

**NIRMALA MEMORIAL FOUNDATION COLLEGE OF COMMERCE AND SCIENCE
(AUTONOMOUS)**

NMFC/COM-93/JULY 2025

28/07/2025

NOTICE

BLOOD DONATION CAMP

The NSS Unit (National Service Scheme) of the college has organised a **Mega Blood Donation Camp** on **Wednesday, 13th August 2025** between **08.30 a.m.** and **04.00 p. m.** in the **college basement**. The noble cause aims to encourage voluntary blood donation among our compassionate student community and contribute to saving lives.

As we approach Independence Day, let's honour the spirit of freedom by saving lives. By donating blood, you directly contribute to the well-being of patients in need, accident victims, and individuals with critical health conditions.

Who Can Donate?


Interested individual should meet the following criteria:

- Age between 18 to 60 years
- Minimum weight of 50 kg
- In general good health, with no recent illnesses
- Haemoglobin level within acceptable range (as per medical guidelines)
- Open to: Students, staff members, parents, and any responsible citizen willing to contribute to this noble cause

Important Instructions for Donors:

- Eat a light meal before donating
- Get a good night's sleep before donation day
- Avoid smoking or alcohol before donating
- Disclose any medical conditions or medications to the medical staff during registration


(Vice-Principal)


(I/C Principal)