच्या प्रवासाला लागलो. या काळूनदीच्या थरारक रॅपलिंगला दत्ता चाळके, सागर मेस्त्री, महेश शिंपी, अविनाश जाधव, तुलसीदास मांजरेकर आणि मुद्राचे सभासद याचे अनमोल सहकार्य लाभले.

Aasif Shaikh FYBCom C

मैत्रीण

एक तरी मैत्रीण अशी हवी जरी न बघता पुढे गेलो तरी मागून आवाज देणारी

आपल्यासाठी हसणारी वेळ आलीच तर अश्रुही पुसणारी स्वतः च्या घासातला घास आठवणीने काढून ठेवणारी वेळप्रसंगी आपल्या वेडया मित्राची समजूत काढणारी वाकडं पाऊल पडताना मात्र मुस्काटात मारणारी सगळ्यांच्या गलक्यात आपणास सैरभैर शोधणारी आपल्या आठवणीनं आपण नसताना व्याकुळ होणारी खरचं! अशी एक तरी जीवा भावाची 'मैत्रीण' हवी जी आपणास मित्र म्हणवणारी

- <mark>दिव्या आग्रे</mark> SYBCOM-A-01

मी एक कष्टाळू शेतकरी

मी एक छोटा शेतकरी आहे. माझ्याकडे खूप कमी शेती आहे. ही जमीन मला माझ्या वाडविडलांकडून मिळाली आहे. माझे माझ्या जिमनीवर प्रेम आहे. मी आणि माझी बायको आमच्या जिमनीची खूप काळजी घेतो. आम्ही मशागत करतो. त्यामुळे आमची 'काळी आई' आम्हांला उपाशी ठेवत नाही.

मात्र कितीही कष्ट केले, तरी संकटे चुकत नाहीत. मध्ये दोन वर्षे पाऊसच पडला नाही. पीक आले नाही. तेव्हा सरकारने सुरू केलेल्या दुष्काळी कामांवर आम्ही जात होतो. एका वर्षी बी-बियाण्यांत भेसळ निघाली. लावलेले पीक आलेच नाही. कष्ट वाया गेले!कितीही कठीण वेळ आली, तरी मी सावकाराचे कर्ज काढत नाही. मला दारूचे व्यसन नाही. मला विडी-तंबाखूचेही व्यसन नाही. मी वारेमाप खर्च करत नाही. मी शेताच्या कडेला बांबू, बोरीबाभळी लावल्या आहेत. मी शेतात चिंचेची झाडे लावली आहेत. मला चिंचेचे थोडे पैसे मिळतात. शेतातील काही भागात मी फुलशेती करतो. पाण्याचा प्रत्येक थेंब जपून वापरतो. कष्टाला घाबरत नाही. त्यामुळे आमची उपासमार होत नाही.

Shraavani M. Gawde

FYBAMMC

आरोग्य आणि स्वच्छता

"स्वच्छ जीवन जगा, पृथ्वी हिरवीगार करा" आरोग्य हे शारीरिक, सामाजिक तसेच मानसिक दृष्टीने निरोगी असल्याने व्यक्ती निरोगी असल्यामुळे आपल्याला रोगांविरुद्ध लढण्यास आणि आपले शरीर निरोगी बनवण्यास मदत होते.

पायाकडे लक्ष देणे आवश्यक आहे :- तुमचे मोजे रोज धुवा आणि पादत्राणे वारंवार वाळवा.

बाहेरचे न शिजवलेले पदार्थ खाणे टाळावे. आहार सांभाळा. जंक फूडला नाही म्हणा. फळे आणि भाजीपाला खाणे आरोग्यदायी आहे

सभोवतालची स्वच्छता ठेवा::- कचरा विल्हेवाट योग्य ठिकाणी लावल्यास रोगमुक्त वातावरणात मदत करेल.

निरोगी आणि आरोग्यदायी जीवनशैली :- स्वच्छ पिण्याचे पाणी, संतुलित आहार आणि स्वच्छता आरोग्यदायी जीवनशैली जगण्यास मदत करते.

निष्कर्ष:- चांगली वैयक्तिक स्वच्छता हा आजार होण्यापासून स्वतःचे रक्षण करण्याचा सर्वोत्तम मार्ग आहे. चांगली वैयक्तिक स्वच्छता राखणे तुम्हाला इतर लोकांमध्ये रोग पसरवण्यापासून रोखण्यास देखील मदत करेल.

तुला सोडून जाताना..!!

तुला सोडून जाताना होते कालवाकालव पुन्हा नव्या भेटीसाठी मनाला फुटतो पालव

> ऐकू येतो उगाचच दुरुनसा पायरव समजूत घालत मी करते सारवासारव सांज येते भेटायला सोबतीने येतो दव आठवांचा सुरू होतो मग नकोसा उपद्रव कानी पडतो हलका मेघियाचा गुंजारव अन् शांत होत जातो घराट्यातला कलरव

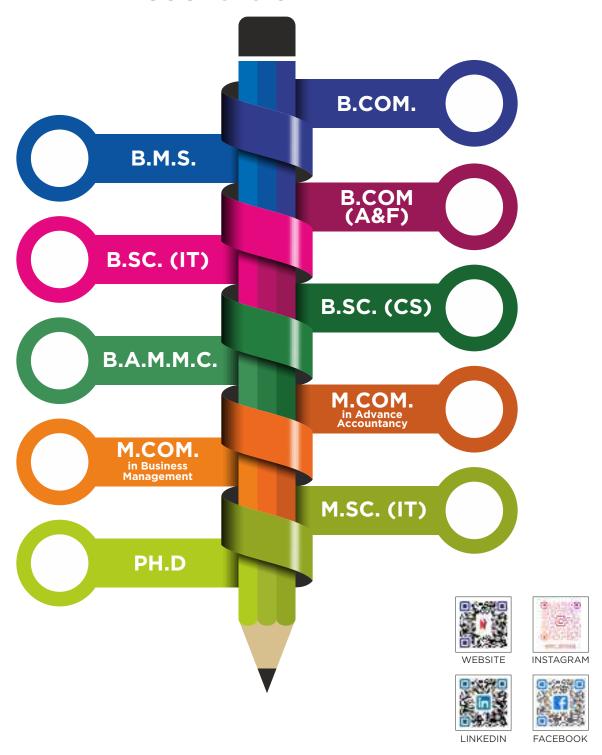
Makwana Ishika Rakesh SYBCOM A



May this magazine stand as a timeless keepsake, capturing the essence of our journey together. Here's to the memories we've created and the ones waiting to be made. Thank you for being a part of our wonderful college.

Until we meet again in the next edition, stay curious, stay kind, and keep reaching for the stars.

COURSES OFFERED





NIRMALA MEMORIAL FOUNDATION COLLEGE OF COMMERCE & SCIENCE

(Permanently Affiliated to University of Mumbai) (Accredited by NAAC with B++ CGPA: 2.80) (First Cycle) ISO 9001-2015 CERTIFIED

Recognition of College under Section 2(f) & 12B of the UGC Act, 1956

Contact: 022 69436400

Email: nirmalacollege@nirmala.edu.in

Alumni Annual Membership Link - https://forms.gle/gC3hSP9PC8AgziWz8