

Nirmala Memorial Foundation College of Commerce and Science

NMFC/COM26/SEP2023

6th September, 2023

Notice

The Women Development Cell in association with Inner Wheel Club of Bombay Kandivali has organised a seminar titled **“Empowering Health through Personal Hygiene”** for female students on **Monday, 11th September, 2023 at 11:00 a.m. in Block No. 311.**

Inner Wheel Club of Bombay Kandivali is a part of International Inner Wheel, one of the largest women's service voluntary organisations in the world with its presence in 104 countries. The club tries to help underprivileged people, works in the areas of education, health, environment, orphanages, old age homes and arranges various awareness programmes in schools and colleges. The resource person, Dr. Vidya Patil, has 25 years of experience in the field of gynaecology and obstetrics.

The seminar aims to shed light on critical aspects of women's well-being and address the societal and individual factors that impact their health. It seeks to promote awareness, education and practical solutions to encourage women in taking control of their health by promoting safe menstrual practices. A brief session on personality development and grooming will be conducted by BrandTouch & Analytics Private Limited, thereafter.

Students who participate in the session would be awarded a Certificate of Participation and would also be given a Free Gift Hamper.

Students may register by filling the form shared below and on the Teach Us app and join the WhatsApp group through the link mentioned in the form.

<https://forms.gle/Ybkxg8iXgUhC2rd89>

The last date of registration is **Saturday, 9th September, 2023.**



Dr. Poonam Kakkad
(Vice Principal)