

NMFC/DEP- 311 /JAN 2026

Date: 3rd January 2026

Notice

FY.B.Sc. Data Science – Semester II (AY 2025-26)

Yoga Session under Fitness and Sports II Curriculum

The Department of B.Sc (Data Science) is organizing a Yoga Session for the students of FY.BSc.DS as a part of Fitness and Sports II curriculum in main auditorium.

Session Details:

Date	Time
12 th January and 13 th January 2026	10:00 am to 11:00 am

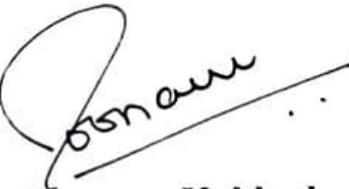
Objectives:

- The session carries 15 marks as an external assessment component.
- Students are required to submit the participation certificate along with two geo-tagged photographs.
- To promote physical fitness and mental well-being among students.
- To encourage the regular practice of Yoga for stress management and improved concentration.
- To create awareness about the importance of Yoga in maintaining a healthy lifestyle.

NOTE:

- Attendance is mandatory.
- Students are required to report on time and wear proper, comfortable attire suitable for Yoga practice.


Dr. Bhakti Chaudhari
(Co-ordinator)


Dr. Poonam Kakkad
(Vice-Principal)


Dr. Swiddle D'cunha
(I/C Principal)