

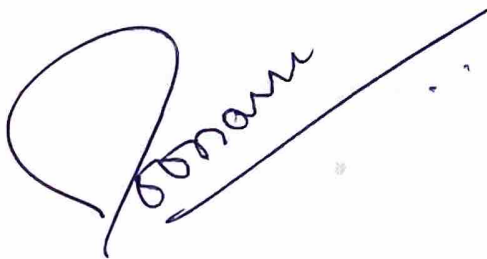
**Nirmala Memorial Foundation College of Commerce and
Science**

15th June 2024

NOTICE

Our college will be celebrating **Yog Diwas** on **Friday, 21st June 2024** at **10.00 a.m.** in **Nirmala Hall (Ground Floor)**. Yog Diwas, also known as International Yoga Day, is celebrated worldwide to promote the importance of yoga in maintaining physical and mental well-being.

A yoga session will be conducted by yoga experts in the college auditorium. Hence, we encourage all students to actively participate in this session and embrace the path to a healthier and happier life through yoga. Please come dressed comfortably in appropriate attire for yoga.

A handwritten signature in black ink, appearing to read 'S. Manu', with a long horizontal line extending to the right.

(Vice-Principal)